

NEWSTRACK

MAY 2001



Editor:

Graham Johnson,
12 Chevin Road, Belper,
Derbyshire DE56 2UW.
Telephone: (01773) 824754
e-mail: Gmjandfam@aol.com

Thoughts from the Chair

The sad news of Judy Buckley's death broke after I had written my last column but was reported by Graham in the last Newstrack. Whilst it came as a shock to many of us, it had perhaps not been unexpected during the last few weeks of Judy's fight with cancer. Many of us attended an extremely moving memorial gathering to celebrate Judy's life at the Derby Assembly Rooms and I was probably not alone in hearing about aspects of her life, work and character that were completely unknown to me.

Perhaps my abiding memories of Judy were from our trip to New Zealand at the turn of the millennium for the World Masters Orienteering Championships. Judy was full of her first trip to the country, of meeting up again with Roz and Andy Clayton and of competing against some of the best orienteers in the world, though this was nothing new to her. Perhaps I'll remember most sitting on a bench outside an ice cream parlour on the way back from an event discussing the relative merits of the local ice creams, of meeting up with her and Steve near the end of the midnight event to see in the new millennium and of the social event at the opening ceremony for the World Masters. The photograph of the DVO contingent which appeared in CompassSport shows a happy, laughing Judy enjoying the company of friends in a warm climate. Sadly this was only weeks before the cancer was re-diagnosed leading to a year where Judy's fighting characteristics came to the fore as she sought to carry on with the things important in her life – her work, orienteering and, perhaps most importantly, her family.

As tributes elsewhere have shown, Judy will be sorely missed and the Club has asked Steve, Ali and Kim to think of a way in which we can remember her, perhaps through an annual award or a trophy for a DVO or major orienteering event.

The last few months have seen our normal orienteering programme devastated as a result of the foot and disease (FMD). On the day the disease had its initial impact on the Club I was working at home and became involved in a series of 'phone calls leading to the cancellation of the Shining Cliff Badge Event. My most memorable one was to John Duckworth, who had planned the event, and couldn't believe the message I had left on his mobile that it was cancelled. Earlier that morning I had spoken to Ann-Marie's mother who had told me of the birth of Sarah early that morning and then said "I've got a thousand maps, plastic bags and a heat sealer here. What am I going to do with them?" My reply of "Nothing, because the event is off" was, as you can imagine, quite a relief to her!

Anyway, all our normal events have been cancelled but the Club has been anything but inactive. Due to the hard work of the usual group of stalwarts, we have had fortnightly street O events, Sunday morning runs, weekly circuit training and, as you will see elsewhere, a number of other activities such as Bike O and socials planned. Whilst these in no way compensate for the loss of our Sunday mornings in the forests and on the moors, they have provided an important social and training contact for Club members. As the outbreak

seems to be nearing its end we are hoping to see more low-key events starting before we really get going again in August with the Italian 6-day (and even the White Rose) and then early September with the Twin Peaks in Macclesfield Forest. We also have our Badge event at Chatsworth to look forward to as well as the usual programme of colour coded and local events. We have managed to keep a couple of the Schools events going by the use of Markeaton Park and West Park and, hopefully, the next one will take place at either Hardwick Hall or Poolsbrook Country Park.

All of these will give us the opportunity to pose in our new DVO jackets – complete with Club logo, concealed hood and integral burnbag, available from the DVO Shop Manager (Viv) for the very reasonable price of £25!

One social event which also took place was the annual club dinner at Wirksworth Town Hall. With the food provided by DVO Catering - many thanks to Val Johnson for getting us all organised – the evening was rounded off by the presentation of the Club awards, as follows:

Orienteer of the Year:	Pauline Ward
Junior Orienteer of the Year:	Alex Whitehead
Most improved Orienteer:	Kathryn Schofield
Most enthusiastic newcomers:	Tracey and Ian Grant
Journalist of the Year:	Andy Mackervoy

Finally, nominations and voting took place for the Club Personality of the Year. Normally an opportunity for ritual humiliation, this year we were able to recognise commitment and human endeavour of the highest order – tinged perhaps by an element of lunacy – as the award went to Karen Jackson. Karen had been to circuit training on the Friday night, took part in the Badge event at Blidworth on the Sunday and gave birth to Matthew on the Monday – he probably thought he'd had enough of all that activity and wanted to get out for a rest. The following week she was back at circuit training with Matthew not quite emulating his sister, Nicola, in urging Andy on to work harder!

