



NEWSTRACK

AUGUST

1991

(The Scottish Version)



# DVO OFFICIALS

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**I**t feels like only yesterday that we were putting together the June issue. I suppose that's what happens when everything's hectic, including the holidays (6 days of hard orienteering in Scotland - is this a holiday?). My thanks for all the excellent articles - it may read like a competitive paper to the Glasgow Herald but rather than edit all the articles for the Scottish 6 Day I thought that they were so good that you would like to read the many different views. In particular I would like to thank the Johnson girls for their contributions - let's have more articles from the younger members, it doesn't have to be long, just drop a wee note to Dear Ed.

Remember the AGM on Wednesday 25th September (8pm at Belper Sports Centre).

Prior to that we have the DVO BOOZE, or FIZZY DRINK, 'O' organised by the Godfrees on FRIDAY THE 13TH at Shipley Country Park Visitor Centre Car Park. It starts at 6:30 and there is a 50p entry fee with a prestigious trophy to the winner (& the privilege of organising next years). See you there if not before.

Ed.

P.S. I confess! (Is this good enough Sue?)



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## NEW MEMBERS

A WARM WELCOME to the following new members:

Helen Morgan : 4 Sir William Terrace  
Grindleford

Cate James : 65 Darley Abbey Drive  
Derby

We hope you enjoy your Orienteering with DVO



## CHAIRMAN'S SPOT

### DVO Summer Relays. Cromford Meadows.

Just seven teams contested this year on another pleasant sunny afternoon. I hope no one took it too seriously though Liz Smith non running team captain of the Jarlik was rumoured to be offering incentives to her team. You might also notice from the above results that Graham Johnson's team decided not only to be handicapped by having Graham in their team but also running an extra medium instead of a short.

Thanks to all who helped before and on the day. Particular thanks to the Finlaysons for sorting the courses and to Sue Russell for organising and manning the bar.

#### Long course

	Name	Team	Time
1	Ian Finlayson	6	28.06
2	Ewan Thompson	7	28.18
3	Steve Buckley	4	28.55
4	Andy Thomson	6	29.47



5	Alistair Buckley	1	30.47
6	Ted Smith	1	34.39
7	Bob Davis	5	34.46
8	Dave Clough	3	34.53
9	Pete Jones	7	35.04
10	Andy Stevenson	3	47.00
11	John Hopper	5	49.48
12	Ralph Bedrock	2	51.50
13	Derek Gale	2	55.32
14	Graham Johnson	4	56.45

#### Medium Course

	Name	Team	Time
1	John Seaston	6	23.24
2	Richard Scotney	6	24.13
3	Dave Brodie	3	24.31
4	Dave Walker	4	24.37
5	Paul Wright	1	25.36
6	Chris Godfree	4	25.40
7	Peter Tryner	5	26.35
8	Val Johnson	5	26.45
9	Kim Buckley	6	26.46
10	Ranald Macdonald	7	28.24
11	Lucy Wilson	1	28.46
12	Helen Finlayson	1	29.03
13	Mary Davis	4	29.04
14	Vanessa Smith	4	30.34
15	Robert Shooter	7	30.56
16	Dave Clough	3	34.13
17	Jennifer Gale	2	34.59
18	Caroline Walden	7	36.21
19	Lizzie Davis	5	36.53
20	Martin Hathaway	2	36.55
21	Christina Wright	3	39.53
22	Sue Bedrock	2	43.40

#### Short course

	Name	Team	Time
1	Ian Finlayson	6	6.01
2	Alistair Buckley	1	6.32
3	Bob Davis	5	6.40
4	John Hopper	5	6.41
5	Richard Scotney	6	6.47
6	Dave Brodie	3	6.57
7	Ranald Macdonald	7	7.14
8	Paul Wright	1	7.16
9	David Hopper	7	7.33
10	Chris Godfree	4	7.40
11	Sue Russell	1	7.59
12	Jennifer Hopper	3	8.07



13	Rosie Davis	5	8.16
14	Mary Davis	4	8.19
15	Emily Hopper	7	8.27
16	Tony Seaston	3	8.32
17	Ralph Bedrock	2	9.17
18	Clare Gale	2	9.18
19	Clare Gale	2	9.53
20	Liz Godfree	6	10.13

#### Team Results

Team Number	Total Time
6 The Jarlik	2.35.17
1	2.50.40
7	3.02.17
5	3.16.24
3	3.24.06
4	3.31.34
2	4.11.24

Steve Kimberley.

## ADULT SECTION

### Get Fit And Put Zing Into Your Love Life

The following article was spotted by our roving reporter Hawkeye, who is hoping that someone close to him will read and take note!

"GETTING fit can give your love life a real boost, say experts.

Exercise not only gives you extra energy but helps release hormones that give your libido a lift.

Research shows that the more men and women exercised, the more they wanted - and had - sex.

Some converts to keep-fit claim you can do the minimum and still feel the benefits - one exercise session a week works wonders. Experts such as clinical psychologist Dr. Tina Baker say the reasons are physical as well as psychological.

'Exercise puts you in touch with your body - you find you like it more and start to feel more confident' says Dr. Baker, who encourages her patients to exercise regularly, particularly those women who have never had an orgasm.



It puts you in the mood for love because the body releases endorphins (pleasure hormones) during exercise. These have a drug-like effect on some people, leaving a feeling of energy and euphoria which may well be channelled into sex afterwards.

There is no clinical evidence that endorphins stimulate the libido, but they do influence the blood's levels of testosterone, a hormone which increases men's and women's desire for sex and women's ability to reach orgasm. Research at Ohio University found that people who exercised were more interested and active in their sex lives, says a report in *She* magazine.

Psychologist Dorothy Einon says women with good circulation are more easily aroused, while other experts point out that toning up muscles makes people look and feel more attractive and better able to respond to lovemaking.

One 32-year-old, Sue, is quoted as saying it worked for her. 'I don't really look any different now I've started exercising but I feel terrific - it's done wonders for my confidence.'

She took up aerobics. 'I signed up at my local gym and now go there once a week - and I do feel sexier.' Unfortunately 'She falls asleep for at least 3 hours straight after any exercise and by that time the drive has gone' says Hunky Andy.

## COMMITTEE REPORTS

Profit from JK was £12000, £8k to BOF, £2k to EM Development Fund & £2k split amongst the clubs.

There is a Cash & Carry card now available for use by DVO members.

Val Johnson to order 100 Club T-shirts: 60 Large, 30 Medium, and 10 Extra Large.

AGM to be held on 15th Sept. We need nominations for the following posts:  
Equipment Officer \* 2  
Fixtures Secretary  
Secretary

An excellent talk by Mike Godfree on orienteering in Canada & the USA.



# SPORTS PERSONALITY



A Strong contender for this month's award is our regular guest Mr. Graham Johnson. At the end of his run on Day 5 at the Scottish he was reputed to have said to the guy collecting his card "I'm tired!". He must have thought he said I've retired because when the results came out Graham had been RETIRED! Graham, angry at this mistake and frustrated and not being able to sort it out went off on day 6 determined to produce an excellent run but unfortunately he got one of the controls wrong - THE LAST ONE!

Next up is Steve Kimberley for running off the map on Day 3 and I suppose I should mention myself for blowing a good chance of getting in the top 10 at the Scottish by going from Control 7 to Control 9 (missing out 8) on Day 6.

Ranald Macdonald has also been nominated: he was reported to have stopped Heather Campbell (W8), out on the course at Shipley, and asked her 'Where are we?'. Nice one Ranald.

Taking everything carefully into consideration this months winner is RANALD for having the cheek to ask an 8 year old where he was!





## DEAR ED.

Dear Ed,

Don't forget revised summer training dates means that 28th August is now the Spondon Stagger. This will be held at Robert Shooters place 52 South Avenue Spondon Tel: 0332 661525.

Steve.

Dear Ed

DVO now has two new qualified instructors. Congratulations to them both. They are, Phil Booth and



Alistair Clark. We look forward to attending their training courses

Dear Ed

Anyone wishing to represent DVO as a Schools Liaison rep should contact a member of the committee.

