

## NEWSTRACK

APRIL 1995

### DVO OFFICIALS

Chairman : Dave Clough, 2 The Croft, Park Street, Alfreton  
DE55 7JE - (01773) 520229

Secretary: Christina Wright, 4 Ripley Road, Ambergate, Belper  
DE56 2EU - (01773) 856387

Treasurer: John Hopper, 44 South Avenue, Chellaston, Derby  
DE7 1RS - (01332) 703830

Minutes Secretary: Mike Gardner, 3 Gatcombe Close, Oakwood,  
Derby DE21 2PZ - (01332) 665671

Club Captain: Ann-Marie Priston, 6 Mills Court, Crich DE4 5EB  
(01773 856824)

NewsTrack Editor: Graham Johnson, 12 Chevin Road, Belper  
DE56 2UW - (01773) 824754

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John Hurley  
6 Darlev Park House  
New Road  
Darlev Abbey  
Derby  
DE22 1DR

## THE EDITOR'S BIT

No moans this time about lack of events. Since the last issue we have been inundated with them. It's only April and already the British and JK have passed us by, not to mention the East Midlands Champs. And there's plenty more to come before the summer break.

Included in this issue are details of all the events in this season's Summer League, for the uninitiated, a series of informal Friday evening events often on previously unused and less conventional areas, equally suitable, or unsuitable depending on your point of view, for all ages and levels of experience. Hopefully last year's innovation will be continued and there will be at least two courses laid on, the second suitable for beginners and juniors.

In the middle of the Summer League programme, and part of it, are the Club Champs which I am drawing to everyone's attention in particular. This is not just because it is open to every club member and, due to a sophisticated handicapping system, capable of being won by any member, it is also, this year, being held on an area new to the vast majority of members, Bole Hill, to the south west of Chesterfield, used only once before, for last year's summer league. Furthermore we are promised a brand new, full-colour, computer-generated map by the co-organiser, Steve Kimberley.

It's a bit early to think about entering yet - details will be available in next EMEWS and at Summer League events - but make a note of 23rd June in your diaries.

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### British and JK Winners

We had a considerable number of successful members at the British and JK but pride of place must go to Kim Buckley, not only DVO's only champion but a double champion at that, winning both the British and JK at W19, the former by a whacking 14 minutes.

Also featuring on the 1995 roll of honour are Matthew Dickinson - 2nd on M10A at the British and winner of the same class at the JK -, Emma Whitehead - 2nd at the JK in W10A - and Kate Johnson - 3rd on W10A at the British, not forgetting Roger Wilkinson's 1st placing on M50S at the British.

Our only prizewinning success at the JK relays was represented by the M/W11 class where Hilary Johnson, Matthew Dickinson and Emma Whitehead came third to teams from EBOR and SYO comprised solely of boys. Well done everyone.

The most encouraging thing about these results, I find, is that the success stories are almost exclusively in the junior classes. Although it is easier to win classes whose age-band

is limited to only a couple of years, it has been a few years since DVO registered prizes regularly at this level. As to the reason why, it is surely not coincidental that these juniors are all offspring of regular DVORienteers and it has taken some years for the gap between age groups to be filled with the next generation of competing children. When you consider the numbers of DVO kids regularly running string courses but not yet old enough to strike out on their own on M and W10 courses, the future looks pretty bright to me, and I therefore expect the story of DVO junior champions and prizewinners to continue for some time to come.

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### *EVENT REPORTS*

#### YATEHOLME - 26th March 1995

If ever there was an event that was jinxed it was this one. The organisers must have wondered if it would ever take place. I mean, I entered for this event in December 1993 when it was fixed for 6th Feb 94, but it was cancelled because of the not exactly minor handicap of having no map available.

The event re-emerged on 5th March 1995, but the omens were not good. First there was a notice at Burbage, a week beforehand, announcing that, yes, they had a map, which was at least an improvement on the last time. However we had got no control cards, so we waited as the days up to the following Sunday passed. At last my nerve broke, and on Thursday, I telephoned the organiser who assured me that the cards and details had been posted, hinting darkly that the delay was due to some unnamed third party. They duly arrived the following day.

Surely there could be no further mishap. Wrong. We had survived one of the mildest winters on record without having one event affected but the first week of March chose to dump enough snow on this 1700 metre high area to cover all but two inches of the top of the cane on some controls, those that had not been blown away. The DVO hotline sprang into action and at Saturday tea-time I received call after call from fellow-members as the message was passed on, jungle-telegraph style. I even got one from the organiser herself.

