





Regional (Level C) Orienteering Event Calke Park Sunday 19th May 2019

An event in the 2019 East Midlands League & an Yvette Baker Trophy Heat

Terrain

Beautiful mixed parkland with mature woodland featuring protected oaks and sweet chestnuts. Some undergrowth in places, but extensive path network.

Full leg cover is required and competitors are advised to carry whistles.

Travel

Follow brown National Trust signs to Calke Abbey on A514 at Ticknall. Access from M42/A42 exit 13 and A50 Derby South. Entry via Ticknall main entrance only. **Postcode:** DE73 7JF **Grid Ref:** SK 355 240 **Public Transport** Hourly bus service from Derby/ Swadlincote to Ticknall by Arriva Fox County

Park entry & Car Parking

Free to National Trust members, non-members pay reduced fee of £4 per adult and £2 per child. Please mention at the booth that you are here for the orienteering.

Follow main drive through the park to National Trust car park. At entrance to the main parking area turn left and follow track through the gate into overflow parking area. Please follow instructions of parking marshals.

Courses

The full range of colour coded courses, as follows (subject to controlling):

White	1.8km	35m	13 controls
Yellow	2.5km	40m	13
Orange	3.3km	55m	15
Light Green	3.6km	60m	12
Very Short Green	2.7km	60m	12
Short Green	3.6km	95m	14
Green	5.4km	120m	18
Blue	7.5km	140m	23
Brown	9.7km	180m	28

Entries and fees

Entry on the day only.

Adults on Very Short Green, Short Green, Light Green, Green, Blue, Brown courses: £8 (members of British

Orienteering); £10(non-members)

(Adults on White, Yellow, Orange courses: £4.00)

Children and Students: £4.00 (the Maze course is free)

Family £20 (members of British Orienteering); £24 (non-members)

Family groups with a Child on White, Yellow or Orange will pay £4.00 for one map and can purchase additional maps for 50p

Please include your British Orienteering membership number on your registration form.

Yvette Baker Trophy Heat

The YBT is the junior (M/W18 and younger) inter-club competition for England & Wales, and points are scored on Yellow, Orange, Light Green and Green. Please notify the Organiser if you are bringing a team. Please read the rules in the following link https://www.britishorienteering.org.uk/rules

National Forest Trophy

This is a competition open to all and the trophy will be awarded for the best performance on the day. Based on pace, adjusted for age and gender.

Timing

The event will use Sportident electronic punching. Contactless (SIAC punching) is enabled.

If you do not have a Sportident card, you can hire one at Registration. Hire fee of 50p for adults, free for children & students, SIAC cards available to hire for £2.

Map

1:7,500 with 5m contours, update 2019 by Doug Dickinson and Mike Godfree.

Registration & Start times

Registration will be from cars in the overflow car park, marked with the DVO feather banner. It will be open from 10am to 12noon for Starts 10:30-12:30.

Maze

A free Orienteering Maze will be located near to the Finish – great fun for children and adults!

Facilities

Restaurant, toilets, NT gift shop and children's play area. Why not make a day of it and go round the 'unstately home' and secret tunnel?

Safety

- 1. British Orienteering Rules state that full leg cover must be worn.
- 2. You are advised to carry a whistle.
- 3. If the weather is very bad, we may ask you to wear a hooded waterproof jacket.
- 4. Take care crossing estate roads. The main car parks are out of bounds during your run.
- 5. **Courses close at 14:30**, after which controls will be removed.
- 6. Remember to Download, even if you retire, otherwise we will need to mount a search.
- 7. After your run, please remember to wash your hands before eating.

A risk assessment will have been carried out by the Organiser and all reasonable care has been taken by the Organiser and Planner to ensure the safety and well-being of competitors. However, participants take part at their own risk and are responsible for their own safety during the event.

Dogs: allowed in the park on a lead, but for safety reasons are not allowed on the orienteering courses.

Photography

You are welcome to take photographs or record video at this event, but please respect people's privacy and avoid photography close to first-aid and toilet facilities, or in areas where runners are changing. Photographs may be posted on the internet. If there are particular reasons why an individual should not be photographed, please discuss the issue with the organiser in advance of the event. Report any concerns about inappropriate photography to the event organiser.

Event Officials

Organiser: Michelle Mackervoy michellemackervoy@talkalk.net

Planner: Anne-Marie Duckworth **Controller:** Doug Dickinson