

# NEWSTRACK

## JULY 2000



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(Sorry Kate, but lack of time means back to the same old boring cover)

## Newstrack

The observant among you will have noticed that Newstrack has jumped a month. A two monthly cycle should have meant an issue in June. (If you hadn't noticed at all, shame on you). This interruption reflects the less than frenetic orienteering programme at the moment but more pertinently the fact that an August Newstrack, falling right after the Johnson annual summer holiday, is often a painful experience I can well do without. So next Newstrack will probably be at the end of September, before we fall back into the familiar two-monthly pattern in December.

Happy Holidays.

## Thoughts from the Chair

What's happened to the summer? The best two weekends since Easter happened to coincide with the British Championships in Herefordshire in May and then the Club Championships in June. The rest of the time has been fairly miserable. Here's hoping for those going to the Welsh 5-day.

The British Championships saw a number of good performances with an individual win for Doug Dickinson (M55S), a second for Kathryn Schofield (W21S) and third for Liz Smith (W55S). There was an excellent win in the Women's Short relay by Sal Chaffey, Ann-Marie Duckworth and Karen Jackson, and a very creditable second place in the W55 for Judy Buckley, Liz Godfree and Margaret Keeling. The site for the relays was excellent for spectators, with a long run in to a spectator control before disappearing back into the woods for a final couple of controls. The weather was hot and sunny making for a very pleasant weekend (including barbeques on the camp site in Ross). For some reason I chose the British to run a long course for the first time in couple of years, which explains why I took 131.01 to run 8.7km and finished 160<sup>th</sup> out of 166! Whilst accepting that electronic punching allowed the planners to make better use of a relatively small area, I did get a bit fed up running past the same control four times – which might say more about my route choice than the planning!

The Club Championships was very well attended on what has proved to be the hottest day of the summer so far. Over 70 people took part, with Doug Dickinson winning the senior event and Ben Humphris, the junior. It was very pleasant sitting out for picnic – unlike recent years. When trying to cajole people to take part at the Calke event the previous week, I was still surprised that some felt the event was not for them as it was the 'Club Championship'. That, together with the fact that some people have not wanted to win because it means organizing and planning the following year, has led to us to decide that the Fixtures Sub-Committee will take responsibility for finding officials for the event in future. We

will also put it on as a 'Club closed event' at which the Club Champion will be decided. So no excuses next year!

The Club's Annual General Meeting is being held at Belper Sports Centre on Wednesday 27 September. The agenda appears elsewhere in Newstrack but it would be nice to see a few more people coming along. If you have any proposals for changes to the constitution, please let me or Mike Gardner (DVO Secretary) have them in writing before the meeting.

Early July saw a good DVO contingent head for the Lake District and the Saunders Lakeland Mountain Marathon. Whilst the rest of the country had miserable weather on the Saturday we had a scorching day, followed by a lazy afternoon and evening in the sun. On Sunday some got their come uppance with thick mist and heavy rain later on. Brian Denness proved to be the latest person mad enough to run with Dave Clough and they achieved a very creditable 16<sup>th</sup> place in their class. Brian enjoyed it so much they've now entered for the Karimoor! The rest of us - Ann-Marie and Kathy, Ann and Jo Armistead; Helen and Gill; John and Jayne - did the Harter Fell class and had mixed fortunes, though Viv and I were just happy to have a nice weekend in the Lakes (Viv even took her cross stitch of a bumble bee for the long evening in camp! This was unnecessary extra weight, some argued).

You will find the Club Development Plan included with this Newstrack. This has been amended by the Development Working Group and the Open Meeting in June also considered it. The Plan gives us something to focus on when evaluating our activities but is also necessary when it comes to bidding for more public funds from the Lottery or local authorities.

Our Development Plan includes introducing orienteering to both juniors and adults and as part of this we had another Schools Day at Pools Brook Country Park on the eastern side of Chesterfield in May. Whilst numbers were disappointing it was an opportunity to have our latest permanent course opened by the Mayor of Chesterfield, who then went round a course with his family. In early June we also put on an event for the Derbyshire Millennium Youth Games in Osmaston Park, Derby, as part of their mini games for junior schools. Something like 150 youngsters did the score event and a number of kids from the local estate also went round a White course. This was excellent publicity for us as it was unusual for orienteering to have such a place in the programme and it is part of a growing relationship with local authorities in our area. Thanks to Val Johnson, in particular, for her work in putting on these events. Our next opportunity to attract new orienteers is at the come-and-try-it event at Holmebrook Valley Country Park on 16 September. We could do with some extra help on the day as well as with as much publicity as possible.

Also included elsewhere is a letter I wrote to Roz and Andy Clayton following the March Open Meeting, together with their reply, making them Lifetime Members of

DVO for their considerable contributions to the Club before their move to New Zealand a couple of years ago.

Anyone in the north of the county who would like a run can join us at Sherwood Hall in Matlock on Monday evening at 6.30pm. Running as members of Matlock Athletic Club (£10.00 a year) we take in the surrounding area most weeks and in the summer venture out to other parts of Derbyshire on alternate weeks as well as to many of the local fell races. Described as a 'seriously social' gathering it also helps if you can talk whilst running! Alternatively, John Duckworth and co. also venture out into the Peak District on summer Mondays (details from John).

For those of you who have found something missing in your life in recent months and have found the summer evening events too easy, 'it' will soon be back. 'It' being the fortnightly circuit training at Derbyshire Police Headquarters. Details elsewhere.

And, finally, as I mentioned in the last edition of Newstrack, I stood for a BOF Councillor's post at the BOF AGM and got elected. No one else actually stood so it wasn't that difficult to get elected! As well as BOF Council, I also have to attend the Management Committee and have been asked to chair the English Orienteering Action Group. The latter is part of the activity to restructure BOF into a federation of the four home nations instead of Regional Associations. Not that the associations will disappear, but they will not be part of the constitutional processes of BOF and will be designed to meet local needs such as junior squads and fixtures co-ordination. I have written to all English clubs asking them to send two representatives to a Club Conference on Saturday 18 November in Crewe (join BOF and see the world!) to discuss the proposals as well as making suggestions. No doubt this will be discussed at the AGM in September.