Then came news that, in order to recover some of the outlay on the map and make the many hours that go into a badge event worthwhile, the event would go ahead on the final Saturday in March, the last weekend when the area would be available until 1996. Experience tends to show that events on a Saturday are less popular than their Sunday counterparts so this was a brave and probably desperate decision on the part of the organisers. They generously offered to refund entry fees in full to those unable to attend and I hope that their efforts have been rewarded profitably. This may be a vain hope as the results indicate, for example less than 100 female competitors so that Hilary's course had only two runners.

However, Jayne Malley probably isn't complaining - see below.

The new date prompted divided loyalties in the Johnson household, because of course 25th March was the date fixed for DVO's coaching morning at Cromford. I decided to cash in some of the credits earned from giving up runs to honour parental duties at past events and opted for Yateholme while Val took Ruth and Kate to Cromford.

As the car climbed up to descend upon the event, I could well imagine the Arctic scenes of three weeks earlier. Snow still decorated the fringes of the slopes circling the area, and which we had to cross on the course. It is a long time since I have orienteered in the snow - not since I was last at Yateholme in fact!

For some reason lost in the m of t, we had opted for late starts on entering this event. Sod's Law dictated that, in my case, this meant the very last start time. I hate last start times. You only have to make a simple slip early on and you rapidly find yourself orienteering completely alone, and, believe me, Yateholme can be a very lonely place. I know orienteering is an individual sport but it is still reassuring to have others around you even if only in the vain hope that you might overtake one of them.

One of the advertised features of this event was extensions to the previous area never before used for orienteering. These turned out to consist of moorland to the south of the map. I hate to sound churlish but it rapidly became obvious as I negotiated the first controls that the planner was determined to make maximum use of this. To be precise, virtually every single control was on the moor and I only entered forest in order to punch the last control. The planner could say that I had visited control sites never frequented by any orienteers previously, but, to be honest, I did not feel that I had orienteered on Yateholme. I felt more like having completed a course on nearby Crowden, used for a badge event nearly a year ago to the day. Given a choice between orienteering on moor and in forest, most orienteers would choose the latter, and there are decent bits of wood at Yateholme. The combination of both is for me part of the attraction of the area.

The courses were on the short side (winning time on M40L under 60 mins) but this was understandable given that the courses were planned for an earlier event with possibly adverse weather conditions. Apart from the rather savage 80 metre climb to the first control, not to mention about 190 metres of the 210 metres of climb coming in the first 4 or 5 controls, I did enjoy myself. The moor was riddled with streams and peat groughs (is that the right technical term?) and you had to concentrate all the time. I had my usual Good Run Apart From One Control Turning It into a Mediocre One, known as GRAFOCTIMO in the trade.

I then went to cash in my absentee family's control cards, pocketing £7.00 as a result. It was only when I got home that I remembered that EPOC had already returned part of our entry so we could avail ourselves of their philanthropic family badge event rate of £9.50. So this event cost Hilary and I £2.50! I have spent sleepless nights ever since wrestling with my conscience over the return of some of the money (but how much?). I am still wrestling.

DVO Perfs in full!:

W11A Hilary Johnson 1\2

W45L Liz Godfree 8\12

M35S John Malley 4\9

M40L John Hopper 14\18

W35L Jayne Malley 1\6

M21L John Duckworth 2\10

M40L Graham Johnson 9\18

M35L Mike Godfree 33\40

(Should I mention that DVO's former Treasurer, Martyn Hodgson, now EPOC, was disqualified for missing No. 6? No, I might embarrass him).

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Grace Dieu - 9th April 1995

(Or Anatomy of an Awfully Big Mistake - Part 2)

Something was seriously amiss. I had been having a reasonable first half of my M40L course, battling it out with NOC's Del Boy. Then, after the second half pick-up point, he disappeared in completely the opposite direction. I quietly sniggered to myself and ploughed on.

The second oddity was the length of time I was taking to do the last 3km of my course and the amount of the map I was having to cover to complete it. What clinched it was the two controls on the second half of my course that I had visited on the first time round. Even then it was only two controls from the end that the awful truth dawned that, perhaps I might have picked up the wrong map. And I had. Not just any old map, the second half of M21L, covering 4.7km after a first part of 5.00km. So that meant nearly 10km for absolutely no reason at all really, unless for some reason they were about to award a trophy for M40\21, which was probably unlikely.

