



# NEWSTRACK MARCH 2011



**I'll give 'em 'Building, north west corner' !!**

**Newstrack is the magazine of Derwent Valley Orienteers**

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## **Editor's Opener**

Welcome to the March 2011 issue of Newstrack. Spring is pretty much upon us and brings with it a fine assortment of contributions, including reports from the Burns Weekend and British Night Championships, as well as thought-provoking articles on green transport and a cunning alternative to "half moon" O-specs. Community O gets an enthusiastic mention in the context of the proposed satellite club based in Matlock. I do hope that comes about, and wish it every success.

Very big thanks to all contributors for making this a fairly bumper issue. If you are putting thoughts together for the next issue, the deadline for contributions is May 15<sup>th</sup>.

## **Sports Personality of the Month**

This really has to go to Graham Johnson. Who else would set off for an open meeting knowing that it was in a pub in Cromford but not knowing which pub? Graham was relying on a sort of score event format visiting every pub till he found where he should be. Very fortunate that he found our editor in the second pub he visited - mind you that was not the open meeting venue but at least it provided a short cut to the correct pub!

Get your nominations to the editor for the next issue.

## **Congratulations to...**

Harriet Lawson (W17), Judith Holt (W60) and Nathan Lawson (M14) who all won their courses at the Interland, with Liz Godfree 5th on W60. Great results!

## **O Tops**

Steve Kimberley has a stock of the non-mesh DVO orienteering suit tops, various sizes, at £20 each. Please contact Steve for these (lazyorienteer@gmail.com).

## DVO Teams

## JK Relays

These are the suggested teams for Monday 25<sup>th</sup> April. Doubtless they will change many times. If your name does not appear and you want a run let me know as soon as possible. Conversely if your name is here, and you don't want to run, the sooner you tell me the more chance I have of getting a substitute; otherwise the club expects you to pay the full fee just like any other pre-entry. When you run the club pays half your fee. Teams run long/short/long (see event details). Team order is open to negotiation.

<b>M165+</b>	<b>M120+</b>	<b>Men's Short</b>	<b>W165+</b>	<b>W165+</b>
Mike G.	John D.	Stuart S.	Liz G.	Val J.
Derek G.	Steve K.	John C.	Judith H.	Jen G.
Graham J.	Dave L.	Ranald M.	Ann-Marie	Viv M.
<b>Women's Short</b>	<b>M48-</b>	<b>Mini</b>	<b>Mini</b>	
Michelle M.	Nathan L.	Joe U.	Rachel D.	
Rebecca P.	Amy K.	Sarah D.	Peter M.	
Katie S.	Harriet L.	Louis F-P	Ben M.	
Reserve Anne K.				

## Irish Relays

Again, suggested teams but these can change. This time it is points-based. We're aiming for the 18+ point class, the most senior, given the number of older members going. Teams run long, medium, short like an ad-hoc, in an order set by the organisers (so not as listed here).

Mike (6)	Graham (5)	Derek (7)	Ranald (5)	
Steve (4)	Judith (8)	Val (6)	Jen (8)	
Liz (8)	Amy (5)	Viv (7)	Anne (6)	
<b>18 pts</b>	<b>18 pts</b>	<b>20 pts</b>	<b>19 pts</b>	

Reserve John Cooke (7 – so can substitute almost anyone)

## British Relays

The British Relays are at Tankersley near Sheffield on 15<sup>th</sup> May. Being even closer than last year's event for many of us we should have a good club turnout. Graham is co-ordinating this one so get your names to him (gmjandfam@aol.com) with BOF number and SI

card number before 1<sup>st</sup> April so we can take advantage of the cheap entry.

### **Harvester Relays**

Eccleshall Woods, Sheffield on 16/17<sup>th</sup> July. Starts from around midnight, i.e. night into dawn, daylight if your team is slow. I already have enough names for 1 five man team but we should be able to get at least another 5 man or even all women team. Let me know if you can run, especially if you can run a night leg.

### **Footpath Relay**

Almost certainly Saturday 25<sup>th</sup> June. This year a 10 person (rather than 20) handicapped team based at Thorpe, with legs of varying length. We should be able to put a good team together. Let me know if you can turn out for the club and when I have a team I will allocate legs that you will need to recce before the day.

**Liz Godfree** ([Liz.Godfree@btinternet.com](mailto:Liz.Godfree@btinternet.com), 01335 346004)

### **“Spot the POC marker” competition?**

No, just a note from number 12, Cromford Moor to say “I’m back. I’ve been replaced!”





