



Informal Orienteering Event

Saturday 11th August 2018

Swadlincote Woodlands

(6 miles South East of Burton)

Summer Orienteering in South Derbyshire

Courses suitable for novices and experienced orienteers with help and advice available

- Terrain** A combination of deciduous woodland, wetlands and meadowland in a semi-urban setting totalling 14.08 ha in size. An extensive path network ranging from undulating woodland footpaths to surfaced tracks. There is also a sensory sculpture trail, playground and climbing rock.
- Car parking** Free Car parking is available adjacent to the start and registration off Derby Road.
- Post Code** **DE11 8EB** **Grid Ref** **SK305193**
- Courses** For complete beginners and novices, there will be coaching available. Orienteering Coaches from DVO will be at the event to help you as a beginner or improver:
- Short:** 1.4km White standard
Medium: 2km Yellow/Orange standard
Long: 3.6km Light Green standard
Unicycle O: 1.9km Yellow/Orange course on a unicycle! (Unicycle, helmet & gloves mandatory)
- Fees** Entry on the day only.
Individual Adults, Family Groups (One map) and Accompanied Children £5.00
Children and Students £2.00 (doing a course unaccompanied by an adult)
... & just 50p for a second map or if you want to try another course.
- Timing** The event will use Sportident electronic punching. If you do not have a Sportident Electronic Dibber, you can borrow one, free, at Registration.
- Registration** 1pm to 3pm, on the day only. On the grassed area adjacent to the ranger's office and toilet block by the car park off Derby Road.
- Start** Adjacent to the ranger's office and toilet block by the car park. Start times from 1pm to 3pm.
- Finish** Adjacent to the ranger's office and toilet block by the car park. Courses close at 4pm. You must report to Download even if you do not finish your course to avoid a needless search.
- Facilities** There are toilets located at the start next to the car park.
- Map** 1:4000 with 5m contours
- Dogs** Dogs are **not** allowed on the courses. Dogs are welcome in the area but we ask that owners keep a close control and that they should clean up any mess.
- Safety** There are extensive areas of nettles and brambles at this time of year, and full leg cover is required under British Orienteering Rules – sorry, no shorts. Competitors take part at their own risk. Whistles are advised. A waterproof jacket may be required if the weather is bad.
- Badges** 5 to 18 year olds can collect controls towards the BSOA Explorer Awards at this and other DVO events this year. (see www.dvo.org.uk for details).
- Membership** Non-members are welcome to run at this event, but please note that British Orienteering public liability insurance covers you for three events only (as a non-member). Ask at Registration or Download for information on joining and other membership benefits. Only £4.50 for a Junior. (see <https://www.britishorienteering.org.uk/>)
- Unicycle-O** – Please note that the British Orienteering public liability insurance covers the club to organise the event but does **not** cover individuals against third party liability in cycle based events. Participants compete entirely at their own risk in the event of accident or injury.
- Organiser** East Midlands Unicyclists **Planner:** James Prince and Gary Kelsall