Looking back, I should of course have checked my map but such details do not come easily after 5km of slog. In mitigation, I would like to point out that there were no labels on the boxes from my direction of approach, no-one manning the map exchange point and the C course was on the left of the B course, not to the logical right (CBA, not ABC), presumably to make any Chinese competitors who might have entered feel at home.

Congratulations to those in DVO who did make it to the trophies:

M10 Matthew Dickinson

M17 Chris Gilligan

M19 Chris Godfree

M40 Paul Armstrong

M45 Steve Buckley

W10 Emma Whitehead

W11 Hilary Johnson

W19 Jo Armistead

W21 Kim Buckley

W35 Val Johnson

JK - 15th-17th April 1995

"Ian's blown up Kath's lilo."

"Yes, so what?"

"No, Ian's blown up Kath's lilo."

And he had. Inflating the lilo using a pump operated off the car battery, Ian Whitehead went off and found something better to do until it was too late.

I rather liked the story the planners of Day 1 told about the efforts of Forest Enterprise to be helpful the week before the event. Finding one part of Wass particularly congested with vegetation, they kindly cleared it for us to make the running easier, not realising that they had also removed a thicket that provided a control site. The FE made amends at once and replanted the rhododendron bush, but found that it would stay upright so they solved the problem by planting the shrub upside down! And thus the world's first inverted thicket was invented.

We were caught in a huge queue up to the car park on Day 2 at Kilnsey and cursed helpless as the minutes ticked by. It was only later that the reason became apparent. A passing trader had seen the multitude of cars above and decided to try his luck. However, having negotiated his way to the top, he found that we were unlikely to be the type of people interested in whatever wares he was intent upon flogging and turned round to go back. He was thus faced with a continuous stream of cars whose single intention was to travel along a narrow track in the opposite direction to him. Personally, I would have left him to his fate but the organisers stopped the ascending traffic to release the unfortunate merchant from his confinement, thereby creating chaos for hundreds of incoming orienteers that took most of the morning to clear.

At the Relays, Steve Kimberley reported to the tent for his second leg in M35+ only to be told that there wasn't a map for him! He had to take the third leg map, while the organisers hastily drew a second leg map for Paul Addison on third leg.

The third-placed DVO team in M\W10 very nearly missed out altogether. The tannoy announced that they had been disqualified. Enquiry revealed that Hilary was the miscreant, having mispunched at No 3. Vehemently protesting her innocence - understandable given that No. 3 was an obvious track crossing - Hilary demanded a recount, resulting in a reinstatement. It seems that a splodge of mud had persuaded an over-enthusiastic checker that a three hole triangle was a four hole rectangle.

Filling in a few lines before the end of the page, I will add that this was a splendid and well-organised JK, probably better than most were expecting. Wass in the Spring is a different proposition to late August, and I enjoyed the dash round Kilnsey where even a minor mistake lost many places, although I do seem to have been in the minority here.

### CompassSport Cup

We are through to the QUARTER FINALS in the CompassSport Cup competition. The next club to beat is SYO - a very large scalp to collect. The date and venue are still to be arranged (Late editorial interruption - no they're not; see below.)

The last run was in the sun at the superb area of Dimmingsdale. The first count (first 3 DVO runners on each colour course, or 2 on the junior courses) was against Octavian Droobers. We had the top 3 places on BROWN 2 (M19, M35, M40). A real battle between Ian Whitehead, Steve Kimberley and Paul Armstrong. The BROWN 1 (M21) team was helped by collaring Mike Jubb at a cross-country competition (London) the day before! The long legs of Alastair Buckley and John Duckworth must have sprung up and over the slopes at Dimmingsdale. Kathy Swalwell and Emily Hopper split OD on the LIGHT GREEN and Margaret Keeling and Viv Macdonald surprised themselves by scoring on the GREEN (please come to our event again, Margaret, and not NOC's, you scored!). The final score - DVO 70 and OD 63.

As DVO was the winner, the count was repeated against Harlequins (HOC) runners. Hilary Johnson and Matthew Dickinson held better scoring places on the ORANGE. The younger ladies - Kim Buckley and Jo Armistead - helped us more mature women on the BLUE 2 (W19, W35). BLUE 1 (M17, M45-M55) was led by Steve Buckley with Dave Skidmore and Derek Gale making the final score DVO 69 and HOC 64, a much closer result.