## Cars and Parking, Green Issues and Trains

Finding suitable car parking area for an orienteering event can be difficult. DVO has a set of "Land Access Negotiators" assigned to each area, whose job is to gain permission to use the area and to find suitable car parking areas. The latter task can be the most difficult. How many cars are going to come to the event? Will the area be hard standing? What will be the car park fee? Will it go to charity or the landowner? Is the car park close to the event area and is the route safe?

It is interesting to note that the number of orienteers per vehicle has dropped over recent years from between 2 and 2.5 people per car to between 1.5 and 2 people per car. For example the recent Shining Cliff event scored 1.6 people per car. Are we less willing to share than in previous years or are there fewer juniors accompanying their parents?

Some parking areas are lost at the last minute due to inclement conditions. Climate change is here, and with warmer wetter weather a field that was rock hard some months earlier can become a brown muddy skating rink by the time of the event. Other car park areas, once owned by local businesses, are now owned by large national companies who do not want to deal with local matters or who erroneously quote our more litigious society for not allowing their empty land to be used.

Finding suitable car parking for the Crich event has proved more difficult than usual. There will be 5 car parks "loaned" to us by local companies. The cost to all will be £2 a car; the money going to charity. The largest car park will 1km from the assembly.

Parking for about 150 cars - we expect 180 - Oh Dear!

Thus DVO are encouraging its members and all competitors to consider using alternative means of transport. Fortunately Ambergate railway station is only 150m from the assembly area, and there are suitable services from Sheffield, Chesterfield (with a change at Derby), Nottingham, Derby and Matlock arriving at a reasonable time. The Trans Peak bus from Buxton also arrives at a reasonable time. With "Four for the price of Two" rail tickets, and children only paying £1 return, this is viable option (Group Save Option). DVO are also providing a secure storage area for bicycles; the DVO depot. There will be tents provided for those who don't come by car.

Anyone arriving by means other than by car will receive a £1 discount on their race fee (seniors only). Shine those green halos and receive a reward too!

The problems experienced for the Crich Chase event will occur at other events, with car parking a major issue. Car travel, for all its speed and convenience, is expensive and getting more so.

Do we need to consider the following:

On Sundays bus travel is even poorer than on a weekday. Trains do not run early in the morning. The first train to Ambergate (for Crich Chase) for example does not arrive until 10-16am. There are no connections from Stoke, Birmingham or Leicester.

- So should we, when daylight permits, run our events later into the afternoon to allow travel from further afield?
- Should we retime our evening events. Recently a Night Street O started in Belper at 7pm. Trains got into Belper at 6-58pm from the north and 7-02pm from the south. Should we have considered a 7-15pm start to allow travel to the event by public transport?
- Should we try to provide secure bicycle storage at events?
- Should we provide changing/storage tents for those not coming by car?
- Should we provide details of suitable services to events including times and fares in event information as a normal practice?
- For larger events should we consider a minibus to transport competitors to the venue from a bus stop or railway station?
- Should we consider colour-coded events in the late afternoon and evening in May, June and July?
- Should the car park fee for single occupancy cars be different to that charged for multi-occupancy cars?
- Should car-sharing be encouraged, with a message board on the website?

Have you any ideas?

Send your innovative ideas to the DVO Chairman or to Newstrack.

**Paul Wright**

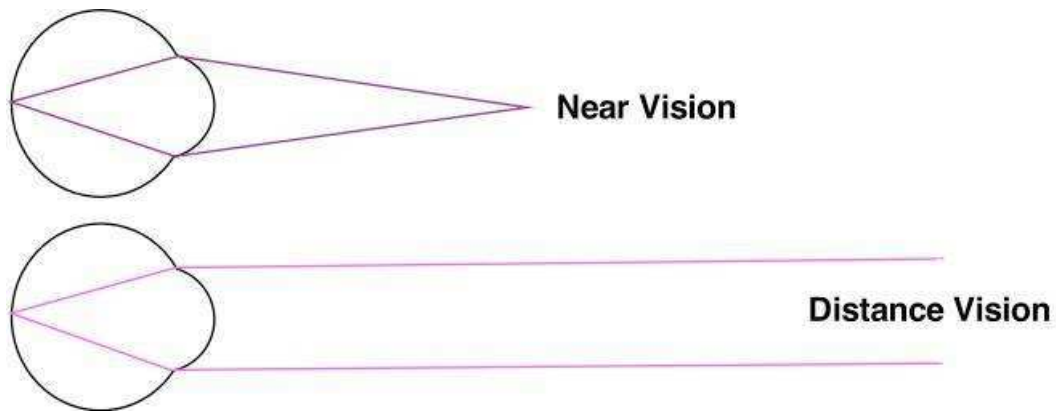
## Eyesight Revolution!

