

Newstrack Dec. '85



A leading M35 competitor approaches the speed of light in Matlock Forest (or is he working out Roger Wilkinson's rest mass after the sweet course at the DVD dinner?)

Happy Christmas

Editorial

Well I'm starting a bit sooner this time so I should have more time to spot the errors. Apologies to anyone who missed the scrumptious DVD dinner which took place in December not November as suggested in the last Newstrack. Fate took its revenge; I was too ill to go. By all reports everyone had a good time. The other major error was to state that colour badges cost 30p when in fact they cost 15p. I'm sure that Dave Walker will have reimbursed anyone who sent him too much money, haven't you Dave? Apart from having to fork out for seasonal gifts and drinks don't forget to renew your membership or this is one popular organ that you will cease to receive after February.

Many thanks to Lynette Gilligan for typing the major part of this newsletter.

Deadline for copy for the next issue is Feb 12th. Keep them rolling in. Jo Thornley; 40, Jackson Rd; Matlock (tel 55589)

EVENT REPORTS

Walesby October 20th

Over 500 people turned out on a bright sunny day to pit their wits against what must be called one of NOC's easier areas. Walesby for those of you who haven't been there is flat, runnable (generally) and devoid of any areas of great technical difficulty.

Last year DVD seemed to be dominating the East Midlands club events at least on the longer courses, but perhaps this year things are going to be much harder. Only on two courses did DVD provide the winners both of whom are long standing members of the club. Paul Armstrong won the red course by a margin of nearly six minutes so proving that he's lost none of his speed. John Hurley didn't do quite as well, only winning by nearly five minutes on the blue. All blue competitors had to deal with the added complexity of fallen controls.

On the nine kilometre course, officially described as a training course, the top three were within thirty seconds of one another. This time DVD lost out with Steve Kimberley coming third. Three other members of DVD, Roger Wilkinson Andy Thomson and Dave Brodie were all in the top three. (Ed. are you sure?)

On the shorter courses few of DVD's members were highly placed against the generally much older competition. However most members seemed to enjoy their courses with Jamie Sircom and Kathryn Griffiths both competing on two courses. One last question though, what was Paul Seaston doing missing No.20 on the blue course? Does he always have problems at the end of his courses?

Steve Kimberley

British Night Champs Salisbury November 2nd

Only one DVD member (that I saw anyway) made it to the Night Champs. This was rather a shame, as it was a beautiful night for orienteering, and the courses were not too difficult. Some people criticised them as too easy, but I think night courses should be easy. The skill is in good route choice and accurate navigation, not in hunting for controls in the dark!

Bulford Ranges turned out to be fairly flat open heathland, with several thickets to catch the unwary (I've still got scratches to prove it). Crossing the many rifle ranges in the area involved avoiding numerous concrete fox-holes, and several target areas. However these features were very visible. What was most disconcerting was the bitter cold. My hands nearly dropped off!! The BAOC organisers had managed to think of most things, but apparently heaters can only be indented for after November 2nd.

There were relatively few competitors on M35, and so despite several errors of route choice (i.e. running through rather than round thickets), I won by 2 or 3 minutes. M21A was a much closer affair, the first three being within a minute (and much faster than me!). The winner was John Dowty. As we are putting on the Midland Night Champs in 1986 (Matlock Forest & Environs), I hope some other DVD members will get a bit of Night-O practice in. It is quite a challenge (specially if you like mist, rain and thickets in the dark).

Tony Thornley

The Dove Dale Dash November 3rd

On a cold, frosty morning, the thought of running about 5 miles over hilly terrain, including a charge through the River Dove at the start, was not too appealing to the most warped of minds. However 1,572 runners, joggers and fun runners decided to run in one of the maddest races I've ever seen! 'The Dove Dale Dash' participants included some of the madder members of DVD. Dave Nevell turned up a magnificent 7th place and Steve Kimberley crossed the line in 44th place seconds before I finished in 47th place. John Hurley, the great Marathon runner, finished in 53rd position with Peter Armstrong hard on his heels in 57th place. The winner was Dave Hall of KFRC with John Willoughby of QPH taking 2nd place. When all was taken into account, a great time was had by all, even if a certain lady did decide to test the efficiency of the RAC by locking her keys in her car. Angela Gardener was our first lady finisher, with Lara Dickinson being our second. Other DVD finishers were D Dickinson Jnr D Dickinson Snr, G Johnson, R Shooter, D Walker and I Whitehead.