Another effect of the FMD was that, even though the JK was cancelled, the BOF AGM was still held and, as a BOF Councillor, I felt I ought to make the effort to go. Viv and I did a round of tea shops in the Cotswolds, visiting places we had last been to exactly 25 years earlier on our honeymoon, before wending our way over to the Forest of Dean. Unfortunately the AGM was inquorate so it was a wasted journey!

Some Club members have managed to get some orienteering by travelling abroad to places such France and Sweden. Our congratulations should also go to Pauline Ward and Matthew Dickinson who represented England in a competition in Germany, travelling, I believe, under the guise of a cultural visit to Cologne cathedral in case they were turned back at the border as a foot and mouth threat!

Another commitment the Club has taken on is organisation and planning for the Training Day of the British Schools Orienteering Championships in

November. As we have also been asked to put on a qualifying race for the world schools championships, we are using Thieves and Harlow Woods – both NOC areas – to give an experience of the terrain they will meet on the Sunday. Christina and Paul Wright have offered to plan the events but we now need an organiser. It shouldn't be too onerous a task and many of us have already made a commitment to help. Volunteers please! We are also putting on orienteering at Carsington Water and Black Rock as part of the Derbyshire Adventure Youth Games on Saturday 9 June – help needed for that as well.

Happy dreaming about orienteering!

Ranald Macdonald
Chair, Derwent Valley Orienteers

Liz Godfree Remembers Judy

As relative newcomers to the world of orienteering we didn't meet Judy till the spring of 1986 [I think]. The occasion was a CompassSport Cup match when David as an M13 was required to run Orange. However, as a coach had been laid on, the rest of the family was invited to come along as well. The trip to Brimham Rocks has gone down in the annals of DVO as the day we did a tour of Derbyshire before setting off for Yorkshire.

Judy must have been Club Captain at the time for she was instructing everyone as to the order in which they should run [no such thing as pre-entries, just good old-fashioned colour-coded EOD]. David was to set off "n" minutes ahead of Alastair so that he could be dragged round. I was to set off on Red ahead of Judy so that I also could be towed round – little did Judy know!

To quote the Scottish bard:
The best laid schemes o' mice an' (wo)men
Gang aft a-gley.

David duly went off ahead of Al, discovered at the first control he had no gloves, so, fearful of his mother's wrath (!!) returned to Master Maps to find them. He never saw Al but finished ahead of him. I was trying desperately to mark up my map in sleet / snow with a biro [as novices we'd never heard of transpaseal and chinagraph pencils let alone permanent markers] when Judy arrived and, in the wink of an eye, had marked up and was off. If I'd had even an ounce of common sense I'd have got up and followed her [though I doubt very much whether I'd have kept up.] Instead I tried in vain to mark up my map. No thanks to me, DVO won CompassSport Cup that year.

As the years have passed my orienteering has improved and so has my fitness. I began to be included in relay teams and ran with Judy at Scottish Champs when few other DVO's were around.

It was at BOC 1999 that I was invited to join Judy and Debbie in the W50 relay, at a time when Judy was already experiencing the breathing difficulties which presaged the diagnosis of her liver cancer. She fought her way round what was a runner's cross country course to bring us back in 2nd place.

Only a few weeks later with a confirmed diagnosis and a death sentence hanging over her Judy took part in the Scottish Relays. While I did my usual headless chicken Judy plodded round the course hitting every control spot on.

I ran with Judy again at BOC 2000. The fact that she was undergoing chemotherapy at the time was irrelevant. Judy's slow and steady more than made up for my going round in circles.

Judy's dogged determination to keep going as normal when lesser mortals would just have crawled away into a corner is an inspiration to us all. Her positive attitude enabled her to overcome apparently insurmountable obstacles and continue to live an active outdoor life for much longer than many of us would have believed possible.

I still expect her to bounce through the door and tell us where we're running tonight. She may not be with us in body but her spirit will remain with us and her words will ring in our ears as we continue to do battle in the forest.

Liz Godfree

THE ALTERNATIVE JK – Liz Godfree

What did you do at Easter when JK in the Forest of Dean was cancelled? But for the Foot and Mouth epidemic, we would have headed to the mountains of North Wales or the Lake District but they were out of bounds too.