As a returner to orienteering just over two years ago, I observed many positive changes to the sport in the time I had been away. The move into the age of the microchip had seen the introduction of dibbers and download. Results were now posted on a website the same day as the event and gone were the days of kneeling on a wet forest floor to mark up your course, as pre-printed maps were now the norm.

After a break of around 14 years though, not all changes were quite so positive. My age class had leapt from being W21 to W45 and "old age" meant that I could no longer clearly see enough detail on maps at a scale of 1:10000 or smaller. This didn't matter too much at first. My fitness was such that I needed to stop at regular intervals anyway and the excuse to take time to focus on my map also gave me a breather. However as my fitness improved frustration set in! I was missing features, misreading control numbers and confusing contour lines for paths. My distance sight was fine and so my normal reading glasses would make my distance vision blurred. A chat with Mrs Godfree went partly towards solving my problem. She recommended the half moon magnification glasses sold by retailers at events. Worn on the end of the nose, you can see over them for distance and look down through them for map-reading. Running in them for the first time took some getting used to – especially going downhill. The ground often came up to meet me much sooner than I had anticipated and I soon learnt to look over my glasses a little further down the path. Perseverance paid off and they soon became as essential a part of my orienteering kit as my compass.

Until the Lakeland 5 Days last summer. Day 2 (Tarn How and Guards' Wood) was a wash-out. I set off on my course and within minutes my glasses had steamed up and I couldn't see a thing. They became smeared as I wiped them with muddy hands; and I resorted to squinting at the map without glasses just to get myself around the course.

The following day I was discussing my predicament with Dave and Jane Booker from NOC. They shared their secret of "Monovision." By wearing one contact lens to help with reading the map, the other eye is left to manage the distance vision. There is obviously some compromise, with neither near nor distant vision operating at its best, but for most people their brain eventually works out what is happening. I wanted to try this for myself.



I took a particularly detailed map (Caw) to Boots opticians in Derby and explained my problem. They tested my eyes and gave me a trial pack of lenses and made another appointment for a month later. At first, it was a rather strange feeling; but each time I tried it I got more and more used to it. I now use them for night orienteering and can even use them to read 1:25000 maps.

Monovision may not be suitable for everyone, but it's been a revolution for me.

**Kim Buxton**



## Community O in Matlock?

I will start by introducing myself. My husband John and I have recently joined DVO after orienteering in the East Midlands for over 20 years. It was supervising an EMJS event 18 years ago that led us to get together and marry. My retirement last summer provided us with an opportunity to move to an area with better orienteering terrain. With a son in Sheffield and an ongoing commitment to Leicester City Football Club, what better compromise than the Matlock area? We already knew many DVO members from our frequent sheltering in the DVO club tent at major events at home and abroad. We have had a fantastic welcome and already feel part of the DVO community.

Over the past few years I have been involved in a number of initiatives to increase participation in orienteering. When I was first introduced to the idea of club nights with 'orienteering activities' I struggled with the fact that they are not orienteering as I had known it. However, since then I have been involved in starting up a couple of regular clubs and seen how effective they can be in involving people, particularly families, in the sport.

At first I measured success simply by how many club members went on to orienteer, as I like to do, at Club and Regional events. Some have, but by no means all. Now I have realised the value of the people who never want to progress beyond the very local opportunities but provide a 'critical mass' to make the activities enjoyable and worthwhile for those who do go on to get more involved.

I also had some doubts about 'orienteering activities' rather than doing a 'proper' orienteering course all the time. Training to be a coach, and attempting to improve my own performance has made me aware of how useful an activity which focuses on just one skill can be, whether it is physical, technical or psychological. I have also been impressed by how much fun people can get out of simple orienteering activities presented appropriately. Most striking was seeing a dozen Territorial Army Cadets enthusiastically completing a star exercise presented as a competitive relay. They were practicing quickly orientating the map under pressure.

I am as conscious as the next person of the costs (to myself and the environment) of too much car travel. The more local opportunities we can provide to introduce people to orienteering the better.

In the light of all this I was pleased to find that there are already members of DVO exploring the idea of Community O in Matlock. If anyone else is interested please let me or Viv Macdonald know.

**Judith Holt** (jholtcooke@btinternet.com)

### **A brief request about Shipley Park...**

I do a bit of mapping for the club, and I wonder if any DVO Members who are also members of Derbyshire Wildlife Trust could possibly contact me. I am simply collecting numbers, hoping that a big number may help in negotiations over access to an area of Shipley Park where they have extended their Reserve.

