

Urban Event Wirksworth

Sunday 7th October 2012 East Midlands Urban League Event 3

Web site: www.dvo.org.uk

Registration: Wirksworth Leisure Centre

By car: Parking in Leisure Centre & Health Centre car parks, there may be a charge for overflow car parking. From Derby direction go straight across mini roundabout and then immediately right. From centre of Wirksworth follow Derby road for approx 400 metres and take left before mini-roundabout. Nearest Post Code DE4 4AA, N53:04:38 (53.077255), W1:34:18 (-1.571746), GR SK287534

By public transport: Bus 6.1 between Derby & Bakewell see www.trentbarton.co.uk

Terrain: Town streets with alleys and small open areas. Steep in parts.

Map: Scale 1:5,000, with 5 metre contours to ISSOM2007 (Sprint Map Standard), 2012.

SI Electronic punching, SI Card hire £1

Courses: (lengths subject to final controlling)

1	Mens Open (M18-M35)	6.4km + 110m climb (straight line distance)
2	Vet Men (M40+),	5.3km + 90m
	Women Open (W18-W35)	
3	Super Vet Men(M55+), Vet	4.8km + 80m.
	Women (W40+)	
4	Ultra Vet Men (M65+), Super Vet	3.7km + 65m
	Women (W55+)	
5	Ultra Vet Women (W65+)	2.9km + 60m
6	Juniors (M/W16-)	3.1km + 75m

NOTE Course 6 has a marshalled road crossing but also crosses minor roads. M/W16 competitors may NOT run up to courses 1 or 2 unless they are over 16 on 7th October.

Start times: 10:30 to 12:30

Prices:

Adults £8 (reduced to £6 for BOF members), Juniors £3 E-card hire £1. (No pre-entry, EOD only)

Organiser: David Vincent 01773 716615 (dvincent@tesco.net)

Planner: Doug Dickinson Controller: Mike Godfree



Note you may not enter the private areas shown in olive green even if there looks to be a way through.

You may not cross walls or fences shown with a thick black line (even though physically crossable)

It is recommended that shoes with a good grip are worn for this event as some courses go off-road.