



NEWSTRACK

SEPTEMBER 1994

DVO OFFICIALS

Chairman	: Dave Clough	2 The Croft Park Street, Alfreton 0773 520229
Secretary	: Christina Wright	4 Ripley Road, Ambergate, 0773 856387
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Minutes Secretary	: Mike Gardner	3 Gatcombe Close Oakwood, Derby 0332 665671
Newstrack Editor	: Alex Campbell	Brindle Bank Bridge Hill Belper 0773 822572



EDITORIAL

It was nice to see some familiar faces at the last summer event before the school summer holidays. My apologies to Dave for making him drink a full pint after already downing 8 cups of beer and running 4 * 15 minute legs in Darley Abbey (it was a cruel joke, but fun watching him trying to down the pint before Dave Brodie came across the finish line). Surprisingly that was my first event as either organiser or planner, I've managed to avoid it for 23 years!

After a "management" decision we decided to postpone the August issue as there weren't any articles to put in it, but this one should prove to be a bit healthier.

See you all soon when the new season starts!

Ed.

Next issue of Newstrack will be December - Deadline will be
1st December 1994

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NEW MEMBERS

DEVLIN Peter	PO Box 174, Derby, DE1 9DR	Local S 0332 864023
ELLIOTT Steve	22 Lime Avenue, Ripley, Derbyshire	Senior N 0773 743456
HANBURY Peter and Georgina	7 Amber Court, Crich Lane, Belper, Derbyshire	Local N 0773 825233
LAMB Paul	98 Loscoe Grange, Loscoe, Heanor, Derbyshire	Senior S 0773 710477
RENFREE Alan	Lea House, Church Street, Monyash, Nr Bakewell, Derbyshire, DE45 1JH	Senior N 01629 813849

WELCOME TO DERWENT VALLEY ORIENTEERING CLUB
"GOOD RUNNING"

WEDNESDAY NIGHT TRAINING

All Welcome, Runs to cater for all abilities.

Wed 7 Sept 94	Training Run	2 The Croft, Park Street, Alfreton. 01773 520229 6.45pm
Wed 14 Sept 94	Training Run	253 Duffield Road, Allestree, Derby. 01332 552664 6.45pm DVO committee meeting 8.30pm
Wed 21 Sept 94	Training Run	20 Castle Hill, Duffield. 01332 840712 6.45pm
Wed 28 Sept 94	Training Run & AGM	Run - Belper Sports Centre 6.45pm. AGM, 8.00pm All members to attend
Wed 6 Oct 94	Training Run	20 Castle Hill, Duffield 01332 840712 6.45pm
Wed 13 Oct 94	Training Run	253 Duffield Road, Allestree, Derby. 01332 552664 6.45pm DVO Committee Meeting 8.30pm
Wed 20 Oct 94	Training Run	20 Castle Hill, Duffield. 01332 840712 6.45pm
Wed 27 Sept 94	Training Run	253 Duffield Road, Allestree, Derby. 01332 552664 6.45pm
Wed 3 Nov 94	Training Run	20 Castle Hill, Duffield. 01332 840712 6.45pm
Wed 10 Nov 94	Training Run	253 Duffield Road, Allestree, Derby. 01332 552664 6.45pm DVO Committee Meeting 8.30pm
Wed 17 Nov 94	Training Run	20 Castle Hill, Duffield. 01332 840712 6.45pm
Wed 24 Nov 94	Training Run	253 Duffield Road, Allestree, Derby. 01332 552664 6.45pm

****DON'T FORGET THE ANNUAL GENERAL
MEETING AT BELPER SPORTS CENTRE ON 28
SEPTEMBER 1994 20.30 ALL MEMBERS TO
ATTEND****

RECENT EVENTS

Shamrock O-Ringen 22-24 July (Orienteering Murphy's Way)

Carrigalougha, Carrigawaddra and Bear na Góithe, the very names are sufficient to evoke visions of Leprechauns and pints of liquid gold. As an ardent Eireophile the Shamrock O ring is a must. For the uninitiated Ireland really should be included in next years O diary. The events are small friendly and technical, the people friendly and the stout compulsory.

Shamrock O ring is one of the country's premier events with an attendance which stretches into the 400s (no such thing as a crocodile on the moorland, indeed few age groups have more than 25 competitors). The format is comfortable, Friday (day 1) is an evening event providing a feat for the midges and an excellent warm up for the competitive courses being about 2/3 of the length recommended for badge courses. Day 2 is a more conventional event, although the details for Carrigawaddra did warn that the mapping was a little vague in places. Finally Day 3 provides a Chasing start again over courses of conventional badge length.

Little needs to be said about the trip, Cork provides all the luxuries of the cosmopolitan European city with oysters, Murphys and Irish mist appearing on my list of essentials for a weekend in my favourite city. Cloughie too seemed to enjoy the hospitality of the local hostelrys, he must have anticipated this as there was no sign of the surfboard. The orienteering was challenging. Don't believe all you hear about Ireland, Friday was a beautiful evening with an impressive full moon, Saturday was hot and Sunday was relieved by a little drizzle but rain was distinctly absent. The courses were wet in places but a lily trotter type high foot lift floating action gets you over the worst with no need for a life jacket. However, I did discover that one bog looks much like another when it comes to relocation and I am sure that the little people were moving the crags around; but the areas were so free of people I was only too pleased to get value for money. Sorry no results yet but if you enjoy an experience try Irish 'O'.

