



*NEWSTRACK*

*OCTOBER*

*1991*



*DVO Membership  
increases yet again!*

*Congratulations to the  
Whitehead Family  
on their new addition*

*ALEX*

*(well done mum)*

# DVO OFFICIALS

Chairman	: Steve Kimberley	10 Victoria Street Brimington, Chesterfield 0246 233575
Secretary	: Christina Wright	4 Ripley Road, Ambergate, 0773 856387
Treasurer	: Dave Clough	The Croft Park Street, Alfreton 0773 833059
Minutes Secretary	: Viv Macdonald	The Cottage Cockshead Lane Two Dales, Matlock 0629 734307
Newstrack Editor	: Alex Campbell	3 Gorsey Close Belper 0773 822572

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The last two months seem to have gone so slowly. Probably because I haven't been able to do any Orienteering since the Scottish 6 Days due to an ankle injury. Unfortunately this means I don't have any event results or stories to tell. However there's enough reading to do with reports from the AGM and Committee meetings. My thanks to Eleanor Brodie for her wonderful picture.

I was reading some old Newstracks and comparing their content with other club magazines. It seems DVO members are wary of speaking their minds, I never seem to receive any articles that are contentious. Go on, have a go!

Cheers for now.  
Alex

P.S. I hope that you all manage to get over the disappointment on Saturday when Scotland hammer England at rugby. If you are having problems coping with the defeat give me a ring and I'll give you some sympathy and help you get through it. Bonnie Scotland, Bonnie Scotland, we'll support you ever more.....

Deadline For December Newstrack Is 5th December



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## COMPETITION

This months competition is simple, suggested Captions for the picture below (submitted by Eleanor Brodie) to Ed. before the 5th December.



# COMMITTEE REPORTS

## DERWENT VALLEY ORIENTEERS

### ANNUAL GENERAL MEETING - 25 September 1991

Held at Belper Sports Centre

**Present:** Steve Kimberley (Chair), Sue Russell, Christina Wright, Paul Wright, Randal Macdonald, John Hurley, Andy Clayton, Debbie Wilkinson, John Hopper, Anne Kimberley, Roz Clayton, Dave Walker, Dave Clough, Alex Campbell, Helen Finlayson, Neil Forrest, Tony Berwick, Mike Godfree, Dave Nevell, Mick Lucking, Andy Thompson, Dave Brodie, Graham Johnson, Viv Macdonald.

1. The meeting opened at 20.17.
2. Apologies for absence were received from Pete Jones, Andy Stevenson and John Hawkins.
3. Minutes - the minutes of the AGM held on 12th September 1990 were approved and signed with no matters arising.
4. Chairman's report:- the most notable event was the JK with considerable input from DVO members, particularly on our own day at Shining Cliff. We should not forget that many members had provided a lot of input into all three days and many months previous. All these manhours did have one noticeable effect in that it has proved difficult to get officials for all the events this year. We still, however, managed to put on a number of club events aiming at one a month. This figure has not always been achieved due, in the main, to permissions problems.

Other past innovations in the events calendar have been carried on this year. The DVO relay at Cromford Meadows was held on another fine day but had reduced numbers partly as a result of a date clash. The summer league seems to have been successful again, although it doesn't seem to attract many new faces anymore.

The Compass Sport Cup this year saw little progress but perhaps we did go out to the eventual winners. We seem to have suffered from people getting older.

Individually the notable success of the year has to be Dave Godfree, who is not only now a member of the junior squad but also this summer managed to win the H17 at the Scottish six day. At the club dinner has was rewarded with a trophy as "DVO Orienteer of the Year". He wasn't the only one to win a prize, however, as trophies were awarded, for the first time this year, for quite a few new categories. I hope that this will carry on next year but also hope that the general membership will come up with both categories and nominations.

The club also found itself, sometimes unexpectedly, hosting visiting orienteers from Lithuania. They seemed to be very pleased with their reception and indeed have invited DVO back to their country.