**Ranald Macdonald**, Chair, Derwent Valley Orienteers

## **The Second Moors and Tors Challenge**

Sunday, 8<sup>th</sup> October 2000

For those who can resist the attractions of Fineshade and fancy a walk or run in the Peak, DVO member Adrian Boyes a.k.a. Dark & White Challenge Events offers an 8 or 20 mile challenge for runners or walkers. The 20 mile route includes Mam Tor, Kinder Scout and Lose Hill, while the 8 mile takes in Mam Tor, Kinder and Hollins Cross. £6.50 or £3.50. Entry forms can be obtained from Adrian on 01629 581240 or at [adrianboyes@dial.pipex.com](mailto:adrianboyes@dial.pipex.com). I also have a couple of copies.

## James Allen Ventures Behind the Forest Curtain

After a very enjoyable trip to Norway with the British Police Orienteering team last September, I was only too pleased to accept an invitation to represent the team once more in foreign competition, this time in Hungary. We had been invited to take part in a four nation competition with our hosts, as well as Germany and Bulgaria.

So on 17th May the amazing logistical exercise of getting eight of us to Budapest from four different airports took place with few hitches, and after a long day's travelling we all assembled at the Hotel 'Pilis' in Dobogoko. It wasn't a hotel at all really although it had the look and feel of one. The hotel was in fact an Interior Ministry residence. Which in former times had been something of a party retreat. It certainly had the feel of being something from the communist era. It may be that communists were very small, because the bed was about 5' long. So we didn't get much sleep.

We assembled on the first evening for the opening ceremony conducted by Colonel General somebody or other. Couldn't catch his name. After the speeches and welcomes, a dinner of cold tongue(!) and broccoli was served. I didn't know it was cold tongue until I'd eaten it, I don't think I would have if I'd known before. Much relief was found though when it was realised that the bar was well stocked and very inexpensive. I don't think I've ever bought a pint for 40p before. It's like the kind of thing my Dad would tell me about. "I can remember when you could go out for 6 pints, a fish supper, fill the car up and pay off your mortgage and still have change from a pound..." Either his memory is a bit skew wiff or he is in fact 216.

Anyway the next morning it was the individual short race. I was only too delighted to see that 5.6km would have only 40m of climb. The start was only about 5 minutes walk into the forest behind the hotel, but that walk would reveal much about Hungarian forest. In terms of runnability it was sublime. The forest floor was covered in grass to about ankle depth and that was it. No brambles, no bracken and mysteriously no brashings.

I started my course and was pleased to discover that the runnability was fairly consistent throughout and that the course would be linear and downhill, the finish being some km distant in the forest. No navigational problems would be encountered until no. 10 of 11 controls. Talk about ruin a good run on the easiest control. Going too fast (rare for me, I know) I just made a hash of this straightforward leg and floundered around for 10 minutes in a reasonably technical part of the forest that shouldn't have presented any problem whatever.

A 40 minute run soon turned into a 50 minute run, and a top ten performance soon turned into an average run.

Never mind. The standard of organisation was very high. The map was largely very good, if too old. Our hosts explained that it was their biggest problem. They have good mappers, and lots of exceptional forest, but they simply can't afford to have the maps updated regularly. So we were running on an 8 year old map which was showing it in places. The best example was a former power line which was mapped as a runnable corridor, but over the years had been wholly taken back by the forest, and was indistinguishable from the rest. Once you realised this, you could work around it, but until you did it was a great route choice that you couldn't find.

The finish for the short race was in an idyllic field in the forest, fully equipped with finish banners, tents, loos, results and a packed lunch for everyone. This would also provide the start for the relay in the afternoon. At the top of the field were some charcoal burners which perhaps explains why there were no brushings.

My team of three, Malcolm Fowler from Cheshire and MDOC and Gary Holtby of Warwickshire and OD being the other two, were quietly confident. Malcolm is an exceptional runner, and the plan was for him to hang on to someone over his leg. No one could run away from this 2:24 marathon man, and hand over to me for a safe second leg before Gary would pick the pace up on the third.

Our plan failed to account for three things however: gaffling, Buggerov the Bulgarian and the rain.

Malc's plan disintegrated at the first control, and he never saw anyone again, especially when he couldn't find the sixth control. My plan failed when, having found the same sixth control, Buggerov the Bulgarian, wearing T shirt, shorts, trainers and bewildered look, popped up from behind a bush looked at me and clearly thought 'my ticket back to the finish has arrived'. Buggerov decided that the only way he was going to get back was by putting his map away and never letting me get more than 3 feet in front.

Having realised his plan I saw a deep red mist. Took an hopeless bearing for control 7 and ran off at great speed in the wrong direction. 20 minutes later, I staggered into no. 7 having been up hill and down dale. Needless to say Buggerov was still there.

Things carried on like this until the 11th, spectator, control which was about 10 minutes from the finish. Buggerov had clearly done his homework. Leaving 10 he found a new lease of life and was off like a bullet out of a gun and into the spectator control to rapturous applause about 30 seconds in front of me. Now I didn't feel this was really cricket. I was even more annoyed to crest the next rise to find my Bulgar friend sat on a log waiting for me to show him no. 12!

Following an icy stare, I think he got the hint and did the decent thing then and made sure I crossed the line first. Of course Gary had gone on the mini mass start some time earlier.

Gary was by all accounts having a good run, until the heavens opened on his unbagged map. Which disintegrated, and was lost when he fell in a ditch. He then spent the next half hour not really sure of the lie of the land, finding his way back to the start/finish. No mean feat given the complex nature of the terrain.

So no time was recorded for our relay team. which is probably no bad thing as both Malc and I had managed to turn 6.8km and 260m into a 95 minute marathon.

We returned to the hotel on the oldest ricketiest eastern European bus you have ever laid eyes on. It made me feel sick as a dog, and was I relieved to get off at the other end? Intriguingly it took the bus longer to get back than it had taken the, inevitably, German winner to go the other way that morning. Weird.

