



Level C Orienteering Event

Sunday 13th December 2015

Longstone Moor

(4 miles NW of Bakewell, near Monsal Head)

(An event in the 2015 East Midlands League)

Terrain: Longstone Moor offers a variety of interesting and challenging terrain. The moor is predominantly open grassland and heather, with several complex areas of old lead mine workings with lots of pits, knolls, gullies and depressions. There is a good network of small paths and ruined stone walls together with small pockets of woodland. All courses will visit Longstone Edge which is predominantly grassland with more pits and gullies, and, if you can spare the time, wonderful views!

Special notes: Control descriptions may include **x** which is a concrete slab shaft cover.

The Green and Brown Courses have a butterfly loop - where one control will be visited more than once.

Car parking and Assembly: £2 per car. Assembly and Parking field together, 1 km north of Monsal Head off the B6465. Signposted from the junction of the B6465 and A6 (coming from the south) or B6465 and A623 (travelling from the north).

Nearest Post Code: DE45 1NL (Monsal Head Hotel)

Lat: (WGS84) N53:15:08

Long: (WGS84) W1:43:37

Grid Reference: 185 728

Courses: White (technically easy and short distance), Yellow, Orange, Light Green, Short Green, Green, Blue, Brown (technically hard and long distance)

Entries and fees: Entry on the day only.

Adults on Light Green, Green, Blue, Brown courses: £6 (members of British Orienteering); £8 (non-members)

Adults on White, Yellow, Orange courses: £3.00

Children and Students: £3.00 (the String course is free)

Family £15 (members of British Orienteering); £19 (non-members)

Family groups with a Child on White, Yellow or Orange will pay £3.00 for one map and can purchase additional maps for 50p.

Please include your British Orienteering membership number on your registration form.

Timing: The event will use Sportident electronic punching. If you do not have a Sportident card, you can hire one at Registration. Hire fee of 50p for Adults, free for Children & Students.

Registration on the day only: 10.00 am until 12.00 noon.

Start Times: From 10.30 am to 12:30 am. The start is 1.7km along a track (past turning to Finish) from assembly field with a very steep (60m climb) last 200m. The finish is 800m back to assembly field.

Courses close at 14:30. Please report to Download even if you retire.

Toilets: provided in the assembly/parking field.

Parking: £2 per car.

Map: Mapped by Paul Addison (2013), Updated and extended 2015. Scale 1:10,000, with 5 metre contours.

Dogs: There are sheep and cattle in the area and a condition of use is that there will be **no dogs** in the car-parking field or out on the courses.

Safety: Competitors are advised to be vigilant as there are many old mine shafts in the area and some steep crags. Whistles will be compulsory; anoraks/waterproof jackets may be compulsory, depending on conditions on the day. All competitors must report to download even if they retire. Courses close at 2 pm, after which controls will be collected. You must still report to the finish and download even if you miss the cut-off time to avoid a search being instigated.

Organiser: Ann-Marie Duckworth, email: jasrduckworth@btinternet.com (preferred), 01773 856824 (before 9pm)

Planner: Jane Burgess, **Controller:** Paul Addison (DVO)