There may not be an official trip to Lithuania but next year we do plan to go international. Next August it is planned to have a DVO presence at the French Championships, south west of Bordeaux. This should make quite a change to the White Rose and I hope to see most of you there. Further details will be available in Newstrack.

Finally I would like to thank all who have helped in the club in one way or another this year. I would particularly like to name a few people:-

The club owes a big debt to John Birkin. He has, over the years, managed to put up with the rest of DVO and introduce a lot of new equipment and new ideas. His post will be very difficult to fill.

The other big thank you is to the people who put up with an invasion of orienteers every other Wednesday. For many years now both the Buckleys and the Wilkinsons have hosted the training runs, even sometimes when they have not been at home.

Debbie was presented with a bouquet of flowers and one had been passed to Judy.

5. Secretary's report - We have 130 BOF units, eight less than last year. There are 260 individual members compared to 250 last year. Quite a large number of people disappear from membership within the year but we don't know if this is because they leave the area and join another club.

The meeting discussed the need to make new members feel more welcome. Suggestions included advertising a social evening with the summer league; members to 'sponsor' a new member and help them enjoy their first event. Agreed to refer this to the committee.

6. Treasurer's report - copies of the audited accounts had been circulated. The Treasurer and Auditor answered questions on the accounts.

Agree; (i) the accounts be accepted, subject to further discussions between the Treasurer and Sue Russell on the income and expenditure for relays;

(ii) as from the Cromford event the fees should be £2 for seniors and £1 for juniors. This may need to be reviewed again in the light of the Forestry Commission's decision to increase access fees;

(iii) Paul to write to the East Midlands to ask if they would be willing to consider reimbursing DVO for the loss made on the purchase and sale of the computer which was bought for the JK.

7. Constitution - one proposal had been received to amend the constitution by deleting the post of Development Officer and replacing it with the post of Coaching Co-ordinator. This was agreed.





8. Subscriptions - It was proposed and seconded that there should be no change to the DVO membership fee. It was also proposed and seconded that the local membership fee should remain at £2.50.

9. Election of officers:

Position	Name	Proposed/Seconded
Chairman	Steve Kimberley	Continue unopposed
Vice Chairman	Tony Berwick	Continue unopposed
Secretary	Christina Wright	Dave Brodie/Sue Russell
Treasurer	Dave Clough	Continue unopposed
EMOA rep	Paul Wright	Continue unopposed
Fixtures Sub Comm (for a temporary period pending discussions with Alex Stalker)	Tony Berwick	Helen Finlayson/Alex Campbell
Social Sec.	Mike Jubb	Dave Walker
Equipment Officer	(Steve to ask Alistair and Steve Buckley)	
Newstrack Editor	Alex Campbell	Continue unopposed
Minutes Secretary	Viv Macdonald	Continue unopposed
Coaching Co-ordinator	Roz Clayton	Sue Russell/Debbie Wilkinson
Committee Member	Debbie Wilkinson	Continue unopposed
Club Captain	Sue Russell	Continue unopposed

10. Appointments:

DVO Diarist	Sue Russell	Continue unopposed
Perm Course Dev	Mike Godfree	Continue unopposed
Perm Course Mgt	Dave Walker	Continue unopposed
Map Co-ordinator	Refer to the Fixture sub-committee if post needed and who	

Fixtures Sub-Committee;- Chairman, Steve Buckley, John Hurley, Paul Wright and Alex Stalker.

11. Summer League - Dave Nevell reported on the Summer League and thanked all those who had attended and those who had helped in organising the events. 65 different people had attended 10 events, including the Club Championships.



The final results were:-

Men	1. Steve Kimberley	66 points
	2. Paul Wright	52
	3. John Hurley	50
	4. Alex Stalker	43
	5. Alex Campbell	42
	6. Ranald Macdonald	41
Women	1. Kim Buxton	30 points
	2. Christina Wright	27
	3. Sue Russell	21
	4. Judy Buckley	13
	Liz Godfree	10
	5= Helen Finlayson	10

Dave presented the trophy to Steve. Last years winners' names (Christina Wright and Mike Gardner) would be added.