Thanks,

**Andy Hawkins** (a.hawkins517@ntlworld.com)

### **Early Notice of Club Champs and Annual Dinner**

This will be on Saturday 1 October 2011. The Championships will be at Ilam and the dinner at Wirksworth Town Hall (format to be decided - any suggestions would be welcome). Please put this date in your diary. More details will follow.

**Viv Macdonald** (viv.macdonald@btinternet.com)



## British Night Championships

There are those who hold that night orienteering is the true sport and orienteering in daylight is merely training for the real thing. Being able to see only as far as your headlight can reach in the direction it is pointing certainly makes you concentrate on good technique. Setting off from an unknown point on a path into the forest on a vague bearing expecting to find something to guide you into the control is a recipe for disaster.

It is some years since I last competed at a British Nights. Since I have needed to wear glasses to see the map the combination of headlight, glasses and hat never seem to work well. My main memories are of nights so cold that at the end my shoe laces were frozen and of headlights that always seem to fail, or of the depth of shadows on the ancient ridge and furrow ploughing in Allestree Park making footfall very uncertain. In the past the reflection of a headlight on a bagged map made reading the map difficult; at least the advent of waterproof maps printed on matt paper has removed that problem.

However the combination of the prospect of UK Masters Cup points and the proximity of Bentley Woods tempted me to try again. I surprised a few dog walkers on the Tissington Trail trying out old headlights on training runs or cycles in preparation. After a day of heavy rain the evening started well as I drove into dry weather around Lichfield. With the temperature in double figures there was definitely no need of a hat. Even finding I had picked up two left shoes was not a problem as I keep an old pair of Walshes in the car for just such an eventuality.

The first control was a good reminder of the care needed at night. Going beyond to the path junction would be more certain, a direct line might be quicker if it worked. The bracken was low but concealed a lot of fallen branches. The splits show some surprisingly long times so maybe my direct route was lucky. For me path running was the order of the day, however following some of the paths was not always straightforward. Several times I went around a 100m square when I missed controls. Other times I was very lucky and controls turned up just where they should or another headlight shone on a control at just the right time. By the end I felt that I had had a competent run but with several one minute errors where I had taken less care than I should. Even the EMIT controls are less of a problem at night as the red flashing light shows up much better. Of course the results tell a slightly different story! Obviously I am not suicidal enough to run at speed through the

terrain in the dark. There is a large spread of times and I would have needed to gain 7 minutes to go up just one place, but 11<sup>th</sup> out of 22 finishers is still more Masters Cup points than I am likely to get at any of the other events. This is probably one branch of the sport where investment in equipment really does pay off. Some of the Trinity House jobs that overtook me made it look as if my meagre headlight had gone out!

But it was a most enjoyable evening. Apparently numbers were up on previous years as competitors seem to be encouraged by the Masters Cup designation. After a winter like this no-one could have predicted such a dry warm early February night.

Next winter give night orienteering a go. DVO's Allestree Park event (cancelled in December because of the snow) will be a good taster – never totally dark because of the sodium glow so just a hand torch to read the map will get you round. You can't stray beyond the confines of the park and good technique will be rewarded.

**Mike Godfree**

## **Orienteering in Edinburgh – a cautionary tale**

It was called Burns Weekend, a 2-day event put on by Edinburgh University Orienteers in January. The first day was a sprint round Edinburgh City and the second a cross country race on Holyrood Park. Surprisingly there were only four of us from DVO, the Gales and the Macdonalds. Perhaps others were better informed!

