Please note that there are several pages missing from this edition of Newstrack – an error must have occurred during the scanning process.

The originals are now back with John Hurley but when I have finished publishing the remainder of the Newstracks and potentially discovered any more problems I will hopefully be in a position to borrow any problem Newstracks and complete the job properly.

DVO 1

John Cooke

**DVO** webmaster

# NEWSTRACK

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somewhat off course for the start and had to do a bit of early navigation. I ignored the strange looks and raised eyebrows as I joined the crocodile via an adjoining field and over a wall.

Then, so intent was I on seeing just who was ahead of me in the chasing start and where they might be heading, I collected my control description list from the wrong pile and it was only after I had plotted three controls and thought that sixteen was rather a lot of controls in 12 km that I realised that I had picked up the Score Class (!).

I know that chasing starts impose additional strains on organisers but I think there should be more of them. After the exertions of the previous day, I might have persuaded myself to take it easy on the second had I been given a random start time, but the prospect of catching someone up or being caught, even if this seemed largely imaginary during the run, impelled me to efforts that I have rarely achieved. What the results of those efforts are I haven't a clue because the results are still not to hand three weeks later and on the day results were noticeable by their absence.

The standard of planning was a vast improvement on the first day, almost as if it was a different person; we even had some route choice. Visibility was perfect, the terrain fast and runnable. The day was as enjoyable as the previous one had been miserable.

Club Champs Positions (inc Handicaps)

	Men	Women	Juniors
1*	Mike Godfree	Michelle Mackervoy	Emma Whitehead
2***	Dave Walker	Sue Russell	Danial Kimberley
3 <sup>rd</sup>	Alistair Buckley	Liz Godfree	Kate Johnson
4 <sup>th</sup>	Mike Gardener	Debbie Wilkinson	Adam Buxton
5 <sup>th</sup>	Paul Wright	Karen Jackson	Matthew Dickenson
6 <sup>th</sup>	Graham Johnson	Judy Buckley	Ruth Johnson
7 <sup>th</sup>	Chris Godfree	Jennifer Gale	Ashley Buxton
8th	David McGiven	Annie Creo	
9 <sup>th</sup>	Derek Gale		
10 <sup>th</sup>	Terry Peach		
118	Ian Whitehead		
12 <sup>th</sup>	Steve Buckley		
13 <sup>th</sup>	Rob Shooter		
14th	Steve Kimberley		mit s
15 <sup>th</sup>	Doug Dickenson		
16th	Russell Buxton		5 5 5
17 <sup>th</sup>	Andy Mackervoy		
18th	Neil Addison		
1914	Brian Denness		
2f)th	Douglas Dickenson		

### Mountain Marathons...brilliant!

Mountain marathons are very different to the single day orienteering events - the enjoyment lasts over two days! The Saunders Mountain Marathon is always in the Lakes and in the summer, so good views and sunshine. Kathy Whitehead and I entered again hoping to pick up another Ladies medal in the C class (24km 1st day, 14km 2nd day). However when we had been out over 4 hours and still had over half the course to go, we really thought we had lost the pace and any hopes. Our aim was then to finish! Everything in our path was up or stumbling down scree slopes around Scafell Pike area. But the best moral boost was seeing a couple again who had past us hours before. But they were not so happy to see us, they demanded to know our route choice and class.

Getting to the over night campsite had not taxed the navigation too much but it had devastated our energy levels. So there was only one thing to do - eat lots. That included a whole sponge cake and custard, after mince and pasta with a pot noodle. Who cares about calories when you have been on the go for 7.40 hours! And only 2 minutes behind the Ladies

in 3rd place!!

The campsite was also the place to catch up with friends from all over the country. There was quite a DVO gathering in the campsite, Including Viv Macdonald, who had been

convinced the atmosphere in the camp was worth the long walk. It was good.

The second day started with thick cloud on the tops. Good navigation back and we might pull up some time. That was before we drifted high up the flank of Scafell, only to meet sheer crags. As we turned to go under the crags, Kathy's ankle gave a good impersonation of a stick cracking. Was this as far as we were going to go!!?? No, Kathy sat a short while, rubbed it and carried on. Only at the end did the swelling and bruising explode as she took the shoe off.