Sue

Orienteering Irish Style

(Castlefreake Woods 10 July)

(Kilbrittain woods 12 July)

The moral of this story is that whenever you go abroad pack the running kit and the O box too. Doing just that proved to be a wise step recently when visiting the Republic of Ireland.

The story begins on the Swansea-Cork ferry, the boys are having a wonderful time playing in the children's playroom so Dad decides it is time to go for some Murphys. Nearby is one these tourist guide computers so I start going through the various menus suddenly coming across "orienteering". All the events taking place that month are detailed including small events, akin to our Summer League, along with contact numbers for the Republic of Ireland Orienteering Federation. Needless to say "enterprising" BOF had not reciprocated for the visitor to Wales and beyond.

We stayed near the town of Clonakilty on the West Cork coast. The town was celebrating the annual summer festival and an orienteering event was part of the celebrations. (It is interesting to note that half the population of Clonakilty were called J Hurley, although there was one J J Hurley and a bar owned by Michael Finn!). The event was at Castlefreake Woods to the west of the town and was sponsored by O'Donovans Hotel. (Now there is an idea for DVO)

We arrived just before 11 to find we were the first to arrive. The planner from Lee Valley Orienteers welcomed us and told us there would be three courses and a Wayfarers course. Talking to the planner we found out that she had eight children - three then triplets and then twins - Five under two at one time. The youngest was now eighteen but nevertheless I marvel at how she kept on orienteering all the time. The organiser then arrived. Irish orienteering is taken gently. The paradox is that the courses had international symbols and forty to fifty is a good turn out.

I went for the long course 7.9 km and the boys did the Wayfaring Course. Simon and Thomas thought it was great well the muddy puddles were. The main course went well runnable wooded land at first then open land. Why was the runner I caught up going the long way round this bit? I soon found out Brambly stream with 6 foot bank and hidden ha ha on the other side. Ah well a little local knowledge is useful I suppose. The area then became brambly so much so that I vowed never to complain about a White Rose ever again!

The best bit was yet to come - Sand Dunes with runs along the shoreline. This was mapped at a different contour interval to the rest of the map but of course I didn't notice until it was admitted to in after run conversations. The whole run was worth all the brambles for just this bit. I was even greeted by a Romany who wished me "the top of the morning to you Surr" - they really do say that.

Despite the Irish tendency to hide controls in bracken or brambles and an apallingly slow run by even my standards it thoroughly enjoyable. The run finished in the grounds of Castle Freake which had been knocked about bit by Cromwell and probably finished by the republicans in the 1916-21 war.

Kilbrittain Woods was to the east of Clonakilty towards Kinsale. The fact that the planner had a wicked grin and was really carrying a machete should have warned me. The course was a 6km yellow run aimed primarily at socialclubs of firms in Cork. This forest was dark. For dark green read veridian, for white read veridian. The planners sense of humour stretched to putting up a sign which read "You have just passed no 9". Only Simon (age 2) spotted no 9 before the other sign.

Irish orienteering is fun, laid back and well worth trying. I have details of Irish fixtures if anyone is interested.

Paul

1994 DVO Club Champs Results

OK, OK, so I got the junior handicapping completely wrong. Instead of three courses finishing in splendid synchrony, eighty per cent of the juniors finished nearly a quarter of an hour in front of the seniors, the first arriving a full twelve minutes before the projected ETA of eight o'clock.

This was due to a dual error on my part, underestimating their speed along the path network of their courses and overestimating the progress of the seniors through the bracken. Still the juniors are to be congratulated on minutes per k of around the seven mark.

I was glad I declared my offspring as non-competitive. with three places out of the first four, a few harsh words would have been spoken otherwise!

It is very difficult to compare and co-ordinate the junior courses with the senior. The junior course has to cater for a wide range of age and experience and must therefore be planned with the youngest in mind. It cannot be much more demanding than a yellow, sticking to the paths. Now that we have a separate junior trophy, it seems that, whilst a single target finish time for all courses should be an aim for future club champs planners, there will now be two separate competitions.

The first senior did not in fact arrive home till eight minutes past the hour. This miscalculation was largely due to the vegetation which under the combined influence of May rain and June sun had flourished exponentially every time I visited the area. I based people's times in part on their previous forays into Stanton so far as possible, neglecting to remember that club events typically take place in March or November.

However, having said this, I can point to some success in arranging the handicapping so that 28 senior finishers out of 41 were back within 10 minutes of the eventual winner, Steve Kimberley. It is a tribute to the fairness of the handicapping that Steve also gains valuable points for his Summer League title bid; it would have been so easy to derail it before his two week absence on holiday.

You will see that one or two competitors unsuspectingly fell into the trap laid for them in the form of two lots of split controls one-third and two-thirds round the course, though surprisingly it was only the first set (crag foot or boulder) that caught anybody out. I sympathise with anyone who has been disqualified but the aim was exactly to catch the unwary who believed that they were following identical courses.