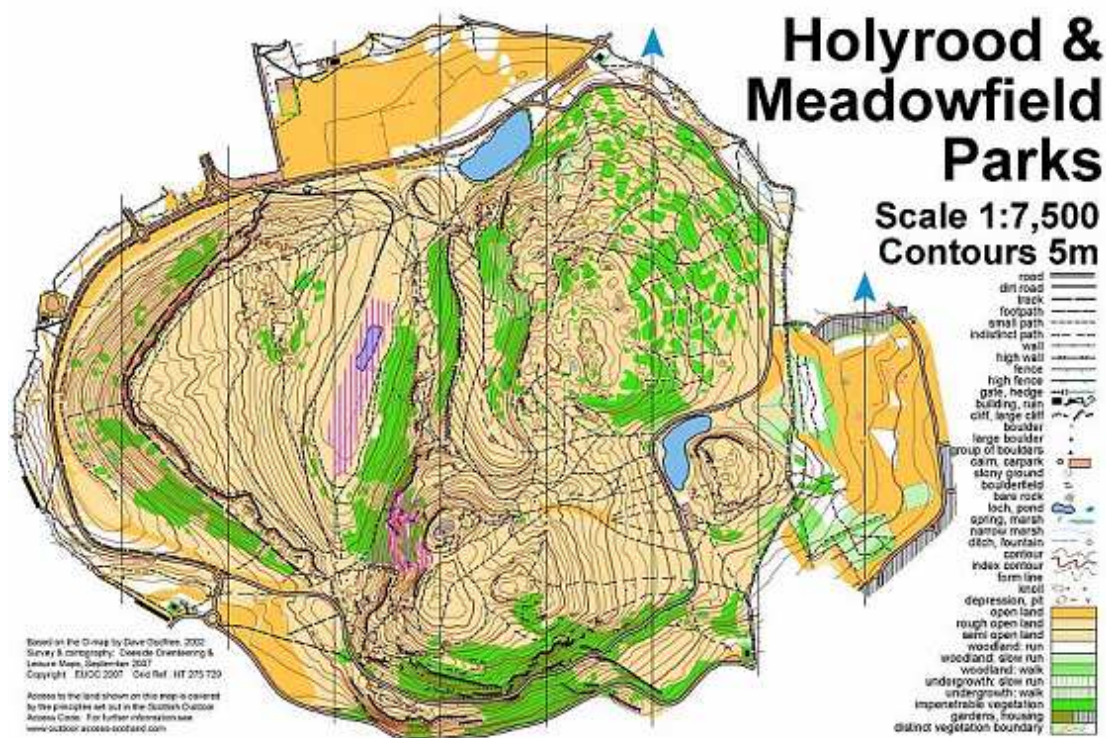
Day one, which was also the first round in the Master's Cup, was very enjoyable. It was decidedly challenging, with lots of route choice and shoppers to dodge, and the weather was even kind to us. With only five other W65s I actually managed to score maximum points in the Master's Cup.

We should have stopped there, but no! Even after seeing that the Green was 4.3k with 320m climb - and Derek mistakenly entered the Blue (6.6k/360m climb!) - we still turned up on the Sunday, albeit with some trepidation. Big mistake.

At least the other three DVOs clocked all their controls and in a respectable time, even though Derek had to do some hairy rock scrambling in the process, his punishment for being a little off line. I'd climbed to the first control, and then up again to my second with a sigh of relief, hoping that was most of the climb done. Then I found myself standing on a very steep slope, with one crag below me and another to my left with my knees shaking (I'm not keen on heights). I knew my control was either on the crag below, or round the crag to my left; either way I wasn't prepared to go and look, so that was me disqualified.

Now, you might have supposed that I would give up at that point, or at least later when I realised the sadists were going to send me way down, only to climb up again, or give up when they repeated the exercise, or on my third route attempt between two controls, having abandoned the first two as too hairy. But no, I soldiered on to the end, even when the only way I was prepared to get down to my penultimate control was in the sedentary position. Add to this that the whole area was full of Sunday tourists who found our antics extremely amusing and you may get some flavour of the experience.

Half my fellow W65 runners had more sense than to stay for the Sunday, so there were just three of us, but at least the other two completed, even if, like me, they took over 90 minutes. So, in conclusion, I would advise those of you of a more mature age to give careful consideration to participating in events planned by young, fit students, who don't understand about aging limbs.



**Jen Gale**

## **A wee Edinburgh jokie (supplied by Ed., with apologies for its general dreadfulness)**

An Englishman is being shown around an Edinburgh hospital. At the end of his visit, he is shown into a ward with a number of patients who show no obvious signs of injury. He goes to examine the first man he sees, and the man proclaims:

Fair fa' yer honest, sonsie face,  
Great chieftain e' the puddin' race!

The Englishman, somewhat taken aback, goes to the next patient, and immediately the patient launches into:

O wad some Power the giftie gie us  
To see oursels as ithers see us!

This continues with the next patient:

Wee sleekit cow'rin tim'rous beastie,  
O what a panic's in thy breastie!

"Well," the Englishman mutters to his Scottish colleague, "I see you saved the psychiatric ward for the last."

"Nay, nay," the Scottish doctor corrected him, "this is the Serious Burns unit."

## Oursels as ithers see us?

Our thanks are due to Mike Godfree for supplying this curious snippet from The Times, reminiscent of the IKEA orienteering described in an earlier issue of this publication (Dec 2009).



## Rocky Knoll Recommends

Well, the last list of recommendations was well off target with the bad weather. Hopefully that is now behind us and more of the events on this list will take place as planned.

**12<sup>th</sup>/13<sup>th</sup> March** is the JOK Chasing Sprint followed by the **Southern Championships** near Henley-on-Thames. Well worth the weekend away.

