



British Middle Distance Orienteering Championships 2019

Chinley Churn

Sunday 15th September



Final Details, Version 5: September 11th



The East Midlands Orienteering Association welcomes you to the 2019 British Middles Championships, hosted by Derwent Valley Orienteers



Travel

Chinley Churn is part of the Peak District National Park and is located 12km north of Buxton and 20km SE of Manchester.

Assembly is at Piece Farm SK22 4QL, approached from the A6015 New Mills to Hayfield road. **All traffic must approach from Hayfield, to avoid making a very sharp turn on to the track to the farm.** The event will be O signed from Hayfield.

From the A6015, follow the tarmac then gravel track south along Over Hill Road for just over 1km, where signs will send you left to Assembly. Please park as directed by marshals. Grid reference of track exit to parking SK022852.

what3words

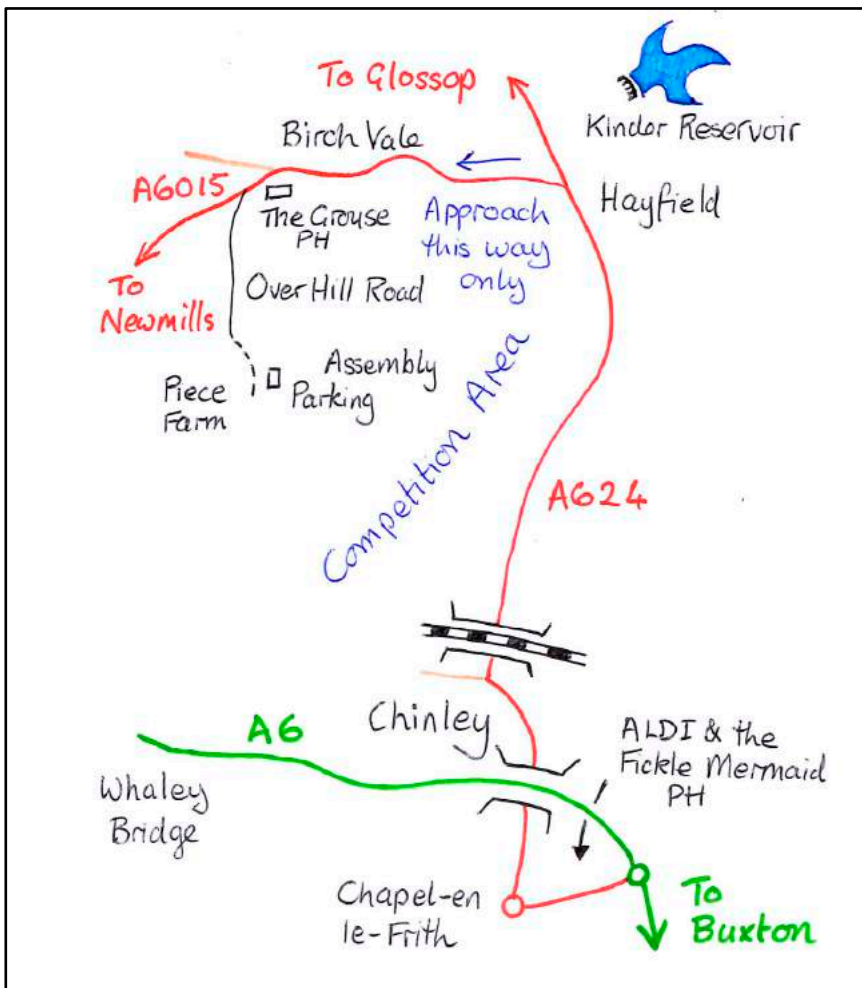
///brew.sweeper.blocks
Due to the single track road to Assembly, **there will be no exit before 13:00. Please ensure you arrive by 12:30** and give way to locals using the track.