Thank you to everyone who came and supported the club. I hope to see you all at the next one.

Ann-Marie Friston

### STOP PRESS

Following delicate negotiations with SYO, it has been agreed that the next round of the CompassSport Cup should be played at the Sherwood Pines Badge event on 14th May. This will make no difference to the courses that people run, particularly as the closing date for entries is now past. Both clubs will run their normal courses and the winners of each CompassSport Cup class (see above) will be worked out by assigning points to those with a fastest minutes-per-km time. Only those running Long or A courses will count. I hope this makes sense. Presumably it will be difficult to work out who the winner is on the day because of the mathematics involved but this was the most sensible solution given the diminishing number of acceptable alternatives, even though DVO will be without Ian Whitehead as the controller and probable points scorer on Brown 2.



### WHAT'S GOING ON IN DVO

(A feeble attempt to make highlights from DVO committee meetings sound exciting)

- Last issue's appeal for the return of DVO's library was only marginally less successful than the appeal for NewsTrack contributions so, if this sorry state of affairs remains unaltered at the time of the next committee meeting, the purchase of a NEW library will be authorised. Get your order in now for the new Catherine Cookson.

- Apparently DVO has a surfeit of planners and controllers whilst the rest of EMOA has a dearth. You do not have to be too intelligent to imagine what the proposed consequence of this is. Just don't be in too much of a hurry to answer the phone.

- EMOA are organising the British Champs, individual and relay, in 1997. The Relays will be on Chatsworth. A sap, sorry, organiser is sought.

- DVO is to look into the purchase of a map sealer, which will be a relief to badge event planners everywhere.

- DVO events continue to make healthy profits, the latest fillers of coffers being Calke Night (£41.00) and Day (£332). Whisper it softly but there is over £7000 in the deposit account.

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### SUMMER RUNS

These replace Wednesday nights at the Buckleys and Wilkos from July to Sept as follows:

19th July. Ilam. John and Jayne Malley, Croft Cottage 01335 350467.

26th July. Via Gellia. David and Elizabeth Tryner, The Lilies, Grangemill, Matlock 01629 650053.

2nd August. Oakwood. Mike Gardner, 3 Gatcombe Close 01332 665671.

9th August. Belper. Us, 12 Chevin Road. 01773 824754.

16th August. Alfreton. Dave Clough, 2 The Croft 01773 520229.

23rd August. Alderwasley. Roger and Margaret Keeling, New Road Farm, New Road, Whatstandwell 01773 852991.

30th August. Carsington. 'Nuff said.

6th Sept. Crich. Ann-Marie Priston and John Duckworth, 6 Mills Court 01773 856824.

### WHATSTANDWELL SECOND FELL RACE AND FUN RUN

Whatstandwell Social Club are organising a 4 mile fell race and 2 mile fun run starting by the bridge on the A6 at Whatstandwell at 11.30am on Sunday, 3rd September 1995. Registration will be on the day from 10.30am. More details can be obtained from DVO stalwart Margaret Keeling on 01773 852991.

There will also be a raft race in the afternoon. Anyone interested should contact John Pitman on 01773 852991.



### A LETTER

It's good to see so many of the Club at the quarterly Open Meetings at Belper. Actually, most of you reading this probably don't know about the meetings and, if you knew what happened there, certainly you would not want to attend.

So what does go on? Basically the normal Wednesday running crowd do their run and, despite the fact that the meetings are supposed to start at 8.00pm, they are normally ready to start at about 8.30. there is then a rather tedious business meeting which convinces you never to attend again.

At one time there used to be a programme of activities - I know because I contributed a couple of sessions on the World Vets in Tasmania and Mountain Rescue.

So, come on Committee - get your act together! If the meeting is advertised to start at 8.00pm (and advertising it might be a start!) then, out of courtesy to those who don't want, or don't have the time to run, start on time. if there has to be a business element, keep it brief and to the point (Chair, please keep note).

However, the meetings are more likely to attract those not in the clique if there are interesting and participative activities for them to be involved in. examples might include planning exercises, comparing route choices, slide shows, basic first aid, coaching tips and simple mapping techniques. There is a wealth of experience in the club which could be shared.