12. Any other business:

(i) Club coaching

Agreed that Roz would arrange for club coaching on the following basis:-

- variation on occasions on the Wednesday training session;
  - technique training on Wednesdays in the summer;
  - weekend in the Lake District to be arranged for 29th Feb/1st March at Ambleside Youth Hostel; (subsequently changed to 7/8 March)
  - at DVO events those who wished to be shadowed could be;
  - clarify and build on these ideas at committee meetings.
- (ii) the Lithuanians had presented the club with a trophy. Agreed this should be given to the best junior at the Club Championships.
- (iii) agreed to refer to the committee how information from the meetings could be publicised to other club members.

Next open meeting: 11 DECEMBER 1991

Meeting closed 22.17



## DVO COMMITTEE MEETINGS

As requested at the AGM (and in the interests of democracy) here is a summary of the items discussed at the Committee meeting held on 9th October 1991.

### Financial position

Deposit account £2561.78      Current account £272.38

**Handbook** Christina is looking at revising the club handbook which is sent out to new members

**Coaching programme** Roz has drawn up details of this and this appears elsewhere in Newstrack

**Fees for helpers at events** This will be discussed at the next open meeting as there may be a need to review the present practice of letting helpers have a free run, in the light of the Forestry Commission's proposals to increase land access fees.

**New members** Christina will be contacting members who live near new members, as they join the club. Please be willing to help them.

Open Meeting, Wednesday 11 December at Belper Sports Centre, 8.00pm

Many of you have no doubt seen Mountain Rescue Teams present at events in more exposed areas. Some of you may even have needed their assistance.

How do they train? What sort of incidents do they get involved with? What sort of equipment do they use? These and other questions will be looked at by Ranald Macdonald, a member of Derby Mountain Rescue Team, who provided safety cover at this year's JK.

The illustrated talk will also consider basic safety procedures and treatment for minor injuries such as twisted ankles.





# ORIENTEERING IN ENGLAND

After few hours trip on a boat, England stood as a white cake in front of us. And there was a first surprise for me in this land - cormorants! I saw them at first in my 15 years life.

Two hours on the train to London were not so good as on boat. Factories, car parks and others beautiful places were not so nice as a white English cake (cliffs). In Victoria railway station we were looking for our Lithuanian flag and the man which had it. My eagle eye found him at first.

After ... very good driver Godfree with a good car and roads carried us to Derby. In Derby and in Matlock we had 12 hours time out, and after - to the "White Rose". When we went on the car we thought: - We are at home and looking video film about England. But it was not only a dream and that's very good.

England is the land of rains and the rain met us, maybe England is so clean because there are much rains.

The competition were not easy for us. The forest was not like in Lithuania. Our clubs member Kestas said "English orienteers are very good workers : at first they planted the forest and now they run there. It's not usual for us we don't plant forests for running.

The first day's results were not good for us, but it was pleasure, to run in your *English* forests. I was not surprised how strong English orienteers are, I've heard about you and your orienteering school.



The second was not so hard like the first and the forest was better.

The maps were good and the descriptions too. It was pleasure and a game with control points.

The weather was good and English rain were not our guest. That was very good. Friendly evenings in club were good too. But the time, runs very fast and we can't stop it.

There was the third day on the roses. Relay ... one our family team and the other international (two Lithuanians and one English) were ready to win. But ... we were only ready and the victory was not in our hands. Your relay is very good, because you can have different teams and team members, and you can start if you have three team members. We have no system like yours. I think forest was the best on the third day and it was good run.

We were sad to leave Yorkshire, but it was not "good bye" for all England, after we were in Matlock with our Helen and her family, and our friends were Christina's and Paul's guests.

And now, we'll meet you in independent Lithuania, in the next year, in our forests. Bye!

Tomas Versinskas  
Lithuania  
OS club "ALKAS"



# SPORTS PERSONALITY



Congratulations to Dave Clough on becoming the latest member of that artist group of high flyers in the ~~3 Mile High Club~~ sorry, the 3 Hour Long Club. I hope to publish a list of all DVO members who have managed to keep going in the forest for over 3 hours and for a small fee those who wish to join the club, once their claim has been validated, may do so and have the right to wear the much sought after T-Shirt.

