

# Allestree Urban 16/6/19

1. Complete form overleaf or below.  
Please complete the safety information if you have travelled alone to save us time when checking that everyone has returned.
2. Hire e-card if you do not have your own.
3. Pay for your entry and receive control descriptions in exchange.
4. Go to the start when you are ready.
5. Clear your e-card before start.

**Maps 1:5,000 A3, pre-marked waterproof, not bagged (control descriptions on map as well as loose).**

**After your run you must report to download even if you retire so that we know everyone is back. Courses close 2:00 p.m.**  
**Shorts are permissible, shoes with good grip recommended**

Entry fees:

Courses 1-5 Adults £10, Juniors/Students £4

(Adults reduced to £8 if giving a 2019 BOF number)

Courses 6 & 7 Adults/families £5, Individual Juniors £4

Courses: (distances measured on straight line)

1 - Mens Open (M18+, M35-) 8.6km + 150m. climb

2 - Veteran Men (M40+), Womens Open (W18+ W35-) 6.9km + 110m.

3 - Super Vet Men (M55+), Vet Women (W40+) 6.4km + 125m.

4 - Ultra Vet Men (M65+), Hyper Vet Men (M75+),

Super Vet Women (W55+) 5.0km + 65m

5 - Ultra Vet Women (W65+), Hyper Vet Women (W75+) 3.5km + 70m.

6 - Juniors (M16-, W16-)/families 2.8km + 35m.

7 - Young Juniors (M12-, W12-)/families 1.9km+25m

Distance to start 200m and from finish 100m.

Toilets - in Sports Centre

## DVO Registration and Safety Card

Once registered you must report to download before you leave the event

BOF Number

For member's discount and League Points. Otherwise leave blank.

**\* Hired cards not returned will be charged at £30**

E-card Number

Please tick one  Hired\*  Own  Borrowed

Name

**DOGS are not allowed on campus**

Club

Club, school or scout group. Leave blank if none.

Age Class

eg. M14, W21 etc

Course

eg. 1,2 etc. **Under 16s are only allowed on courses 6 & 7**

1-MO(M21), 2-MV(M40+), WO, 3-MSV(M55+), WV(W40+), 4-MUV(M65+), MHV(M75+), WSV(W55+),

5- WUV(W65+), WHV(W75+), 6 - MJ(M16-)WJ(W16-), 7 - MYJ(M12-), WYJ(W12-).

You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, age group and gender

## SAFETY CHECK information

Did you travel alone?

**This information will only be used if you fail to download your e-card.**

Car Registration Number

Phone number

© MERCs

Any medical condition you would like us to be aware of

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