Finally, and to own up, I have not been to the last two open meetings. Even though I managed with not a little effort to find out that they were taking place, I rightly guessed the format and decided that there was some paint drying which would interest me more!

Hoping to participate actively with you at future Open Meetings, Yours,

Disgruntled of Two Dales  
(Closely related to the Social Secretary)

Editor: Many apologies to D of TD and all those hundreds of other Open Meeting junkies who missed out on the last one because of its non-advertisement in the last NT - boy, did you miss a fascinating and stimulating session - but to ensure record numbers flocking to the next one, place a note in your diaries for WEDNESDAY, 7th JUNE, at 8.00pm prompt (honest). No doubt Disgruntled's points will be on the agenda.

(As a general rule open meetings take place on the second Wednesday of every March, June, Sept and Dec at Belper Sports Centre, Amber Room where, if nothing else, you are guaranteed a good pint of Pedigree, and sometimes DVO foots the bill for a free cup of coffee. Do you need further incentive?)

# New members

ARMSTRONG Matthew 23 Peak View Drive, Ashbourne, Derbyshire DE6 1BR	Junior S 01335 42663
ATKINS Nigel Wharfedale House, Springfield Close, Midway Derbyshire DE11 0OB	Senior S 01283 216607
CANNON Suzanne 213 Smedley Street West, Matlock, Derbyshire DE4 3JD	Senior N
CREO/MILNER Annie and Martin The Flat, 26A Highfield Road, Kilburn, Belper Derbyshire DE56 0LT	Family S 01332 781262
FOX Neil 24 Blackthorn Close, Oakwood, Derby DE21 2DL	Senior S 01332 833850
HOPKINSON Richard and Dawn 14 Castle View Drive, Cromford, Nr Matlock Derbyshire DE4 3RL	Family N 01629 823392
HORSLEY David 26 Greenway, Hlland Ward, Ashbourne, Derbyshire DE6 3FE	Local S 01335 370740
JOHNSON Linda 18 Goodwood Drive, Toton, Nottingham NG9 5HX	Local S 01159 725036
KEMPTON Andrew, Oliver and Thomas 42 Kedleston Road, Derby DE22 1GU	Family S 01332 345113
LEIGHTON Jeff and Karen 75 Chesterfield Road, Matlock, Derbyshire DE4 3FS	Local N 01629 584345
MACKERVOY Michelle and Andrew 29 Chapel Street, Kilburn, Derbyshire DE56 0NR	Family S 01332 780665
MACKERVOY Tim and Rosemary 1A Cedar Street, Derby DE22 1GD	Family S 01332 380991
MEIKLE Fiona Ynkecliffe Cottage, West End, Wirksworth Derbyshire DE4 4FG	Senior N 01629 825964
MEMORY-FREEBURY Dominique 179 Nottingham Road, Belper, Derbyshire DE56 1JH	Senior S 01773 829503
NIVEN Richard, Chris, Vicky, Andrew and Alistair 1 Flinton Road, Kimberley, Nottinghamshire NG16 2TJ	Family S 01159 383807

NORTHALL Penny, John, Richard and Caroline Chapel House, Biggin, Hlland Ward, Ashbourne Derbyshire DE6 3FI	Family S 01335 370592
SWANSON Ely, Charles, Karl and Joe 24 Ayr Close, Spondon, Derby DE21 7GU	Family S 01332 676595
UNIVERSITY OF DERBY GROUP c/o Neil Rusling, University of Derby Western Road, Mickleover, Derby DE3 5GX	Group S 01332 622222
WAINWRIGHT 7 The Channel, Ashbourne, Derbyshire DE6	Senior S 01335 345912

## Changes of address

FINLAYSON Helen 51 Steep Turnpike, Matlock, Derbyshire DE4 3DP	Senior N 01629 57067
JAMES Helen Flat B13, Andrew Ure Hall, 1-4 Personage Row Glasgow G1 1PU	Senior N
NEVELL David 31 Chellaston Lane, Aston-on-Trent, Derby DE72 2AX 702614	Senior S 01332
SMITH Vanessa Block 3, High Peak College, Buxton, Derbyshire SK17 9JZ	Junior N
THOMSON Andy, Sally, Heather and Graham 7 Top Street, Stratham, Ely, Cambridgeshire CB6 3AL	Family N 01353 649664

