



Informal Orienteering Event

Saturday 19th August 2017

Rosliston Forestry Centre

(4 miles South of Burton)

Summer Orienteering in South Derbyshire

Courses suitable for novices and experienced orienteers with help and advice available.

- Terrain** Forestry Commission woodland with a well-defined path network through coniferous and deciduous trees, meadows, ponds and some adventure play areas.
- Car parking** Car parking is at the Visitor Centre and is **Pay & Display** (£1 per hour/£3 all day). Please note that some areas of the car park will be restricted to wedding guests only on the day.
- Post Code** DE12 8JX **Grid Ref** SK243175
- Courses** For complete beginners and novices, there will be coaching available. Please let the Organiser know if you wish to receive some coaching when you arrive at Registration.
Short: 1.5km White/Yellow standard
Medium: 3km Orange standard
Long: 4.6km Light Green standard
Unicycle O: 3.5km Yellow/Orange course on a unicycle! (Unicycle, helmet & gloves mandatory)
- Fees** Adults £4.00 Entry on the day only.
Children and Students £2.00 (going round a course unaccompanied by an adult)
... & just 50p for a second map if you want to try another course!
- Timing** The event will use Sportident electronic punching. If you do not have a Sportident card or 'dibber', you can borrow one free at Registration.
- Registration** In the visitor centre adjacent to the large grassed area.
1pm to 3pm, on the day only.
- Start** On the grassed area next to the visitor centre. Start times from 1pm to 3pm.
- Finish** On the grassed area next to the visitor centre. Courses close at 4pm. You must report to Download even if you do not finish your course to avoid a needless search.
- Facilities** There are toilets at the visitor centre and café.
- Map** 1:5000 with 5m contours
- Dogs** Dogs are **not** allowed on the courses. Dogs are welcome in the area but we ask that owners keep a close control and that they should clean up any mess.
- Safety** There are nettles and brambles at this time of year, and full leg cover is required under British Orienteering Rules – sorry, no shorts. Competitors take part at their own risk. Whistles are advised. A waterproof jacket may be required if the weather is bad.
- Badges** Children over 5 can collect controls towards the British Schools Orienteering Association awards at this event, and the other 3 events in the South Derbyshire Summer Series, as well as at the 3 National Trust events on Wednesdays 16, 23 & 30 Aug. To be presented at DVO's event at Kedleston Park, Sunday 24th September (Registration open 10-12noon, awards available from 12:45) or send SAE to Rex Bleakman (see www.dvo.org.uk for details).
- Membership** Non-members are welcome to run at this event, but please note that British Orienteering public liability insurance covers you for three events only (as a non-member). Ask at Registration or Download for information on joining and other membership benefits.
- Organiser** East Midlands Unicyclists **Planner:** James Prince (DVO)

More Details of this event and The South Derbyshire Series available from rexbleakman321@btinternet.com