That evening an outdoor goulash fest had been planned for us. The weather put paid to that and it became an indoor goulash fest. The meal had been prepared in two strengths; a translation as I understand it: "ultra-mild, you western jessies might get it down if your lucky" and "phenomenally hot: we eastern European men and women are of amazingly strong constitution and all have very hairy chests". Our hosts were quite keen that we didn't have the latter.

Now plainly our Hungarian friends have never been to McTurk's Kebab shop on the Morledge in Derby at 11:30 at night in a drunken stupor. Their super hot goulash had nothing on a Shish/Tikka mix with extra chilli. After a bowl of the western jessie variety we moved straight on to the super hot, with no after effects. Except of course for the addition of turbos for the classic race the next day.

The classic was worthy of the name. 10.2km and 300m of climb over 20 controls on two maps. The flavour of the race was route choice. Most of the legs had several choices each with their own merits. As an example leg 2 was across a valley, which meant either following the line and crossing 10 contours or running twice as far around the head of the valley on a forest road. As it turns out my heads of the valley route worked out about 4 minutes faster. These dilemmas would confront us all the way around. It was a very enjoyable course on good maps in beautifully runnable forest. The previous days exertions had taken a bit of a toll on my legs and I was puffing a bit towards the end, but I finished in the middle of the field just ahead of Malc.

Of the other members of our team, Peter Guillaume of Warwickshire and OD, had the best results for GB running in the M45 category. Andy Berne of NATO



and Northumbria ran reasonably well in the M35 category, and Lucy Sewell (Warwickshire and OD) and Wendy Welham (Essex and SOS) had their own private battle in W21. Wendy deserves special mention because she hasn't been a W21 for some time!

After the classic, we returned to the hotel to clean up and then went out for a tour of SzantAndre, a town north of Budapest on the River Danube. Which isn't blue. SzantAndre is I would imagine the Hungarian Stratford upon Avon. A pleasant afternoon was had, my highlight of which was being introduced by our guide and interpreter Agnes, to the delights of Langoz. This is a traditional Hungarian dish which I can only liken to deep fried Yorkshire Pudding. It was disastrously unhealthy, but tasted divine. I had two. SzantAndre was very pleasant, just what you'd expect of an ancient central European town. All onion domes and narrow alleys.

On our final evening in Hungary we had the closing ceremony, in uniform. After speeches by Colonel General thingy and a Hungarian Minister of State no less, we moved on to the prize giving. Needless to say the GB team didn't wear out too much shoe leather walking to the front and back. Inevitably the Germans did. It was towards the end of this that the biggest drama of the event occurred.

There was a medal and trophy for the best performance over the event by a Hungarian male and female competitor. The lady stepped forward and collected her reward. The men's prize was announced and was awarded to one of their M21s. At this point the M35 from the Hungarian Border Police team (apparently a Major), who had had several good results, and was consequently in possession of a good handful of medals, stood up, marched across the room and promptly flung his medals at the top table, catching Colonel General thingy right behind the left ear with a bronze and silver. Well I've never seen the like. He stormed out of the room leaving an embarrassed wife and child behind. Some minutes later, Mrs Major stood up and made some kind of speech. Tomasz the interpreter elected not to translate this. Shame. It turned out later that he felt he deserved the prize. We mulled it over and felt that as the M35 classic course was half the length of the M21 it could only go to the younger man. Apparently the Major won't be back next year.

Anyway on the top table, Colonel General Thingy and the Minister could be seen deciding what to do. You could detect a wistful look in their eye, thinking back to former times. The words Salt Mine and Siberia didn't seem too far away. 'This wouldn't have happened 20 years ago', you could hear them thinking.

It was an interesting aside. After the formalities were over, an enjoyable social followed. I have to say that of all the nations present we won hands down on turn out. We might not have won anything but we certainly cut a dash in our uniforms. As a result the requests for photos started. In the end we must have



had our picture taken about 100 times each. And when we put our hats on ... ladies started swooning!

Early the next morning 8 thick heads assembled for the trip back through Budapest to the airport and our flights home. One final incident was to trouble me. When Malc and I arrived back at Manchester, his luggage appeared on the carousel, but mine didn't. It appeared that his bags had made it through Schipol but mine hadn't. I was in a bit of a panic thinking how I could explain the loss of a full uniform somewhere in Europe. When I got home I also sat down to add up exactly how much O kit had gone missing. I was just totalling it up when the doorbell rang. It was a nice chap from KLM with my bag which had been driven home for me after it arrived at Manchester two flights later. Relief. But Ken Broad was regretting it.

James Allen

## Harvester 2000

They're used to me at work. If they want a bit of a laugh on a Friday, they ask me what I'm doing at the weekend. They, for whom the highlight of Saturday and Sunday is a trip to Jessops, are unfailingly amused and bemused at the reply. Anyone who chooses to run after anything other than a bus is regarded as something of a freak requiring therapy. But even I began to see their point of view when asked the usual question before this particular weekend. So how do you explain the concept of the Harvester to the uninitiated?

So, it's a relay, and it's at night, so you have to strap a headlight to your forehead, and you're not likely to get much sleep whenever you run, and some people are running at three o'clock in the morning having spent the best part of a couple of hours standing round waiting in a tent. Oh, and the forecast for this weekend isn't very good.

'But there are prizes aren't there?'

'Oh yes, the winner gets, er, a combine harvester....'

I give up before universal uncomprehending shakes of the head, and begin to wonder what the particular attraction of this event is myself.

In fact, to say that the forecast is not good is a bit of an understatement. The worst of the weather has held off during Saturday, but as we set out for the wilds of Rochdale in the early evening, the storm clouds are gathering ominously so that by the time that we hit the outer limits of the pluviarium that is Manchester, they are well into their stride, hurling down a deluge that will continue with only brief pauses for breath, for the next ten hours.

As a connoisseur of the lower reaches of the Football League I was looking forward to spotting that outpost of soccer excellence that is Rochdale's wonderfully named Spotland stadium, but in this I was sadly disappointed – although by way of compensation on the way back there was a brief and enticing glimpse of Oldham's Boundary Park on the horizon. How one has to treasure life's fleeting pleasures.