Mike Jubb

Matlock East December 15th

The weather was kind to us again on Matlock Moor. Neatly 400 people took part. Notable DVD results were P. & A. Ryan first on the White course in 20.57, T. Brodie sixth on the Yellow course in 28.56, Edward Thomas completed this course by himself in 37.36. On the Orange Course P. Berwick and N. Kinnock were first and second (I am sure they would have done the Red course had there been one! G. Collett won the Green course covering 4.3km in 41.50. Brave Dodie won the Blue course with Dougie Dickenson second and John Seaston third. (6.8km in 58.53) Zoe Wilkinson was the fastest DVD lady with a time of 75.37. Terry Farnley won the Brown course covering 9.0 km in 69.05. Judy Berckley was unfortunate to just miss certificate time with her time of 97.58 on the Brown course.

Jo Farnley

FOR SALE

Winit 'O' shoes. Size 10. Worn about 3 times. No reasonable offer refused. Nigel Gilligan Matlock 56347.

TRUE STORY

(from our resident typist)

While out shopping in Chesterfield looking for trainers to fit my dainty size BAA's I looked in despair at the boat-like men's trainer's on display. So I asked the assistant "Have you got any ladies' trainers?" She looked at me blankly for a few seconds and then said brightly "Oh, you mean PINK ones".

WANTED! WANTED!

Tins of undercoat and gloss in blue, red, green and orange. John Birkin is beautifying our orienteering signs and would welcome half-used tins of paint. Contact John on Ripley 49167.

Please let me have your post-code and if possible return your envelope to me at an event or at the next business meeting (29th Jan)
Jo Thornley

THE LITTLE EVENT

Once upon a time there was a little event that decided it didn't like being little. It was advertised as a little training event on the streets of West Derby, but it wanted to be a little bigger. Why couldn't it be a normal event? So it decided to grow.

Firstly it put trees in the way of the competitors. As each one ran past the tree leapt out in front of them. Mickleover is still haunted by it and John Hurley, who lost his fight with it, has never done a night event since (Well, if one tree leaps out at you, what chance have you in a forest?)

Secondly it grew. Well not exactly grew. The streets all got longer. The map said they were at one scale but the event decided otherwise. Anyway to cut a long story short everyone ran twice as far as they expected to. The planner/mapper hastily departed, rapidly followed by a rag-tag bunch of exhausted competitors. Mind, everyone did finish!!

But now here is the crunch - the little event returns. Yes the Derby West Street Event returns. You can see if the wandering tree is ready to get you, or will the map be the right scale this time?

Come and find out on Wednesday 19th February 1986, starting at the Seaston's house - 28 Rangemoor Close, Mickleover. (Mickleover 514000)

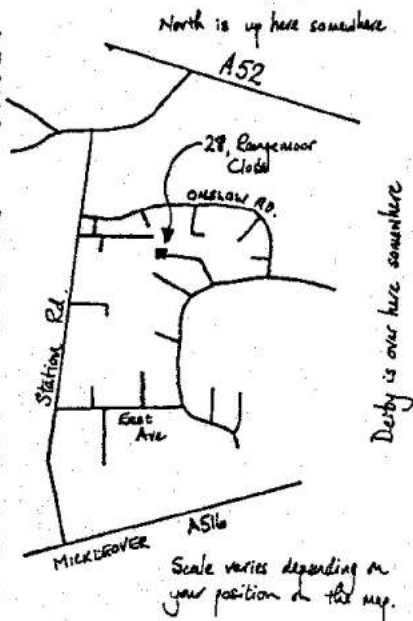
The event will be a 45 minute and a 75 minute score event, starts from 6.45 to 7.30. Everyone welcome.

