



Informal Orienteering Event

**Saturday 5<sup>th</sup> May 2018**

**Allestree Park, Derby**

(Derby – 3 miles from city centre and University main campus)

Part of the Derby Parks Challenge

Courses suitable for novices and experienced orienteers with help and advice available

**Terrain** Hillside woodland and parkland. Parts of the woodland are rough underfoot.

**Car parking** Free parking in Allestree Park main car park, accessed along driveway from A6 (Burley Hill) north of Derby.

**Post Code** DE22 2EU

**Grid Ref** SK 348408 (OS Explorer Map 259)  
(Long, Lat 52.963215, -1.482759)

**By Bus** The Derby – Belper 'Sixes' buses stop at Allestree Park Gates on A6, then 5 minute walk along driveway to registration



**Courses** For complete beginners and novices, there will be coaching available before you start your course. Please let the Organiser know if you wish to receive some coaching when you arrive at Registration.

- Short Course: 1.5-2km White standard
- Medium Course: 2-2.5km Yellow standard
- Long course: 5km Light Green standard

For those with some orienteering experience, a **Coaching Session** on the theme of **Attack Points** will take place at 12:30.



**Entries** Entry on the day only

**Fees** Adults £4.00, Children and Students £2.00. Try another course for free, if time allows (courses close 4pm).

**Timing** The event will use Sportident electronic punching. If you do not have a Sportident card (or "dibber" above), you can borrow one free at Registration.

**Registration** 1pm to 3pm, on the day only located near the car park.

**Start** Close to Registration. Start times from 1pm to 3pm.

**Finish** Close to Registration. Courses close at 4pm. You must report to Download even if you do not finish your course to avoid a needless search.

**Toilets** Toilets are at Allestree Hall, 2 minutes walk from car park.

**Map** 1:7,500 with 5m contours

**Dogs** Dogs are not allowed on the orienteering courses. Dogs are welcome in the car park but we ask that owners keep a close control and that they should clean up any mess.

**Safety** Competitors are to note that the park has a golf course and a lake. Course planning means competitors will not be required to run across the golf course. Long trousers must be worn, sorry no shorts. Competitors take part at their own risk. Carrying a whistle is advised.

**Organiser** Dave Bennett [davebderwent@aol.com](mailto:davebderwent@aol.com) 07918 111985

**Planner** Ben Crane

**Badges** School children may register to collect controls towards a free British Schools Orienteering Association cloth badge. Controls can be found at any of the counting events, right up to the presentation in October. Details on the DVO website (see DVO Awards under the Newcomers tab): <http://derwentvalleyorienteers.org.uk/dvo-awards-2018/>



**Membership** Non-members are welcome to run at this event, but please note that British Orienteering public liability insurance covers you for three events only (as a non-member). Ask at Registration or Download for information on joining and other membership benefits.

**Photography policy** You are welcome to take photographs or record video at this event, but please respect people's privacy and avoid photography close to first-aid and toilet facilities, or in areas where runners are changing. Photographs may be posted on the internet. If there are particular reasons why an individual should not be photographed, please discuss the issue with the organiser in advance of the event. Report any concerns about inappropriate photography to the event organiser.