My route choices are not always the routes Kathy would like to take. I decided that the best route was up an unstable crag into the mist. Kathy was not amused by the choice but carried on so as to skin me alive at the top! That route may have been at the back of her mind when we were traversing the scree under Bowfell. Everything everywhere was moving down the slope! So when I said I could see a path marked by cairns going over the scree, she was naturally unsure of my eyesight and sanity. It was marginally more stable which allowed us to catch this stuck ladies team. They may have been the team in third place. It was enough to boost the legs into a mammoth last dash to the next control and the 2km RUN home.

It was a brilliant feeling to hear our names being called out at the prize giving for the second year running. So we will be back to run next year. It is a good introduction to mountain marathons so why not join the crowd.

## HARVESTER RELAY 14/15 September near Hexham, Northumberland

This is 5 or 7 leg relay, starting at midnight, so many of the legs are in the dark but not all, some have the dawn/day. Leg lengths between 3.5km and 13km (3.5, 6, 7, 8, 10, 13km approx).

The terrain is very runable mixed forest. The campsite is in the field next to the start. If interested please phone/write/contact Ann-Marie Priston before 26th August.

### Cromford Relays - 20th July 1996

Due to the conditions - boy, was it hot - we abandoned the long course and had four medium legs - along the canal path and back through Lea Woods - a short short and a long short course, within Cromford Meadows. Teams were selected on a theoretically overall equal basis and this worked well with only seven minutes separating first and last after over two hours running. Everyone then settled down to the really enjoyable business of the day, round the barbecue, before finishing off with an impromptu game of rounders in the dying evening sun, although many thought the exertions of repeatedly sprinting round the four corners of the rounders pitch exceeded the rigours of the relay earlier.

### Team 1

- 1. Ruth Johnson (LS) 8m 22s
- 2. David Hopper 29m 30s - 37m 52s
- 3. Steve Wilson 32m 35s - 70m 27s
- 4. Thomas Wright (SS) 6m 19s - 76m 56s
- 5. Clare Greenwood 32m 18s - 109m 14s
- 6. Steve Buckley 23m 59s - 133m 13s

### Team 4

- Judy Buckley 36m 36s
- 2. Rachael Wilson (SS) 5m 21s - 41m 57s
- 3. Ann-Marie Priston 35m 7s - 77m 4s
- 4. Emma Whitehead (LS) 8m 7s - 85m 11s
- 5. John Hopper 26m 20s - 111m 31s
- 6. Graham Johnson 27m 59s - 138m 30s

### Team 2

John Duckworth

Simon Wright (SS) 7m 11s - 29m 11s

Dave McGivern 33m 54s - 63m 5s

Hilary Johnson (LS)

Emily Hopper 34m 57s - 105m 12s

Paul Wright 30m 6s - 135m 18s

### Team 3

- 1. Ian Whitehead 26m 13s
- 2. Amelia Shooter (SS) 7m 23s - 33m 36s
- 3. Val Johnson 29m - 62m 23s
- 4. Kate Johnson (LS) 9m 23s - 71m 46s
- 5. Rob Shooter 33m 12s - 104m 58s
- 6. Sue Russell 35m 26s - 140m 24s

Summer League Analysis

# Summer Lengue - Juniors

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# DERWENT VALLEY ORIENTEERS

# Shining Cliff Badge Event

# Sunday 10 November 1996

Terrain:

Deciduous and coniferous woodland on escarpment.

Map:

1:10,000 (1991)

Directions:

Signed from GR SK 331543 at Whatstandwell bridge on the A6. The best route is to take the A38 from the M1 junction 28 or from Derby.

follow the A610 to Ambergate and turn north on the A6 to

Whatstandwell.

Courses:

M/W10 A; M/W11 - M/W70, all Long and Short.

Limited Colour Coded courses - White, Yellow, Orange and Light

Green.

String Course. (All courses subject to Controller's confirmation)

Registration:

10.00 - 12.00

Start Times:

10.30 - 12.30

Dogs:

Dogs are permitted in the car park and must be kept on leads.

Fees:

Seniors - £5.00; Juniors and full-time students - £2.00; Family -

£13.00; unemployed - £4.00.

**Entries:** 

Closing date 18 October 1996 on Standard Entry Form.

There will be limited entry on the day while maps and start slots

are available.

Entries to Mike & Liz Godfree, 26 Rangemore Close, Mickleover, Derby, DE3 5JU (Tel. 01332 515862). Cheques payable to DVO.

Officials:

Planner - Dave Brodie

Organisers - Margaret Keeling & Viv Macdonald

Controller - Peter Hubberstey (NOC)

(DVO reserves the right to retain part or all fees if the event has to be cancelled, to cover committed costs.)