Orienteering in Europe was the next choice. Scandinavia would be too cold, flights to Prague were too expensive, so we headed south to Aquitaine in south west France - land of sand dune and pine forest (or the parts of it which survived the storms of 1999). The area was further north than Lit et Mixe, venue for 'DVO goes French' in 1992, but the same area as the French 5 day in 1999 and in dim and distant 1984 - believed to be the occasion when Mike Jubb, proud of his 'O' level French, asked a demoiselle out 'yesterday'!

The area seems to have changed little since 1984. There is blue on both sides of the map - Atlantic Ocean and inland lake. In between are a lot of tightly packed brown lines - contour interval 2.5 metres. Undergrowth was a sparse - no man-eating brambles, but there were patches of dense green shrub. The optimum route was usually straight. Woe betide she who attempts to avoid the fight and thereby fails to find her first control! Wide yellow rides could be used as handrails but were to be avoided at all costs as ploughing through soft sand is exhausting work. The 1:1000 map of 1999 would have made for easier navigation for those of us who are visually challenged.

The 3 day event was based at Carcans Maubisson on the shores of Lac d'Hourtin with vast areas of runnable forest to the north and south. In the summer there would be sand and sea in which to cool off - at Easter fleeces were more suitable beach attire.

Day 1 was a short race with estimated winning times of 25 - 30 minutes. Unfortunately, the planner miscalculated and W45/W50/M60 had their longest run that day with NOC's Hilary Palmer winning in 50 minutes! That was the day when I got my money's worth and more. Days 2 and 3 were Classic length and so shorter for W45/W50/M60. Consequently winning times were much faster. Pauline, Brian and I compared routes and splits - I'm the unpredictable fast runner! On the final day Mike had a head to head with Guy Seaman of SYO. I watched them approaching the final control together before Guy just nudged ahead up the run in.

We were not the only Brits to have headed for the Easter sun. There was a good English contingent (the Scots had gone to Scandinavia) including a JK planner who had mothballed his courses and the British Junior Squad. One overheard suggestion was that CompassSport Cup should be run over the weekend. As Club Captain I have to report that NOC beat us 6-4 (LEI 0). The outright winner, again, was SYO with a full range of ages from M10 through M/W21 to M60.

Although early mornings and evenings were cool it was pleasantly warm in the middle of the day. Mike seemed to find a sheltered spot on the patio each evening while dinner was cooking.

Apres O was given to walking along wind-swept beaches or watching the Lifeguards' Spring training course - a pair of black wet-suited tough guys/gals swam out to rescue s/he who was already out beyond the breakers, brought him/her back to the beach where s/he was resuscitated. The orange clad instructors were particularly awkward rescuers.

Cycle hire was plentiful in the resorts with miles of cycle track to explore through the forest and over the dunes. I assume the bikes were also in better shape than the ones Mike and I found in the shed of our cottage - brakes were not a strong point. Pauline and Brian tried 'une petite randonnee' as recommended by the ladies of the Tourist Office who, of course, are not walkers. Like us, France has had a wet start to the year. Suffice it to say that our first sight of the Wards was of a couple clad in shorts and caked in mud from foot to thigh! And that was on the way-marked route.

Good orienteering, congenial company, pleasantly warm weather, dry overhead and underfoot - sandy 'O' shoes now. What more could we ask?

180° Error ? – Rob Shooter

Earlier this year I considered entering the Italian – Swiss 6 day event near Tenero. But, as the first closing date approached, my enthusiasm began to waver and I eventually decided not to go. I can't rationally explain why I came to this decision, especially when I tell you that I've decided to go to the Scottish 6 day event instead in what promises to be (assuming the event's not cancelled) the midge capital of the Northern hemisphere (why limit it to just the Northern hemisphere? – ed). I guess it is just a combination of factors, cost, time, journey length and possibly the recollection of my previous Swiss visit where I realised I was completely lost about 200m from the start and it took me 15 minutes to relocate by eventually finding the start again. Come to think of it, I've done something similar in Scotland!