Any queries contact Mike Gardner (Derby 552117)

Births, Marriages & Deaths

Future success of DVD women's relay team assured!

Congratulations to Val and Graham Johnson whose third daughter Kate was born on November 9th. In a few years time she will make a great team with Hilly and Ruth.



Letters to the Editor

I have received a thought-provoking letter from B.Bog
sorry, A.Marsh.

Editor in Chief, Newstrack Publications Ltd.

Sir,

Is DVD second-rate?

Recently in Derby I dined on fish and chips which were wrapped in the Derby Evening Getelaph. It is well-known that news in last week's paper is always more palatable than that in today's, so having swallowed the last greasy mouthful, I proceeded to devour the written word, which happened to be the Sports page.

.....football, golf, racing, cricket, then a short item headed ORIENTEERING. That strange word rang a bell deep in my sub-conscious as I remembered my Aunt Jenny; because of her I do know what orienteering is. For years my aunt has been an orienteer in thought, word and deed, regularly using the sport as an excuse to have summer holidays abroad in marshy, mosquito-ridden forests in Sweden, East Germany, Czechoslovakia and Finland..... a keen traveller my Aunt Jenny.

In this newspaper report I read that Derwent Valley Orienteers had run a relay round in Derbyshire and finished in second place, 6 minutes behind a score of Mancunians.

This mind-shattering fact prompted me to delve into the past of that heroic and talented band of Derbyshire Orienteers. Weeks of reading followed, from which I discovered that DVD (as they are known to the knowledgeable) came second on the Staffordshire Way relay in 1984, and second in the final of the Compass-Sport Cup run at Strines (must be a mistake that, spelt phonetically, but why call a forest Australians? Perhaps some long-ago Aussie resident once stole sheep off that Pennine moorland??)

Seeing the emergence of a pattern, I researched further, this time in that defunct journal Compass-Sport (alas no longer published, smothered at birth it is rumoured, because of D-notices and national security). On those yellowing pages I discovered that DVD have competed all over Britain, from Darnaway via Hafodgwenllian to Dartmoor, and that their teams had come second in the men's open relay at the 1982 Mammoth, second in the M35 relay at the 1984 JK, and second in W17 at the 1984 British relays.

It is clear that DVD members have perfected their skills, or is it skull-duggery to beat virtually all opposition, yet modestly leaving glory to others..... Can they not face the glare of publicity which comes with winning? Or is it that

at Castle Wilkinson in the staterooms the mantelpieces are too short to accommodate rows of cups and trophies won for first place?

In short Mr Editor (the typist can reliably confirm that this is a mistake), I conclude that with its consistency in the rough and pitted forests of orienteering, DVO is a second-rate club

I remain, sir (wrong again!!), yours in bewilderment,

A.Marsh

P.S. How and where do I become an orienteer, and then how do I become good enough to achieve even second place on any course with more than two competitors?

..... live in Shining Cliff Youth Hostel??

..... train in Markeaton Park with an O-map??

..... get a job with the Forestry Commission, and spend my days brushing the navigationally-difficult Fight areas in Whitesprings??

Bits and Bobs *****

JK RELAY TEAM

If you wish to run, names please to Mike Gardener by 20. 1. 86.tel Derby 552117

HELPERS NEEDED

For Crich Chase (5.1.86) contact D Wilkinson tel Derby 840712.

For Linacre (12.1.86) contact F Mason tel. Matlock 88738

NEW YEAR'S EVE PARTY

Don't forget Brave Dodie's New Year's Eve Party at the Boat House, Golden Valley, Riddings (Leabrooks 605870. Fancy Dress theme Goodies and Baddies. Food and drink £1 a head but please bring a bottle too. Party starts at 9.00. Children welcome. Please let Dave and Marilyn know at least a week in advance.

Junior Page

Colouring Competition

Thank you Chris Gilligan M8, Edward Shaw M5, and Helen Mason W7 for your super entries. The judge could not choose a winner so a Kitkat is on its way to each of you. My daughter Caroline also entered; one of you lucky members received a page 9 that was already coloured in!!

