

NEWSTRACK
AUGUST 1995

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THE EDITOR'S (SLIGHTLY BIGGER) BIT

So I've got a choice. I can either try and get NewsTrack out in the intervening weekend between coming back from the Scottish and going on holiday again or I can wait till I get back at the beginning of September. The second option will probably result in NewsTrack colliding with EMEWS so it looks like the former. Ho hum. But what to say? The Scottish apart, there's been less orienteering in the last two months than raindrops. I know, I will turn to CompassSport for inspiration where, as luck will have it, there are a couple of portentous articles on The Future of Orienteering as We Approach the Millennium (there's still five years to go and I'm already sick of hearing that word. Roll on the 21st century).

For non-readers, these articles deliberately offer opposing views. In the red corner, we have our very own, well NOC's very own, Mark Thomson and in the blue is SYO's Nick Lightfoot. The background to these articles is (apparently) a worldwide decline in fresh, particularly young, recruits to the sport, increase in splinter groups, rising costs and access problems. Adding to these problems is the effect on British orienteering of the publicity generated by the World Champs when these are held in Scotland in 1999, bearing in mind the increased numbers of participants following WOC77.

Mark takes the view that there are already enough orienteers in this country and the sport cannot cope with more. His solution is to propose less events, and to make those events more low-key and less reliant on the efforts of organisers who tend to be the same people. On the other hand, Nick is concerned at what he sees as the lack of development, promotion and encouragement of the sport and criticises it as male, middle-class and middle-aged.

Although these views are presented as opposing, there are some similarities between them. Although Nick does not specifically recommend less events, he does, like Mark, favour smaller events with the emphasis on opportunities for youngsters.

The number of different questions thrown up by these articles are so many that you would find it difficult to find any two orienteers agreeing on all of them. I find little to agree with in either of them.

I certainly could not support a policy which envisages the sport as some sort of club which decides not to admit more numbers once its membership has reached a notional maximum level. Merely because we have discovered that we enjoy orienteering does not give us the right to deprive others of the same pleasure. Although I have yet to be convinced of the effectiveness of CATIs as a means of introducing new members into the sport, I would not abolish the concept, as Mark would on the grounds that the less publicity for orienteering there is the better.

I also cannot understand Mark's view that there are too many fixtures. It was only in February of this year that I was bemoaning the lack of events at that time of the year, and here I am six months later, looking back over a two and a half month period when, Scottish and Summer League apart, I have orienteered once and do not expect to orienteer more than once or twice until mid-October - that's maybe 3 English events in 4 months. When the latest fixture list comes, I eagerly scan it and plan the next few weekends. Ideally I would like to orienteer at least once a weekend, but recognise that this is not practical.

Mark's suggestion of fewer events seems to be designed on the one hand to discourage new orienteers while on the other encouraging more eager helpers. If there are no new orienteers, the sport will certainly stagnate and eventually literally die. Can you imagine twenty years time when the biggest class is M60? No, we have to encourage fresh enthusiasm and, if this does cause problems of oversubscribed events, find other ways of dealing with it. I would rather see a DVO event on the same Sunday as an NOC event every month than one DVO event every two months if matters came as desperate as this. Although orienteering at a colour-coded level has become more popular - which has produced DVO's currently healthy bank balance and also resulted in its freezing of entry fees for the last 3/4 years - I think that we are some way off this parlous state of affairs.

It is a fact of life that the same old faces help at events but help they do, and since they are, by and large, the most enthusiastic orienteers, they are only putting back into the sport what they take out. When finding volunteers becomes impossible, that is the time to cut down on events.

Although I do not agree with Mark, there is at least a consistent thread running through his arguments. However, apart from the need to encourage youngsters - a sentiment with which I obviously agree - I found Nick's article to be simply a collection of unrelated ideas based on experiences which do not match my own. I do not recognise for example his description of little or no improvement in organisational standards, of badly planned and "un-cool" - (whatever that means) - "unexciting" events. Whilst his description of the sport as middle-class and male-dominated is true, it is pointless to imply that this is a new phenomenon. Things have always been this way and, frankly, always will.