EM rep

Dear Ed

A quick reminder to our debtors please. 4 adults still owe me £4 for the British relay runs. so come on cough up! Also several people are still outstanding on the footpath relay fees. At a massive 65p for adults and 30p for juniors, I keep forgetting to ask you all, so please ask me. Many thanks.

Sue

## EVENTS

### Ashbourne Games - Hill Race

A larger turnout for this year's Hill Race but less DVO members than last year. A tremendous run by John Hawkins in his infamous safety-pin T-Shirt gave him a terrific 3rd place in a time of 25.10 (48 seconds behind the winner Stephen Beardsley). Next home for DVO was Alex with a sprint finish trying to beat a fellow work mate who had whipped him at the Darley Dash. Tony was 50 yards ahead of Alex as they entered the arena. Alex pulled on his training as a fly-half and put in a last minute sprint only to be pipped at the post by no more than 2 inches. They both recorded the same time of 27.35.

John Hopper was next in for DVO in 29.56 and 31st place followed by Dave Brodie in 30.45, David Hopper in 35.27, Jennifer Hopper in 46.03, Emily Hopper in 48.04 and Margaret Hopper in 67.13.

I know Graham Johnson ran, but as usual something has gone wrong and he has been omitted from the results. Sorry Graham. Why YOU all the time??? No doubt you'll be up for Sports Personality of the month again, especially after the Scottish 6-days.



## MDOC Long Distance Footpath Relay - 29th June

DVO has a day out in the High Peak

### *Lyme Park Footpath Relay*

MDOC played hosts to a footpath relay on 29 June and DVO managed to put two teams into this race. No other club other than the hosts managed this. Our teams were called Ducks and Drakes, presumably describing how we skimmed across the hills!

The race started at 8 o'clock in the morning from Lyme Park with our illustrious chairman Steve Kimberley starting out for Ducks and Mike Gardner for Drakes. At Bollington the first changeover all teams were close with Ducks ahead of Drakes. It was 8.30 by then and surprisingly quite hot for this time of day.

Paul Wright took over for Ducks and Andy Stevenson, who had only stepped in at the last moment, for Drakes. Ducks managed to hold off Drakes (*Andy presumably not passing Paul because he needed to know the route*) and at Tegg's Nose handed over to their respective other halves. Here the route dived straight down Tegg's Nose and Drakes managed to get just in front of Ducks. (*The first and only time*) Christina fell just before the changeover and no-one could tell if she was in team 6 or 9 as she rolled the last few metres. Steve Davis and Dave Brodie took over for Drakes and Ducks respectively and a hard fought battle over Shuttlingsloe. (*Loe in this area means hill and this is some hill. A checkpoint at the very top ensured no-one contoured!*) Dave managed to wrest the lead for Ducks a lead they were to keep for the rest of the day. Here Andy Stevenson took over for Ducks (*Yes he was going to be in winning DVO team come what may*) and David Hopper for Drakes. At Gradbach YH Ducks were ~30 s ahead of Drakes. (*Not bad for 2½ h*) The route now went in a tear drop almost via Leek back to Gradbach with Jennifer Hopper taking over from her brother and Liz Davis from Andy. Mary Davis and Steve Buckley took over for Ducks and Graham and Val Johnson took over for Drakes. The route now went to the Cat and Fiddle. John Hopper ran for Ducks (*He had already ran with his children on*



*their legs - A cunning ploy by Drakes!*) and Dave Walker for Drakes. Over from the Cat and Fiddle the route went to Pymm Chair with Steve Buckley and Alec Stalker giving good runs for Ducks and Drakes respectively.

The race had now gone into the second half of the day. From Pymm Chair the route went to Whalley Bridge where a street festival was taking place. No-one had anticipated this and with a fairground plonked on the changeover point things were getting a bit hectic for the organising team. No problem however. Martin Sleath ran for Ducks and Lynette Gilligan for Drakes. Here Lynette passed onto her son Chris who stormed down the canal to pass onto Ian Whitehead for the run to Hayfield. Martin Sleath however did the three legs all the way from Pymm Chair to Hayfield. *(Some people have got it worse than others)* The tough run from Hayfield across Kinder to Mam Nick was run by John Armistead for Ducks and Paul Armstrong for Drakes. John passed onto his wife Ann and Paul passed on to Fiona Palmer for the run down to Edale. From Edale the hard slog up to Snake Inn was run by Kevin Cuniffe for Ducks and Russell Buxton for Drakes. The route from from Snake Inn went across to a point between Hayfield and Glossop and involved a stretch which was not defined by footpaths but required navigational skills. Phil Smith ran for Ducks and a big navigational error by NOC's top notch team meant that on the changeover with his father Ted DVO Ducks were only 30 s behind NOC. Ted took up the challenge and nigh flew the changeover at Birch Vale some minutes ahead of NOC. *(Mick Lucking was heard to say Blimey (or something stronger) "DVO have only put in teams of mixed ability and they are ahead of us")* Ted carried onto New Mills and Kim Buxton was able to bring in DVO Ducks into the finish in sixth place well ahead of NOC.

Meanwhile back at Snake Inn....

When Ranald Macdonald took over at Snake, Drakes were definitely in 12th and final position. However Ranald had done his homework and with the aid of his trusty compass *(cobwebs blown off)* took the right route passing CUOC and DEE who took a detour down *(very much down)* to Hayfield. Drakes had moved up two positions on this leg. Viv took over from her husband and knocked off eight minutes her practise run strengthening Drakes position. Paul Wright took the



short, easy route to New Mills and John Hurley took Drakes in to the finish in tenth position.

The race took over ten hours and involved twenty legs. Everyone was in position in good time and ran their best. Nothing more could be asked. Both of DVO's all comers proved themselves very well against all the crack top notch teams. Thanks must go to Sue Russell who as well as captaining both teams did much work before and on the day to see that it all went smoothly.

Thanks also to Liz and Ted Smith for the barbeque afterwards.

The results are as follows:

Anon



**Leg 1 - Lyme Park to Bollington**  
Distance: 7.7km Climb: 210m

1.	Michael Swords	M21 HP	30.42
2.	Ben Hooton	M15 SYO	30.55
3.	Ewan Thompson	M21 CUOC	31.10
4.	Simon Mawdsley	M21 MDOC 1	31.37
5.	Martyn Cartwright	M40 PFR	32.16
6.	Steve Kimberley	M21 DVO Dux	32.25
7.	Garry Drew	M35 NOC	33.10
8.	Reinhard Balling	M21 DEE	33.42
9.	Gareth Holland	M21 WCH	33.48
10.	Mike Gardner	M21 DVO Drk	35.49
11.	Godfrey Beddard	M40 MDOC 2	36.41
12.	Rachel Simpson	W21 POTOC	44.07

**Leg 4 - Tegg Lower CP to Wildboardclough**  
Distance: 5.9km Climb: 300m

1.	Stewart Gregory	M21 HP	28.48
2.	Andy Musgrave	M35 PFR	28.56
3.	Bob Smith	M21 MDOC 1	29.18
4.	Tim Weigland	M21 CUOC	29.41
5.	Chris Boycott	M45 WCH	31.53
6.	Peter Bourne	M50 NOC	32.12
7.	Tony Chisnall	M35 MDOC 2	33.22
8.	Martin Checkley	M35 SYO	34.34
9.	Dean Field	M21 DEE	34.46
10.	Robin Baker	M40 POTOC	34.48
11.	Dave Brodie	M40 DVO Dux	35.14
12.	Steve Davis	M40 DVO Drks	36.06

**Leg 2 - Bollington to Teggs Nose Upper CP**  
Distance: 5.4km Climb: 300m

1.	Chris Beecham	M21 CUOC	27.47
2.	Mike Greenwood	M21 MDOC 1	29.07
3.	David Alderson	M21 HP	30.23
4.	Mike Hey	M50 NOC	30.30
5.	Roger Smith	M55 POTOC	31.19
6.	Anna Jorgensen	W21 PFR	32.48
7.	Tony Wagg	M40 MDOC 2	32.54
8.	Andy Stevenson	M21 DVO Drks	32.55
9.	Mark Garside	M21 WCH	33.20
10.	Paul Wright	M21 DVO Dux	36.05
11.	Judith Checkley	W21 SYO	36.41
12.	John Quinby	M55 DEE	39.04