**19<sup>th</sup> March** sees another chance to run in Derbyshire without having to help, with SYO running an urban event around Hathersage – not sure how they will cope with traffic issues.

**26<sup>th</sup> March** sees the start of DVO's Summer Series with an event at Buxton Pavilion Gardens – watch out for many more low key events this summer around Derbyshire.

The following day (**27<sup>th</sup> March**) Walton Chasers are staging the 1<sup>st</sup> ACE Regional Event at Sherbrook.

**3<sup>rd</sup> April** is the East Midlands Championships staged by LEI at Cademan Woods.

It will only appeal to the serious but the **9<sup>th</sup>/10<sup>th</sup> April** is the **British Sprint Championships** and the **British Middle Distance Champs** in Sussex.

Then on **16<sup>th</sup> April** we have a new (tiny) area in the centre of Matlock with Crich Chase the following day.

**Over Easter** there is of course the **JK** in Ireland – don't forget the closing dates for this and the Irish the following May Day weekend.

**7<sup>th</sup> May** sees a return of Micro O with a local event at Ilam. The light green course features a hectic run around the trees on a 1:700 scale map – can you cope with only 10 seconds between controls?

Keep an eye on closing dates for the **British Championships at Wharncliffe** on **14<sup>th</sup> May**. Given that again this year they are about as close as they can be for us why not give it a go? Not many sports give you the chance to run at the same event as the best in your age group for the national championships.

## **DVO Summer Programme 2011 (Incorporating Summer Series Competition)**

The Club's Development Committee have held discussions around introducing newcomers to our sport and attracting new members for DVO. The discussions have led, amongst other things, to the aim of staging one basic event per week for the months of April to July (inclusive).

On Wednesday and Friday events we have start times from 6.30 until 7.30. Saturday events will have 10.30 until 11.30 start times. We will be using some familiar areas, plus several new ones.

Each event will have three courses:  
Simple - White/Yellow level  
Medium - Orange level  
Challenge - Creative thinking encouraged!



The majority of the events will count towards the Summer Series Competition (marked \* in the list below), which will have several categories:

- From the White/Yellow course - Twelve and under (Boys and Girls competitions)
- From the Orange course - Any age (Male and Female)
- From the Challenge - Any Age (Male and Female)

A prize will be awarded to the winners.

At every event there will be Coaches to help beginners and developers.

Scout and Guide groups that are local to each event area will be contacted and invited to 'book-in' for coaching and training.

As yet the full programme isn't ready to be published. However the following are already arranged:

### **April**

- Sat 9<sup>th</sup> Poolsbook Country Park \*
- Weds 13<sup>th</sup> West Park School, Spondon, Derby \*
- Sat 16<sup>th</sup> Hall Leys Park, Matlock \*
- Weds 20<sup>th</sup> Darley Park, Derby \*
- Sat, 30<sup>th</sup> Rosliston Forestry Centre, South Derbyshire \*

### **May**

- Weds 4<sup>th</sup> Repton School, South Derbyshire \*
- Sat 7<sup>th</sup> Ilam Country Park \*
- Fri 13<sup>th</sup> Oakwood Street event, Derby
- Fri 20<sup>th</sup> Allestree Park, Derby \*

### **June**

- Weds 1<sup>st</sup> John Port School, Etwall \* (Plus a bike O)
- Fri 3<sup>rd</sup> Bakewell Street event
- Sat 11<sup>th</sup> Shipley Country Park
- Weds 15<sup>th</sup> Hall Leys Park, Matlock \*
- Fri 17<sup>th</sup> Buxton Pavilion Gardens \*
- Weds 22<sup>nd</sup> Markeaton Park, Derby \*

### **July**

- Fri 1<sup>st</sup> Elvaston Castle, Derby \*
- Sat 2<sup>nd</sup> Swadlincote Woodlands, South Derbyshire \*
- Fri 16<sup>th</sup> Queens Park, Chesterfield \*

As you can see 'variety is the spice of life'. We could do with lots more offers for planning, organising, coaching and general helping. Please try to offer something, no matter how small, to either Mike Gardner 01332 665671 [Mikegardvo@sky.com](mailto:Mikegardvo@sky.com) or me Rex Bleakman 01283 733363 [rexbleakman321@btinternet.com](mailto:rexbleakman321@btinternet.com) Updates will be on the club website and e mail groups.