The current popularity of M40 and M45 does point to a middle-aged sport, I agree, but is it not the case that M40s and M45s are usually the parents of the very teenagers that Nick Lightfoot wishes to attract to the sport? No matter how much effort you put into junior orienteering, it is a fact of life that those juniors will only go to events if driven by a senior orienteer, more often than not their parents. There has been a noticeable expression of resentment towards so-called middle-aged members of the sport in the pages of CompassSport

as of late, particularly in the junior pages, as if M/W40s and above have no business enjoying the same sport as those 20/25 years younger. If you show me a successful junior, I will 9 times out of ten show you an M/W35-M/W45 who brought him/her to the event. The point is that, no matter how important regeneration through influx of juniors is, sight must not be lost of the fact that this is a sport for all. Care should be taken not to alienate the very people who are the backbone of the sport.

For this reason the point on which I disagree most strongly with Nick Lightfoot is his description of the elite orienteer as "the most valuable resource" that the sport has. This is laughable. The efforts of the few who compete on the international scene are doubtless useful in gaining publicity for the sport and thereby valuable funds but to pretend that the elite act as a "focus for junior activities locally" feeding knowledge and experience of international competition into planning, mapping, coaching and event organisation is self-delusion of the highest order as only a few moments thought will confirm. These jobs are for the most part done by the vast number of orienteers for whom international competition will be a distant and unattainable dream.

Yes, I am one of those orienteers whom CompassSport describe as valuing the physical and mental challenges of orienteering, of competing against my peers - even though there seemed to be very few of these at the Scottish - and, yes, for the most part, I hold to the maxim that if it ain't broke, you don't fix it, so, although articles in CompassSport that advocate wholesale abolition of CATIs and National events do provide food for thought, radical alteration of a sport which gives thousands satisfaction as it is, thank you very much, week in, week out should be attempted with utmost caution and only with the approval of the majority.

DVO GOES SWISS IN '96

Many of you will have seen the bright yellow tee-shirts from 1992. Well the writing is becoming faded and most owners have relegated them to the running wardrobe or even the rag-bag. Well, here is your chance to get the new edition. The Swiss are holding an O Week next year from August 3rd to 10th. This will be based at the lake resort of Brunnen. This is in the centre of Switzerland at the corner of Lake Lucerne in the Canton of Schwyz. There are 6 days of running with a day off in the middle and two elite races to watch as well.

Transport to all the events from the event centre is provided (and its use compulsory), and includes boat, railway and chair lift. So even the Swiss admit that it will be expensive, but it does make it practical to get there by public transport.

Thanks to Ted and Liz we have a vast list of accommodation possibilities ranging from camping nearby, possibly on a

commercial site rather than the event site, through a hostel to hotels. I would suspect that most people will prefer to camp.

Further information will be available in November but expressions of interest would be welcome so that we can move quickly to book accommodation. I would envisage making a group booking for the campsite and making a club entry for the runs to save on exchange rate fees.

So start saving the pennies now, keep the dates free and let me know if you are interested or would like to see the brochure.

Mike Godfree (01332-515862)

BOF RANKING LIST - JULY 1995 ISSUE

W19	1.	Kim Buckley	4251	M35	21=	John Hawkins	3575
	14.	Joanne Armistead	3301		36.	Steve Kimberley	3445
					50.	Ian Whitehead	3327
W21	11.	Kim Buckley	3719		91.	Paul Addison	3066
	53=	Ann Marie Priston	3145		95.	Mike Gardner	3054
	112	Kim Buxton	2767		100.	Steve Buckley	3040
	136.	Caroline Walden	2636		102.	John Mallley	3027
	166.	Sue Russell	2535		106.	Paul Jones	3013
					168.	Graham Johnson	2686
W35	8.	Val Johnson	3786		182.	Paul Wright	2639
	46.	Kath Whitehead	3159		193.	Andy Stevenson	2600
	57.	Judy Buckley	3022		209.	Ray Dickenson	2530
	71=	Jayne Malley	2915				
	101.	Mary Jones	2615	M40	27.	Paul Armstrong	3376
					51.	Dave Brodie	3214
W40	70.	Judy Buckley	2853		62.	John Hopper	3101
	74.	Viv Macdonald	2694		63.	Steve Buckley	3094
					106.	Graham Johnson	2908
W45	12.	Judy Buckley	3649		195.	Ranald M'donald	2598
	23.	Liz Godfree	3344				
	40.	Helen Finlayson	3181	M45	4.	Steve Buckley	3876
	54.	Ann Armistead	3092		96.	Mike Godfree	3148
	87.	Jennifer Gale	2731		123.	Andy Hawkins	3054
					147=	Stuart Swalwell	2986
M21	33=	David Godfree	3545		220.	Ray Stuart	2719
	43.	Alastair Buckley	3502				
	49=	John Duckworth	3454	M50	82.	Doug Dickenson	2967
	286.	Martyn Hodgson	2723		98.	Rex Bleakman	2888
	333.	Dave Clough	2600		120.	Dave Walker	2806
					122=	Neil Forrest	2795
					143.	Derek Gale	2712
					164.	Barrie Stephens	2600
				M55	94.	Barrie Bibby	2869
					95.	Tony Seaston	2867
					127.	Keith Langhorn	2657

