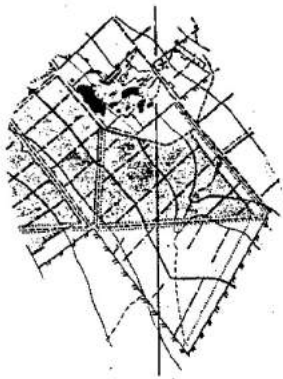
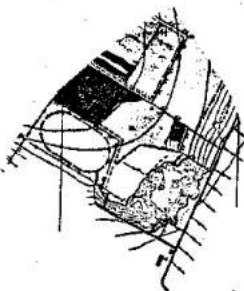


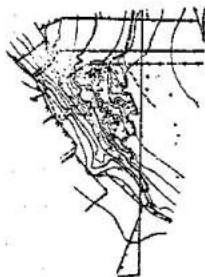
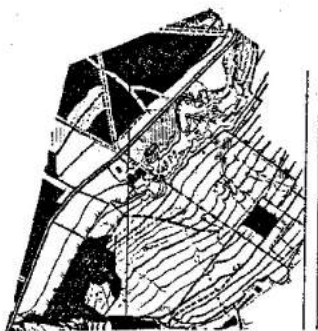
NEWSTRACK



Silas Wegg memorial boulder

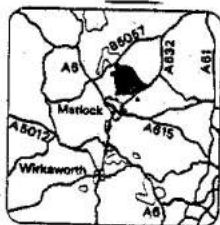


Matlock Forest



Nov. 8/9

See you there!



• Grid Reference SK311612

OCT '86

DVO OFFICIALS

Chairman: Steve Buckley; 253 Duffield Rd.; Allestree (D.552664)
Secretary: Terry Peach; 2 Hamilton Close; Mickleover (D.511722)
Treasurer: Steve Kalaher; 27 Renals Street; Derby (D.368585)
Newsletter: Jo Thornley; 40 Jackson Road; Matlock (M.55589)

EDITORIAL

I'm sorry there was no issue in August, the editor was having a holiday. I'll try to ensure that local members get their 6 issues, but at present have no fool-proof system for checking this. Issues are due every two months, alternating with EMEWS.

Subscriptions for local members are now £1.50. Please pay when due (after you have received 6 copies of Newstrack).

Finally many thanks to the retiring officers for all their hard work and good luck to the new committee members.

AGM NOTES

The great DVO squash-in resulted in a total turnover (no that can't be write, damn this wordprossecor) of the power maniacs on the committee.

From my humble position near R.Wilkinson's socks it was hard to judge the precise reason for this mass drop-out, except that everyone wanted John Hurley to do a job, whilst John himself proposed nearly everyone else.

Major issues discussed included how to get five people onto a four person working party (solution: make sure that one of them is Mike Gardner), how to extract the profit from the Chatsworth event from Ian Whitehead's Swiss Bank, and how to have a Christmas dinner in January.

The Club Accounts look fairly healthy, until account (Geddit??) is taken of the map debts outstanding, and the financial consequences of the retiring (bet Dave's never been called that before!) Chairman's plea for more mapping. I hope that we can develop some new areas and some new mappers. Good maps reflect a strong club.

A Social group was established to sample the beer at local pubs in preparation for next year's AGM. To pass the time away, it may also discuss club social events. Comments on this topic should be passed to Steve Kalaher, Paul Seaston, Jenny Tennant, Nave Devell, or your very own Editor (who's only there for the beer).

And on the theme of social events

T. T.

THE GREAT DVO BOOZE-O

COMMENTS: Hope you enjoyed the event
..... if not, tough!

I can only have two regrets: the dubious rootstock by the wall and the last control (should have varied it). I do not apologise for the control on the toilet block. The control was manned by the bloke in the dirty raincoat!

QUOTE: From Terry Richardson discussing the toilet control and its difficulty "I was on it for ages"!!!?

CONGRATS: To Mick Lucking and John Black who won the marvellous bucket. they will be organising a booze-O next year - won't you!