Until you take the club champs job on, you cannot believe what an enormous commitment it is in terms of time, over six hours to pre-mark maps alone. I say this not by way of complaint but to support a suggestion that some sort of assistance be offered to future planners. I certainly think that a controller is needed. The event is almost of club event standard and no-one would contemplate organising that uncontrolled. A simple error could so easily ruin the whole thing.

I was fortunate in having Dave Walker who checked all controls beforehand, and operating as a team with Val helped eradicate mistakes that would otherwise have been made.

Finally, thanks to the control collectors - the Buckleys, Sue Russell and Paul Armstrong - and the control Handrouterer, Maureen Walker.

I shall enjoy myself at next year's champs.

1.	Kate Johnson (N\C)	7.47.59	27.18	J9=
2.	Andrew Stuart	7.48.21	20.21	J6
3.	Ruth Johnson (N\C)	7.48.28	18.28	J2
4.	Hilary Johnson (N\C)	7.51.40	18.40	J3
5.	Daniel Kimberley	7.51.47	30.47	J11
6.	Josh Hawkins	7.51.50	25.50	J8
7.	Jennifer Hopper	7.54.22	19.22	J4
8.	Charlotte Langhorn	7.54.44	17.44	J1
9.	Adam Buxton	7.54.56	20.56	J7
10.	David Hopper	8.00.42	19.42	J5
11.	Emily Hopper	8.03.18	27.18	J9=
12.	Steve Kimberley	8.08.17	47.17	L2
13.	John Hawkins	8.08.18	43.18	L1
14.	David Hobbs	8.08.27	59.27	M7
15.	John Hopper	8.08.29	51.59	L5
16.	Ian Whitehead	8.08.30	48.30	L3
17.	Dave Brodie	8.08.52	50.52	L4
18.	Tony Seaston	8.09.15	56.15	M4
19.	Kath Whitehead	8.10.44	56.44	M6
20.	Bill Woodward	8.11.19	75.19	M8
21.	Mike Gardner	8.12.27	53.27	L7
22.	Mike Godfree	8.12.28	58.28	L9
23.	Paul Wright	8.12.31	60.31	L10
24.	Derek Gale	8.12.36	62.36	L12
25.	Helen Finlayson	8.12.47	50.47	M1
26.	Judy Buckley	8.12.54	52.54	M2
27.	Jennifer Gale	8.12.57	53.57	M3
28.	Paul Armstrong	8.14.32	56.02	L8
29.	Dave Tryner	8.14.49	81.49	L18
30.	Colin MacDonald	8.14.56	76.56	L16
31.	Tony Berwick	8.15.12	84.12	L19
32.	Sue Russell	8.15.20	56.20	M5
33.	Kevin Cunniffe	8.15.52	63.22	L13
34.	Barry Bibby	8.16.35	74.35	L15
35.	Emma Whitehead	8.18.30	47.30	J13
36.	Ashley Buxton	8.18.32	40.32	J12
37.	Ian Finlayson	8.19.18	52.18	L6
38.	Steve Buckley	8.23.17	61.17	L11
39.	Jeremy Court	8.23.42	67.42	L13

40. Kevin Price	8.24.40	78.40	L17
41. Liz Tryner	8.27.13	93.13	M12
42. Keith Langhorn	8.28.30	67.30	M7
43. Brian Royle	8.28.57	81.57	M11
44. Viv MacDonald	8.28.40	78.10	M9
45. Margaret Keeling	8.29.41	78.41	M10
46. Ray Stuart	8.30.03		
47. Robert Shooter (late starter)	8.32.36	68.06	L14
48. Kim Buxton	8.42.10	89.10	L20

Disqualified:

Paul Addison(L) wrong 9 (boulder not the crag) 8.08.41 - 55.21
 Simon Ford(L) wrong 9 (crag not the boulder) 8.10.50 - 75.50
 Neil Addison(L) wrong 9 (crag not the boulder) 8.25.54 - 93.54
 Liz Godfree(M) wrong 9 (crag not the boulder) 8.12.44 - 60.44
 Chris Gilligan(M) wrg 9 (crag not the boulder) 8.13.25 - 58.55
 Philip Sands(M) wrong 9 (crag not the boulder) 8.15.57 - 67.57

Retired:

Jo Royle, Nick Sibley, Joy Hopper, Christina Wright.

DVO DRUM HILL RELAYS RESULTS

LONG COURSE

1. Chris Godfree	42.12
2. Ian Whitehead	46.19
3. Russel Buxton	47.37
4. Graham Johnson	49.09
5. Neil Forrest	49.17

SHORT COURSE

1. Chris Godfree	3.31
2. Steve Wilson	3.58
3. Mike Gardner	4.14
4. Hilary Johnson	4.41
5. Helen Finlayson	5.19
6. Ruth Johnson	5.35
7. Kate Johnson	5.40
8. Adam Buxton	5.40
9. Ashley Buxton	6.29
10. Daniel Kimberley	6.55