Those who think they qualify for membership should let the Ed. know as soon as possible, stating Event, Class, Distance, Time & Position.

## SUMMER 92

### 5 JOURS EN PAYS LANDAIS

It has been suggested that we (DVO) might like to get together next year for a weeks orienteering in France from 24th to 30th August. The format could be as follows:

MON	24.08.92	Training
TUE	25.08.92	Training
WEN	26.08.92	1st Ind. Race
THU	27.08.92	2nd Ind. Race
FRI	28.08.92	Rest Day or Sprint
SAT	29.08.92	3rd Ind. Race
SUN	30.08.92	Relay

Initial thoughts are that we all stay at the same campsite a wee bit in from the beach (ie away from the crowds).

More information will follow.



DEAR ED.

Dear Ed,

Having just enjoyed two days of superb orienteering at the Forest of Dean, I felt that I must inform you of a disturbing incident that happened at the aforementioned. The story revolves around a DVO member who's identity I must protect, but suffice to say he has until recently been a student in Sheffield and his surname is Jubb. It all started many years ago when his education was severely lacking and culminated in a beer festival the night before the National Event. The incident happened the following day on the subsequent chasing start, clearly in the event information was the fact that on Jubbs course he would have part one on one map in a bag with part two on the back ie turn it over at the appropriate moment, Jubb, of course being totally illiterate (training to be an Accountant) and still suffering from the beer festival arrived at the end of Part one, and wondered where the map exchange was, he wondered for quite a while (10 minutes) it wasn't until five competitors also on the course, glided



through the control, and turned their map over that his brain began to register a problem, he then saw Tony Beeswick, who knowing the information back to front, was able to but him right, a sad story with no happy ending, since Jubb also recently left his car unlocked in Sheffield and had it nicked.

Reported by

"INJURED" through tremendous guffawing, Chesterfield.

Dear Ed,

I was interested to read in Newstrack - August - that so many DVO members were well-placed in the Ashbourne Games Hill Race.

However, though no fault of yours, you missed one!

My son Cairn, aged 13, came first in the junior category and has the trophy to prove it, in a time of 27 minutes 10 seconds. We have only been members for 12 months and have not

been fully active during our first year so your 'reporter' can be forgiven for not knowing Cairn as a DVO member.

Cairn has done extremely well over the past year at several cross-country events, collecting more firsts than I can remember without counting the trophies. (Longnor was the latest, last week). If his map-reading can be improved he could be a very fast orienteer! No hard feelings!

Yours sincerely

Allan B Morrison

(HOPEFULLY WITH THE NEW PLAN IN PLACE RE NEW MEMBERS, SEEN COMMITTEE REPORT ELSEWHERE IN NEWSTRACK, WE WILL ALL GET TO KNOW EACH OTHER A LITTLE BETTER. THE BEST WAY TO CELEBRATE IS WHEN WE ALL HELP OUT AT DVO EVENTS. ANOTHER WAY OF MAKING SURE YOU GET A MENTION IN NEWSTRACK IS TO SUBMIT THE REPORT YOURSELF. THANKS FOR THE LETTER, AND WELL DONE CAIRN. ED.)

Dear Ed,

There is a National Coaching Course running on the 6th-8th December. DVO will pay 50% of the fees for anyone prepared to attend and subsequently be active as a club



Coach.  
Contact any member of  
the committee if you  
are interested.

The Comm.

Dear Ed,

Could you please  
advise all members  
that there will be a  
Controllers Course  
(for Grade III) at  
Thieves Wood on the  
9th November. Would  
those interested  
please contact Pete  
Jones.

The Comm.

Dear Ed,

There is a  
Controllers  
Conference (Grade II  
& above) for  
experienced  
controllers to be  
held at Lea Green in  
December. Interested,  
contact Pete Jones.

The Comm.