**Leg 5 - Wildboardclough to Gradbach YH**  
Distance: 3.1km Climb: 150m

1.	Paul Glover	M35 PFR	16.18
2.	Stuart Hooton	M40 SYO	16.58
3.	Bob Smith	M21 MDOC 1	17.24
4.	Ben Hartman	M21 CUOC	18.05
5.	Ben Pittson	M11 NOC	18.19
6.	Andy Stevenson	M21 DVO Dux	20.29
7.	Dennis Hopper	W15 DVO Drks	20.38
8.	Nathan Baker	M15 POTOC	21.32
9.	Valerie Brockwell	W40 HP	21.49
10.	Jean Mawdsley	W45 MDOC 2	22.13
11.	Rosie Field	W21 DEE	23.55
12.	Sue Robinson	W35 WCH	24.42

**Leg 3 - Tegg Upper CP to Tegg Lower CP**  
Distance: 1.9km Climb: 15m

1.	Bob Alderson	M50 HP	7.48
2.	Beth Clayton	W21 WCH	8.07
3.	Mike Greenwood	M21 MDOC 1	8.39
4.	Martin Checkley	M35 SYO	8.42
5.	Peter Bourne	M50 NOC	8.49
6.	Tony Smith	M35 POTOC	9.04
7.	Tony Wagg	M45 MDOC 2	9.05
8.	Sue Russell	W21 DVO Drks	10.52
9.	John Quinby	M55 DEE	11.43
10=	Caroline Walden	W21 CUOC	11.47
10=	Frances Glover	W10 PFR	11.47
12.	Christina Wright	W21 DVO Dux	11.52

**Leg 6 - Gradbach YH to Danebridge**  
Distance: 3.7km Climb: 50m

1.	Mark Garside	M21 WCH	18.13
2.	Keith Holmes	M35 SYO	18.25
3.	Andrew Gregory	M55 MDOC 1	18.31
4.	Dean Field	M21 DEE	19.24
5.	Liz Davis	W15 DVO Dux	19.29
6.	Marcel Satchel	M19 CUOC	20.04
7.	Gill Wynne	W40 MDOC 2	20.15
8.	Tony Smith	M35 POTOC	20.21
9.	Barbara Haigh	W45 PFR	20.43
10.	Ros Bourne	W45 NOC	22.25
11.	Valerie Pakeman	W21 HP	23.19
12.	Jennifer Hopper	M13 DVO Drks	27.03



**Leg 7 - Danebridge to Rockhall**  
Distance: 7.7km Climb: 260m

1.	Matthew Moore	M21 HP	33.26
2.	Steve Buckley	M40 DVO Dux	34.20
3.	Mike Hayes	M21 MDOC 1	35.06
4.	Ewan Thompson	M21 CUOC	36.33
5.	Alex Shaw	M17 PFR	37.35
6.	Martin Cranny	M50 DEE	37.51
7.	Steve Clayton	M21 WCH	38.00
8.	Austin Farr	M45 POTOC	38.28
9.	Graham Johnson	M35 DVO Drks	38.54
10.	Keith Holmes	M35 SYO	39.23
11.	Alan Wynne	M45 MDOC 2	42.19
12.	Jack Hey	M17 NOC	44.01

**Leg 10 - Cat and Fiddle to Pym Chair**  
Distance: 5.3km Climb: 140m

1.	Paul Gebbett	M21 NOC	21.38
2.	Mike Wainwright	M19 SYO	21.47
3.	Paul Fox	M21 MDOC 1	23.35
4.	Steve Buckley	M40 DVO Dux	23.46
5.	Beth Clayton	W21 WCH	25.28
6.	Chris Hallows	M50 DEE	26.04
7.	Mick Shaw	M40 PFR	26.28
8.	Terry Deighton	M60 POTOC	26.51
9.	Lucy Partridge	W21 CUOC	27.28
10.	Alison Hood	W21 HP	27.52
11.	Tony Marsh	M55 MDOC 2	30.52
12.	Alex Stalker	M40 DVO Drks	31.53

**Leg 8 - Rockhall to Gradbach CP**  
Distance: 5.4km Climb: 185m

1.	Tim Hills	M21 NOC	25.55
2.	Karen Parker	W21 MDOC 1	27.19
3.	John Wright	M35 PFR	28.49
4.	Chris Hallows	M50 DEE	29.11
5.	Colin Best	M40 SYO	29.12
6.	Gareth Holland	M21 WCH	29.18
7.	Paul Chaplin	M21 HP	31.15
8.	Val Johnson	W21 DVO Drks	32.41
9.	Dave Colley	M50 MDOC 2	35.21
10.	Barbara Farr	W45 POTOC	36.11
11.	Mary Davis	W40 DVO Dux	37.50
12.	Caroline Walden	W21 CUOC	47.43

**Leg 11 - Pym Chair to Whaley Bridge**  
Distance: 6.5km Climb: 70m

1.	Andrew Addis	M35 MDOC 1	25.53
2.	Terry Harper	M55 DEE	25.56
3.	Paul Gebbett	M21 NOC	26.05
4.	Steve Millwood	M40 PFR	27.58
5.	Martin Sleath	M40 DVO Dux	28.03
6.	Bob Alderson	M50 HP	28.30
7.	Ray Collins	M35 WCH	29.40
8.	Tim Wiegand	M21 CUOC	30.10
9.	Graham Woollven	M35 MDOC 2	33.18
10.	Terry Deighton	M60 POTOC	33.39
11.	Gillian Akers & Helen Desforges	W40 SYO	38.28
12.	Lynette Gilligan	W40 DVO Drks	39.44

**Leg 9 - Gradbach CP to Cat and Fiddle**  
Distance: 6.9km Climb: 285m

1.	Dan Parker	M21 MDOC	34.46
2.	David Lindop	M21 PFR	34.52
3.	Ian Wainwright	M50 SYO	35.55
4.	Michael Swords	M21 HP	36.08
5.	Tim Hills	M21 NOC	36.56
6.	John Hopper	M40 DVO Dux	37.21
7.	John Robinson	M40 WCH	37.31
8.	Roger Smith	M55 POTOC	39.00
9.	Bill Hanley	M35 MDOC 2	41.40
10.	Dave Walker	M50 DVO Drks	42.25
11.	Chris Beecham	M21 CUOC	43.04
12.	Andy Cambell	M21 DEE	52.24

**Leg 12 - Whaley Bridge to Buxworth**  
Distance: 1.8km Climb: 0m

1.	Darren Botting	M21 HP	5.52
2.	Steve Clayton	M21 WCH	6.20
3.	Derek Adams	M21 POTOC	6.41
4.	Nick Evans	M21 NOC	6.47
5.	Peter McLeod	M40 PFR	7.00
6.	John Hammond	M45 DEE	7.07
7.	Karen Parker	W21 MDOC 1	7.11
8.	Martin Sleath	M40 DVO Dux	7.46
9.	Tim Wiegand	M21 CUOC	7.52
10.	Rohan Maxwell	M13 MDOC 2	8.09
11.	Chris Gilligan	M13 DVO Drks	8.35
12.	Ben Akers & Gerard Desforges	M10 SYO	8.40



**Leg 13- Buxworth to Hayfield**

Distance: 7.3km Climb: 280m

1. Nick Evans	M21 NOC	33.10
2. Chris K-Roberts	M40 MDOC 1	34.32
3. Neil Lawford	M35 WCH	35.10
4. Bernard Akers	M40 SYO	36.00
5. Peter McLeod	M40 PFR	37.05
6. Martin Sleath	M40 DVO Dux	37.20
7. John Hammond	M45 DEE	37.48
8. Ian Whitehead	M35 DVO Drks	37.57
9. Andy Payne	M35 POTOC	40.12
10. Nick Maxwell	M35 MDOC 2	40.54
11. Frank Ellis	M21 HP	41.34
12. Heather Peel	W21 CUOC	50.47