I haven't actually given up the idea of joining one of DVO's continental tours, just put it off for a year or two. Previous tours have been marked by an official DVO T-shirt with the all inspiring "Don't follow me I'm still lost!" emblazoned on the back in the local language. Joe Ray, a friend of mine who is Italian on his mother's side, offered a translation for this as "Non mi seguire io sono ancora perso!". Joe also suggested a number of alternative slogans, such as; "the more they run, the sooner they will tire themselves" or "we shall not fail to do it this morning" or "I didn't think I would be so long" or "I will take care not to lose it". Surprisingly these are not the efforts of Joe's imagination but are straight out of his father's Italian phrase book – Hugo's Italian in Three Months – price 6/-. I can only assume that Hugo was an orienteer who had the amazing foresight to anticipate DVO's future need of a snappy Italian slogan. You may have heard Joe's name before, as he's ex Derby and County 1st team. I didn't realise until now that we'd raced against each other in the 1983 Allestree half marathon. I thought I'd done rather well with about a 90 min run. Joe, on the other hand, did somewhat better racing round in 65 min and beating second place by a clear 6 min. So if you were in that race and always wanted to know who won, you do now.

Anyone with a second hand midge net?

Robert Shooter

(Editor's linguistic post-script: Would it surprise you to learn that I too have Hugo's Italian in Three Months. Although it's the 1976 edition, I still haven't learnt to speak Italian, so perhaps I should ask for my money back. This book also contains such valuable phrases as 'Are all nursery rhymes in dialect?' and 'For someone who has been in a war, you are rather awkward'. I suspect I shan't be needing those too often but I will remember 'C'è più fango che acqua' – There is more mud than water).

Fixtures

Given the devastation of orienteering by Foot and Mouth, you'd be forgiven for taking the view that DVO might as well shut up shop for the duration and find something else to do. But you'd be completely wrong. There's a wealth of activities being organised to get us through the next few months, something at most weekends through to the summer holidays. Please support these events. Each of them represents many hours of planning and organisation often on the part of one individual. If someone has been prepared to give up their valuable time, the least DVO can do is to turn up in force in recognition and appreciation of this fact.

By and large, these events are either Sunday morning street events or Friday evening park events, the latter part of DVO's traditional annual summer series. The street events have been very successful, even attracting a regular contingent from over the border in NOCland. Using specially prepared and pre-marked maps, the event's one hour format enables everyone to run at their own speed, aiming to collect as many controls as possible, either singly, in pairs or, if you're a male member of the East Midlands Junior Squads, in packs.

The summer series events will feature a Yellow course for novices, a Light Green course for the more experienced and a longer course, possibly with an optional novel element. They are ideal for improving skills, for training or even for reminding yourself what orienteering used to be like in the good old days before March. The details are still a bit hazy as I write so if in doubt about these events, please phone the co-ordinator, Michelle Mackervoy on 01332 557892.

These events may change depending on how quickly the countryside re-opens 'for business'. As I write, there is news that most of Derbyshire's footpaths are re-opening soon so a return to something that passes for normality in DVO may not be too far off. I feel like Allan Sherman at the end of 'Hello Mudder, hello Fadder' (ask your dad). It is even more important that you look, if you can, at the DVO website (www.dvo.org.uk) to confirm, and join the DVO e-group too.

- Sunday, 3rd June Ilkeston Street Event
One hour score event. Mass start at 10.00 am from Albion Shopping Centre Car park, signposted in Ilkeston (SK465421)
Organiser: Robert Shooter 0115 9322945
- Friday, 8th June Summer Series 2001- Allestree Park
Starts from 6.30 pm to 7.30 pm from one of the two car parks (signposted from A6)
- Saturday 9th June Derbyshire Adventure Youth Games & Outdoor Activity Festival, Carsington
See Val's piece elsewhere in Newstrack

- Sunday 10th June Mid-Derbyshire Bike-O
Two hour or three hour score event. Mass start at 10.00 am from the Bear, Alderwasley. Area covers from A6 in east to Tissington Trail in west.
Organiser: Andy Jackson 01332 668571
- Saturday, 16th June Final Schools and Youth League Event
Hardwick Park. Car park: signposted from Heath exit from J29 M1. Start Times: 10.30 – 11.30 am. We are still very hopeful of being able to use this area. There will be White, Yellow, Orange, Light Green courses and probably a score event for those used to doing longer distances. Despite their title, these events are open to ALL.
- Sunday, 17th June Chesterfield Street Event
One hour score. Start to be announced.
Organiser: James Allen 01773 603566
- Friday, 22nd June Summer Series 2001 - Markeaton Park
Starts from 6.30 pm to 7.30 pm from the main car park off Markeaton roundabout.
- Sunday, 24th June Equipment Day - See elsewhere in Newstrack
- Saturday, 30th June Three Edges Run. DVO's traditional annual Long Run. This looked like being a long road run but I suppose that it's back on track (pun intended). This is Ranald's baby. Don't know much about the route so ask him for more details. Followed by:

Barbecue at the Hoppers (see separate advert)
44 South Avenue, Chellaston, Derby. 4 pm onwards
Please confirm to Val (Johnson) in advance if you wish to come.
- Sunday, 1st July Another Street Event, venue yet to be confirmed ?
- Friday, 6th July Summer Series - Darley Park
Starts from 6.30 pm to 7.30 pm from the Darley Abbey village car park near the Abbey pub.
- Sunday, 15th July Club Handicap Event – closed event for ALL members
Linacre Reservoir – proper orienteering at last!
- Friday, 20th July Summer Series – Chaddesden Park (probably)
- Sunday, 22nd July Family Relay Event at Shipley Park? Details to be announced

Journey Through A Year: 1972 (beginning untidily in 1971)

John Hurley

Following the major efforts involved in staging the JK Relays at Shining Cliff in March 1970 and the Midland Championships at Matlock Moor in October 1970, 1971 was a quieter year for DVO, with only two club events being held. The club's female section was prominent in both organisation and competition with Jenny Tennant (Chairman), Mary Griffiths (Secretary) and Gill Hunter (Treasurer) making up the winning women's team at the British Championships in Redsdale Forest. DVO has also just poached star junior Allyson Reed from WCH. The men's section included John Clarke, Malcolm Taylor and Chris Bent with a collection of juniors such as Paul Armstrong, Ed and Jim Parsons and myself (how strange to read the words 'Paul Armstrong' and 'junior' in the same sentence – ed).

The DVO event at Matlock Moor East on 5th December 1971 used, literally, half of Jenny's 1:20 000 map. I don't know if the west halves were ever used. Control 2 on the 6.5km 'A' course was 'Rack', which turned to be a narrow ride. The 'A' course was won by Jim Knight with Roger Wilkinson making one of his last appearances for Harlequins 2nd. Ed Parsons running for NUOC was 8th ahead of leading DVO man John Clarke 10th and at 49th making one of her first appearances for DVO was Judy Buckley. Steve had one control missing.

On the following weekend there was an expedition to the Lake District to take part in the MDOC event at High Dam. In those days it was the usual practice to calculate team results for each class at a badge event. It was also fairly usual for DVO to be the first women's team and on this occasion Jenny, Gill and Judy did the business.

The 1972 AGM was held in January with Malcolm Taylor taking over as Chairman and Steve Buckley as Secretary. It was decided that raining runs would continue from Jenny's house but at the 'new time' of 7 pm.

The BUOC badge event at Bury Ditches on 6th February 1972 saw Judy up to 3rd in her class just ahead of Jo Thornley (DEE).

The JK was held on Cannock Chase with single individual day at Sherbrook and the relay at Beaudesert. In the Men's Open Roger was 53rd and in the women's open we had Jenny 8th, Allyson 9th and Judy 22nd (but 10th Brit). At the Relay the classes were A: Open and B: At least one woman. So we put Roger, Jenny and Steve in the 'A' and no fewer than 4 teams in the B, more than any other club, but we all did poorly. First Brit team in the A was Notts OC (Phil Watson, Keith Picksley, Bert Bradshaw) in ninth place with only 3 other Brit teams in the first 20.

On Easter Monday, DVO staged the 'JK Rundown' event at Lea Woods. Courses were 'Long', 'Not so Long', 'Short' and 'Nutshell'. I spent the day manning the 2nd master maps in the ruin by the canal. This was the only open event staged by DVO in the year, but evening training events were held at

Whitesprings, Lea Woods, Cromford Moor and Drum Hill, the latter being on Jenny's map with the 'Fairy Ring'.

The first British Relay Championships were held at Newcastleton Forest on 21st May 1972 and there was drama in the women's race. ESOE crossed the line first but were disqualified for mispunching on the last leg. For a time it looked as though DVO (Judy, Margaret Dye, Jenny) had taken it but alas Jenny had mispunched as well so the trophy went to UNOC.