Dear Ed,

DVO Urgently  
require an Organiser  
for EYAM NATIONAL  
EVENT on 29.11.92.  
Please contact any  
member of the  
committee if you feel  
you can help your  
club by filling this  
role.

The Comm.

Dear Ed,

After his  
magnificent runs at  
the Scottish 6 Days  
Mike Jubb (Jubby, to  
his friends) blew it  
on the short course  
from Graham Johnsons  
house to the  
Fishermans Rest after  
the Wednesday  
training run. He  
couldn't find it, and  
was unable to draw on  
the map where he had  
been, he was well and  
truly LOST and had  
been seen running  
about like a headless  
chicken! Once a hero  
now.....

Paul





# COACHING

## COACHING FOR CLUB MEMBERS

At last weeks AGM I managed to talk my way into being appointed your club coaching co-ordinator. For those who don't know me I am a qualified Club Coach, and was in the national squad for 10 years, so I have plenty of experience at being coached as well as at coaching others. I don't see my job as simply someone who puts in training courses, but more as the person you can all come to with suggestions for courses or moans about the lack of the right courses being available. I can then coordinate ideas and keep you all informed as to what is on offer. Anyone who feels that they can help by putting courses on or helping at those already arranged will be more than welcome.

One idea that came from those at the AGM was alternative fitness training ideas for Wednesday evenings. On the following dates I will attempt to get you doing something 'different'.

Wednesday November 13th - Allestree, Wednesday December 11th - Belper Sports Centre (Open meeting afterwards), Wednesday 15th January - Duffield, Wednesday February 12th - Allestree, Wednesday March 11th - Belper sports centre.

All sessions will be physical (this does not mean you need to be super fit, all will allow you to work to your own standard) and some may involve some brain-work! All start at 7 pm prompt. If you are not a regular to Wednesday evening sessions why not come along on one of these dates - everyone is always welcome- not sure where to go just give me ring 0773 836687.

The following is a list of technique courses that are being arranged in conjunction with East Midlands Junior Squad. Further details should be in the next EMEWS, but everyone is welcome to attend.

Saturday 2nd November - Thieves Wood, Ravenshead.

Meet at Field study centre, Thieves Wood Lane off A6, 9.30 am to 12.30 pm. This is open to juniors of yellow standard and above who will be expected to attend for the whole morning.

25th/26th January - Cannock Chase/Alton Towers area. Training on Saturday, possible event on Sunday.

8th/9th February - South Wales - Swansea area. Training Saturday - night event, Badge event Sunday. (Lots of contour work).

29th February - Clipstone Forest. Fast technique practice ready for the British Championships. (Sunday - badge event in Clumber).

I am arranging the following for DVO members.

Saturday 9th November - Beginners and Novices - basic technique practice. Meet at the visitors centre, Shipley Park at 9.30 am until 12.30 pm, follow brown signs to Shipley country Park from Heanor area. If you are new to the sport and would like to improve please come along. Bring a red pen, compass, and map case.



ch 7th/8th - Technique weekend in the Lakes. Suitable for Silver/Green  
ndard orienteers who want to practice on detailed terrain. Probably  
ed at Ambleside Youth Hostel. Approximate cost £20.25 per person and  
ommodation cost. This will be an excellent chance to practice on quality  
rain ready for the JK. Anyone interested should complete the form and  
urn it to me by January 1st 1992 at the latest.

re is also a training week prior to JK form 12th to 17th April based at  
side YMCA. Details were in last BOF newsletter or can be obtained from  
ional office.

re will be other coursed during the winter and I shall be organising  
e summer training evenings - keep an eye on EMEWS, Newstrack and at  
nts.

ember - coaching is for everyone. If there is nothing arranged that  
ts your needs don't just moan to your mates - let me know.

urther suggestions or further details of courses please contact me on  
3 836687.