BRITISH CHAMPIONSHIPS 1997

You will have seen John's article in EMEWS about the British and the warning that we will be trying to appoint team leaders. We would like to ask for some particular jobs to be covered fairly soon - especially that of Equipment Organiser and Deputy. So, if you have access to a van, trailer or other means of transporting large items of equipment and enjoy ordering and erecting tents and banging stakes into the ground, you could be just the person we want! Alternatvely, you could direct others in carrying out these tasks.

We welcome all offers for this and any other expertise you are willing to admit to us.

Ranald and Viv Macdonald
01629 734307

CLUB DINNER

The Club's Annual Dinner will be held on **FRIDAY 22nd SEPTEMBER** - not Friday 6th October as previously advertised.

It will be at the Lion Hotel, Bridge Street, Belper at 7.30pm for 8pm. The cost is £14.50 per head.

Please complete the enclosed form and send it to me with your cheque (payable to DVO) by Friday 1st September.

Hope to see you all there!

Viv Macdonald (01629 734307)

Club Dinner - Friday 22nd September

Names..(1).....

(2).....

(3).....

(4).....

Please tick boxes for your choice.

	(1)	(2)	(3)	(4)
Melon with orange				
Cream of mushroom soup				
Prawn, apple and celery cocktail				
Supreme of chicken in white wine sauce				
Roast sirloin of beef with Madeira sauce				
Mixed nut and vegetable roast with herb sauce				
Cheese and biscuits				
Profiteroles with choc sauce				
Apple pie and cream				

Cheques please to me by 1st September, made payable to DVO for £14.50 per person.

Viv Macdonald

42 Jackson Road
MATLOCK
Derbyshire
DE4 3JQ

Dear Ed

NOW IS THE TIME TO SAY GOODBYE. NOW IS THE TIME TO YIELD A SIGH.

NOW IS THE TIME TO WEND OUR WAY UNTIL WE MEET AGAIN SOME SUNNY DAY

(Apologies to Pete and Dud)

Chris will be doing A Levels at Ulverston Victoria High School from September so he and I are leaving Matlock on 2nd September. Nigel is remaining here until the house is sold. We shall miss seeing so many familiar faces at events but hope to see at least some of you at future events in the Lakes. Our long-term plans are to have a B & B and a holiday letting house, so look out for the adverts!

Our address will be 17 Byron Street, Ulverston LA12 9AS.

Directions:- A 590 past roundabout near supermarket, left after Canal Tavern, (but before Welcome Inn), by Auction Mart. Turn right almost immediately - Byron Street. Post event tea and sympathy can be provided.

Lynette and Chris Gilligan

PS Anyone want to buy a 4 bed. det. house in Matlock??!! (Very convenient for Matlock Forest West or whatever it is called now)

DON'T FORGET

** DVO AGM *** DVO AGM *** DVO AGM *** DVO AGM *** DVO AGM **

*** BELPER SPORTS CENTRE *** BELPER SPORTS CENTRE ***

*** WED 27TH SEPT, 8.30PM *** WED 27TH SEPT, 8.30PM ***

KILBURN STAR RELAY

SUNDAY 23RD JULY 1995

RESULTS

1	Team 2	3.22.10	Ann-Marie Priston, Liz Tryner, John Hurley, Dave Clough.
2	Team 4	3.23.56	Kate Johnson, Kathy Whitehead, Mike Gardner, Graham Johnson.
3	Team 1	3.29.22	Ruth Johnson, Kim Buxton, Russell Buxton, Dave Brodie.
4	Team 3	3.31.05	Joy Hopper, Sue Russell, John Hopper, Steve Kimberley.
5	Team 5	3.35.19	Hilary Johnson, Dave Tryner, Steve Wilson, John Duckworth.
6	Team 6	3.35.23	Emma Whitehead, Val Johnson, Paul Wright, Ian Whitehead.