**Leg 16 - Edale to Footbridge near Snake Inn**

Distance: 4.5km Climb: 360m

1. Dave Griffin	M21 PFR	31.08
2. Howard Swindells	M40 SYO	31.44
3. Steve Ingelby	M35 DEE	31.45
4. Graeme Crawshaw	M40 MDOC 1	31.55
5. Russell Buxton	M21 DVO Drks	32.12
6. Ben Hartman	M21 CUOC	36.23
7. Phil Pittson	M40 NOC	37.21
8. Ray Collins	M35 WCH	37.50
9. Richard Handforth	M45 MDOC 2	40.08
10. Kevin Cunniffe	M21 DVO Dux	40.25
11. Judy Douglas	W45 POTOC	40.26
12. Alison Hood	W21 HP	41.52

**Leg 14 - Hayfield to Mam Tor**

Distance: 11.8m Climb: 450m

1. Killian Lomas	M21 MDOC 2	53.57
2. Andy Yeates	M21 WCH	54.30
3. Nick Evans	M35 NOC	55.03
4. Pete Sleigh	M21 DEE	57.05
5. Paul Glover	M35 PFR	57.25
6. Geoff Penngell	M21 POTOC	58.47
7. Chris Beecham	M21 CUOC	58.49
8. John Armistead	M45 DVO Dux	59.00
9. Mark Elsegood	M21 MDOC 1	59.02
10. Martin Desforges	M40 SYO	59.20
11. Paul Armstrong	M35 DVO Drks	62.32
12. David Alderson	M21 HP	62.34

**Leg 17 - Snake Inn Footbridge to Grouse Inn**

Distance: 9.0km Climb: 280m

1. Dave Smith	M35 WCH	42.27
2. John Britton	M40 MDOC 1	42.29
3. Cliff Calladine	M40 PFR	44.13
4. Robin Stansfield	M50 SYO	47.53
5. Philip Smith	M21 DVO Dux	50.23
5. Matthew Moore	M21 HP	50.41
7. Richard Hall	M21 MDOC 2	56.01
8. Ron MacDonald	M35 DVO Drks	61.03
9. Andy Williams	M40 DEE	63.17
10. Joss Yarnell	M35 NOC	69.24
11. Neville Mitchison	M45 POTOC	88.20
12. Lucy Partridge	W21 CUOC	96.40

**Leg 15 - Mam Tor to Edale**

Distance: 3.8km Climb: 90m

1. Pete Sleigh	M21 DEE	19.40
2. Paul Chaplin	M21 HP	20.00
3. David Swindells	M13 SYO	20.45
4. Irene Crawshaw	W45 MDOC 1	21.20
5. Chris Nicholson	M11 PFR	22.23
6. Ann Armistead	W40 DVO Dux	22.45
7. Carol Lawford	W40 WCH	23.16
8. Fiona Palmer	W21 DVO Drks	23.55
9. Tony Simpson	M50 POTOC	24.54
10. Marcel Satchel	M19 CUOC	27.00
11. Judy Filmore	W21 MDOC 2	28.35
12. Phil Pittson	M40 NOC	31.05

**Leg 18 - Grouse Inn to Birch Vale**

Distance: 4.6km Climb: 130m

1. John Britton	M40 MDOC 1	19.24
2. Steve Ingelby	M35 DEE	20.48
3. Ted Smith	M50 DVO Dux	21.17
4. Peter Gorven	M40 SYO	21.24
5. Linda Robb	W35 HP	24.46
6. Bernice Tingle	W21 PFR	24.54
7. Richard Johnson	M55 POTOC	25.06
8. Ben Hartman	M21 CUOC	26.07
9. Viv MacDonald	W35 DVO Drks	28.16
10. Janet Evans	W21 NOC	28.47
11. Frank Rose	M60 MDOC 2	29.12
12. Amanda Parker	W21 WCH	29.47



**Leg 19 - Birch Vale to New Mills Leisure Centre**

Distance: 2.5km Climb: 20m

1. Darren Botting	M21 HP	8.31
2. Neil Lawford	M35 WCH	10.01
3. Mick Lucking	M21 NOC	10.27
4. Andy Williams	M40 DEE	10.34
5. Ted Smith	M50 DVO Dux	10.46
6. Paul Wright	M21 DVO Drks	11.11
7. Peter Gorvett	M40 SYO	11.20
8. Tony Smith	M35 POTO	11.24
9. Jonathon Ross	M11 MDOC 1	11.32
10. Julie Brook	W40 MDOC 2	12.37
11. Heather Peel	W21 CUOC	13.31
12. Mark Millwood	M13 PFR	13.46

**Club Abbreviations**

CUOC	Cambridge University OC
DEE	Deeside OC
DVO Dux	Derwent Valley OC Ducks
DVO Drks	Derwent Valley OC Drakes
HP	Holme Pierrepont
MDOC	Manchester & District OC
NOC	Nottingham OC
PFR	Penistone Footpath Runners
POTO	Potteries OC
SYO	South Yorkshire Orienteers
WCH	Walton Chasers

**Leg 20 - New Mills Leisure Centre to Lyme Hall**

Distance: 7.5km Climb: 165m

1. Ben Hartman	M21 CUOC	31.34
2. Tony Duncan	M40 WCH	31.35
3. Pete Lomas	M50 MDOC 1	31.40
4. John Hurley	M21 DVO Drks	32.08
5. Steve Bulleyment	M35 SYO	34.07
6. Syl Boler	W40 PFR	34.50
7. Stewart Gregory	M21 HP	34.55
8. Peter Ross	M40 MDOC 2	35.27
9. Mick Lucking	M21 NOC	35.28
10. Kim Buxton	W21 DVO Dux	37.49
11. Richard Denby	M40 POTO	40.26
12. Barry Barnes	M50 DEE	40.28

**Lost Property****Lost:**

Black Walton Chasers sweatshirt at Gradbach Car Park

**Found:**

Blue Karrimor 1990 Sweatshirt at Lyme Hall

**Organisers Comments**

Thanks to everyone for coming and particular thanks to the people who marshalled changeovers. We are hoping to hold the event again next summer, so if anyone has any comments or suggestions about routes, handicaps or anything else please let us know.

Dan and Karen Parker  
23 Heatherfield Court  
Wilmslow  
Cheshire  
SK9 2QE





	1	2	3	4	5	6
1 Lyme Park - Bollington	HP 30:42	SYO 30:55	CUOC 31:10	MDOC 1 31:37	PFR 32:16	DVO Dux 32:25
2 Bollington - Tegg top	CUOC 58:57	MDOC 1 1:00:44	HP 1:01:05	NOC 1:03:40	PFR 1:05:04	WCH 1:07:08
3 Tegg top - Tegg bottom	HP 1:08:53	MDOC 1 1:09:23	CUOC 1:10:44	NOC 1:12:49	WCH 1:15:15	SYO 1:16:18
4 Tegg Bottom - Wildboardclough	HP 1:37:41	MDOC 1 1:38:41	CUOC 1:40:25	NOC 1:45:41	PFR 1:45:47	WCH 1:47:08
5 Wildboardclough - Gradbach YH	MDOC 1 1:56:05	CUOC 1:58:30	HP 1:59:30	PFR 2:02:05	NOC 2:04:00	SYO 2:07:59
6 Gradbach YH - Danebridge	MDOC 1 2:14:36	CUOC 2:18:34	PFR 2:22:48	HP 2:22:49	SYO 2:26:15	NOC 2:26:25
7 Danebridge - Rockhall	MDOC 1 2:49:42	CUOC 2:55:07	HP 2:56:15	PFR 3:00:23	SYO 3:05:38	WCH 3:08:03
8 Rockhall - Gradbach CP	MDOC 1 3:17:01	HP 3:27:30	PFR 3:29:12	SYO 3:34:50	NOC 3:36:21	WCH 3:37:21
9 Gradbach CP - Cat and Fiddle	MDOC 1 3:51:47	HP 4:03:38	PFR 4:04:04	SYO 4:10:45	NOC 4:13:17	WCH 4:14:52
10 Cat and Fiddle - Pym Chair	MDOC 1 4:15:22	PFR 4:30:32	HP 4:31:30	SYO 4:32:32	NOC 4:34:55	WCH 4:40:26
11 Pym Chair - Whaley Bridge	MDOC 1 4:41:15	PFR 4:58:30	HP 5:00:00	NOC 5:01:00	WCH 5:10:00	SYO 5:11:00
12 Whaley Bridge - Buxworth	MDOC 1 4:48:26	PFR 5:05:30	HP 5:05:52	NOC 5:07:47	WCH 5:16:20	SYO 5:19:46
13 Buxworth - Hayfield	MDOC 1 5:22:58	NOC 5:40:57	PFR 5:42:35	HP 5:47:26	WCH 5:51:30	SYO 5:55:49
14 Hayfield - Mam Nick	MDOC 1 6:22:00	NOC 6:36:00	PFR 6:40:00	WCH 6:46:00	HP 6:50:00	SYO 6:55:00
15 Mam Nick - Edale	MDOC 1 6:43:20	PFR 7:02:23	NOC 7:07:05	WCH 7:09:16	HP 7:10:00	SYO 7:15:45
16 Edale - Snake Inn	MDOC 1 7:15:15	PFR 7:33:31	NOC 7:44:26	WCH 7:47:06	SYO 7:47:29	HP 7:51:52
17 Snake Inn - Grouse	MDOC 1 7:57:44	PFR 8:17:44	WCH 8:29:33	SYO 8:35:22	HP 8:42:33	NOC 8:53:50
18 Grouse - Birch Vale	MDOC 1 8:17:08	PFR 8:42:38	SYO 8:56:46	WCH 8:59:20	HP 9:06:59	DVO Dux 9:15:50
19 Birch Vale - New Mills	MDOC 1 8:28:40	PFR 8:56:24	SYO 9:08:06	WCH 9:09:21	HP 9:15:30	DVO Dux 9:26:36
20 New Mills - Lyme Hall	MDOC 1 9:00:20	PFR 9:31:14	WCH 9:40:56	SYO 9:42:13	HP 9:50:25	DVO Dux 10:04:25