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ANCED TECHNIQUE WEEKEND

/8th March 1992 - Lake District - Ambleside Youth Hostel

E -

RESS -

EPHONE NUMBER -

E wish to reserve \_\_\_\_\_ places on the weekend course and enclose £10  
osit per person ( payable to Roz Clayton please)

OMMODATION Youth Hostel places - Friday night \_\_\_\_\_ NB Bed -

50 (sheet sleeping bag needed) Saturday night \_\_\_\_\_

akfast £2.50                      Breakfast Saturday and Sunday \_\_\_\_\_

ning meal £3.50                      Evening meal Saturday \_\_\_\_\_

ked lunch £1.95                      Packed Lunch Saturday and Sunday \_\_\_\_\_

leside is a large hostel where you can self-cater or there are numerous  
ing places in the town. If you prefer to arrange your own accommodation  
t is fine, but we will probably use the Youth hostel for briefings and  
ks etc.



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# FIXTURES

DATE	REGION	CLUB	TYPE	AREA	DETAILS
OCTOBER					
nd	EN	NOC	Night Event	Rufford	Not available yet!!
rd	NM	POTOC	Colour Coded	Swynnerton Old Park, Stoke-on-Trent (SJ/845402)	J.Heaton 0782325604
rd	EN		Fell race	Dove Dale Dash	Start 11:00
d	NM	NEROC	Badge	Formby Sand Dunes (SD/215065)	W.E.Ball, 15 The Paddock, Formby, L37 7HP (0704878423) (CD 13.10.91) [ie too late] (£4.50/£2.00)
th	YH	NDOC	Badge	Hope Woodlands, Sheffield (SK/197855)	Mike Hayes, 51 Manchester Road, Tintwistle, Hadfield, Cheshire, SK14 7NF (0457 853360) (CD 26.10.91) (£3.75/£1.50) SEF EOD
th	NM	NCH	Colour Coded	Shoal Hill (SJ/962117)	H.Shilling 0213532667
th	EM	LEI	Colour Coded	Outwoods, Loughborough (SK/515159)	L.Branley 0509 852197
th	YH		British Schools Championships	Temple Newsam Estate, E.Leeds (SE/354324)	T.Roberts 3 Low Bank Cottages, Oakworth, Bradford, BD22 7SD (CD 18.10.91) (£1.20) Special entry form, NO EOD.
th	YH	SYO	Colour Coded	Sandall Heat Doncaster (SE/609037)	G.Kirby 0742 685455
th	NM	NOC	Colour Coded	Highgate Common (SD/838902)	R.Conolly 0217778275
th	NM	SROC	Badge	Simpson Ground, Newby Bridge (SD/400854)	L&P Russell 43 Colman Court, Broadgate, Preston, PR1 8DS (CD 7.11.91) (£3.50/£1.50/£9.00 per family) & EOD
h	EN	NOC	Colour Coded	Thieves Wood Mansfield	Details not available!
C EMBER					
	EN	DVO	Colour Coded	Whitesprings, Matlock (SK292564)	Steve Kimberley, 0246 233575 : PHONE AND OFFER YOUR HELP!!!!!!!!!!!!
	NM	NCH	Badge	Alton Towers, Cheshire, Staffs (SK/070436)	Wilson Family, 4 Goodhill Close, Walton, Stone, Staffs, ST15 0LW, (CD 18.11.91) Ltd. EOD (£4.00/£1.50) Enquiries to T.Duncan 0889 591080



DATE	REGION	CLOS	TYPE	AREA	DETAILS
15th	SE	SN	Badge	Begshot Heath, Camberley (SU/919628)	S.McKinley 42 Hombrook Drive, Amen Corner, Bracknell, Berks RG12 1PT (0344 55784)
15th	NE	CLOK	Badge (Acorn'91)	Gouthland Moor, Whitby, (NZ/828007)	P.Archer, Glebe House, east Harsley, Worth Allerton, N.Yorks DL6 2BL (060982420) (CD 25.11.91) Fees ? Enquiries to R.O'Callaghan (0287 633893)
22nd	YH	EPOC	Colour Coded (Christmas)	Newmillerdan, Wakefield (SE/332145)	D.Morgan 0924 258579
26th	EN		Fell Race	Black Rocks	Start 11:00
27th	YH	EBOR	Colour Coded	Strensall Common, York	R.Jamieson 0904764461