THANKS: Terry Peach, Tony Berwick, The Godfrees, Steve Kimberley and especially Mike Gardener

RESULTS

1	M Lucking/J Black	NOC/NVOC	1.14.03
2	D Nevell/D Dickinson	DVO	1.18.21
3	1 Whitehead/A Townley	DVO/NUOC	1.22.09
4	J Hurley/S Kalahar	DVO	1.24.31
5	M Gardener/A Kempson	DVO	1.25.10
6	R Shooter/C McDonald	DVO	1.25.10
7	M Jubb/C Squibb	DVO/SPOOK	1.29.27
8	D Clough/T Richardson	DVO	1.32.2
9	L Dickenson/D Walker	DVO	1.40.05
10	S Green/T Gray	NUOC	1.40.36
11	S Wilson/G Johnson	DVO	1.43.30
12	T Horsewill/A Weeks	NOC/DVO	1.46.39

PS All but one runner could have been disqualified for wrong controls/symbols. I decided to be lenient and let you off!

COMPASS SPORT CUP

Stop Press We have done it again. DVO are through to the final again, having battled magnificently on the heights above Chorley. We beat Borderliners 70-56. Points scorers were:

Brown1: 6 Dave Nevell, 5 Mike Gardner, 4 Steve Kimberley
Brown2: 5 Steve Buckley, 3 Tony Thornley, 2 Dave Brodie
Blue: 6 Roger Wilkinson, 5 Roz Clayton, 4 Doug Dickinson
Red: 6 John Seaston, 5 Mike Jubb, 2 Jo Thornley
Green: 6 Zoe Wilkinson, 2 Deb. Wilkinson, 1 Jenny Tennant
Orange: 4 Alistair Buckley, 3 David Godfree, 1 Heidi Dickinson

Rumour has it the final may be on Stiperstones. Start practising running up hills, over rough ground and navigating in fog over boulder fields. The likely date is SATURDAY November 22nd. Lots of support needed!

LETTERS TO THE EDITOR

Dear Madam Editor

Midsummer at last, and here I am in France, sizzling pink under a white-hot sun, totally dehydrated from today's run on the third day of the French 5-day.

All my stay-at-home friends in DVO seem far away, as do those winter days of arctic-style orienteering, in fact so distant that I can only just remember faces and names there is Dave Walker whom I have discovered is real, there is Peter Berwick last seen swearing his way over a deer fence in Achilty, and then Val Johnson with her daughter and three screaming husbands.

The JK has been and gone yes, I was there at my first event with 3,000 others, rather different to those small club events on which I entered the sport. Funnily enough, on the second day whilst lost and meandering through the intricacies of Fellbrigg I bumped into my Aunt Jenny, not competing but looking very official holding lots of maps. There she was, warm and dry, in her green wellies, threatening tired and muddy competitors with disqualification for untidy punching! All the encouragement to me, Andromeda, her own and only orienteering nephew was "You messed that control up, didn't you/ Now pace-count properly!"

Yesterday after I had been gasping up and up cicada-chirping hillsides under the mid-day sun a DVO old-timer asked if I was enjoying my orienteering as, presumably, I was becoming more proficient. My reply was a succinct "Um" croaked through a parched throat that's a laugh, ME getting more proficient!! I have made every mistake in the book, 180 degree errors, running off the map, pace-counting but forgetting whether I was counting single or double paces, confusing spurs and re-entrants when managing to remain on the map. Indeed I have managed mistakes that are not in any book I have so far read ... I fell into a pit in the middle of a bramble patch and had to remain there until rescued by a forestry worker on the Tuesday, also I spent 20 increasingly desperate minutes searching for a path-contour junction chosen as the perfect attack point. (Tony Thornley may count his errors in seconds: I count mine in tens of minutes)

One question currently exercising my mind is whether I should try to encourage potential O-recruits. As the recruit I am particularly thinking of is my next door neighbour, a very shapely W21, probably I shall as she might wish to share lifts to the woods. For others perhaps it is better that I tell the truth and show my bramble- I serrated shins, also the nonsensical routes chosen by an oxygen-starved brain, so that potential orienteers would be better-advised to stay in bed on Sunday mornings, and to take up badminton and dominos.