Watergrove. What a romantic name. Conjuring up images of scented lemon trees basking on the balmy slopes of some Mediterranean island, the tide gently lapping upon its shores. But, eh up chuck, this is Rochdale where reality is a little different. Whoever thought up the term 'grove' as applying to this particular desolate landscape must have been suffering from a surfeit of Boddingtons.

We negotiate the cobbled street – honest – up to the campsite which is a field adjacent to a North West Water reservoir. While Val probably sensibly prefers a kip in the safety of the car, I try to pitch the tent in the gathering gloom. The field is part marsh and I'm obliged to pitch on top of reeds and spiky grass so that when erected the tent takes on the appearance of a bouncy castle. As one of the last to arrive I have been shown a pitch at the end of a row. An apparently admirable spot, but I quickly find out why it has not been taken previously. As I try in vain to get some shut-eye, I am subjected to the inebriated excesses of the EBOR team – I'm not afraid to name names – for whom the phrase 'consideration for those not remotely interested in your sexual conquests, the proceedings of the 'Love Parade' or a step by step account of your various runs' might as well be in Swahili.

Eventually, despite the onslaught of rain still hammering against the canvas, I give up and go and find out what's going on outside. Both Val and I are down to do the last, and daylight, runs of our respective teams. Smart move. The changeover tent is full of wide-eyed, bedraggled creatures, barely human, barely alive, regaling us with tales of two metre visibility and torches shining into the depths of apparently bottomless pits. It is horrendous out there, and it is to DVO's credit that not only do our three teams all get round, but some members are in remarkably fast times. John Duckworth's 70 minutes for 7.3 km is of particularly worthy note, being several minutes faster than somebody's, OK my, daylight run of similar length. Unsurprisingly, given the conditions, others are not quite so fortunate – no names here, but they are on the net for all to see – so that by the time of clocking in, the fourth nominally night/day legs have turned into daylight runs.

As the rain relents from inundation to mere drenching, and day dawns, it is possible to see that the whole area is a huge horseshoe-shaped moor surrounding the reservoir. Controls become visible in the gloom as well as the sight of orienteers frantically doing their own version of 'Chicken Run' looking for them. Sadly I am quickly to join them as in full view of the changeover tent I spend seven minutes criss-crossing the hillside hunting for my first control.

Halfway round I come across a group of three tents pitched rough. I can well imagine the scene as a group of walkers after a hard day on the moors selected an isolated part of the Lancashire countryside for a peaceful night of undisturbed seclusion only to have endure for several hours a continual succession of orienteers of questionable sanity stumbling through their campsites.

As you leave the event, half of you longing for the comfort of a bed and the relief of a good night's sleep that is still many hours away, the other half still high on the adrenaline of a recently completed run, it is still difficult to explain to someone who has never done it the attraction of this event. You've just got to be there to understand it, and hopefully I will be again next year.

Quote of the Event: 'I found Number Eight by navigating off the dead cow'.

### **Three Dales Run – 30<sup>th</sup> September 2000**

The second '3 Dales Run' (following on from the success of the 3 trigs run) will take place on Saturday 30 September. Starting from the Grouse and Claret at Rowsley (on the A6 north of Matlock) the course takes in Lathkill Dale and Stanton Moor, amongst other Derbyshire beauty spots. The full length is about 18 miles, though there are opportunities to shorten it. Starts from 8.30 (for the slower runners/fast talkers) until about 9.30 for the faster runners (no talkers!). I will try to arrange for showers again and the pub sells a good range of food. If anyone could help with drinks points, please let me know.

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There is a **Club & Regional Coach course** in the Lakes on the weekend of 2nd/3rd September. If anyone is interested in gaining either of these qualifications contact Hilary Palmer on 0115 9820651 or hpalmer@innotts.co.uk.

### **SHOP PRESS!! SHOP PRESS!! SHOP PRESS!! SHOP PRESS!!**

A new stock of Club 'O' tops will be arriving shortly. These will be available at DVO events (or ring me to order on 01629 734307).

We are also looking to order pertex tops in DVO colours with a logo on the front. Details to follow.

**Viv Macdonald**

### **Nothing Gets Fitter than a Quick Fit Getter**

Keep Fit Sessions resume at the Police HQ Gym, Ripley, off Sainsbury's roundabout, at 7.00pm on Friday, 15<sup>th</sup> September. All welcome regardless of size and shape.

## Letter to the Editor

Dave Bennett (Letters, Newstrack – April 2000) makes some very valid points about collecting controls. His comments are exactly right. Finding volunteers to collect the controls after the event is often forgotten by both planner and organiser until it is too late. It needs to be sold to people as an excellent training opportunity – finding the controls with no one else around is one stage more challenging. Volunteers are rather easier to find if the planner comes organised with marked up maps so the job can be done efficiently. Careful checking of stubs can enable controls used only on the simpler courses to be collected in well before course closing time.

The safety of the people doing it should of course be paramount. One would not expect any of the group doing this plus the organiser and controller to leave until all were safely back. As far as carrying the controls is concerned there is a back carrier in the shed. This allows at least 20 controls to be carried comfortably. Admittedly this is of most use when carrying to or from a dump. Especially on your own it is difficult to take this on and off at every control site. The banners themselves are best carried in carrier bags.

So to echo Dave's plea – at future events, come to the finish tent after your run and volunteer to collect a few controls. It will improve your orienteering as well as getting to know your fellow club members.

**Mike Godfree**

## Letter to – and from – New Zealand

7 May 2000

Dear Roz and Andy

I am pleased to tell you that at our Open Meeting in April the proposal was unanimously accepted that both of you be made Lifetime Local members of DVO.

This is in recognition of the many years of commitment and hard work you both gave to the Club before disappearing off to New Zealand. We are sure we will continue to see you on your return trips to the UK but we would like you to know that your service to the Club has been valued and recognised.

Hope all is well with you both.