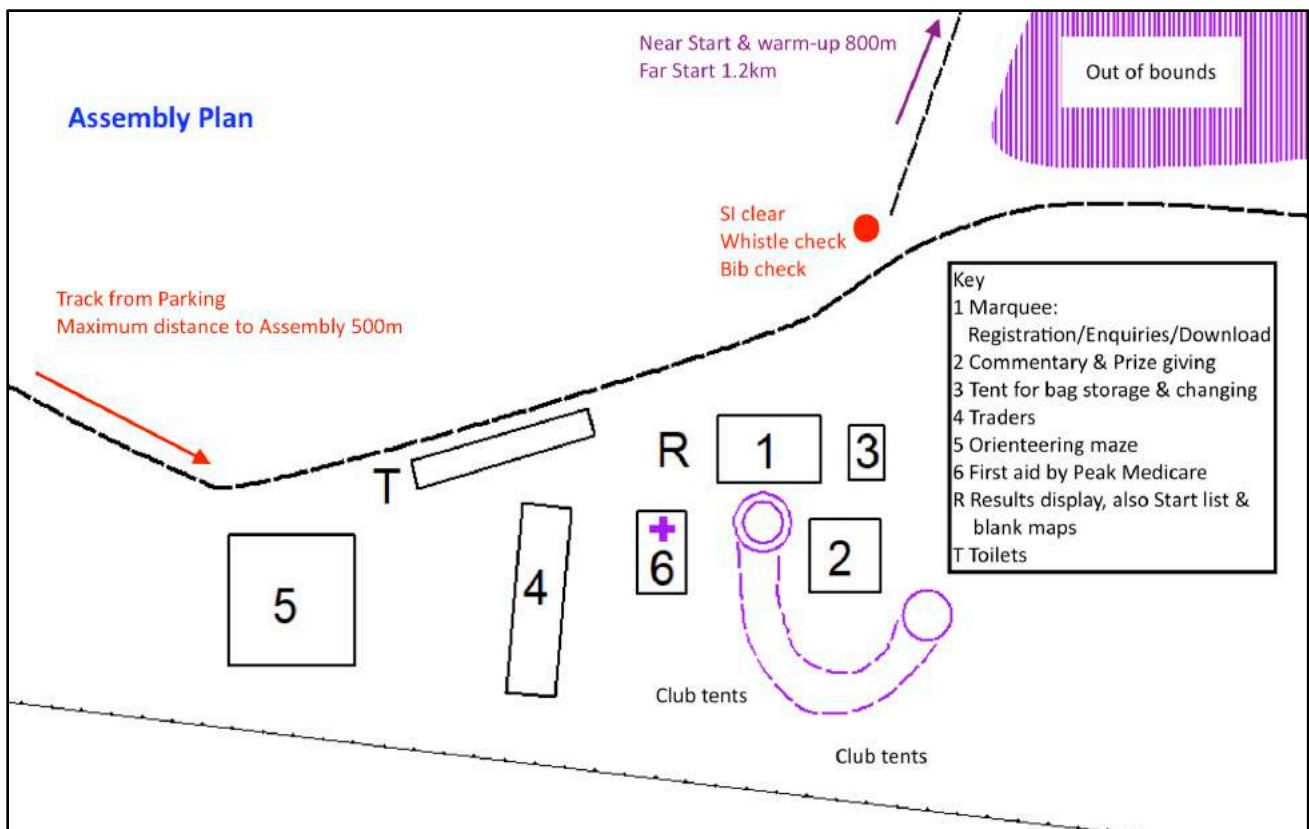
By public transport

There are railway stations at New Mills and Chinley, and Hayfield can be reached by bus.

Parking

Parking for cars is on a field at Piece Farm. Motorhomes and minibuses will park in Assembly next to the track. Assembly is in the adjacent field, 500m from the furthest parking.





Assembly

Assembly is in a large field to the west of the competition area, providing excellent views of the spectator controls and Finish. On a clear day, there are views to Manchester, but the altitude is 350m, so do come prepared for autumnal chills! There is plenty of room for club tents to the south of the run-in.

In Assembly you will find:

- Event catering by Tom's Catering and O-Nosh
- Traders: CompassPoint and UltraSport
- First aid by Peak Medicare
- Results display and blank maps
- A blue and yellow tunnel tent for changing and bag storage (sorry, no clothing transfer from Start)
- Toilets
- Maze orienteering 10:00–14:00. Our maze is large, and adults are also welcome to have a go!