Until next time, from the land of frogs' legs and cheap supermarket wine.

I remain your infrequent correspondent,

Andromeda M

Dear Jo

It may have come to the notice of DVO members that Paul Seaston has been driving around in a red Metro unaccompanied. There is no need to report the matter to his parents or the local Constabulary. It is quite legal as he has now passed his driving test. However, it should be noted that this concession does not apply to any other vehicles that the family may possess. Any infringements should be immediately reported to the Hotline (Derby 514000).

At first, the Mother of the aforementioned Paul was quite delighted. No longer would she have to act as unpaid chauffeur. She had plans of what she would do with this extra time and freedom. Alas, things have not worked out to plan.

Mother of the aforementioned Paul has to grovel in front of son for use of HER car. Parents should be aware of the implications of allowing offspring to drive.

Seriously, we would like to thank the many DVO members who have very kindly given Paul and brother John lifts over the past years.

Yours sincerely

Tony and Marion Seaston

PS WANTED: Set of worry beads and a bicycle

NEW LOCAL MEMBERS

Peter Mackenzie, 491 Lower Somercote Road, Somercotes, Derbyshire

Chris Shawcroft, 6 Les Crescent, Riddings, Derbyshire DE5 4AQ

Roger Larkam, 5 Leeds Place Derby DE1 2RX

Mr and Mrs E Naisbitt, 16 Lumshill Rise, Matlock (Ted, Heather, Claire, Holly and Douglas)

Mr R F Bleakman 22 Deincourt Close Spondon Derby DE2 7LT

Paul and Christina Wright, 4 Ripley Road, Riversdale, Ambergate, Derbyshire. Tel 077 385 6387

Thoughts: Does Neil Forrest have two sons in Matlock?

To whom does Jenny Tennant pay rent?

(I don't think these are funny, but they do fill up a space, and were sent in by Newstrack's only fan. Can YOU do better???)

MANCHESTER CHALLENGE RELAY

JULY 5th 1986

July saw DVO participating in its annual long distance relay challenge. Despite the clash of the French multi-day event which caused several top runners to be missing we managed to field two good teams.

This year's challenge was staged by MDOC starting and finishing at its unofficial HQ of Lyme Park near Stockport. The course was split into 20 quite hilly legs covering a total of about 90 miles. The lack of short flat legs caused problems in selecting suitable runners for stages particularly for the very young and not so very young. Congratulations to Jo Thornley and Bill Woodward who both very generously stuck to their stage after their reconnoitre indicated twice the distance and climbing given in advance information.

The race started well at 7 a.m. with our first two A-team runners Doug P. and Doug J. Dickinson giving us an early lead. The lead was somewhat short-lived though. A confusion over expected race times found Roy Mason still in the toilet block at Fairholme reservoir when Andy Thomson ran it to the changeover. We were still ahead of schedule at Greenfield Reservoir which meant that Dave Walker was still enjoying an early morning swim at the nearby sports centre instead of being ready for his run! I hastily borrowed a map and was off on an impromptu run to find Dave at the pool at the end of the stage.

We seemed settled for third place behind MDOC and the Penistone Footpath Runners as we passed to the East of Macclesfield but then Jo Thornley was pitched against Terry Harper, her old clubmate from DEE and the A team had to settle for fourth place in a total time of 12 hours 5 minutes, just ahead of NOC. Our B team did well to finish only 1 hour 20 minutes behind the A team in 7th place also ahead of NOC B team. The winners were MDOC in 11hrs 18mins. They have passed the challenge on to PFR to stage next year's event.

Full details are enclosed for participating members.

Steve Buckley

COLOURING COMPETITION

All three entries were done so nicely I couldn't choose between them. Congratulations to Helen Mason, Katy and Joanne Armistead. all three will receive a red biro and a Mars bar.

OCTOBER'S COMPETITION

Please complete the following limerick:-

"There was a young orienteer called Pat....."

Entries to the Editor by November 20th, please.