1.1.1.1 MEDIUM COURSE

1. Steve Kimberley(2)	26.10
2. Ian Whitehead	27.40
3. Steve Kimberley(1)	27.45
4. Mike Gardner	27.53
5. Val Johnson(2)	29.58
6. Paul Wright(2)	30.20
7. Val Johnson(1)	30.49
8. Graham Johnson	31.22
9. Kim Buxton	31.28
10. Paul Wright(1)	31.38
11. Russel Buxton	31.57
12. Anne Marie Priston	33.37
13. Dave Walker	34.04
14. Steve Wilson	35.15
15. Helen Finlayson	37.05
16. Charlotte Langhorn	37.12
17. Keith Langhorn	37.37
18. Liz Godfree	40.30
19. Anne Kimberley	42.00
20. Sue Russel	42.12

RESULTS OF THE DVO DRUM HILL RELAYS

1. Team 4

Name	Leg	Time	Total	Posn
Anne Marie Priston	(M)	33.37	33.37	(2)
Paul Wright	(M)	31.38	65.15	(4)
Chris Godfree	(L)	42.12	107.27	(4)
Adam Buxton	(S)	5.40	113.07	(2)
Keith Langhorn	(M)	37.37	150.44	(3)
Chris Godfree	(S)	3.31	154.15	(1)
Paul Wright	(M)	30.20	184.35	(1)

2. Team 1

Name	Leg	Time	Total	Posn
Hilary Johnson	(S)	4.41	4.41	(1)
Ruth Johnson	(S)	5.35	10.16	(1)
Graham Johnson	(L)	49.09	59.25	(1)
Val Johnson	(M)	30.49	90.14	(1)
Graham Johnson	(M)	31.22	121.36	(1)
Dave Walker	(M)	34.04	155.40	(2)
Val Johnson	(M)	29.58	185.32	(2)

3. Team 3

Name	Leg	Time	Total	Posn
Charlotte Langhorn	(M)	37.12	37.12	(4)
Ian Whitehead	(L)	46.19	83.31	(5)
Steve Wilson	(M)	35.15	118.46	(5)
Kim Buxton	(M)	31.28	150.14	(5)
Kate Johnson	(S)	5.40	155.54	(4)
Ian Whitehead	(M)	27.40	183.34	(4)
Steve Wilson	(S)	3.58	187.32	(3)

4. Team 2

Name	Leg	Time	Total	Posn
Helen Finlayson	(M)	37.05	37.05	(3)
Ashley Buxton	(S)	6.29	43.34	(2)
Steve Kimberley	(M)	27.45	71.19	(2)
Neil Forrest	(L)	49.17	120.36	(3)
Helen Finlayson	(S)	5.19	125.55	(2)
Liz Godfree	(M)	40.30	166.25	(3)
Steve Kimberley	(M)	26.10	192.35	(4)

5. Team 5

Name	Leg	Time	Total	Posn
Russel Buxton	(L)	47.37	47.37	(5)
Daniel Kimberley	(S)	6.55	54.32	(3)
Sue Russel	(M)	42.10	96.42	(3)
Mike Gardner	(M)	27.53	124.35	(4)
Anne Kimberley	(M)	42.00	166.35	(5)
Russel Buxton	(M)	31.57	198.32	(5)
Mike Gardner	(S)	4.14	202.46	(5)

DVO SUMMER LEAGUE

FINAL RESULTS

	All Events	Best 8 of 11
MEN		
MIKE GARDNER	1st (144)	1st (124)
WOMEN		
VAL JOHNSON	1st (160)	1st (128)
JUNIORS		
HILARY JOHNSON	1st (157)	1st (125)

Congratulations are due to the above three winners. They are clear winners considering both "All Events" and "Best 8 of 11" (to cater for those who could not attend all events).

The league this year of 11 events was extremely well contested with an average of 34 runners attending each event and the detailed results are attached.

My sincere thanks are due to all of the organisers who provided a wide variety of challenges, both physical and mental, and to all who participated and tried their best to meet these challenges.