INDIVIDUAL RESULTS

LONG		MEDIUM		SHORT		
1.	John Duckworth	39.21	1. John Hurley	29.22	1. John Hopper	15.16
2.	John Hurley	39.28	2. Ian Whitehead	31.19	2. Graham Johnson	15.43
3.	Russell Buxton	39.43	3. Steve Kimberley	32.07	3. Val Johnson	17.17
4.	Ian Whitehead	43.20	4. Mike Gardner	34.49	3. Dave Brodie	17.17
5.	Mike Gardner	43.30	5. Val Johnson	35.15	5. Ann-Marie Priston	18.38
6.	John Hopper	43.34	6. John Duckworth	35.29	6. Steve Wilson	19.01
7.	Graham Johnson	47.11	7. Russell Buxton	38.15	7. Hilary Johnson	20.53
8.	Steve Kimberley	48.00	8. Kathy Whitehead	39.06	8. Ruth Johnson	22.21
9.	Dave Brodie	50.07	9. Ann-Marie Priston	39.39	9. Emma Whitehead	22.57
10.	Dave Clough	50.26	10. Dave Tryner	40.43	10. Kate Johnson	23.17
11.	Steve Wilson	59.52	11. Kim Buxton	41.42	11. Liz Tryner	24.37
12.	Paul Wright	65.15	12. Sue Russell	42.50	12. Joy Hopper	29.18

The Return of Cook's Corner

This Month: Judy Buckley's Oh! No! Wilf's Not Here Buns.

4oz plain chocolate (melted)
2oz cocoa powder
8oz self raising flour
1tsp baking powder
2oz brown sugar
pinch of salt
3flos milk
1tsp vanilla essence
1 egg
4oz chocolate chips

Mix together, adding choc chips last. Spoon into 12 muffin tins, with some choc chips on top. Bake on No 7 (220 deg C) for 15 mins.

Do you have a favourite recipe suitable for post-0 or training? Then send it in to this feature. Everybody does, so there really is no excuse not to. I am still waiting for a decent flapjack recipe even though Val did recently, and with modestly successful results too, remove her unilateral flapjack moritorium imposed following my gratuitously offensive description of her usual efforts in April's edition.

ODDS AND SODS

Sports Personality of the Month

A.K.A. The Tony Berwick Guide to Organisation.

Step 1. Go on a long holiday, preferably to some dark corner of France.

Step 2. Send not one but two postcards to other members of DVO, saying very sorry but I forgot before going on holiday to get permissions for an event and could you do the job for me please....

Quiz Answer of the Month The last event of the Summer League, at Allestree Park, required you to answer a crossword puzzle using clues found at each control. It has to be borne in mind that each of the answers was a control description. One of the clues, a three-lettered word beginning with "P", was a stop for refreshment. With one exception, everyone inserted the word "PIT". Jayne Malley, quite seriously, inserted the word "PUB".

Mipsrint of the Month While a large section of DVO was enjoying exploring unknown regions of Staffordshire on a training run starting at 7.30pm from Ilam, Joy Hopper whose husband John was one of the runners was wondering why DVO was starting a training run at 11am on a Wednesday.

Overheard 1. Someone at the Scottish complained of making a 360 degree error. I'm not sure what one of those is but I'd think my orienteering would improve if I made a few more of them.

Overheard 2. The scene was at the top of Alport Heights halfway through a DVO training run on a sultry summer's evening. A non-orienteering couple were lying on the hillside soaking up the peace and tranquillity.

Her: If you closed your eyes, you could be anywhere in the world.

Him (after some thought): Well, you couldn't be at the Arc de Triomphe.

I'm still trying to work that one out.

I was very impressed with Sue Brown having to fly from Inverness during the Scottish 6-Days in order to attend a meeting in London, catching a mid-afternoon flight back. That was until I read that the planner for one of the events had flown to put out the controls from Malaysia, also returning on completion of this task. Did we pay for it is what I want to know.