With very best wishes,  
**Ronald Macdonald, Chair, Derwent Valley Orienteers**

**Roz & Andy Clayton, 22 Torquay Terrace, Hanmer Springs, New Zealand**

**Fax/Answer Phone 03-315-7383 E-mail outdoors@clear.net.nz**

July 25, 2000

Dear Ranald and DVO friends,

We were both surprised and honoured to find that we had been made lifetime local members of DVO, and would like to thank everyone for this.

Until we moved to New Zealand, DVO had been the only orienteering club we had ever belonged to, and therefore the club that taught us all about the new sport we discovered way back in 1977. We both owe a lot to the sport - look where it has got us to - and are delighted that we will be able to keep our ties with DVO alive. Our next planned trip back to Europe is for the World Masters in 2003, so look out all you budding club champions!!

We are off to APOC in July near Brisbane, where Roz will earn her first official New Zealand o suit, running in W45 and determined to beat the Aussies on their home terrain. We wish you all happy orienteering, and hope to see some of you over here in the near future.

Best wishes,

**Roz and Andy Clayton**

### **Club Captain's Corner**

A big thank you to all those who have taken part in this year's Relays. We entered 17 teams at the JK, 15 at the British, 3 at the Scottish and 3 at the Harvester. Special mention should be made of the 'Short Women' who came 2nd at the JK and 1st at the British. Well done, Karen, Ann-Marie and Sall

Not a single one of the pre-entered teams had to be scratched. Thank you all for coming along and taking part. I'm sorry that the Harvester teams ran in such atrocious conditions - I ran in the only prolonged spell, 40 minutes of dry overhead.

Lost property from the British Relays:  
1 pair of black, medium Ron Hill tracksters.

**Liz Godfree**

## DVO CLUB Champs 2000 - Results

### SHORT

|     | Name             | Time After Winner | Actual Time |
|-----|------------------|-------------------|-------------|
| 1.  | Ben Humphris     | 00.00             | 21.01       |
| 2.  | Peter Northall   | +00.03            | 20.04       |
| 3.  | Teige Malley     | +00.05            | 16.06       |
| 4.  | Daniel Kimberley | +00.34            | 19.35       |
| 5.  | Joel Hawkins     | +01.13            | 27.14       |
| 6.  | Stephen Hawkins  | +01.19            | 28.20       |
| 7.  | Fern Malley      | +02.18            | 20.19       |
| 8.  | Erin Malley      | +02.20            | 19.21       |
| 9.  | Simon Wright     | +10.31            | 25.32       |
| 10. | Simon Humphris   | +11.01            | 33.02       |
| 11. | Thomas Wright    | +11.05            | 34.06       |
| 12. | Clare Hawkins    | +11.51            | 35.52       |
| 13. | Vincent Family   | +32.52            | 45.52       |

### MEDIUM

|     |                   |        |       |
|-----|-------------------|--------|-------|
| 1.  | David Vincent     | 00.00  | 48.30 |
| 2.  | Derek Bishton     | +00.17 | 50.47 |
| 3.  | Caroline Northall | +06.29 | 61.59 |
| 4.  | Clare Gale        | +07.39 | 43.09 |
| 5.  | Stuart Humphris   | +07.41 | 47.11 |
| 6.  | Simon Davis       | +08.00 | 49.30 |
| 7.  | Pauline Ward      | +08.11 | 41.41 |
| 8.  | Viv Macdonald     | +08.31 | 46.01 |
| 9.  | Ruth Johnson      | +08.45 | 53.15 |
| 10. | Hilary Johnson    | +09.08 | 40.38 |
| 11. | Terry Peach       | +09.27 | 41.57 |
| 12. | Pete Hawkins      | +09.46 | 46.16 |
| 13. | Penny Northall    | +10.09 | 63.39 |
| 14. | Jennifer Gale     | +10.53 | 51.24 |
| 15. | Tony Seaston      | +11.08 | 46.38 |
| 16. | Rachel Davis      | +11.14 | 56.44 |
| 17. | Emma Bishton      | +12.57 | 69.27 |
| 18. | Ruth Ellis        | +15.40 | 73.10 |
| 19. | Brian Ward        | +15.43 | 59.13 |
| 20. | Liz Smith         | +16.27 | 58.57 |
| 21. | Kate Johnson      | +16.48 | 63.18 |
| 22. | Janice Allen      | +19.50 | 69.20 |
| 23. | Christina Wright  | +21.15 | 70.45 |
| 24. | Karen Bedwell     | +29.22 | 83.52 |

### LONG

|     | Name               | Time After Winner | Actual Time |
|-----|--------------------|-------------------|-------------|
| 1.  | Doug Dickinson     | 00.00             | 60.33       |
| 2.  | John Northall      | +00.51            | 59.24       |
| 3.  | Ian Hodson         | +01.36            | 60.39       |
| 4.  | Val Johnson        | +02.04            | 57.31       |
| 5.  | Dave Skidmore      | +02.24            | 59.57       |
| 6.  | Michelle Mackervoy | +03.03            | 59.36       |
| 7.  | Ranald Macdonald   | +03.35            | 65.08       |
| 8.  | Ann M Duckworth    | +04.02            | 66.35       |
| 9.  | Sal Chaffey        | +05.13            | 54.46       |
| 10. | Jamie Doe          | +05.30            | 58.03       |
| 11. | Liz Godfree        | +05.40            | 60.13       |
| 12. | Karen Jackson      | +05.51            | 57.40       |
| 13. | Dai Bedwell        | +07.52            | 53.25       |
| 14. | Matthew Dickinson  | +08.06            | 56.39       |
| 15. | James Allen        | +09.00            | 59.33       |
| 16. | Andy Jackson       | +10.37            | 46.10       |
| 17. | Jayne Malley       | +10.55            | 74.28       |
| 18. | Dave Clough        | +10.58            | 47.31       |
| 19. | Steve Buckley      | +10.59            | 49.32       |
| 20. | John Hawkins       | +11.13            | 44.46       |
| 21. | Brian Denness      | +11.15            | 54.48       |
| 22. | Steve Kimberley    | +11.34            | 46.07       |
| 23. | Alastair Buckley   | +11.51            | 39.24       |
| 24. | Ted Smith          | +12.04            | 58.37       |
| 25. | John Duckworth     | +12.07            | 41.40       |
| 26. | Dave Bennett       | +13.36            | 53.09       |
| 27. | Paul Wright        | +15.18            | 68.51       |
| 28. | Paul Addison       | +19.54            | 51.27       |
| 29. | Mike Godfree       | +20.06            | 57.39       |
| 30. | Judy Buckley       | +21.12            | 85.45       |
| 31. | Kevin Price        | +22.36            | 64.09       |
| 32. | Philip Sands       | +29.32            | 73.05       |
| 33. | Robert Shooter     | +30.18            | 72.51       |