Jeremy Court

	ONE			TWO			THREE			FOUR			FIVE			SIX			SEVEN			EIGHT			NINE			TEN			ELEVEN			TOTAL	TOTAL
(Jokers Played)	Oakwood			Drum Hill			Mattock West			Chesterfield			Sinfin Moor			Mattock East			Alfreton Park			Stanton Moor			Robin Wood			Shining Cliff			Ailstone Park			All	Best
Points from 20 to 1	Posn	Pnts	Hcap	Posn	Pnts	Hcap	Posn	Pnts	Hcap	Posn	Pnts	Hcap	Posn	Pnts	Hcap	Posn	Pnts	Hcap	Posn	Pnts	Hcap	Posn	Pnts	Hcap	Posn	Pnts	Hcap	Posn	Pnts	Events	# of 11				
	6 May			13 May			20 May			27 May			3 June			10 June			24 June			1 July			8 July			15 July			22 July				
Yal Johnson	3	26	45%	2	19	26%	6	12	30%	1	14	35%	3	12	29%	2	13	34%	2	18	32%	Org	14	34%	1	18	33%	1	15	34%	7	9	160	15	
Kim Burton	1	20	50%	3	8	23%	1	16	39%	4	10	26%	1	15	37%	5	10	25%	3	27	34%	7	8	23%	7	11	27%	4	12	31%			138	121	
Margaret Keeling	2	18	48%	8	7	17%	3	15	37%	2	12	30%				10	8	19%	10	9	22%	10	9	21%	2	15	37%	Org	13	31%	1	27	133	118	
Mr Macdonald	-	-	-	7	14	35%	4	11	28%	6	12	29%	4	12	30%	9	8	21%				8	10	26%		10	26%		10	26%	8	19	87	87	
Jenny Hopper	-	-	-	8	15	38%	6	9	23%	8	10	25%	8	11	28%	14	5	13%	12	8	20%	4	14	34%	Org	12	33%	6	11	27%	3	13	109	96	
Emily Hopper	-	-	-	5	16	40%	8	9	23%	8	10	25%	8	11	28%	14	5	13%	12	8	20%	9	10	24%	Org	15	38%	6	10	25%	3	14	107	85	
Jennifer Gale	-	-	-	-	-	-	-	-	-	7	14	35%	5	10	26%	11	7	19%	8	11	26%	3	13	33%	6	11	27%				5	23	90	80	
Ann-Marie Preston	-	-	-	8	12	30%	Org	14	35%				2	12	31%	6	21	26%									3	13	33%	2	13	85	85		
Christine Wright	4	17	43%	1	12	29%				6	11	27%				12	12	16%				12	8	19%						Org	16		78	76	
Kirk Whitehead	-	-	-	-	-	-	2	19	46%	3	8	24%				1	15	36%	7	17	22%	8	12	29%									73	73	
Liz Goddree	-	-	-	4	17	43%	6	9	22%				Org	15	39%	7	9	22%				12	7	18%	6	12	31%						70	70	
Sue Russell	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	6	15	38%	5	10	25%	4	13	32%	2	26	32%			64	64	
Liz Trner	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	13	8	20%	11	8	20%	11	8	20%				6	12	30%	6	21	57	57	
Chaire Gale	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	3	18	45%							3	10	25%				4	26	53	53	
Helen Finlayson	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	3	18	45%				1	11	28%									29	29	
Judy Buckley	-	-	-	10	11	28%													5	12	29%	2	13	34%									36	36	
Lucy Wilson	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				2	34	43%													34	34
Kim Buckley	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				1	20	50%													20	20
Helen James	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	6	13	33%																15	15
Anne Kimberley	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-				9	12	30%													12	12

[illegible]

DERWENT VALLEY ORIENTEERS - 1994 SUMMER LEAGUE

(Jokers Played)	ONE		TWO		THREE			FOUR			FIVE			SIX			SEVEN			EIGHT			NINE			TEN			ELEVEN			TOTAL	TOTAL		
	Dabwood		Drum Hill		Metlock West			Chesterfield			Strlin Moor			Matlock East			Alfreton Park			Stanton Moor			Robin Wood			Shining Cliff			Alfreton Park			All	Best		
	Poan	Pnts	Hcap	Poan	Pnts	Hcap	Poan	Pnts	Hcap	Poan	Pnts	Hcap	Poan	Pnts	Hcap	Poan	Pnts	Hcap	Poan	Pnts	Hcap	Poan	Pnts	Hcap	Poan	Pnts	Hcap	Poan	Pnts	Events	8 of 11				
Points from 20 to 1	8 May		13 May		20 May			27 May			3 June			10 June			24 June			1 July			8 July			15 July			22 July						
Mike Gardner	Org	20	50%	2	10	24%	4	13	32%			1	14	34%	1	13	33%	1	13	33%	5	11	27%	2	14	35%	1	20	33%	5	11	144	134		
Steve Kimberley		3	18	45%	1	11	28%	5	12	29%	Org	14	38%	3	12	28%	3	13	32%	3	25	31%	1	14	36%				4	11	129	118			
John Hopper		5	18	40%	11	8	16%	15	5	13%	6	13	33%	5	11	27%	4	25	31%	5	11	28%	4	12	31%	Org	14	35%	5	19	28%	1	13	138	117
Graham Johnson		2	19	48%	5	8	20%	8	12	30%	3	13	31%	11	7	17%	8	12	31%	8	8	21%	Org	18	40%	8	8	20%	2	15	38%	5	19	137	111
Jeremy Court		1	20	50%	Org	10	26%	1	15	38%				2	12	30%	8	11	26%	7	21	26%	10	8	20%	4	14	34%					110	110	
Robert Shooter		11	20	25%	9	9	23%	14	5	14%				8	13	32%	8	9	22%	8	10	25%	11	7	19%	11	8	20%	6	12	30%			94	88
Mike Godfree		4	17	43%	4	10	24%	11	8	19%				Org	16	41%	13	5	12%				8	13	33%	1	13	33%					82	82	
Steve Buckley					3	18	46%							8	7	18%				4	14	35%	8	8	21%	3	20	35%					78	76	
Roger Keeling		12	8	23%	18	2	6%	13	8	19%	9	10	24%				15	5	11%					7	12	31%	Org	14	34%	10	16	74	74		
Derek Gale						10	11	28%	11	7	18%	10	8	23%	14	9	14%	11	9	22%	9	9	24%	5	11	29%				13	11	74	74		
Ian Whitehead						3	18	45%	2	10	26%				5	24	30%	16	4	11%	2	17	42%										73	73	
Dave Brodie					13	8	20%								1	18	40%				3	11	27%	5	12	28%	3	25	32%				72	72	
Paul Wright		9	12	30%			12	6	15%					7	12	29%				13	11	14%	7	12	30%					Org	14	87	87		
John Hurley														4	17	43%	Org	12	28%									4	24	30%	2	13	86	86	
Keith Langhorn						17	4	10%	5	14	36%							8	10	24%	18	2	6%	13	8	19%				7	23	81	81		
Dave Clough		8	13	32%			9	8	20%									Org	18	40%				12	11	14%	8	11	28%				50	50	
Tony Seaton					16	5	13%				10	10	24%	12	7	17%						12	7	19%						3	20	50	50		
David Hobbs		10	11	28%	17	6	7%							13	7	19%	12	7	18%	10	9	22%	13	6	16%	9	10	25%				57	57		
Chris Johnson		7	14	35%	5	10	26%				7	10	26%	14	5	13%				12	18	20%										56	56		
Chris Godfree						2	38	48%						Org	11	26%																	40	40	
Ray Dickinson		5	16	40%	14	4	11%	18	4	11%	8	12	29%				10	8	20%														44	44	
Alistair Buckley																	2	38	48%					10	8	14%							44	44	
Nick Sibley						17	4	10%	12	8	20%											18	2	4%				Org	18	48%	11	10	43	43	
Russel Budron		13	8	20%	15	5	12%	17	4	9%	12	8	21%	15	5	12%								14	6	15%	12	8	19%				43	43	
Peter Jones						7	14	36%	1	13	33%				11	14	17%																41	41	
David Tryner															17	4	10%	14	6	16%	15	5	13%				11	8	22%	12	14	38	38		
Ronald Macdonald					7	14	35%				4	11	28%	9	9	22%																	34	34	
Kevin Price					12	9	23%															14	5	14%				9	10	25%	9	8	34	34	
Dave McGivern					10	11	28%	17	3	7%							16	5	12%								7	12	31%				31	31	
Kevin Cunniffe																						16	5	13%							8	23	28	28	
Barry Bibby																						17	4	10%				10	20	25%			34	34	
Philip Sands					8	13	33%															19	1	3%									14	14	
Simon Ford																	8	13	33%														14	14	
Martyn Hodgson						8	13	33%																									13	13	