Knickers. Now that's got your attention, this item has got nothing to do with orienteering but I pass it on to you nonetheless. Val was recently the recipient of a novel twist on the dreaded chain letter, you know the one where you are threatened with death by a thousand cuts if you break the chain but you throw it in the waste paper bin anyway. Instead of being required to send a postcard to the top name on the list, this letter asked Val to send a pair of knickers. If the chain was not broken, Val could expect to receive thirty-six pairs of knickers in due course. I am trying to imagine a male equivalent to this idea as I can't somehow imagine men being prepared to send Y-fronts through the post.

REMAINING SUMMER TRAINING RUNS

N.B. The list in EMEWS is incorrect, being a week out.

23rd August. Alderwasley. Roger and Margaret Keeling, New Road Farm, New Road, Whatstandwell. 01773 852991.

30th August. Carsington. Visitors' Centre.

6th Sept. Crich. Ann-Marie Friston and John Duckworth, 6 Mills Court, 01773 856824.

13th Sept. 153 Duffield Road, Allestree. i.e. Back to normal.

FIXTURES

- 26th-28th August White Rose Weekend. Cropton and Cawthorn, Pickering (SE/768894) White Rose 95, 8 Hilbra Avenue, Haxby, York YO3 3HD (01904 762310) 2nd CD - 20/7/95. Special Entry form required. EOD available.
- 9th September (Sat) LEI Wanlip and Watermead C-C. Dai Bedwell, 397 Ashby Road, Loughborough (01509 215885)
- 16th September (Sat) DVO Come-and-Try-It Event Elvaston Castle SK/414328
 Organiser: John Duckworth, 6 Mills Court, Crich (01773 856824)
 Planner: Russell Buxton
 Controller: Judy Buckley
- 17th September DVO Stanton Moor C-C
 Organiser: Colin Macdonald, 1 The Paddock, Church Street, Monyash, Bakewell DE4 1JH (01629 814001)
 Planner: John Hopper
 Controller: John Hurley
- 24th September NOC Rufford Park Local (I think this means Come-and-Try-it) Event SK/845652. Colin Portman 01159 720596
- 30th September (Sat). National Event V. Mynydd Llangynidr, Tredegar SO/121127. Peter Colbert, 2 Sunningdale Close, Cynod, Cardiff CF2 6HP (01222 754729) CD - 8.9.95. £7.50/£3.50. No EOD.
- 1st October SWOC Score event. Same area. Entries to above address. £3.00/£1.50. Limited EOD.
- 1st October WCH Gentleshaw Common C-C SK/050120. Elaine Dunn 01785 662520
- 8th October DVC Cromford Moor C-C
 Organisers: Viv Macdonald, The Cottage, Cookshead Lane, Two Dales, Matlock DE4 2SN (01629 734307)
 Margaret Keeling, New Road Farm, New Road, Whatstandwell, DE4 5HQ (01773 852991)
 Planner: Ann-Marie Priston
 Controller: Pete Jones
- 7th-8th October NN October Odyssey
 7th Flinty Fell, Alston NY/781438
 8th Carrs Top, Stanhope NY/985352
 Don Smith, 5 Baliol Road, Stocksfield, Northumberland NE43 7JU (01661 842822) CD 18/09/95. £5.00/£2.50. Cheques - Northern Navigators.
- 14th-15th October MDOC Twin Peaks Badge Events. Errwood, Buxton. SK/032751 Eve Roberts, 7 Brisbane Close, Bramhall, Stockport SK7 1LF (0161 4396435) CD 27/09/95. £4.50/£2.00 per day.
- 12th November National X Bethacar Moor SD/310905 Steve Watts, 30 Sheeplands Grove, Barrow LA13 OAS (01229 432797) CD 16/10/95. £7.50/£2.50.
- 27th November DVO Linacre C-C (to be confirmed)
 Organiser: Barrie Stephens, Spire View, Monyash Road, Bakewell, DE4 1FG (01629 813063)
- 31st December DVO Bottom Moor (Matlock East) Score Event
 Organiser: Tim Norris, Dairy Cottage, Highcliffe, Eyam S30 1QT (01433 631891)