**DVO Summer Tour de Derbyshire**  
**Remaining Wednesday Evening Training Dates**

(Schoolgirl howler: Lance Armstrong? Wasn't he first man on the moon? Thank you, Kate)

2<sup>nd</sup> August **Alderwasley** Chez Keeling SK327539 01773 852991

Take A6 to west side of Whatstandwell Bridge. Turn left and sharp left up hill (New Road) to Alderwasley. The Keeling's house (New road Farm) is on left when hill levels off. Public transport: Rail to Whatstandwell, Trent TP, PS. (tickets are interchangeable).

9<sup>th</sup> August **Carsington** SK246498

Millfields Car Park. Signed from A517 and B5035.  
Take a bicycle for an alternative evening.

16<sup>th</sup> August **High Peak Junction** SK314561

Take A6 to Cromford crossroads. Turn into Mill Lane (Mill Road) and follow over river and under railway bridge. High Peak junction is about 1 mile further on right. Public transport: Rail to Cromford. Trent TP. Alight High Peak junction and follow public footpath over canal and railway (or await police patrol car! Stagecoach Service 140/1

23<sup>rd</sup> August **West Hallam (South)** Chez Shooter SK431403. 0115 932 2945

From A609 take Station Road south, at T junction turn left on to Cat and Fiddle Lane. From A6096 turn left on to Cat and Fiddle Lane near windmill.  
Public transport: Felix / Black Cat No. 120 on the hour and every half hour from Derby bus station (bay near Cafe). Alight at Felix bus depot. Approximately 20 minute ride plus 10 minute walk along Cat & Fiddle Lane. Alternately: Trent No. R15 (not sure of times). Alight at Cat and Fiddle Lane off A609. Approximately 20 minute ride plus 15 minute walk along Cat & Fiddle Lane.

30<sup>th</sup> August **Crich Carr** Chez Duckworth SK337544 01773 856824

Take A6 to Whatstandwell Bridge. Turn uphill over canal and railway into Crich Carr. Turn left at Crich Carr school into Hinderstitch Lane. Glen Road is second on right. Limited parking. Park at station. Public transport: Rail to Whatstandwell, Bus 144, TP. (Tickets interchangeable).



6<sup>th</sup> September      **Etwall Scout Hut** (courtesy of Rex Bleakman) SK273318

01283 733363. Take A516 from Derby to roundabout east of Etwall. Take old road into Etwall, then first left (Burnaston Lane), second right (Lawn Avenue). At end of road, turn left. Scout hut is on right.

13<sup>th</sup> September      **353 Derby Road, Allestree**      Chez Buckley

The normal (winter – groan) schedule resumes, i.e. 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of month at Meadows Primary School, Duffield, 2<sup>nd</sup>, 4<sup>th</sup> and 5<sup>th</sup> Wednesdays at 253 Duffield Road, Allestree. Runs start at 7.00 pm. All welcome.

## Odds and Sods

### **The Things they do to avoid the Club Champs – Part 1**

**John Hopper** was at a loose end on 18<sup>th</sup> June. He dutifully opened up his Newstrack and looked at the fixtures section. Nothing on. But fortunately Joy had a good idea. So while the rest of us wrestled with the intricacies of the flora of Carsington, John was fighting his way through the no doubt equally challenging begonias and wisteria of the Gardening Exhibition at the NEC.

### **The Things they do to avoid the Club Champs – Part 2**

Meanwhile **Alex Ross** was grouting his kitchen.

### **Orienteering in Popular Culture – Part 347**

This used to be an irregular feature but maybe it as a sign that the rest of the world is waking up to the sport that it appears again this issue as we pursue a relentless review of the world outside for glimpses of recognition. This month orienteering – though probably not as we know it – cropped up in BBC1's so-called roughest, toughest game-show on TV, 'River Deep, Mountain High'. An extract from the Guardian's TV review described the programme as follows:

'The Lathams and the Fultons were left in the Lake District for two days with – a peculiarly sadistic touch – laptop computers to give them orders and criticise their progress. I cannot begin to list the torments to which these blameless people were subjected. Traversing and orienteering and abseiling and getting blisters' (at some events I manage all four of these simultaneously) 'Your heart went out to the smallest Fulton, who moaned "I really don't want to do this" as they tried to push him off a cliff. As the Lathams drew smoothly ahead, the Fultons got lost ("They are about to make a very basic map-reading error") I will say this for Mr Fulton. He was the only one to mention the view.'

**Whatstandwell Carnival Run** – Sunday, 27<sup>th</sup> August. Ann Marie Duckworth is organising this, from The Sports & Social Club, Ambergate. Start 3.00pm, I think.

## **FIXTURES** - A selection of mainly local events of interest to DVO

### **August**

26th-28<sup>th</sup> YH C3 **EBOR White Rose Weekend.**  
Day 1 Badge Event. Cawthorne & Keldy, Pickering. SE/777894.  
Day 2 Badge Event. Cawthorne & Keldy, Pickering. SE/777894.  
Day 3 Relays. Cawthorne & Keldy, Pickering. SE/777894.  
Organiser: Brian Jones, 01904-625151. [brianjones@clara.net](mailto:brianjones@clara.net)  
Entries on special entry form: White Rose Entries, 8 Hilbra Avenue,  
Haxby, York, YO32 3HD. 01904-762310. [vic@hilbra.freesevice.co.uk](mailto:vic@hilbra.freesevice.co.uk)  
CD: 20/7/00 but EOD

### **September**

9<sup>th</sup> EM C4 **LEI Colour Coded & Schools Event. Fosse Meadows, Leicester.**  
Roy Denny, 0116-2338604. £2.50/£1.50. CC White to Blue. String course.