THE LAKELAND 5 DAYS

Way back in January we considered possible reasons for not going to this event. Having only just returned from our holiday in France we would be: dehydrated; penniless; unfit; not used to the cold damp conditions.....None of these seemed to offer us a good enough excuse and so it was on a sunny Saturday morning that we headed North with our start times just 5 hours away.

DAY 1, BROUGHTON FOREST.

This event was to be an important landmark in Johnson orienteering history, we were all due off within minutes of each other, no splits (although this does have its own disadvantage, no preferential parking pass).

It's amazing how easily you can recall certain areas and how others just disappear without trace. Broughton used to fall into the latter category but is now firmly etched into the memory banks. Broughton is tough, physically tough and technically tough; the courses however were well planned, even if a little on the long side, and the map seemed OK to me. Times were long and it soon dawned that this week was going to be no picnic. The weather looked promising though.

DAY 2, CAW.

Longer courses today and more climb but it was open fell and had to be easier. Caw is the eastern extension of Stickle Pike (used for National 2 in April), it's steep, in places intricate, but fast. Well it would have been fast had it not been for Broughton the previous day, legs simply failed all but the very fit, especially on the long hauls that the planner seemed to like so much. Times were very much on a par with day one, ie long, and I must admit I did doubt more than once whether I had the fitness for this level of orienteering x 5 days. Still the weather was good, we spent the afternoon relaxing in the sun outside our tent while the girls tried (unsuccessfully) to dam the stream that babbled by.

DAY 3, BIGLAND.

A return to the area used for JK 92, a combination of open fell and deciduous woodland once again offering a wealth of contour detail and rock features to test navigational skills and fitness to the limit. Judging by the numbers imitating headless chickens, I wasn't the only person who hadn't got a clue as to my whereabouts on one occasion (yes one). I'm sure the map was accurate, it's just that sort of an area where you can make anything fit. Considering the low entry fees for this event (£54 per family for all 5 days), there doesn't seem to have been any noticeable differences between this event and the Scottish 6 days, apart from the lack of an event centre, but given that we have hardly ever used this facility when provided, this made no difference to us.

The results were computerized as we have come to expect these days and reasonably efficient, times were about the same as the previous 2 days, I think it's called consistency but whether on the part of the planner or orienteer I'm not sure.

The good weather continued as we spent an hour in Ullswater failing to find a bank that accepted our plastic.

DAY 4, SIMPSON'S GROUND.

The weather didn't hold, it rained today. Thank goodness for late start times as apart from a drenching on the way to the starts the rain eased considerably to only a light drizzle for our runs.

Running on Simpsons ground was like running through a paddy field - not that I ever have of course but it's what I imagine it to be like. Needless to say it was wet, very wet and muddy, very muddy. Despite these adverse conditions it was a lot faster today and times reflected this.