## Additional family members

MALLEY Erin and Teige Croft Cottage, Ilam, Nr Ashbourne, Derbyshire DE6 2AZ	Family S 01335 350467
STUART Carol, Andrew and Katherine 1 Hemingway Close, Newthorpe, Nottingham NG6 2DJ	Family S 01773 710807

## Rejoined members

SIBLEY Nicholas Lambert Hall, Whatstandwell, Matlock, Derbyshire DE56 2SQ	Senior N 01773 852015
WILSON Ian 3 Lothorien Close, Littleover, Derby DE23 7RZ	Senior S 01332 767280

## DVO SOCIAL EVENTS

### Saturday 18th June - starting at noon

Chatsworth Obstacle Race - a team event of four people, for a two lap course totalling 6 miles. Teams can be male/female/mixed. Closing date 14th June or 2000 entries. £5 per team member. Forms from me. Proceeds to British Deaf Sports Council.

\* \* \*

### Saturday 8th July at 6pm

Chatsworth Royal Gala Evening and Fireworks. Bring your own picnic and enjoy a Brass Band and the English Sinfonietta. Adults £13.50 Children £8 (discount of 10% for parties of 20 or more). Names and money to me please by the end of May.

\* \* \*

### Friday 14th July from 6pm

Carsington Reservoir - a mixture of cycling plus one watersport (subject to numbers) - windsurfing, kayaking and Canadian canoe rafting, followed by a meal in the restaurant. Between £10 and £13 per head in total. Please let me know if you are are interested and haven't yet said.

\* \* \*

### September /October

Date and venue to be confirmed for a Club Dinner. Details in the next Newstrack.

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### Friday 27 to Sunday 29th October

Weekend abroad - it's looking like Paris or Dublin. Please let me know if you haven't already and I'll get firmer prices.

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## DVO SHOP

We'll be at Longshaw on 21st May - sweatshirts, T shirts, O Tops, mugs etc....

### Summer League 1995

These are informal events with the emphasis on fun rather than orienteering. They will all take place on a Friday evening with start times from 6.30pm to 7.30pm, unless otherwise indicated. (The annual Booze 'O' is not part of the Summer League). For more details, ring the organiser.

28th April Derby West Campus Mike Godfree  
(University Mickleover Campus) 01332 515862  
See Below

5th May              Darley Park                                  Mike Gardner  
01332 665671

12th May            Kedleston Park            Graham Johnson  
01773 824754

Note: This being National Trust territory, there will be a £2.00 car parking fee - free for NT members - and, as a result, there will be no entry fee for this event.

19th May            Drum Hill                                  Jeremy Court  
01283 733048

26th May No Event - Bank Holiday\Shropshire\Scotland

2nd June Shipley Park Rob Shooter  
01159 322945

9th June Bottom Moor\Matlock East Viv Macdonald  
01629 734307

23rd June      Bole Hill      Steve Kimberley  
CLUB CHAMPS      01246 233575

30th June            Sinfin Moor            Derek and Jennifer Gale  
01283 585244

7th July Allestree Park Dave Clough  
01773 520229

21st July      Alfretton Park      John Hopper  
Hopper's Hops Booze 'O'      01332 703830

Mike Godfree writes:

The first Summer League event is on Friday, 28th April and starts from 6.30 at Derby University, Mickleover Campus. From the City Centre follow signs to Mickleover, after crossing over A38, turn right and immediately right again into Chevin Avenue and then turn right inside the University. Conventional orienteering apart from paper plate controls on new 1:7500 map, league course magenta standard (i.e. red with just a hint of blue), yellow/orange course for novices and juniors. Fees still to be negotiated with the Treasurer but about 50p.

## TRAINING on Cromford Moor - Saturday, 25th March

Many thanks to those who helped with the session to which 17 enthusiastic novices and improvers turned up. The numbers of helpers enabled us to work mainly in pairs on aiming off, direct bearings in the forest, route choice and, particularly for the juniors, just getting used to being in the forest.

Particular thanks to Ann-Marie for putting out the controls and to Alastair Buckley, Kim Buxton, Paul Armstrong, Val Johnson and Viv Macdonald (Excuse me for asking, Ranald, but why is the "d" in your name a lower case d when other Macs or Mcs have a capital - MacAlister, MacArthur, McEwan etc.? Even McDonald's is McDonald's if you see what I mean. Just curious.), as well as Ann-Marie, for their patience and understanding in carrying out the training. Thanks also to Judy Buckley and Russell Buxton for child and dog-minding.

