



Informal Orienteering Event

July 21st 2018

Foremark Reservoir

(between Ticknall and Repton)

(Courses suitable for novices and experienced orienteers with help and advice available)

Terrain: Mainly wooded with many paths, some open land next to the Reservoir. There are some small 'beaches' for children/picnics, but no swimming.

Car parking and Assembly: Follow Brown Signs "Foremark Reservoir" along minor road between Ticknall and Repton. After entry to the site you will face a right turn (to the 'northern' car-park) or straight on to the 'southern' car-park. (They are only 250m apart.) Registration, Start and Finish are adjacent to the southern car-park.

Nearest Post Code: **DE65 6EG**

Grid Reference: SK 327249

Parking fee: At entrance, £3, coins only (for all-day parking).

Courses: Short: 1.7k ('Yellow') suitable for accompanied children, or those with some experience.

Long (Technical): 5.0k for experienced orienteers only.

Training* 3.6k ('Orange'/'light Green'), but you don't have to complete all the controls on this course.

*The training course is non-competitive, so no ordered results will be published. You will still get splits as usual. You can therefore re-do a leg, or several, to improve your technique. The skill focus at this event is **distance measurement**, usually by pace-counting (see dvo.org.uk/newcomers/helpfornewcomers/navigation), including two opportunities to check or calibrate your 'system'

Entries and fees: Entry on the day only.

Individual Adults, Family Groups (One map) and Accompanied Children £5.00

Children and Students £2.00 (doing a course unaccompanied by an adult)

Registration on the day only: 12.30pm until 2:30.

Start Times: From 1 pm to 3pm. The start and finish are next to the southern car-park

Courses close at 16:30. You must report to Download even if you retire to avoid a needless search.

Timing: The event will use Sportident electronic punching. If you do not have a Sportident card ('dibber'), you can borrow one free at Registration.

Badges : 5 to 18 year olds can collect controls towards the BSOA Explorer Awards at this and other DVO events this year. (see www.dvo.org.uk for details).

Facilities : Toilets and SevernTrent café next to southern car-park .

Map: 1:7,500 with 5m contour interval. 2017 map with partial updating

Dogs: Dogs are not allowed on courses. They are permitted in car park/assembly but must be on a lead and any mess removed.

Safety: There are nettles, thistles and brambles at this time of year, and full leg cover is required under British Orienteering Rules – sorry, no shorts. Competitors take part at their own risk. Whistles are advised.

Membership: Non-members are welcome to run at this event, but please note that British Orienteering public liability insurance covers you for three events only (as a non-member). Ask at Registration or Download for information on joining and other membership benefits. Only £4.50 for a Junior. (see www.britishorienteering)

Organiser: Andy Hawkins, 0115 854 2634, a.hawkins517@hotmail.com

Planner: AH, as above.

Photographs: *You are welcome to take photographs or record video at this event, but please respect people's privacy and avoid photography close to first-aid and toilet facilities, or in areas where runners are changing. Photographs may be posted on the internet. If there are particular reasons why an individual should not be photographed, please discuss the issue with the organiser in advance of the event. Report any concerns about inappropriate photography to the event organiser.*