7	8	9	10	11	12	
NOC 33:10	DEE 33:42	WCH 33:48	DVO Drks 35:49	MDOC 2 36:41	POTOC 44:07	Lyme Park - Bollington 1
SYO 1:07:36	DVO Dux 1:08:30	DVO Drks 1:08:44	MDOC 2 1:09:35	DEE 1:12:46	POTOC 1:15:26	Bollington - Tegg top 2
PFR 1:16:51	MDOC 2 1:18:40	DVO Drks 1:19:36	DVO Dux 1:20:22	DEE 1:24:29	POTOC 1:24:30	Tegg top - Tegg bottom 3
SYO 1:50:52	MDOC 2 1:52:02	DVO Dux 1:55:36	DVO Drks 1:55:42	DEE 1:59:15	POTOC 1:59:18	Tegg Bottom - Wildboardclough 4
WCH 2:11:50	MDOC 2 2:14:15	DVO Dux 2:16:05	DVO Drks 2:16:20	POTOC 2:20:50	DEE 2:23:10	Wildboardclough - Gradbach YH 5
WCH 2:30:03	MDOC 2 2:34:30	DVO Dux 2:35:34	POTOC 2:41:11	DEE 2:42:34	DVO Drks 2:43:23	Gradbach YH - Danebridge 6
DVO Dux 3:09:54	NOC 3:10:26	MDOC 2 3:16:49	POTOC 3:19:39	DEE 3:20:25	DVO Drks 3:22:17	Danebridge - Rockhall 7
CUOC 3:42:50	DVO Dux 3:47:44	DEE 3:49:36	MDOC 2 3:52:10	DVO Drks 3:54:58	POTOC 3:55:50	Rockhall - Gradbach CP 8
DVO Dux 4:25:05	CUOC 4:25:54	MDOC 2 4:33:50	POTOC 4:34:50	DVO Drks 4:37:23	DEE 4:42:00	Gradbach CP - Cat and Fiddle 9
DVO Dux 4:48:51	CUOC 4:53:22	POTOC 5:01:41	MDOC 2 5:04:42	DEE 5:08:04	DVO Drks 5:09:16	Cat and Fiddle - Pym Chair 10
DVO Dux 5:16:54	CUOC 5:23:32	DEE 5:34:00	POTOC 5:35:20	MDOC 2 5:38:00	DVO Drks 5:49:00	Pym Chair - Whaley Bridge 11
DVO Dux 5:24:40	CUOC 5:31:24	DEE 5:41:07	POTOC 5:42:01	MDOC 2 5:46:09	DVO Drks 5:57:35	Whaley Bridge - Buxworth 12
DVO Dux 6:02:00	DEE 6:18:55	CUOC 6:22:11	POTOC 6:22:13	MDOC 2 6:27:03	DVO Drks 6:35:22	Buxworth - Hayfield 13
DVO Dux 7:01:00	DEE 7:16:00	MDOC 2 7:21:00	POTOC 7:21:00	CUOC 7:21:00	DVO Drks 7:38:00	Hayfield - Mam Nick 14
DVO Dux 7:23:45	DEE 7:35:40	POTOC 7:45:54	CUOC 7:48:00	MDOC 2 7:49:35	DVO Drks 8:01:55	Mam Nick - Edale 15
DVO Dux 8:04:10	DEE 8:07:25	CUOC 8:24:23	POTOC 8:26:20	MDOC 2 8:29:43	DVO Drks 8:34:07	Edale - Snake Inn 16
DVO Dux 8:54:33	DEE 9:10:42	MDOC 2 9:25:44	DVO Drks 9:35:10	POTOC 9:54:40	CUOC 10:01:03	Snake Inn - Grouse 17
NOC 9:22:37	DEE 9:31:30	MDOC 2 9:54:56	DVO Drks 10:03:26	POTOC 10:19:46	CUOC 10:27:10	Grouse - Birch Vale 18
NOC 9:33:04	DEE 9:42:04	MDOC 2 10:07:33	DVO Drks 10:14:37	POTOC 10:31:10	CUOC 10:40:41	Birch Vale - New Mills 19
NOC 10:08:32	DEE 10:22:32	MDOC 2 10:43:00	DVO Drks 10:46:45	POTOC 11:11:36	CUOC 11:12:15	New Mills - Lyme Hall 20



## Scottish 6 Days

A Report on Day 3 of the Scottish 6 Days, by Liz Godfree:

### DAY 3 - Bowhill, Selkirk (and Home!)

"So fair and foul a day I have not seen."

Heavy overnight rain continued throughout the day. An easier drive than anticipated from Moffat, driving in "O" convoy up to Bowhill, meant that we arrived at the Assembly Field in plenty of time.

I was disappointed that the Sassenachs amongst you were denied the beauties of Moffat Water with the spectacular Grey Mare's Tail - Scotland's highest waterfall. It's well worth the scramble up the side and the "plowter" through the bog at the top to Loch Skene. As you descend to St. Mary's Loch you feel the difference in the road surface. This was always the case, though the "humpy-backit" bridges of my childhood, a sore torment to my travel-sick brother(!), have long since gone.

The Yarrow Valley is steeped in history - the Scots and English have fought for years over the Border Lands, stealing one another's cattle. No wonder there are so many ruined keeps.

Literary associations and famous names abound. The statue of James Hogg, the Ettrick Shepherd stands guard over Tibbie Shiels Inn at the head of St. Mary's Loch. Hogg's last meeting with Sir Walter Scott, author of the Waverley Novels, collector of Border Ballads and erstwhile Sheriff of Selkirk (he still watches over the good folk of Selkirk from his pedestal in the market place) was at the Gordon Arms Hotel. As you approach Bowhill Newark castle stands sentinel above the Yarrow while on your left is Foulshiels, the now ruined birthplace of Mungo Park, explorer of the Niger.

An excellent Car Park/Assembly Field had rows of tents overlooking the run-in. There was amazement on every face as first Steve, then Judy appeared in the DVO tent. It was good to see Judy bright and perky as ever, so soon after a major op. What better convalescence could she desire than a week in Scotland at the 6 Day and with her own live-in Doctor!

It was only a short walk to the starts, passing the String course en route. This, I am assured by Colin Olivant of NOC, was the best one yet. Paths were muddy, bracken was wet, grass was wet, and young pine trees were prickly. The courses were short but technical and times were fast. The general consensus was enjoyment of good courses.

Maps reclaimed, a sodden Club tent was taken down and we were on our way up to Selkirk for a hot meal with my parents and an appointment with the washing machine!