The map seemed to be lacking, especially in the northern section, perhaps the mapper was too busy admiring the views, said to some of the finest in the southern Lakes, when he surveyed this bit.

A three hour drive to Manchester and back saw Graham safely on his way home - the signalmen would choose today for another strike wouldn't they?

It was still raining.

DAY 5, HIGH DAM.

I had been looking forward to competing here as, for one reason or another which we won't go into here, I've never made it in the past. Early start times today, the pre-race blurb informed us that the bracken, although significant, should not impede progress and that the straight line route to the first controls wasn't as bad on the ground as it looked on the map. Climbing my way to number 1 (100m climb in 250m), in wet waist-high bracken and in a very heavy downpour, I wondered who they were trying to kid. Fighting against head high bracken on my way to number 2, I knew it was me. I suppose they had to make it sound attractive, I mean putting "the bracken will be wet, head high and will seriously damage your health and, "competitors choosing the straight line route to the first controls should remember their crampons" will hardly result in a rush of competitors. Despite this I finished, my time being close to that of the first three days. High Dam is a lovely area, I don't think I really saw it at its best and look forward to revisiting at a better time of the year.

Well that was it, the first Lakeland 5 Days. It certainly was tough, 5 excellent areas back to back really did provide an enjoyable orienteering experience, (did I really just type that? How soon the memory of aching legs and bursting lungs fades).

Val Johnson

QUOTES"

Quote of the Month

This month's Quote of the Month comes from the unexpected source of Polly Toynbee writing in the Radio Times on the lack of fitness of children these days:

"One physiologist has been checking children's heart rates, including when they are doing PE at school....Many PE classes failed to provide activities of any use. In one school the children were ambling around a playing field doing orienteering instead of genuine physical exercise."

Has she never been to Dimmingsdale?

Overheard

At the Lakeland 5 Days:

"Mummy, what's a vegetarian boundary?"

Jammy Dodger of the Month

An easy way of telling who punched correctly at the club champs split controls was to check whether the punch at the crag\boulder corresponded with the equivalent punch at the niche\depression. According to us, Colin MacDonald should have visited the boulder and the depression. His card indicates he visited the crag and the niche. So who was wrong? Did Colin really visit two wrong controls or did we give him the wrong map? We exercised discretion in his favour.

The Curse of the Phantom Kwik Fit Fitter

What is the strange jinx that has afflicted assorted DVO vehicles in recent weeks? Is there a curse that will forever doom DVO orienteers to spend countless hours with heads stuck into unfamiliar regions beneath the bonnet? Consider the evidence:

1. The Johnson Escort redesigned by fellow countryman in the depths of the Dordogne where it languishes to this day.
2. The Langhorn BMW abandoned at Levisham suffering from a seised-up water pump.
3. The Priston\ Duckworth Escort battery mysteriously drained of power at the White Rose.

4. The Buxton Sierra truncated by lorry in the Lakes following the 5 Days.

5. The Wright Astra exhaust dropped off\ tyre blown out\ electric system shut down in Hull\ seat-belt dismantled (although there are two obvious suspects for this last mishap).

It may be that orienteers have to spend so much money on event fees that car maintenance takes a back seat but next time you break down, you can take comfort from being just another DVO vehicular voodoo victim.

Graham Johnson

COMING EVENTS

Next Years Long Distance Footpath Relay - 17 June 1995

Next years Long Distance Footpath Relay (17th June 1995) is already reserved after enjoying this years so much. As a runner and a spectator for the whole day, I was impressed by the variety and thought that went in to the planning by Holme Pierrepont RC of the 20 different legs through White and Dark Peaks. DVO had a broad ability team who succeed in maintaining 8th position for most of the race against some mature athletic teams. I also realise now that the Club have some extremely quick runners - Alistair Buckley had sparks flying from his shoes to bring us in first on the first leg; Hilary Johnson was so determination to stay ahead of the following runner she left her Dad (shadow) standing, also the lightning speed of Jeremy Court caught me still driving along the tiny Youlgreave roads to see him run well after he had finished!

Hopefully I will be able to enter more teams in to next year's Walton Chasers White Peak Waltz, from Denstone College to Eyam and back. More teams will mean more people will be able to enjoy a well organised relay in our local spectacular countryside.

Ann-Marie

SPORTS PERSONALITY

Sports Personality of the Month (July)

A joint award on this occasion to the unusual pairing of Joy Hopper and Nick Sibley. Both retired from the Club champs and decided to make their way back to the finish by road. As they did, they met Helen Finlayson driving away from the event. Helen turned her car round, and Joy and Nick retired in style!