## Other Fixtures for your diaries...

### March

- |      |                         |  |
|------|-------------------------|--|
| 26th | EMOA<br>LEI<br>Level D  | <b>LEI Spring Series 5</b> , Groby Leicester, SK501065<br>Organiser: Alan West, 0116 2601689 Entry On Day: Senior £1.00, Junior £1.00, Student £TBC. Start Times: 11.00 to 12.00 noon <a href="http://www.leioc.org.uk">www.leioc.org.uk</a> .   |
| 26th | EMOA<br>DVO<br>Level D  | <b>Buxton Pavilion Gardens</b> , Buxton Pavilion Gardens Buxton, SK056734<br>Organiser: Kirsten Williams. Entry On Day: Senior £3.00, Junior £1.00, Student £1.00. Dogs: No restriction Start Times: 10.00 to 13.00.   |
| 27th | WMOA<br>WCH<br>Level C  | <b>The 1st CHASE ACE Event, Regional &amp; WMOA League 2</b> , Sherbrook and Wolseley, Cannock Chase Cannock, SK009203<br>Organiser: Tracy Craig, 01785 241224 Entry On Day: Senior £10.00, Junior £2.00, Student £2.00. No dogs allowed. Start Times: 10.30 to 12.30. The Chase Ace competition will be judged by using fastest km for each course/class. |
| 27th | NEOA<br>NATO<br>Level A | <b>Northern Champs National Event &amp; FCC Race</b> , Ray Demesne Newcastle, NY963864<br>Organiser: Patrick Smyth. Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. <a href="http://www.newcastleorienteing.org.uk">www.newcastleorienteing.org.uk</a>   |
| 27th | EMOA<br>LEI<br>Level C  | <b>EMOA League Event</b> , Martinshaw & Ratby Woodlands, Leicester, SK518070<br>Organiser: Roy Denney Entry On Day: Senior £8.00, Junior £2.00, Student £TBC. Dogs: On Lead in Car Park, Start Times: 10.30 to 12.30 <a href="http://www.leioc.org.uk">www.leioc.org.uk</a>  |
| 30th | EMOA<br>DVO<br>Level D  | <b>Crich Street O</b> , Crich Matlock, SK350542<br>Organiser: Paul Wright, <a href="mailto:cpstwright@tiscali.co.uk">cpstwright@tiscali.co.uk</a> , 01773 856387<br>Entry On Day: Senior £TBC, Junior £TBC, Student £TBC   |

## April

- 2nd EMOA **Nottingham University Sprint**, Nottingham University,  
NOC Nottingham, SK540385  
Level C Organiser: Nicholas Evans, 01636 813058. Online entry  
through [www.fabian4.co.uk](http://www.fabian4.co.uk). Entry On Day: Senior £9.00, Junior  
£2.50, Student £2.50. Start Times: 10.30am to 12.30pm. No  
pre-allocated start times. [www.noc-uk.org](http://www.noc-uk.org)
- 2nd EMOA **LEI Spring Series 6**, Martinshaw Leicester, SK501065  
LEI Organiser: Jonathan Law, 01509 263247 Entry On Day:  
Level D Senior £1.00, Junior £1.00, Student £TBC. Start Times: 11.00  
to 12.00noon [www.leioc.org.uk](http://www.leioc.org.uk)
- 3rd EMOA **LEI Regional Event**, Cademan & Thringstone Woods,  
LEI Whitwick, SK435175  
Level B Organiser: Chris Phillips, [onecphillips@lineone.net](mailto:onecphillips@lineone.net). Postal Entry:  
EMOA Champs, 63 Loughborough Road, Quorn, Leicester., LE12  
8UD. Cheques payable to Leicestershire Orienteering Club.  
Entry On Day: Senior £14.00, Junior £5.00, Student £5.00,  
Dogs: On lead Start Times: 10.30am to 12.30pm [leioc.org.uk](http://leioc.org.uk)
- 5th EMOA **Beacon Hill - Summer League 1**, Beacon Hill Loughborough,  
LEI SK510147.  
Level D Organiser: Peter Leake Entry On Day: Senior £5.00, Junior  
£1.00, Student £1.00, Dogs allowed. Start Times: 6-6.30 pm  
[www.leioc.org.uk](http://www.leioc.org.uk)
- 14th EMOA **Loughborough University - Summer League 2**,  
LEI Loughborough University, Loughborough  
Level D Entry On Day: Senior £TBC, Junior £TBC, Student £TBC.  
[www.leioc.org.uk](http://www.leioc.org.uk)
- 17th YHOA **SYO Regional Event**, West Haigh Barnsley  
SYO Entry On Day: Senior £TBC, Junior £TBC, Student £TBC.  
Level C [southyorkshireorienteers.org.uk](http://southyorkshireorienteers.org.uk)
- 17th EMOA **DVO Regional Event & EM League**, Crich Chase Matlock,  
DVO SK345530  
Level C Organiser: Paul Goodhead, [pvg@repton.org.uk](mailto:pvg@repton.org.uk), 01283 559215.  
Entry On Day: Senior £8.00, Junior £3.00, Student £3.00.,  
Start Times: 10:30 - 12:30
- 21st EMOA **Summer Series 2/9**, Ostlers Plantation Woodhall Spa  
LOG Entry On Day: Senior £TBC, Junior £TBC, Student £TBC.  
Level D [www.logonline.org.uk](http://www.logonline.org.uk)
- 22nd- NIOA **Jan Kjellstrom Orienteering Festival 22nd JAN**  
25th **KJELLSTROM ORIENTEERING FESTIVAL**, Stranmillis  
Level A University College, Belfast  
Organiser: Stephen Gilmore, [Stephen.Gilmore@btinternet.com](mailto:Stephen.Gilmore@btinternet.com)  
No Entry On Day. Entries Close: TBC, No dogs allowed. Start  
Times: 1400 to 1800 <http://www.jk2011.org.uk>