British Relay Championships 1997



# Your club needs YOU!

It's five years since there was a need to pull out all the stops when DVO was involved with JK91. Well, it's time for another similar effort as we are organising the British Relay Championships at Chatsworth Park on Sunday 18 May 1997. We will need all the help we can get, particularly if we are to organise things on a rota basis to give those involved with more mind-bending or mind-numbing tasks a rest.

The Club has decided that, apart from the juniors, we will not take part in the relays so as to free up everyone to help. A considerable amount of help will be needed on Saturday afternoon and evening to set up Chatsworth, as well as from quite early on Sunday morning and through to packing up and clearing the site that day. The more people who are involved the more we can spread the burden. Some of those on Registration will also need to be available during the Individuals at Clumber Park on the Saturday, at the Winding Wheel, Chesterfield, during the prize giving on Saturday evening and on an enquiry desk on Sunday.

The Team Leaders and Deputy Team Leaders have all been appointed and have been meeting regularly since last October. The following lists show their names and telephone numbers. We have allocated Club members to teams on a relatively random basis and, in some instances, have only put down the first-named person for a family from the Membership List. Could you please check for your name on the lists and carry out one of the following:

- (a) Contact the Team Leader to confirm your availability
- (b) As for (a) but also giving additional names of family helpers
- (c) Contact the Team Leader to say you are unavailable to help
- (d) Contact Viv and Ranald to say you are able to help but would like a different job
- (e) Where we have not affocated you to a team, contact Viv and Ranald to say you are willing to help, with some idea of what you would like to do.

The Club is also putting on a Badge Event at Shining Cliff on Sunday 10 November. We would like to use this event as an opportunity to help the teams to get to know each other and to iron out any organisational problems. However, you will be able to have a run though it would be useful if you would allow your Team Leader to decide whether it is Early or Late so that they can balance the help during the day.

So that we can finalise the teams, could you please carry out the action outlined above by Wednesday 25 September. We are having a planning meeting prior to the AGM which is on that evening. When the teams are finalised, Team Leaders will contact you regarding the Badge event and let you have a set of instructions.

We hope everyone will pull together to make this a successful and, hopefully, enjoyable event for those taking parts - and for ourselves!

Ranald and Vlv Macdonald Organisers, British Relay Championships, 1997

### FIXTURES

24th-26th August. White Rose Weekend, Wass Forest 31st Aug. MDOC Twin Peak National V - Macclesfield Forest, Macclesfield ST/952715

1st Sept. MDOC Macclesfield Forest Badge Event ST/952715
Weekend Organiser: Eve Roberts, Bramhall, Stockport SK7
1LF 0161-4395723. CD: 07/08/96. £7.00/3.00 + £4.50/2.00.
EOD except Elite. Chq: MDOC.

7th Sept. LEI Martinshaw Woods Try-Orienteering Event SK/519068. Organiser: Roger Kelly 0116-286-4222.

8th Sept SYO Graves Park C-C Event SK/348818 Organiser: Gordon Whittlestone 0114-236-0926

15th Sept DVO Cromford Moor C-C Organiser: Colin MacDonald, 1 The Paddock, Church Street, Monyash, Bakewell DE4 1JH - 01629 814001

22nd Sept POTOC Bathpool Park C-C Event SJ/837535 Organiser: Jean Mangan 01782-786450

29th Sept LOG South Common Local Event SK/973695 Organiser: Ian Durrant 01522-532245

5th Oct LEI Outwoods C-C Event SK/516176 Organiser: Isobel Griffiths 01509-853582 13th Oct WCH Shoal Hill C-C Event SJ/969107 Organiser: Julie Holliday 01785-227203

20th Oct NOC Thieves Wood C-C Event SK/545575 Organiser: Ian Ward 0115-967-6355

10th Nov DVO Shining Cliff Badge Organiser: Margaret Keeling 01773 - 852991

8th Dec DVO Eyam C-C 1997

17th May British Champs, Clumber 18th May British Relay Champs, Chatsworth

### Summer Training Runs

14th August. High Peak Junction (19.00) 21st August. Black Rocks (19.00) 28th August. Etwall Scout Hut. Rex Bleakman 01283 733363 (19.00) 4th September. Graham and Val Johnson, 12 Chevin Road, Belper 01773 824754 (19.00)