There will be a Marquee for:

- Enquiries, open 08:30–15:00.
- Entry on the day for White, Yellow and Orange courses (08:30–12:30, or earlier if maps run out).
- Collection of race numbers (outside) and hired SI cards. Bibs are compulsory for Championship courses.
- SIAC battery test station.
- Key drop in a named envelope.
- Trophy return.
- Download.

Dogs – Dogs are allowed on leads in Assembly, but please pick-up after them.

Recycling – Please take home for re-use where possible. However, near the Traders there will be separate collection bags for metal, plastic, paper and glass.

Terrain

Chinley Churn will be new to many orienteers, having been mapped for the first time in 2015. The terrain is very fast and runnable rough grassland with little bracken or heather to impede progress. Areas of old quarries, with many small hills, boulders, crags and depressions provide complex and challenging navigation on steep, sometimes rocky slopes.

The eastern area comprises a terraced scarp slope with quarry workings and other rock features. The north-western area is a more gently inclined dip slope, with depressions and linear marshes. The connecting ridge rises above 400 metres, with views east towards Kinder Scout and west to Manchester.

The whole area is grazed by sheep, with virtually no trees. Typical to the area, there are many dry stone walls, gates and stiles. Some temporary stiles are next to permanent stiles and should be used if members of the public are crossing.

Crossing points

Many walls on courses are marked as uncrossable by a thick purple line. In these cases you MUST use one of the marked crossing points, which may be a stile, gate or a temporary stile. The area is popular with walkers so, to avoid congestion at stiles and possible conflict with walkers, we have placed additional temporary stiles which are marked on the map and should be used by competitors.

Where there is likely to be heavy use of a crossing point by competitors we have placed two stiles. However, you should still show due consideration to other competitors, some of whom may not be as agile crossing stiles as you.

Planner's comment

The complex quarry area is a relatively narrow strip making it difficult to follow the competition guideline to have regular changes in direction without significant loss or gain in height as well as avoiding too many path routes. Courses have been planned to avoid the scree and boulder slopes as much as possible.

A further problem was caused by the farmer earlier in the year filling in the pits and depressions in the final two fields – using the knolls! This removed many of the useable control sites.

Map

Survey and cartography by Richard Parkin in 2015 and updated in 2019 to ISOM 2017. Classes M/W16–40 will run at 1:10,000, all others at 1:7,500. The 1:10,000 maps will be slightly larger than A4, the others A3. All printed on waterproof paper by Hassall and Lucking.

Blank maps will be available on the Results display in Assembly, and in the Start lanes.

The map as used in 2016 can be viewed at: <http://www.derwentvalleyorienteers.org.uk/results/rg2/#101>

Control descriptions

For Courses 1–13, IOF pictorial descriptions will be printed on the front of the map. For Courses 14, 15 and Colour Coded courses, pictorial and text control descriptions will be printed on the front of the map. Loose descriptions will be available in the start lanes.

Timing

Timing is by SportIdent and contactless punching will be enabled for those with SIACs. Please punch conventionally at the pre-start, but contactlessly at the Finish.

If an SI unit fails to flash and beep, use the back-up pin punch along the edge of the map.

It is the competitor's responsibility to ensure that their dibber has registered at the control or that they have punched the map.

If you have reserved a SIAC dibber, please collect it from Enquiries and return it at Download.

Courses

Course lengths and climb, subject to final controlling, are as follows:

Course number	Course Length	Climb	No of controls	Technical Difficulty	Map scale	Men	Women
1	5.5km	270m	31	5	1:10000	M21	
2	4.4km	215m	28	5	1:10000		W21
3	5.2km	235m	27	5	1:10000	M35, M40	
4	5.2km	190m	26	5	1:7500	M45, M50	
5	4.6km	160m	25	5	1:10000		W35, W40
6	4.7km	140m	26	5	1:7500	M55, M60	
7	4.0km	135m	22	5	1:7500	M65	W45
8	4.1km	130m	24	5	1:7500	M70	W50
9	3.2km	125m	21	5	1:7500	M75, M80, M85	W55, W60, W65
10	2.3km	55m	15	5	1:7500		W70, W75, W80, W85
11	3.7km	165m	23	5	1:10000	M16, M18, M20	
12	3.3km	105m	22	5	1:10000		W16, W18, W20
13	2.6km	80m	16	4	1:7500	M14	W14
14	1.8km	25m	11	3	1:7500	M12, Orange	W12
15	1.5km	10	10	2	1:7500	M10, Yellow	W10
16	1.3km	15m	9	1	1:7500	White	

Courses with grey infill use the Near Start.