10<sup>th</sup> WM C4 **OD Colour Coded Event. Wyrley Common, Brownhills.**  
SK/044060.  
Ant Walker & Liz Cross, 01926-858607. £4.00/£1.00. String course.

16<sup>th</sup> EM C5 **DVO Schools & Families Try O Event. Holmebrook Valley, Chesterfield.** SK/361731.  
Val Johnson, 01773-824754. [gmjandfam@aol.com](mailto:gmjandfam@aol.com) £1.00/50p.

16th-17<sup>th</sup> SW C2 & C3 **Caddihoe Chase Weekend**  
Day 1 NATIONAL EVENT. Braunton Burrows, Barnstaple. SS/463351.  
Day 2 Chasing Start Event. Braunton Burrows, Barnstaple. SS/463351.

23<sup>rd</sup> EM C5 **NOC Limited Colour Coded Event & CATI. Bramcote Hills, Nottingham.** SK/506381.  
Tony Donaldson, 0115-9322530. £3.00/£1.00, £4.00 non BOF. CC: W, Y, O & G. String course. Dogs on leads.

24<sup>th</sup> YH C3 **SYO Badge Event. Bradfield Moor, Sheffield.** SK/245926.  
Organiser: Phil Hayward, 0114-2363003.  
Entries: Jenny James, 20 Riverdale Road, Sheffield, S10 3FB. 0114-2663169. CD: 11/9/00. £6.50/£2.50. Lim EOD +£1.00/50p. Chq: SYO.  
EPS-SI. Lim CC: W, Y & O. String course. Parking £1.00. No dogs.

30th-1<sup>st</sup> NE C3 **NATO October Odyssey.**  
Day 1 Badge Event. Kylloe North, Alnwick. NU/045384.  
Day 2 Badge Event. Kylloe South, Alnwick. NU/045384.  
Organiser: John Crosby, 0191-2685449. [john@nsoa.freesevice.co.uk](mailto:john@nsoa.freesevice.co.uk)

## October

- 1<sup>st</sup> NW C3 **SELOC/PFO Badge Event. Naden Valley, Rochdale.**  
SD/873157. Organiser: Allan Wilson, 01204-412933.  
Entries: The Pillings, 4 Peel Place, Barrowfield, Nelson, BB9 6BE.  
01282-618592. CD: 15/9/00. £6.00/£2.00.
- 8<sup>th</sup> EM C4 **LEI Colour Coded Event & EMOA Galoppen. Fineshade, Corby.** SP/978894.  
Maureen Webb, 0116-2671164. £2.50/£1.50. String course.
- 14<sup>th</sup> EM S4X NOC British Schools Score Championships. Blidworth Woods, Mansfield.
- 15<sup>th</sup> EM C4 **DVO Colour Coded Event. Longshaw, Bakewell.** SK/245778.  
Viv Macdonald, 01629-734307. £3.00/£1.00, Family £7.00. String course.
- 21<sup>st</sup> EM C4 **NOC Colour Coded Event. Thieves Wood, Mansfield.** SK/545575. R Barnes, 0115-9746044. String course. Dogs on leads.
- 29<sup>th</sup> WOA C2 **SBOC NATIONAL EVENT. Pen-Rhiw-Wen, Brynamman.**

## November

- 5<sup>th</sup> WM S4 **OD Score Event. Kingsbury Water Park, Kingsbury.** SP/203958. Tony Haw, 02476-416156. £4.00/£1.00. Mass start 1100.
- 12<sup>th</sup> EM S4 **LEI Score Cup Event. Beacon Hill, Loughborough.** SK/510144. Roger Williamson, 01509-412132. £2.50/£1.50. Lim CC: Y & O. String course. Pay & display parking fee.
- 19<sup>th</sup> WM C3 **DEE Delamere Trophy Badge Event. Maer Hills, Newcastle-under-Lyme.** SJ/785405.  
Organisers: John & Glennys Hammond, 01606-883068.  
Entries: Jill Barnes, Hillcroft, 111 Station Road, Delamere, Northwich, Cheshire, CW8 2HZ. 01606-888845.  
CD: 4/11/00. £6.00/£2.50. Lim EOD +£1.00/50p. Chq: Deeside Orienteering Club. String course. Lim CC

## December

- 3<sup>rd</sup> YH C2 **SYO NATIONAL EVENT & Northern Championships.**  
Burbage Moor, Sheffield. SK/290834



# Derwent Valley Orienteers

## DVO Development Plan 2000

### Overview

This plan is intended to prioritise development work for Derwent Valley Orienteers (DVO). Many of the objectives set out in the plan are long-term and will require work during future years.

This plan has been based upon that developed in 1997. That plan was based on the development plans of the East Midlands Orienteering Association (EMOA) and the British Orienteering Federation (BOF). The rewriting of the plan has come about as a result of bidding for Awards for All funds and a recognition that the emphasis has changed in a number of areas.

Progress of the Development Plan will be reviewed annually by the Committee and reported to the AGM. Responsibility for each section of the plan is indicated in brackets.

### 1. Role of Derwent Valley Orienteers

The role of DVO is to provide orienteering opportunities within the County of Derbyshire (excluding the High Peak District), through the provision of orienteering fixtures, permanent courses, training and coaching.

The DVO Committee is elected to provide the driving force necessary to ensure that orienteering is made available to as many individuals and groups as possible within the catchment area. A member of the Club also acts as a representative within the EMOA and through this association to the British Orienteering Federation.