The British Championships, sponsored by Guinness, were held in the New Forest on 11th June 1972. Champion woman was Carol McNeill with Jenny 4th, Margaret 9th, Allyson 11th and Judy 13th, easily taking the team competition again. Champion man was Mike Murray by 3 seconds from Geoff Peck with Roger 25th.

The 4th Mammoth Lakeland Weekend saw an individual run at Great Tower on 19th August and a relay at Chapel House on 20th August. Great Tower came as a bit of a shock to some but Allyson had no problems and won by 8 minutes from Jenny. Her reward was to run in a junior team with me and Ed Parsons the following day where we came last.

The following weekend saw the first White Rose weekend at Broxa which consisted of one individual race, a relay and a score event. Judy, Jill and Jenny came 4th in the B class relay whilst the family class was won by the Malleys (Lanchester Orienteers).

The World Championships were held in Czechoslovakia in September and both Jenny and Allyson were selected for the British team. In the individual race Allyson had an excellent run to finish 29th and first Brit and, in the relay, Allyson and Jenny together with Carol McNeill came 9th. Back at home, Judy made the most of the opportunity to book her first major title in the Northern Championships at Chopwell Woods – with Gill and Debbie Wilkinson making up another winning team. The event was one of the first to use a 1:15000 map, previously 1:20000 had been the norm.

On 24th September, South Yorkshire's first ever event at Ecclesall Woods saw both Steve and Debbie mispunch control 13. Best finisher was Roger in 5th.

The Ampleforth College badge event at Gilling Woods (JK 95 relay area) on 5th November 1972 saw another win for Judy, whilst down in the M17 class a new rivalry started with Ian Whitehead (Patons OC) getting 2nd place in front of me by 3 seconds.

The Championship Badge awards for the year included Jenny, Allyson and Judy and nobody was going to argue, because by now Judy had become official BOF statistician.

The January 1973 'Orienteer' included the first attempt at National Ranking Lists, compiled by Chris Brasher. Leading men were Geoff Peck and Mike

Wells-Cole with DVO nowhere. Leading woman was Carol McNeill from Liz Mills and Sue Harvey with Allyson 4th, Jenny 7th and Judy 12th.

It had been an eventful year.

(Editor's Historical Note. The Mammoth was a much-missed two-day competition held every two years, alternate to the Scottish 6 Days, generally in the North West and on the weekend before the White Rose. The prizes consisted of, yes, woolly mammoths of a considerable size which were kept for two years before being handed back (we looked after one for a while). I wonder what happened to them).

Volunteers Needed - A Plea from Michelle Mackervoy

EQUIPMENT DAY : Once in a while some extra pairs of hands are needed (No! not the bright orange ones in the shed) to sort, tidy and make the club's equipment .

As *your* club has recently purchased several sets of new control punches for *your* use, we need *your* help to attach them all to canes .

If you can spare an hour or two on Sunday 24th June from 10am onwards your help would be greatly appreciated . Meet outside 253 Duffield Road .

P.S. There may be an option of a run afterwards, so bring your kit. And remember the more helpers, the quicker the jobs are done !

Last but not least :-

ORGANISERS are still required for the Allestree Park and Markeaton Park summer series events . Any willing volunteers please contact me, Michelle Mackervoy on 01332 557892, for more details a.s.a.p .

Cloughie Loves Andrea

In a moment of madness or drunkenness, Andrea finally gave in and agreed to make an honest man of Cloughie. Dave has arranged a quick ceremony on 1st June in case she changes her mind and, to make escape even more difficult (or to look for his lost surfboard – see Newstrack April 1994!) has booked St Pete's Beach in Florida, around 4:00 pm (their time). (Didn't know there was a St Pete, probably a mate of St Jim and St Andy, to be found somewhere in St Mat's gospel).

They are having a reception when they return and anyone from DVO who wants to come, will be welcome to do so. The reception will be held at the Kestrel public house, Marehay, Ripley, on Saturday 11th June from 7:00 pm onwards, hopefully with a bar extension for those that way inclined. (ie everyone) If you are coming and would like directions then please ring (01773 520229) or e-mail cloughy@rapidial.co.uk.