Winning time on all senior TD5 courses should be in the range 30–35 minutes, and, for the M/W 16/18/20 classes, in the range 20–25 minutes.

Please note that Course 1 has more than 30 controls. This will affect anyone who still uses a type 5 or type 8 dibber (max 30 splits).

Eligibility for British Championship trophies

To be eligible for a British Championship trophy, an individual competitor will, on the day immediately preceding the day of competition in question, be a member of British Orienteering and either be a British citizen or have been a member of British Orienteering in each of the three membership years preceding the year of the competition. Eligibility will have been declared via the online entry process.

Entries for Championship Courses

Any queries regarding your entry should be made to our Entries Administrator Mike Godfree mike.godfree@btinternet.com or at Enquiries on the day.

On-the-day Registration for Recreational Courses

White, Yellow and Orange colour coded courses will be available for entry on the day at a cost of £12 per map for seniors, and £5 for juniors. Registration for these is in the Marquee and will be open from 10:00, closing at 12:30 (or sooner if maps run out). We will give you a receipt to hand in at the Near Start. Starts are available between 11:00 and 13:00, and the distance to the Near Start is 800m with 80m climb. We are not allocating Start times for EOD courses.

A dibber can be borrowed free of charge, please return it at Download. SIAC hire is £2.

Maze

A large Maze with SI punching will be available in Assembly between 10:00 and 14:00. Adults are also welcome to try the Maze! There is no charge for this.

Shadowing

Please note that competitors on Championship courses may only shadow others **after their own competitive run**. Anyone who needs shadowing on a course may only enter the White, Yellow or Orange courses and not a Championship course.

Clothing

Shorts are **not permitted** at this event. If the weather is bad, hooded waterproof jackets may be made compulsory. If this is the case, hat and gloves are recommended, given the elevation.

Race numbers for Championship courses

Race numbers must be worn on your front, and can be collected from outside the Marquee, where they'll be hung alphabetically by surname. Race numbers are compulsory and carry different information from the Sprints.

The reverse will be blank, but you may add any medical information there if you wish, or leave it in a named envelope at Enquiries. This will be destroyed confidentially after the event.

Starts

Start times are available here: <http://derwentvalleyorienteers.org.uk/details/startcrs.pdf>

At the exit from Assembly, you will find the Clear station, as well as whistle and race number check. No whistle or bib – no go! Non-Championship course competitors should show their entry slip. Call-up for both Starts is –5 minutes. Please allow plenty of time to reach your Start, especially if you plan to use the warm-up area.

All Championship courses will have a timed start, with call-up at –5 minutes. **If you arrive late, but still more than a minute before your start time**, you will be allowed into the appropriate box in the normal start lane and the timed start will apply. If you arrive **after your start time, or within a minute of it**, you will need to use the Late Starts lane, and have a punching start. In this case, your time will run from your original start time. However, if you feel your lateness is caused by the event organisation, please make a case in writing at Enquiries for using your punching start time. Neither Start nor Download officials are authorised to change Start times.

There will NOT be a clothing dump at the Starts.

As far as possible there will be no instructions from officials in the Start lanes, and all are asked to keep quiet so that competitors can concentrate.

For the **Near Start** (used by M/W 10/12 competitors, as well as White, Yellow & Orange entry-on-the-day courses), start times are between 11:00 and 13:00. The Near Start is 800m from Assembly, with 80 metres climb.

The **Far Start** (used by all other competitors) is 1.2km from Assembly, with 80 metres climb. Start times are between 10:00 and 14:00. To avoid congestion and confusion, we ask you NOT to climb the stile into the Start field more than 10 minutes ahead of your Start time.