### 2. DVO Objectives

The major objectives are:

- 2.1 Provision of an appropriate coaching and training programme
- 2.2 Provision of recreational orienteering
- 2.3 Provision of guidance for young people in orienteering
- 2.4 Provision of competitive orienteering

- 2.5 Make arrangements for land access and protection of the environment
  - 2.6 Improve Club identity
  - 2.7 To publicise orienteering to attract new members and inform others of our activities
  - 2.8 Funding via grants and sponsorship
- 
3. Provision of an appropriate coaching and training programme (Fixtures Sub-Committee)
    - 3.1 Provide annual coaching sessions for both adult and junior orienteers, at novice, intermediate and advanced level. (At least one event at each level to be arranged each year by the Club Coaching Co-ordinator; where appropriate these will be linked into national coaching days organised by BOF)
    - 3.2 The 'Club Coaching Co-ordinator' to act as a co-ordinator for the provision of a full coaching programme.
    - 3.3 Provide opportunities for debriefing after events.
    - 3.4 Use some Wednesday nights as training opportunities. Promote Monday night as an alternative training night in North Derbyshire. Organise winter circuit training sessions.
    - 3.5 Provide training opportunities for event officials e.g. organisers, planners, first aid
    - 3.6 Produce guidelines for a payment scheme for coaches (both internal and external).
    - 3.7 The Club will consider paying the fee for participants in approved coaching activities, and support the development of potential and excellence through grants, etc.
    - 3.8 Investigate the appointment of a part-time Club Development Officer.
- 
4. Provision of recreational orienteering (Fixtures Sub-Committee)
    - 4.1 Continue to provide an orienteering event approximately every 6 weeks from September to June.
    - 4.2 Put on a regular programme of C5 events, mainly on Saturday and in urban park areas.
    - 4.3 Maintain the summer evening programme through May to July, with a Yellow, Light Green and novelty event (based on a proper course of Light Green length and standard). Look to make the junior course more interesting or a challenge for more experienced juniors. Try to make the event appealing to kids e.g. by providing a football.
    - 4.4 Introduce regular junior activities as part of normal events, including a string course where ever possible.

- 7.4 Landowners considering orienteering access to be invited to visit an event in order to see the extent of 'disturbance' and 'damage' incurred by orienteering. (Such invitations to be organised by the relevant land access negotiators and the Fixtures Sub-Committee)
  
8. Improve Club identity  
(Committee)
  - 8.1 Through Newstrack and Emews
  - 8.2 Through use of the club noticeboard. (This needs to go to as many events as possible)
  - 8.3 By provision of a club tent (with banner) at appropriate National events.
  - 8.4 Promote Club colours through the sale of 'O' tops and other garments
  - 8.5 Through the use of a 'new member mentoring' scheme.
  - 8.6 Through the organisation of, and arrangements at, Club events such as the summer evening events, a local relay/competition, the Club championships, the autumn long run, mountain bike 'O', with the aim of making club events more inclusive.
  - 8.7 Through the Club Web site and possibly a discussion list.
  - 8.8 To include a social programme/element as appropriate e.g. Club dinner, weekends away, activity evenings.
  
9. To publicise orienteering to attract new members and inform others of our activities  
(Committee)
  - 9.1 Through the preparation of an Introductory Pack and New Member Pack
  - 9.2 Through the Club Web site and email
  - 9.3 By developing and implementing the Club's publicity strategy, including through regular press releases about events, our activities such as permanent courses and achievements of club members
  - 9.4 Publicity at Tourist Information Centres, through council Sports Development Officers, schools and other public places such as libraries, sports/outdoor shops and local health authorities
  - 9.5 Target novice adults as well as schools and other organisations
  
10. Funding via grants and sponsorship  
(Committee)
  - 10.1 Seek out all appropriate opportunities to acquire funding e.g. local sponsorship, lottery funding, EMOA, local councils

- 4.5 Produce guidelines for a payment scheme for mappers (both internal and external).
- 4.6 Continue to manage and increase the number of permanent courses in the area.
  
5. Provision of guidance for young people in orienteering (Fixtures Sub-Committee)
  - 5.1 Provide mapping support for schools throughout the area. (Make use of external funding whenever possible and provide surveyors/cartographers to assist schools in mapping of grounds, local parks and woods)
  - 5.2 Try to get schools to encourage parents to take their children orienteering.
  - 5.3 Encourage uniformed and other organisations to take part in our local events and to take out group membership.
  - 5.4 Run a schools league as part of our C5 events.
  - 5.5 Liaise with the Derbyshire Sports Forum and Sports Development Officers to promote orienteering county wide e.g. TOP Outdoors and local council initiatives
  
6. Provision of competitive orienteering (Fixtures Sub-Committee)
  - 6.1 Continue to provide 3 Badge events every 2 years
  - 6.2 Participate in the National Event Scheme and running JK, BOC the Harvester as requested by EMOA.
  - 6.3 Enter teams in relay events at subsidised entry fees and participate in the Compass Sport Cup.
  - 6.4 All competitive events hosted should make provision for junior orienteers through suitable courses including a string course.
  - 6.5 Provide a course for special needs participants on at least one occasion each year.
  
7. Make arrangements for land access and protection of the environment (Committee)
  - 7.1 Each area to have a land access negotiator.
  - 7.2 A booklet of sensitive land area information to be compiled for planners and controllers and a risk assessment to be prepared for all areas.
  - 7.3 Bussing of club members to events to be organised where appropriate (Particularly for Compass Sport Cup and National Events where large numbers of club members are likely to be interested) and advertise alternative means of transport to events, where available.





# Derwent Valley Orienteers

## Annual General Meeting

Wednesday 27 September 1999 - 20.15 hours at Belper Sports Centre

### *Agenda*

1. Apologies for absence
2. Approval of previous year's minutes
3. Chair's report
4. Secretary's report
5. Treasurer's report
6. Election of officers
  - Chair
  - Vice-chair
  - Secretary
  - Treasurer
  - Captain
  - Fixtures Sub-Committee Chair
  - Committee Member
  - Fixture Sub-Committee Member
7. Presentation of appointed officers
  - Social Co-ordinator
  - Junior Representative
  - Equipment Officer
  - Newsletter Editor
  - Minute Secretary
  - EMOA Representative
  - Coaching Co-ordinator
  - Mapping Co-ordinator
  - Permanent Course Manager
  - DVO Diarist
  - Publicity Officer
8. Agreement of budget
9. Any Other Business