- NIOA     **23rd JAN KJELLSTROM ORIENTEERING FESTIVAL**, Tyrella, South Downpatrick  
 Organiser: Colin Henderson, colin.henderson@gmx.co.uk No Entry On Day. Entries Close: TBC, No dogs allowed. Start Times: 1000 to 1400. <http://www.jk2011.org.uk>
- NIOA     **24th JAN KJELLSTROM ORIENTEERING FESTIVAL**, Slieve Croob, Ballynahinch  
 Organiser: Colin Henderson, colin.henderson@gmx.co.uk No Entry On Day. Entries Close: TBC, No dogs allowed. Start Times: 10.00 - 14. <http://www.jk2011.org.uk>
- NIOA     **25th JAN KJELLSTROM ORIENTEERING FESTIVAL**, Tyrella South Downpatrick  
 Organiser: Wilson McAlister, wilson.mcalister@jti.com No Entry On Day. Entries Close: TBC. No dogs allowed. Start Times: 1000 to 1110 <http://www.jk2011.org.uk>

## May

- 5th     EMOA     **Summer Series 3/9**, Chambers Farm Woods, Bardney  
 LOG     Entry On Day: Senior £TBC, Junior £TBC, Student £TBC.  
 Level D     [www.logonline.org.uk](http://www.logonline.org.uk)
- 7th     WMOA     **West Midland Schools Championships**, Park Hall Country  
 POTOC     Park Longton, Stoke on Trent, SJ930447  
 Level D     Organiser: Gareth Lloyd, gjlo@btinternet.com, 01889 271940  
               Postal Entry: Gareth Lloyd, 14, Pellfield Court, Weston,  
               Stafford, ST18 0JG, 01889 271940, salgjl@btinternet.com.  
               Cheques payable to POTOC. No Entry On Day. Entries Close:  
               TBC. No dogs allowed. [www.potoc.dandasparks.org.uk](http://www.potoc.dandasparks.org.uk)
- 8th     EMOA     **Colour Coded Event**, Harlow Wood Mansfield, SK550568  
 NOC     Organiser: Eva Wheeler Entry On Day: Senior £TBC, Junior  
 Level D     £TBC, Student £TBC. [www.noc-uk.org](http://www.noc-uk.org)
- 13th    YHOA     **BOC Training Event**, Wharncliffe Sheffield, SK312969  
 SYO     Organiser: Peter Gorvett, 01433 630271 Entry On Day: Senior  
 Level D     £TBC, Junior £TBC, Student £TBC.  
               [www.southyorkshireorienteers.org.uk](http://www.southyorkshireorienteers.org.uk)
- 14th-   YHOA     **British Orienteering Championships 14th Individual**,  
 15th    SYO     Wharncliffe and Greno Woods, Sheffield, SK323955  
 Level A    Organiser: Martin Ward, martinandlesley@blueyonder.co.uk,  
               0114 220 9553 Entry On Day: Senior £TBC, Junior £TBC,  
               Student £TBC. [www.boc2011.org.uk](http://www.boc2011.org.uk)
- YHOA     **15th Relays**, Tankersley Woods, Sheffield/Barnsley, SK343980  
 Organiser: Richard Wren. Online entry through  
[www.fabian4.co.uk/](http://www.fabian4.co.uk/) No Entry On Day. Entries Close:  
 01/05/2011. Senior £TBC, Junior £TBC, Student £TBC. No  
 dogs allowed. Start Times: 9:45 - 12:00 [www.boc2011.org.uk](http://www.boc2011.org.uk)