As we travelled back to castle Douglas in the evening the rain ceased and the clouds began to lift. The "Dowie Houms of Yarrow" looked as they must have done hundreds of years ago to the warring Scotts and Percy's and the cattle (as opposed to Roxburgh) Reivers.

LIZ GODFREE



Never Before : by Sue Russell

Never before have I contemplated 6 days of running. The most I normally manage in a week is 4 days. The JK and the White Rose (all 3 days of them) are the most orienteering I've ever done in one go.

Yet now ... here we are....in midgy Scotland. (to be honest day 1 was midge free, but day 2 had not started well!!) but back to the orienteering.

DAY 1

I left the start very confidently - everyone was simply running straight down the track, so I did too. Then I realised that I didn't know how far along the track I'd run; after that well surprisingly thing went well. A couple of little dithers and a general lack of fitness for the sensible path run route choices, but suddenly I was on the way to last control. And the time? only 1 minute down on Val ( ok so she had a bad run, but even so!)

DAY 2

After yesterday's shaky start it was the long, safe path route to the first control. 2 and 3 were also taken carefully, so confidence high I ploughed into the forest for number 4, only to get totally lost. At least I realized I was lost, vast improvement on some earlier events. After this small relocation exercise things improved and at the end of 2 days I'm 41st overall. Unfortunately the legs are rather stiff and there are still 4 days to go.

DAY 3

Only had one problem today - that being the brain was more willing and able than the body. Still no major mistakes and I was round in 66 minutes; but it was a fast area and the winner was nearly 15 minutes faster. the bonus is that at this stage several people have only done 2 days (day 3 being a longish drive) thus with three days score I have moved up to 32nd overall. (this is unlikely to last long as lack of fitness is now really beginning to tell).

REST DAY?

Christina and I put our feet down, (fairly gingerly due to having run 3 days) and insisted on either pony trekking or canoeing today. The canoeing won and we spent a very pleasant sunny morning out in Loch Ken. Tomorrow - it's back to the woods.

DAY 4

The sun came out today, but fortunately managed to stay in for my run. Felt like I had ran well I was even pleased with my time at 66 minutes but the stars ran much faster, Val beating me by more than 10 minutes. Nevertheless managed to gain one more place so finished the day in 31st place overall.



Also gave us a lovely evening for the 'club BBQ'.

#### DAY 5

nothing would work today. The legs wouldn't obey the command 'run' and the brain failed to "concentrate". Net effect My worst run of the week. Today I really felt the prolonged lack of training which I have struggled through. Also today all those who missed day 3 will have completed 4 runs and will now be back in front of me. Now off to Castle Douglas to see the results.

#### DAY 6

Last day of the week. I went to the start lying in 40th place overall (out of 86) I had just over 2,800 points, so a good silver badge position. What I really needed was an excellent run, 850 points would see me into gold. the start was much closer than expected and I arrived feeling, relaxed, confident and surprisingly fresh. Finally it was time for off.. BEEP, BEEP, BEEP, BEEEP. A sharp 50m (almost vertical) to the maps and start kite then onto the course, an instant 180 degree error!!! From the start !! oh well I only needed 4 good days and I had felt very good at the beginning of the week. My day 6 route drawn into the map looks like a wood louse produced it, little loops and doubling back all over the place. Still I should remain about in the middle of the field.

Now the burning question. EVER AGAIN????

Suffice it to say that we've already picked up the entry form for the Welsh 6 day next year. See all you other addicts there.

Sue.

#### Royal Deeside '93 - Here I Come. (by Steve Kimberley)

##### Day 1 Ae Forest

The first day of the Scottish was in this forest with the strange name of Ae. Does anyone know what Ae means? The forest itself was a steep-sided valley with a hill on the western side which the longer courses ran around. I started quite slowly, not sure how runnable the forest was, and managed to do a reasonable run but nothing fantastic. The most memorable moment was being passed by Ewan Thompson at control 12. He had started ten minutes after me and eventually beat me by 12 minutes. I was also beaten by Alex Campbell but at least I managed to beat Pete Jones.

##### Day 2 Pulnagashiel Glen

A chance to get more points perhaps? Perhaps not. The forest was much greener and most of the longer courses seemed to have a long leg half way around the course. It seems that the best route was round the paths. Unfortunately for the later runners the rides were distinctly boggy and sometimes just inside the forest was quicker. I had another average run but



with one bright point. Close to the end of the course I was following, sorry - trying to catch up, a group of four headed by Tony Horsewill of NOC. They went 90 degrees wrong however, but somehow I decided that something was wrong so went elsewhere directly to the control. Tony came into the finish ten minutes later. (Yippee!)

#### Day 3 Bowhill Estate

Well I didn't have an average run this time I had a disaster instead. The area itself was part fast but hilly forest and some open moorland. It was the moorland which did me. At the end of a one kilometre leg I ended up too high but thought I was low. As a result I went up and promptly off the map. Even worse there were quite a few other people up there off the map and so I convinced myself that I must be in the right area, 25 minutes later I finally admit that its elsewhere. In total it took me 35 minutes to do the leg. Perhaps even more annoyingly all I needed to do was follow Andy Stevenson who I passed early in the leg. Apparently he found it straight away! I carried on anyway encouraged by talking to others who all seemed to have made a big mistake, or so they said! Looking at the results there were too many people above me for them all to have made a big error as I had. Enough of this day, hopefully it won't count, onto day 4.

#### Day 4 Penninghame

It was not to be, I was sick on the rest day, and so decided to miss day 4. By all accounts it was one to miss. The forest was green the rides boggy and there were thickets which were not thickets especially control 631 (or so my wife keeps telling me). The map doesn't look too bad to me but then I didn't run in it.

#### Day 5 Dalmacallan

My chance to go leaping up the positions. Well maybe. A fairly intricate reasonably flat area the only real problem was the long legs at the start of the course. These long legs involved long path runs with relatively easy navigation. An honourable mention must go here to Andy Stevenson (I got my revenge!). It appears that he was still not at number two when an hour had gone by. Still the rest of the course must have been quite quick. My own run was not too bad only held up by my running speed.

#### Day 6 Mabie Forest

This was a different type of forest on a steep hillside so quite a bit of climb today. Some say death or glory run for the last day. For me it began as death, I managed to mess up the first control by mixing up the description for the start triangle with my description for control one. It took me four minutes to sort that out. Still things didn't work out too badly in the end, as I managed to beat Alex at last. Mind you I was helped by him trying to go direct from control 7 to control 9.





All in all a reasonable Scottish nothing great but nothing too bad. However I have an incentive to go to Royal Deeside 93 because It will be my first year in M35, maybe the competition won't be quite so hard. (Just as tough Steve - I'll be there!!(M35) - Ed.) See you there perhaps?

Steve Kimberley

### SCOTTISH ORIENTEERING

I ran W10B at the Scottish 6 Days. I thought day 1 was the best day because the paths were easy to run along. At the start of Day 1, I had to cross a river on a bridge especially made for the event. The first control was a path bend. I was pleased when got to the control. The second control was a dirt road/path junction. I was nearly out of breath but kept on going. The third control was a Dirt road /track junction. I overtook 1 boy and 2 men. The fourth control was a track/path crossing. On the track 6 men overtook me. The fifth control was path end. It was very rocky. The sixth control was a path bend. It was easy, straight up the path. The seventh control was a path. I had nearly finished. The last control was a fence corner. I had finished at last. I took 22:00 minutes.

My worst day was Day 2 because I made a big mistake and took the wrong path.

I enjoyed running this week very much and I would like to do it again in the next National event at Macclesfield.

Can I say thank you Judy for following me round W10B.

Ruth Johnson.

### SCOTTISH STRING COURSES

In Scotland I liked the string courses. On a string course, you have to follow a piece of string to find the controls. At each control there is a little picture. You have to punch a hole in your map to show that you have been to that control. I took Daniel Kimberley and Emma Whitehead round the course on some days. I liked the pictures of the animals. On one of the days there was Garfield, Pluto, Donald Duck and Mickey Mouse. On another there was a panda, a horse, a cheetah and there was a pirate string course with Captain Patches, his men, a parrot and some treasure. There was also an Off-String course where all the controls were off the string. It can also help you for W10B. If you go on the first string course you can get a certificate and every time you go to the string course you get a sticker and a sweet or a balloon or a pencil. My favourite one was the pirate one because the controls were not near each other. I cheered my dad, mum and sister in and they got a medal. Next time in Scotland I will run the W10B course.