This month's competition is a Word Search. 25 words are hidden in the square below. Can you find them? The competition is open to under 12's. Entries by Jan 31st please.

C	H	A	M	P	I	O	N	S	H	I	P	S	O	Z	H	E	E	O
Y	U	T	R	C	O	N	T	O	U	R	A	P	B	C	G	I	A	P
Q	S	N	I	C	H	E	O	S	U	W	Z	U	S	D	R	N	N	O
M	E	P	O	O	E	S	V	D	E	I	S	R	A	S	P	U	I	N
N	A	O	T	M	L	M	Q	I	F	H	A	B	M	Z	H	P	A	M
L	R	K	E	P	K	I	J	U	N	S	I	L	V	A	S	J	R	O
R	T	I	K	A	A	E	T	P	A	A	S	E	S	V	I	S	R	T
E	H	F	C	S	N	O	I	R	E	D	L	U	O	B	N	M	E	T
L	B	N	I	S	E	P	E	K	C	P	H	Q	R	A	N	T	T	N
L	A	S	H	G	U	L	L	Y	G	S	U	Z	G	S	I	W	I	A
O	N	O	T	R	A	I	R	O	R	H	R	R	A	S	F	O	N	R
R	K	O	P	Y	E	C	E	A	U	A	X	O	N	F	I	G	H	T
T	I	P	A	B	K	U	M	H	E	L	T	S	I	H	W	N	G	N
N	L	B	N	J	D	T	L	L	O	N	K	N	S	H	O	A	P	E
O	A	C	O	E	P	L	A	T	F	O	R	M	E	A	R	Z	I	E
C	F	I	G	F	R	A	P	L	A	N	N	E	R	C	I	R	O	R

Forthcoming Fixtures

Road Race : Sunday 22nd December

At Stanton in the Peak there is an informal 5 mile road race.
Start at 10.30.

Fun Run : Sunday 29th December

Roy Mason is organising the 4th annual Lea Fun Run and Inaugural 10km. Road Race. Start 11a.m. from the John Smedley Factory at Lea Bridge. Entries 50p adult, 30p U-16. EOD or send fee to Roy (Moot Hall, Lea, Matlock DE4 5GH). Entries received after 16.12.85 should collect race nos. etc at registration on the day.

TRAINING EVENINGS

MATLOCK

NB new time 6.00 p.m.

First Wednesday of the month at 40 Jackson Road, chez Thornley.

Third Wednesday of month at Gilligan's, Rock Cottage, St Johns Road. (Ring Matlock S6347 for directions)

DERBY AREA

All at 7.00 p.m.

First and third Wednesday of the month at the Wilkinson's ..20 Castle Hill, Duffield.

Second, fourth and fifth Wednesday at the Buckley's ... 253 Duffield Road, Allestree.

FIXTURES

Unless otherwise stated registration for events opens at 10.00 and start times are available at minute intervals from 10.30 to 12.30. Fees for colour-coded courses are one pound for seniors, 40 pence for juniors. Novices should try the lighter coloured courses first: white, yellow, orange, red. The green, blue and brown courses are designed for experienced orienteers, to be won in 50 to 60 minutes. If you complete a course quickly you can always try the next longest one. Do not wear too many clothes, you often get quite hot once you get going. On muddy days walking boots or shoes with a stud are recommended. You will need a red biro for copying down your course and a compass is essential for making sure your map is Northed.

January 5th

Crich Chase Badge event. Parking Tramway Museum. Shorter colour-coded courses. There is a long walk to the start. Organiser: Debbie Wilkinson. tel Derby 840712

January 11th.

EM LEI Colour-coded event. Beacon Hill
MR 522 148. L. Bramely, 21 Pitsford
Drive, Old Ashley Road Loughborough.
Tel. 236217.

January 12th

Linacre Colour-Coded event. MR 325 733
Organiser: F Mason, The Cottage, West
Bank, Winster. Tel Matlock 88738

19th January

Will Stutely Colour-Coded Stapleford
Woods, Newark MR 860 564 J Hopper, 32 St
Maws Ave Wilford, Nottingham 817538.

