



Informal Orienteering Event

Saturday 30th September 2017

ShIPLEY Country Park

Part of the Navigate 4 North Series

Courses suitable for novices and experienced orienteers with help and advice available

- Terrain** Undulating parkland with a good path network. Two areas of woodland.
- Car parking** Pay and display at the main car park accessed from the A608 in Heanor, via Delves Road, then Slack Lane. Post code DE75 7GX.
- Courses** Three courses for beginner and experienced orienteers. Please let the Organiser know if you wish to receive some coaching when you arrive at Registration. Youth groups welcome, please let the Organiser know so we can have enough maps and helpers available. Approx distances:
Short: 2km (White standard)
Medium: 3-4km (Yellow standard)
Long: 4-5km (Light Green standard)
- Fees** Entry on the day only
Adults £4.00, Children and Students £2.00 (going round a course unaccompanied by an adult) ... & just 50p for a second map if you want to try another course (please arrive early for this)!
- Timing** The event will use Sportident electronic punching. If you do not have a Sportident card or 'dibber', you can borrow one free at Registration.
- Registration** The Green Room next to the café. 1–3pm, on the day only.
- Start** Start times from 1–3pm. The Start location will be close to Registration.
- Facilities** Café, toilets, children's play area and gift shop.
- Map** **1:10000** with 5m contours. Cartography Andy Hawkins 2011, updated by Mike Godfree 2017.
- Dogs** Dogs are **not** allowed on the orienteering courses.
- Safety** Competitors take part at their own risk. Whistles are advised. A waterproof jacket may be required if the weather is bad. **Courses close at 4pm.** You must report to Download even if you do not finish your course to avoid a needless search.
- Badges** Children over 5 can collect controls towards the British Schools Orienteering Association awards at this event, and the other 2 events in the Navigate 4 North Series (Openwoodgate/Belper 18th Sept and Alfreton Park 14th Oct). To be presented at DVO's event at Chesterfield, Sunday 29th October (Registration open 10-12noon, awards available from 12:45) or send SAE to Rex Bleakman (see www.dvo.org.uk for details).
- Membership** Non-members are welcome to run at this event, but please note that British Orienteering public liability insurance covers you for three events only (as a non-member). Ask at Registration or Download for information on joining and other membership benefits.



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Planner John Ragsdell