Hilary Johnson  
Age 7 1/2



Little Gems From Our Week In Scotland

- \* Paul was overheard calling Christina by her pet name "Tinbin", faces were red when asked for an explanation!
- \* Sue was overheard saying "He sits up watching cartoons while I'm lying in bed all on my own!" (Do we blame him! - Ed.)
- \* Kate Johnson had more spots on her body from midge bites than she had when she had chicken pox.
- \* Sue again! She said "I'll have you know, I've got quite a small mouth actually!" (Quote of the month perhaps!)
- \* Steve Kimberley ran off the map on Day 3 (Andy saw him but just let him get on with it!)
- \* Randal to Viv : "Are you alright??? - your legs have gone purple!"
- \* Something about a toilet, a pump handle and Alex - ask Sue!
- \* Val "Christine couldn't have been running in the same forest - there wasn't a spot of muck on her when I saw her!"
- \* Eight scruffy individuals were seen acting suspiciously in the playground of the primary school at Castle Douglas. The police were called. This must have been a major incident in the history of the Castle Douglas police Force as two police cars and a van full of officers arrived causing the eight strong group to be dazzled by the car headlights, their arms piled high with goods. It was all very innocent, some of the 6 Day Helpers were collecting equipment and managed to escape an overnight stay at the local jail.
- \* SASSENACHS!! A well known English orienteer was overheard at Whithorn dig - "Can I have a PROPER £5 note for my change?".
- \* THE STORY OF THE LOST CONTROL. Once upon a time there was a nice clean day 2 control card that went around with it's owner being punched neatly at each control. Horror struck and the control card got lost in the deep dark forest. Even worse it had a piece of it's body torn from it and was left in pain on the nasty sharp spiky bits of the punch. The owner, Brian Till of Devon, did not hear the cries and didn't notice until the next control, when he punched his map instead for the rest of the course and handed this in, hopefully, at the finish. About an hour later a nice friendly orienteer found the lost Card and returned it to the finish. The hard working Checkers matched up the map and Card but the torn body was still missing. Two hours passed with the wee piece of paper still stuck on the needles until a kind lady lifted it off and nursed it back to the finish. The jigsaw was complete - the card was whole again and it felt very, very happy that Brian could now get a result. DIDN'T EVERYONE DO WELL!!





# And Finally : The Results

<u>POS</u>	<u>NAME</u>	<u>CLASS</u>	<u>POINTS</u>
1ST	DAVID GODFREE	H17L	3897
3RD	BARRY BIBBY	H50S	3826
5TH	CHRIS GODFREE	H13L	3578
16TH	EWAN THOMPSON	H21L	3543
10TH	HELEN FINLAYSON	D45L	3532
18TH	ALEX CAMPBELL	H21L	3529
21ST	DAVID BRODIE	H40L	3466
23RD	IAN WHITEHEAD	H35L	3441
20TH	IAN FINLAYSON	H17L	3326
71ST	STEPHEN KIMBERLEY	H21L	3176
17TH	LIZ GODFREE	D40S	3158
26TH	EDWARD SMITH	H50L	3150
26TH	VAL JOHNSON	D21L	3136
11TH	VENESSA SMITH	D15L	3122
21ST	ROBERT SHOOTER	H35S	3070
13TH	THOMAS BRODIE	H13S	3066
97TH	PETER JONES	H21L	3031
48TH	DOUG DICKINSON	H45L	2951
45TH	SUE RUSSELL	D21L	2816
64TH	JOHN HURLEY	H35L	2770
86TH	NEIL FORREST	H45L	2694
44TH	VIVIAN MACDONALD	D35S	2399
149TH	PAUL WRIGHT	H21S	2332
97TH	RANALD MACDONALD	H35L	2326
81ST	CHRISTINA WRIGHT	D21S	2250
183RD	ANDY STEVENSON	D21L	2205
60TH	ELIZABETH SMITH	D45S	2062
106TH	ANNE KIMBERLEY	D21S	1928
190TH	GRAHAM JOHNSON	H21S	1883
134TH	STEVE BUCKLEY	H40L	1838
16TH	RUTH JOHNSON	D10S	1732
26TH	MARY FINLAYSON	DNOV	1598
123RD	CATHERINE CAMPBELL	D21S	1596
128TH	MARY JONES	D21S	1521



## Summer League

Unfortunately the final results are not yet available look out for them in the October Newstrack. In the meantime here are the results from the Matlock Moor Event.

This summer league event took the form of a Norwegian style with the location of the second control given at the first control site, and so on. The exercise could be under-taken either with a map or by map memory. choice of map memory gave the runner a ten minute bonus. In addition at each control there was a sequence of letters or numbers the next one in that sequence had to be written into a control card, eg given J.F.M.A.M. next letter =J because January, february, March, April, May, June. Each correct answer earned a 3 minute bonus, each one wrong(or absent) a 2 minute penalty.

### Results

John Hurley	66.23	-39	27.23
Trevor Denyer	67.23	-39	28.23
Steve Kimberley	55.27	-24	31.27
Pete Jones	61.54	-19	42.54
Paul Wright	84.04	-24	60.04
Alex Stalker	76.15	-14	62.15
Kim Buxton (1)	76.54	-14	62.54
Martin Sleath	64.38	+1	65.38
Christina Wright (2)	98.19	-29	69.19
Dave Clough	93.17	-19	74.17
Tony Seaston	89.26	-9	80.26
Russell Buxton	106.05	+6	112.05

And on the Yellow course 2.0km 15m

Daniel Kimberley	41.24
Gillis/Denyer	56.42

Sue Russell



## Club Championships

LONGSHAW June 21st 1991

As this was my first attempt at planning and/or organising an orienteering event, I took on this task with great feelings of apprehension. On the whole though I feel that my efforts were not in vain and that everything went off very smoothly. From peoples comments I feel that most of you enjoyed your evening run.

This event could not possibly have worked without the help of Dave Skidmore who took on the job of controlling and handicapping without batting an eyelid. Without Dave's help this event would have been known as "The Club Shambles", as I hadn't the faintest idea where to begin with the handicapping. I would like to thank Dave for all his help on taking on the most difficult and thankless task, as the most common expressions heard that night were, "Somebody's got my handicap wrong", "He/She 's a lot faster than me", "I should be setting out at least 10 minutes before ...".

Funnily enough one person who said nothing, actually won the race. my congratulations to Winifred Woodward on her magnificent victory. I also send my sympathy, as possibly by the week before next years Champs her decor will have taken on a new look, "hint of map". Good luck Winifred, I look forward to taking part in next years event. (but I bet you wont try so hard to win, now that you know what happens to the winner - Ed.)

My thanks go to all who turned out to run or helped with the finish and collecting controls, but I must say once more a big thanks to Dave whose phone bill is definitely higher this quarter than last.

Fiona Palmer  
(Planner/Organiser Extraordinaire)



## RESULTS:

CLUB CHAMPIONSHIPS, LONGSHAW, JUNE 21st, 1991.



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DVO NEWSTRACK AUGUST 1991



Retirements:  
 Ian Whitehead  
 Kevin Cuntiffe  
 Mary Finlayson.