I hope that those who came along learned something at Farley Moor the next day. Ann-Marie and I are happy to continue organising sessions for novices and improvers (up to about Green standard) but we really need someone prepared to work with those at Gold and Championship standard. Any volunteers?

Ranald Macdonald

### Cook's Corner

This is a new, and who knows possibly even regular, feature of NEWSTRACK, featuring every two months the favourite recipe of a DVO member. Any contributions welcome. These should preferably be for something that can be taken to events for lunch or something quick that can be prepared after a training run, but who am I to quibble at Guinea Fowl Provencale if that's what you like to come home to. (I would be particularly interested in a recipe for Wilf-style thick, chewy flapjack. Don't tell her this but Val's usually has a masonry-strength consistency).

This month's celebrity: Alastair Buckley.

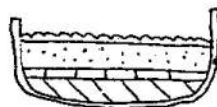
Alastair Buckley's Recipe (I asked what it was called and this is what I was told).

Bottom layer: Red Sauce. Courgettes,  
onion, mushroom, tomatoes  
tomato puree, fromage frais.

Second layer: Pasta.

Third layer: White Sauce and finely  
chopped spinach.

Final layer: Grated cheese



Artist's Impression

Next Month: Judy Buckley's Oh! No! Wilf Isn't Here Buns.

## ODDS AND SODS

### Sports Personality of the Month (Flash Gordon Section)

On 24th March, 23 DVO members had a hugely enjoyable time bowling and quasaring. For the uninitiated, Quasar involves two teams being locked in a darkened, multi-partitioned room and zapping each other with ray guns. The idea is obviously to zap the members of the other team, not your own. Now to paraphrase Oscar Wilde, to zap a team member once may be forgiven, to zap him twice looks like carelessness, but Alastair Buckley managed to zap one particular fellow team member - who wishes to remain anonymous to avoid further recriminations - no less than seven times! Has he got a grudge or is he just plain colour-blind? (Well, he's the latter actually, but never let the truth get in the way of a good SPotM nomination).

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### Sports Personality of the Month (Rip Van Winkle Section)

I knew it had to happen. I waited most of the morning on Light Green registration at Matlock West (I don't care what the Forestry Commission call it, to me, it will always be Matlock West) until, around 11, someone came and asked for a start time a few minutes after 10.30. An assurance from me that it was already gone 11 produced an uncomprehending stare until, almost audibly, the penny dropped. Yes, the aptly named Dominique Memory-Freebury, - not to mention the Wright household - you forgot to turn your clocks forward, didn't you?

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### Not Sports Personality of the Month

Val was fuming. It was Thursday, just over a week before the JK, and everybody had had their programme, but not us. Why are we always the last? Friday passed - nothing. Saturday dawned and still the doormat did not thud to the sound of incoming JK details.

Don't you just hate it when that awful nagging doubt takes up residence in the corner of your mind and refuses to be evicted? Surely I had entered all those months ago, hadn't I? A quick reference to the JK entry form confirmed that, yes, I had sent off the slip at the bottom to enquire about accommodation, but, no, I had not cut off and dispatched the next, oh-so-very-important entry form. So we had a village hall to sleep in but no actual places at the event itself, which seemed somewhat to defeat the point. This was undoubtedly a mistake on my part, a very expensive mistake, costing an extra £24.00 to rectify. Val went volcanic.

Erratum. Last issue's Odds and Sods assumed that the poetically named Sherwood Pines Forest Park was a renamed Sherwood Forest\Buddy. But it isn't. It's the previously monikered Clipstone, another victim of ForestEnterprisation. I thought Clipstone had been laid waste by the said FE but we shall see. Anyway don't turn up at the Major Oak on 14th May and blame me.

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Note to the next mapper of Farley West. Can we please have a few more crags and rocky knolls in that fiddly bit on the moor and in the wood in the south. There are certainly more than are mapped and some quite big too - bigger than that boulder that we had to find as No 10 on the Brown anyhow, eh John?

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Extract from the letter to those fortunate to be in the first three on the East Midlands League:

"In the confused situation following the decision of the EMOA committee to void the results of the Grace Dieu event, it was agreed that, in order to minimise the disadvantage to those competitors (or would-be competitors) at Beacon Hill who would now be unable to compete at three events, there would be two separate final results calculations: one on the original basis of each person's best three points; another on the basis of each person's best two points. Each person would then be given whichever of his\her placings was the more favourable. Your placing is based on your best two\three points."