CIRCUIT TRAINING

Fridays - 7-8pm
Derbyshire Police HQ, Ripley.

Exercises for all levels of fitness, just work at your own pace (it's not that bad - honest).

Circuits will be continuing throughout the summer, contact James Allen or join the DVO eGroup for dates.



BARBEQUE

Saturday 30th June

Start 4pm

At The Hoppers, 44 South Ave,
Chellaston Derby.

Bring your own meat etc and
either a salad or pudding for
the table.



TRAINING RUN OPPORTUNITIES JUNE 2001

6th June - High Peak Junction Car Park near Lea Bridge (GR 315562)

13th June - National Stone Centre Car Park (GR 286552)

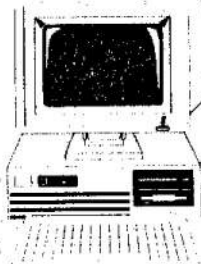
20th June - Shipley Park Visitors Centre Car Park

27th June - 253 Duffield Rd Allestree Derby

All runs aim to start at 7pm. Come along and join us, all levels from beginner to elite.

Contact Ranald and Viv for details of the Monday runs with Matlock AC.

Keep up to date,
join the DVO
eGroup via the
link on the official
web site :
www.dvo.org.uk



DERBYSHIRE YOUTH GAMES 2001

Carsington Water - 9th June

The Games are being organised by Derbyshire and Peak Park Sport and Recreation Forum to give any young person who lives, or is at school, in Derbyshire the opportunity to participate at their own level in a range of adventure sports. Following our success at last year's Millennium Youth Games, DVO has been invited to contribute by organising the Orienteering. The whole event is based at Carsington Water, Stones Island has been mapped specifically for taster sessions and for primary school age and disabled participants. Black Rocks will be used for secondary school age participants.

We need helpers at both venues. The event runs from 9.30am - 5.30pm. Please volunteer, it saves so much time ringing round, you will not be expected to stay for the whole day (unlike some people). It should be a good day and most beneficial to the club's future.

Val Johnson 01773 824754

JUNE OPEN MEETING – Wednesday, 13th June

By way of a change of scenery, June 2000's open meeting took place at the Stone Centre, Wirksworth, 800 metres from Black Rocks, off the road to Stoney Middleton. Since Black Rocks and Cromford Forest is one of the few places in Derbyshire open for runners, then we can do the same again this year and combine it with a run too as per usual. So, the run will take place at 7.00 pm, with the meeting starting at around 8.15 pm. See you at one time or the other.

Corrections and Clarifications

No edition of Newstrack would be complete without its gratuitous errors and last time's was no exception. The recommendation of DVO's new website address should of course have been to www.dvo.org.uk. Those who omitted the vital 'uk' were I'm told led to the den of iniquity that is a Las Vegas gambling website. In fact there are a few DVO members that I haven't seen since the last edition and I'm rather afraid that I may have unwittingly led them into a life of vice and indolence.

Sports Personality of the Month

I rather liked the story about the lad who took part in the West Park Schools League event and arrived back at the Finish with his control card completely devoid of punches. It transpired that he had been round his course, but, since his only previous experience of orienteering was at the earlier Drum Hill event, he'd only ever known electronic punching (imagine). Having no other reference point, he'd reasoned that if he stuck his card between the needles, some electronic message would somehow be magically impregnated into the cardboard. Oh, the innocence of youth.

BUT the winner of this edition's award is **Michelle Mackervoy** who took part in the one hour Derby Street Event without a watch. As the minutes ticked by Michelle wrestled with the conundrum of how she was going to return on time with maximum points without incurring those pestilent penalty points. Suddenly inspiration struck! Reaching into her back pocket, she produced her bank card (no serious orienteer ever runs without it), withdrew £20 from the nearest cashpoint and read the time off the confirmation slip. Now that's what I call inspiration.

Fifteen Minutes. The latest edition of CompassSport featured blink-and-you'll-miss-'em pictures of no less than three DVO members. The photo on Page 10 of last year's British Relay Champs shows Kath Whitehead just exiting left in typical pose (gesticulating and talking simultaneously) whilst on page 28 Helen Finlayson and your editor are shown towards the left of a photo of the start of last year's Capricorn Day 2. Some people say I've got too much time on my hands at the moment.