Start time	SHORT	MED	LONG
1. Wintred Woodward.	7.14.30	55.04	
2. Michael Peach.	7.36.00	33.39	
3. Chris. Godfrey.	7.38.00		31.47
4. Alex. Bleakman.		N/C.	
5. Ian FINLAYSON.	7.11.45		
6. Jennifer Hopper	7.23.30	46.49	
7. Liz. Smith.	7.20.45		49.45
8. Terry Peach.	7.27.30		
9. Liz. Godfree.	7.10.00	43.14	
10. John Hopper.	7.12.15	1.00.52	58.54
11. Vanessa Smith.	7.15.30		
12. Tony Seaton.	7.16.00	55.44	
13. Christina Wright.	7.16.00	55.16	
14. Steve Buckley.	7.24.45	55.19	
15. Rex. Bleakman.	7.01.30		49.01
16. Steve Kimberley.	7.25.30		1.14.49
17. Alastair Buckley.	7.23.00		49.01
18. John Hurley.	7.14.30		53.45
19. Barry Bibby.	7.01.15		1.02.32
20. Andy Thompson.	7.22.00		1.16.03
21. Andy Clayton.	7.35.45		55.53
22. Paul Wright.	6.52.45	43.10	
23. Mike Godfree.	7.12.30		1.28.05
24. Kim Buxton.	7.00.00		1.08.26
25. Alex. Campbell.	7.28.45		1.21.04
26. Bill Woodward.	7.15.00		53.45
27. Mike Gardner.	7.21.30	1.07.49	
28. Dave Brodie.	7.20.00		1.02.35
29. Lucy Wilson.	7.18.30		1.04.42
30. Mary Jones.	7.23.30	1.06.17	
31. Alex Stalker.	7.00.15	1.01.29	
32. Peter Jones.	7.25.15		1.25.40
33. Trevor Denyer.	7.09.45		1.01.00
34. Ted Smith.	7.14.30		1.21.31
35. Dave Clough.	6.57.30		1.17.48
36. Ronald Macdonald.	6.58.15		1.33.54
37. Russell Buxton.	7.08.30		1.34.17
38. Viv. Macdonald.	7.08.00	1.25.21	
39. Mark Flint.	7.13.00	1.25.53	
40. Graham Johnson.			1.27.09

# FIXTURES

## Fixtures Committee Notes

In addition to the events listed below I have advanced information on some local events from the minutes of the last DVO Fixtures Sub-Committee Meeting held on 24 July. Will DVO members please offer their services to help at the appropriate events ie NORTH & SOUTH teams.

Drum Hill	15.09.91	South Team
Longshaw	06.10.91	North Team
Cromford	27.10.91	South Team
Whitesprings	01.12.91	North Team
Calke	01.01.92	Novelty New Years Day Score Event
Allestree	26.01.92	South Team
Robin Wood	16.02.92	South Team
Stanton	08.03.92	North Team
Chatsworth	12.04.92	North Team
Crich Badge	17.05.92	Everyone
Bow Woods	07.06.92	South Team

Other little snippets from the meeting:

We need an Organiser for NATIONAL EVENT at Eyam Moor on 29th Nov. 1992

DVO have been asked to run the 1997 British Relays on one of our areas.

John Hawkins is standing down as Chairman at the AGM in September.

## 1992/93

LATEST INFO FROM THE PLASTIC BAGS ON THE WAY TO THE START AT EACH OF THE SCOTTISH 6 DAY EVENTS

Scottish 6 Days 1993 will be held at Royal Deeside. The event centre will be at Aboyne. Campsite will be 3km west overlooking the Dee Valley. Hopefully 2 of the events will be within walking distance of the campsite.

Italia '92 runs from 27/6/92 until 5/7/92 (6 day event).

Croeso '92 runs from 2/8/92 until 8/8/92 based at Lampeter. More info - see Ed.



DATE	REGION	CLASS	TYPE	AREA	DETAILS
<b>AUGUST</b>					
24th-26th	YH	EBOR	Badge/Relay	Scarborough	WHITE ROSE WEEKEND 24 - Badge : Silpho, Scarborough SE873060 25 - Badge : Harwood Dale SE873060 26 - Relay : Harwood Dale SE873060 N. Roberts, 8 Hilbra Ave, Haxby, York YO3 8HD 0304 762310
31st	SE		Harvester Relay	Guildford	HARVESTER TROPHY RELAY EVENT Haxley Common, Guildford GU 88411 J. Corrie 0582763978
<b>SEPTEMBER</b>					
1st	EN	NOC	Relay	Rufford	NOC LITTLE JOHN RELAYS Rufford SK42648 Andrew Jones, 14 Diamond Ave, Rainsworth, Nunsfield, 0623 795487
8th	WH	NDOC	National	Nacclesfield	NATIONAL EVENT VI Nacclesfield SJ952715 NDOC National Event, 2 Arthor Rd, Hale, Altrincham, WA15 0NA : 061 254 2925 CD 12/8, £5.25/£2, SEF only, Very limited Late Entries until 1/9.
13th	EX	DVO	NOVELTY RELAY	Shipley Park	DVO 2 PERSON EVENING NOVELTY RELAY (optional alcoholic content) Organised by The Godfrees. Starts at 6.30 pm Come prepared for a darkish run.
14th	ER	LEI	Colour Coded	Loughborough	Beacon Hill SK510145 Liz Branley 0509 852197
15th	EN	DVO	Colour Coded	Drum Hill *** CANCELLED ***	*** CANCELLED ***
15th	YH	EPOC	Badge	Huddersfield	Marsden Moor SE828120 J. Cheetham, 32 Hadrian's Close, Sakelodina Moor, Huddersfield, HD3 3XZ, 0484 651603 SEF + 2 envelopes (9x6). CD 2/9 £3/£1
21st-22nd	SW	BOX	National/Chase	Forest of Dean	CABDINHO CHASE WEEKEND Bandy Forest, Forest of Dean SO 654078 21 - NATIONAL EVENT IX 22 - Chasing Start N. Parker, Hunter's Lodge, Studley Hill, Studley, Calne, SN11 9NL (0249 821703) CD 24/8 (21st - £5.50/£3 ; 22nd - £3.50/£1.50) SEF and NO EOD
22nd	YH	SYO	Long-D	Burbage Moor	SK 287816, N & P Rosser 0433 50493



DATE	REGION	TYPE	TYPE	LEADER	DETAILS
28th-29th	NE		Badge	Rothbury & Kielder	OCTOBER ODYSSEY 28 - Badge : Rothbury NU 053016 29 - Badge : Sidwood, Kielder BY 778890 N.Crosby, 35 Allanville, Camperdown, Newcastle NE12 0XS (081 268 5440) CD 14/9 £3/£1.50 each day. SEF & Ltd. EOD
29th	EN	NOC	Colour Coded	Brancote	Colour Coded & EN Schools Champs Brancote SES01388, Andrew Jones 0623795497
OCTOBER					
6th	SOA	ESOC	National	Bunkeld	NATIONAL EVENT VII Craig a' Barns, Bunkeld NO 020440 J.Morris, 26 Gilmore Road, Newington, Edinburgh, EH16 5HT 031 667 4051 CD 10/9 SEF & Ltd EOD (Fees £5/£2.50) Pay ESOC
6th	EN	DVO	Colour Coded	Longshaw	North Team to organise, please volunteer your services.
12th	EN	LEI	Badge	Bradgate Park	Christine Fleming 0662 731987 EVENT SUBJECT TO LANDOWNERS PERMISSION, PLEASE CHECK BEFORE LEAVING
19th-20th	NOA		National/Chase	Betws-y-Coed	CAMRIB: NATIONAL EVENT VIII WEEKEND 19 - National Event 20 - Chasing Start Nwydd Criban, Betws-y-Coed SN 748567 Neil Campbell, Ty Lwr, Bryn Siencyn, Llanfair P.G., Anglesey, LL51 6NX (0248 430776) CD 1/10, (19 - £5/£3 : 20 - £3/£1.50) SEF only, NO EOD.
27th	EN	DVO	Colour Coded	Cromford	South Team to organise, please volunteer your services
NOVEMBER					
10th	EN	LEI	Colour Coded	Outwoods, Loughborough	SE 515158, L Branley 0509 852187
DECEMBER					
1st	EN	DVO	Colour Coded	Whitesprings	North team to organise, please offer your services



\*\*\* STOP PRESS \*\*\*

## *Darley Park Charity Race 20th October*

Either a 2k or 5k race from The Abbey Car Park at 11:00 on the 20th October.

The Charity: The Community Centre in Darley Abbey. Well reknowned Actors and Actresses have been known to perform at the Centre, such as John 'safety-pin' Hawkins and Sharon Gless Hawkins (nominated for 12 oscars).

The Centre needs CASH urgently it's falling apart.

For more info re event and sponsorship contact John Hawkins on 0332 557446