Warm-up Area

There is a warm-up area very close to the Near Start and on the way to the Far Start, where there are some practice controls. Maps are available at 1:7,500 and 1:10,000, in a box near the warm-up start.

The Control Unit

The control unit will consist of a stake, kite, SI unit with horizontal number and a pin-punch. Please note that vertical number cards will not be used.

Radio Controls and Commentary

All courses will visit a radio control at a gate which enters the final few fields to the Finish; there will be two SI boxes at this control. As this is quite near the Finish, there is a second radio control for M/W21 approximately half way round their courses, with only one SI box.

A commentary will be provided by Chris Poole and Andy Monro, supported by radio controls provided by Ian and Helen Marsden of GPPProjects.

Finish

There is a single Finish, in Assembly. The Finish will be contactless for those using a SIAC dibber. Others should dib as normal. The run-in is taped, and there is plenty of room for Club tents.

There is no map reclaim; please do not show your map to competitors yet to run.

Please report at Download any damage to walls or fences that you see occurring, so we can arrange for rapid repairs.

Complaints and Protests

If any competitor feels that they have been unfairly treated, then they should, in the first instance, register a complaint with the Organiser via Enquiries. If they are not satisfied with the Organiser's response, a protest complaint should be made, in writing, again to Enquiries, which will be considered by the Event Jury.

Results

Results will be posted regularly on display boards in Assembly. Live results should be available at www.live-o.org Final results will be uploaded to www.cix.co.uk/~neper/bmdc19 as well as the British Middle Champs minisite.

Prize-giving

The prize-giving ceremony will start as soon after 14:30 as possible and will be streamlined for quick flow; please stay and congratulate our prize-winners if you can. The Senior trophies will be presented to the winners of the M/W 21 class, and the Junior trophies will be presented to the fastest runners in the combined M/W 18 and 20 classes. The top three finishers in all classes will receive medals as well as locally sourced edible mementos, and we will be awarding spot prizes of Bakewell puddings.

Safety

1. The terrain on all courses rises above 400 metres and can be exposed to the elements. Please dress appropriately.
2. Competitors must take great care on the rocky terrain and be aware that there are dangerous crags.
3. In the event of bad weather, hooded waterproof jackets may be made compulsory. Look for notices at the entrance to the car park. Hat and gloves may also be recommended.
4. Whistles are compulsory and will be checked.
5. Any competitor with a known medical condition that could be a risk to their safety should write these details on the reverse of their Race Number. If you wish, you may also leave medical information at Registration in a sealed envelope, which will be destroyed after the event.

6. Competitors are required to give help to an injured competitor even if this means giving up their own race (Rule 9.10).
7. British Orienteering's Rule 7.1 states that "Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course. However, Organisers must have made reasonable risk management arrangements to mitigate the hazards that a competitor might reasonably not be aware of." This we have done by addressing the hazards identified in the Risk Assessment, the planning of the courses and the information provided in these Final Details.
8. **Courses close at 15:00.** Competitors must report to Download by this time even if this means not completing your course.

Officials

Planner: Ranald Macdonald

Controller: Chris Burden (AIRE)

Assistant planner: Dave Chaffey

Assistant controller: Paul Addison

Safety officer: Stuart Swalwell

Entry enquiries/changes: Mike Godfree mike.godfree@btinternet.com

Organiser: Sal Chaffey sal.chaffey@gmail.com 07740 181590

Assistant Organiser: Viv Macdonald

Photography

Official photographers Steve Rush (BOK) and Peter Cull (MDOC) will be taking photos at the event. Please let the Organiser know if you do not wish to appear in the online albums produced.

You are welcome to take photographs or record video, but please respect people's privacy and avoid photography close to first-aid and toilet facilities, or in areas where runners are changing. Photographs may be posted on the internet. Please report any concerns about inappropriate photography to the Organiser.

Acknowledgements

We wish to thank Henry and Jason Hallam for allowing us to park at Piece Farm and to run on their land. We are also grateful to the other landowners on the area: George and Steven Wainwright and Judge George Needham. Thanks also to British Orienteering Major Events Consultant Andy Yeates (Walton Chasers) for support with organisation and planning.