26th January

SYD Badge event. Ecclesall Woods,
Sheffield. MR 325 825. A Goddard, 17
Poynton Wood Glade, Broadway, Sheffield.
Tel 352136.

2nd February

George-a Green Open Event. Cotgrave Wood,
Nottingham. MR 646323. D Smalley, 118
Julian Road, West Bridgeford, Nottingham
822095

9th February

LEI Open Event and Club Galloppen. Burbage
Common, Hinckley. MR 449953. P
Broadhead, 29 Roxburgh Road, Nuneaton,
Warks. 0203 383428

16th February

DVD Open Event. Robin Wood, Derby. MR
359253. M Bridges, 22 Clifton
Drive, Mickleover, Derby. Derby 517659.

23rd February

Robin Hood Trophy 1986. Clipstone Forest,
Mansfield. MR 615616. L Hickton, 11
Fabis Dr., Clifton Grove, Nottingham.
Tel Nott. 215735. (£2.00/£0.60) SEF. EDD
for colour-coded courses.

16th March

DVD Badge Event Chatsworth Estate. MR 250
710. D Walker, 6 Malin Close, Alvaston,
Derby. 74003 Colour-coded courses EDD

EOD entry on the day

Open event - a colour-coded event with entry on the day only.
Badge event - Event which is part of National Badge Scheme,
usually one has to enter in advance because pre-marked maps
are provided.

DVD FIXTURES SUB-COMMITTEE

At the November business meeting it was proposed that a fixtures sub-committee should be formed. The aim of this is to try and have our fixtures planned well in advance, to avoid clashes with neighbouring events and to avoid choosing dates for events which might be unsuitable for a given area. This sub-committee will be formed at the business meeting on Wednesday, 29th January. If you would like to be on the committee or have views about it please come to this meeting.

Proposed terms of reference

Constitution: Club Chairman (ex-officio)

4 club members elected annually at the AGM

(or 3 plus the EM fixtures secretary if this office is held by a member of DVD)

1. To elect a chairman (not necessarily the club chairman) who will convene meetings as required and at a time and place convenient to sub-committee members (e.g. Wednesday evening) and who will chair the meetings.
2. To elect a secretary who will report the recommendations of the sub-committee to the business meeting immediately following the sub-committee meeting.
3. To meet four times a year possibly in March, June, September and December.
4. To recommend to a club business meeting venues and dates for all Open, Badge and National Events and other events as requested by club business meetings. Recommendations for Open, Badge and National Events to be made at least 12 months in advance.

Midlands Night Championships 1986

DVD/Tony Thornley has agreed to stage the Midland Night Championships on Matlock Moor on the 9th November 1986. Originally this event was to have taken place in 1987. We intend to stage a Badge event on the following day. Major officials will have to be appointed soon, in particular two Race Day Organisers and a Day event planner. Tony will also need help preparing a new map. Please let Tony or Jo know if you are interested.

This article was cribbed from the Walton Chasers' Newsletter, Attack Point.

How seriously do you take your running?

You are serious about your running when.....

While running you stop your watch at a red light

The doctor says to stay off your feet-
You swim

You hang up a Mary Decker poster in your bedroom

You instantly spot a lit cigarette in a restaurant

You've heard of fartlek

You look forward to your next issue of Running more than Playboy

People think your house smells like a locker room

You know how to pronounce Adidas correctly

You double knot your dress shoes

Half your laundry consists of T shirts

You refer to pigging-out as carbo-loading

You wear your running shorts all day

You stretch while you are on the phone

You have no trouble converting kilometres to miles

You've gone overboard when.....

You don't stop at red lights

You run anyhow

You hang up a Greta Weitz poster

You threaten to smash the smoker's head in

You do fartlek

You think that the women are more attractive in Running than Playboy

People don't come up the drive because of the smell

You know how to pronounce Saucony

You no longer own any dress shoes

You stop doing any laundry

You start pigging out at carbo-loading dinners

You wear your running shorts all night

You run while you are on the phone

You no longer convert kilometres to miles