Confused? Well, I wasn't till I read that.

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#### Members' Advert

WANTED. Tandem mountain bike to enable close contact between partners on Polaris competition.

Reply to Steve Buckley or Dave Clough.

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#### Unclaimed Maps

The British. 18 (W17A,W21S), 20 (W55L,M50S,M55S)  
JK Relays. Course B. Women's Open. leg 3.  
Course C. DVO Green. Med Open/Mixed Open. Leg 2.  
Course G. DVO Blue. M11-, Ages<37 leg 3.  
Course I. M35+, M40+. leg 3.  
Course J. W35,W40, Mix Ad-Hoc. leg 1.  
Course K. Red. W50,M60, Mix Ad-Hoc, >165. leg 2.



## F I X T U R E S

- 30th April NGOC Badge Lydney Park SO/627027 Pat McCleod, Yew Tree Cottage, Ring Fence, Woolaston, Lydney GL15 6NX  
(01584 528128)(CD - 8.4.95, £5.50/£2.00) EOD Cheques-NGOC.
- 7th May SLOW National III Winterfold & Blackheath
- 8th May SLOW Badge with chasing start Winterfold & Blackheath  
Alan Leakey, Holme Fell, 16 Milner Drive, Cobham, Surrey  
KT11 2EZ (01932 864347)(CD - 3.4.95) Special Entry Form
- \*\*\*\*\* Midland Champs \*\*\*\*\*
- 14th May NOC Badge Sherwood Pines SK/605620 Judy Pittson, 9 Hallam Way, West Hallam DE7 6LA (01159 326720)(CD - 22.4.95, £5.00/£2.50) Limited EOD Cheque - NOC
- \*\*\*\*\* Midland Champs \*\*\*\*\*
- 21st May DVO C-C Longshaw SK/239748 Marla and Paul Addison, Arborlow, Furnall Ave, Great Longstone, Bakewell DE45 1TX (01629 640397)
- 27th-29th May Springtime In Shropshire
- 27th - Badge, Garnstone & Foxley, Leominster SO/406466
- 28th - Badge, Corndon & Stapely, Bishops Castle SO/515980
- 29th - Badge, Croft Castle, Ludlow SO/450655
- Safestart(SINS 95), PO Box 22, Whitchurch, Shropshire, SY13 2ZZ (01948 840522)(CD - 1.5.95, £5.50/£2.00 per day)  
Special Entry Form required. No EOD but C-C. Cheque-SINS.
- 27th May PO National IV Dunalastair, Kinloch Rannoch NN/712595  
Liz Fraser, Perth Bookshop, 3a Abbot St, Craigie, Perth  
PH2 OEB (01738 633970)(CD - 23.4.95) No EOD. Cheque: Perth Orienteers
- 28th May Scottish Relay Champs, Dunalastair, Kinnoch Rannoch NN/743593, Ann Haley, 64 Tryst Park, Edinburgh EH10 7HD.  
(CD 28.4.95)(£18.00/£9.00 per team) Cheque - Interlopers.
- 10th June OD (Harvester Trophy) Relays, Brampton Bryan, Ludlow
- 10th June LEI C-C Swithland Woods (SK/542114) Dai Bedwell, 397 Ashby Rd, Loughborough (01509 215885)
- 11th June DVO C-C Allestree Park
- 17th June Long Distance Footpath Event
- 24th June Cromford Relays - Details in EMEWS?
- 25th June DVO Score & C-C (Y/O/LG) Kedleston Park
- 8th July Midshires Way Relay Event
- 30th July-5th August Scottish 6-Days
- 26th-28th August White Rose Weekend, Cropton and Cawthorn, Pickering, White Rose 95, 8 Hilbra Ave, Haxby, York YO3 3HD (01904 762310)(CD1 - 17.5.95; CD2 - 20.7.95) Special Entry Form required.
- 16th Sept DVO Come-and-Try-it Event Elvaston Castle.
- 17th Sept DVO C-C Stanton Moor
- 8th Oct DVO C-C Cromford Moor
- 26th Nov DVO C-C Linacre
- 31st Dec DVO Score Event, Bottom and Matlock Moor