Sports Personality of the Month (August) or The Three Whiteheads - a cautionary tale of orienteering folk

Once upon a time there was a family of orienteers: Daddy Whitehead, Mummy Whitehead and Baby Whitehead. This family entered the family relay at the White Rose. They decided that Mummy Whitehead would run the medium leg first and Baby Whitehead would run the short leg second. Mummy Whitehead set off to her first control - a depression. Kindly Mr Buxton pointed out to her that the first control on his medium course was a knoll but Mummy Whitehead ignored his friendly advice and thought that Mr Planner had planned parallel courses to try and trick her. Mummy Whitehead was too clever for that old dodge! However after one or two controls (well five actually) the uneasy realisation crept over Mummy W that perhaps her course was rather easy for a medium. And who were all these little boys and girls who kept on beating her to the controls and punching ahead of her? It was then that Mummy W looked at her control card and realised that she had picked up Baby W's card - and map - by mistake! What a silly Mummy Whitehead! Daddy W was rather surprised when Mummy W arrived back from her "3km" course in less than 20 minutes. (In fact the whole of DVO was). But when Daddy W found out what a silly sausage Mummy W had been, did he laugh? No, he didn't actually. Mummy W made herself scarce and scarpered on her medium course before Daddy W did something that he - and she - would regret. Like all good stories, this one has a happy ending. Daddy Whitehead may one day forgive Mummy Whitehead and then they will be on speaking terms again. But will they live happily ever after?

THE END

Graham Johnson

FIXTURES

DATE	REGION/ CLUB	TYPE	AREA/GR	DETAILS
SEPT 11th	BL	National Event 6	Swindale NW, Haweswater (NY/512165)	J. Roelich, 33 Moorville Drive South, Carlisle, Cumbria, CD 06-8-94 £6/£2.50 SEF NoEOD organisers: C&H Lates 0228 33600
17/18th	Caddihoe Chase W/E	17th-Devon badge event 18th-Chasing start	Crazywell, Tavistock (SX/568694 SX/568694	PC Tadd, 35 Woodmere Way, Kingsteignton, Newton Abbott, Devon, 0626 55891 CD 31.8.94 £11/£5 for both days SEF, Ltd EOD organiser T.Clark 0803 863521
18th	YH	Dales Trophy Event (Badge event)	Lanstrothdale Chase	Alex Syke, 7 Alma terrace, Spring Bank, Keighley. CD 30.8.94, £4.50/£2 SEF Ltd EOD, Org: Guy Patterson 0532 521489
18th	DVO	Colour Coded and Anniversary Courses	Shining Cliff	Organiser: Rob Shooter 0602 322945 (SK348514)
24/25th	MDOC	Twin Peaks Badge Event W/E	Macclesfield Forest, Macclesfield SJ/952715	Kath Speak, Oakfield House, Wood Lane North, Adlington Macclesfield 0625 876076 Organiser: Dave Mawdsley 0625 427272 CD 7.9.94 £5.50/£2.50 per day or £8.50/£3.50 both days SEF EOD available
OCT 1st/2nd	NATO	October Odyssey Badge Event W/E	1- Keilder Burn, Keilder NY/631933 2- Low Burness NT/770025	Margaret Crosby, 35 Allanville, Camperdown, Newcastle, 091 268 5449 CD 12.9.94 SEF Ltd EOD, Organisers: 1- Graham Ryott 091 236 5213 2- Philip Davies 091 253 1667
2nd	SELOC	Badge Event	Watergrove Rochdale SD/913183	J.Bulger, Cherry tree Cottage, Top'O the Hill, Haugh, Newhay, Rochdale 0706 291799 CD 17.9.94 £4/£2 SEF Ltd EOD Org: D. Rose 0706 353592

2nd	SWOC	Badge Event	Merthyr Common, Merthyr Tydfil SO/111151	Peter Ribbans 25 Fairfax Road Cardiff, 0222 520506, CD 10.9.94, £4.50/£2.00/ £1-<M/W13 SEF Ltd EOD Org N. Kingsford 0873 858534
2nd	SYO	Long O/Colour coded event	Blackamoor & Longshaw, Sheffield SK/287816	Martin Checkley, 5 Durmast Grove, Stannington, Sheffield 0742 335540
8th	SBOC	National Event & Veteran Home International	Ogof Ffynnon Ddu	Dennis Lawlor, 20 Clos ty Mawr, Penllergaer, Swansea, 0792 894456 CD 5.9.94 - SEF fees not published EOD for C/Coded only
9th	SBOC	Chasing Start Badge Event + VHI Relays	Ogof Ffynnon Ddu, Swansea	as above
16th NOV 5/6th	DVO	Colour Coded Senior Home International NW	Matlock SK/330626	A-M Priston 0773 856824
13th	WCOC	National Event 8	Dalegarth Eskdale NY/192008	Rob Holder, Derwent Hill Portinscale, Keswick, Cumbria 0768 775033 CD 17.10.94, Fees ?? SEF No EOD, Org: Peter Atkinson 0946 813112
27th	DVO	Badge	Eyam Moor (SK210777)	SEF £5/£2 (£13 family) to M.Godfree, 26 Rangemoor, Mickleover, Derby Organiser: Neil Forrest 0629 57067 (Half price to helpers) C/Coded Y.O.R String M/W10-70
JAN 1995 2nd	DVO	New Year Event	Cromford Moor	Org David Tryner 01629 650053 Mass start 11.00am String Jr and Snr SK/293532
APRIL 23rd	DVO	Badge	Crich or ?	This is week after JK
OCT 8th	DVO		Gibbet Hill, Umberley Sick & Hell Bank Plantation (phew!)	This is on the day after the Compass Sport Cup Final (to be held in EM)

**** Offer to help at DVO events, and helpers will get a 50% reduction on fees (junior free at colour coded events)**