True Extracts from a

Hypochondriac's Diary

24th July 4 miles
25th July Gave up running completely
12th September Started again
10th February Ran in bitter cold. 4 miles. Wore T-shirt,
sweat-shirt, heavy pullover, track-suit, long socks,
mitts and balaclava and was still cold!
25th Feb. Saw white hare
14th April Saw 2 Kingfishers
18th April Ankle great! Sore inside thigh and top of left toe.
21st April Strained inside left thigh when moving legs (logs)
30th June Nearly bitten by Alsatian
14th July Sore toe on right foot - the one with the fungus
affected nail
28th July 5 miles in pouring rain
4th Aug Disastrous run. Elastic on shorts gave way
approaching...had to come back with some difficulty
5th Aug Left calf sore, presumably because had to run
awkwardly when shorts a problem
17th Sept Injured tendon behind right knee while resting!!
21st Sept Totally terrible run. with constricted bronchials,
and low gut-cramps. Worst run of my life.
24th Oct Superb run
3rd Nov New jog bottoms stopped intestines working properly
24th Nov Left ankle injured after repair on car - damnation!
15th Feb Ran route 66 (backwards)
25th March Ankle injured while closing bathroom door with foot

Believe it or not, the above extracts are completely genuine and not altered or contrived in any way. Amusing to read in retrospect but not funny at the time.

CAPRICORN '85

Howgill and Baugh Fells

For those of you who do not know what the Capricorn is about an explanation is necessary. Basically it is a less sadistic version of the Karrimor (a 2 day event over rough terrain, involving overnight camp Ed.) The main differences being that you don't have to carry your belongings around and you can get to the pub in the evening.

This year's Capricorn was held on the Howgills using an old Karrimor map under a blazing sun. Day 1 was mainly on the limestone area of the Baugh Fells, technically part of the Yorkshire Dales but only a stone's throw from the M6. There was little surface water and that day produced the hottest conditions I have ever run in. Several people suffered from dehydration and heat exhaustion and most people got sunburnt (ask Steve Kalaher) The evening found most people in the pub or staring at the llama in the field adjacent to the campsite.

The occupants of one tent (Paul Knowles, Paul and John Seaston) had a very ROUGH NIGHT. P.K. left the tent open when we went out. On returning from the pub we found thousands of midges had taken up residence. One sleepless night and a thousand midge bites later day two dawned.

Day two was on the West side of the map, on the Howgills, more typical of the Lake District. Again it was very hot and the light wind of Day 1 had dropped, though on the summits it was very blowy. DVO did well on the Trim course with Paul Knowles 2nd, Paul Seaston 3rd and Kim Buckley 4th (look to your laurels boys, she's only 10). Zoe Wilkinson and Alistair Buckley came 20th on the Junior course, competing against the likes of Lomas and Heffernan (older boys). Enter early and go the Capricorn next year - it's really good fun.

Paul Seaston

Another Swedish Holiday

On a family activity holiday to Sweden, courtesy of P.G.L., we went... orienteering! In the local "What's on" we recognised only one word in the Swedish gobbledygook: "Orienteringstavling". Our middle Saturday and some fifteen miles distant, quite close by D.V.O. standards. To cut a long and complex story short we finally got the necessary details and planned an early start - Swedish Registration begins at 8.30 a.m.!

Then calamity. As we were bedding the boys early on Friday night fire was discovered in the next door but one log cabin. After an exciting couple of hours witnessing efficient Swedish firemen (including one who was desperate for a cigarette) we finally retreated to bed in a state of nervous exhaustion.

Saturday morning dawned early, as did we. The event was signposted from the village with familiar orange and white control markers, but it was quite some time before we reached the farmer's field filled with cars all sporting 'O' stickers. We paid 3Kr. (30p) for car parking and an information sheet from which we gathered there were three courses: easy, medium and hard.

En route to the starting area we found two additional carparks - for officials and for Press (Newstrack Editor?) What a sight met our eyes! Tents, flags and an enormous signpost indicating everything from First Aid and Refreshments to Toilets and Showers. But which meant Registration? As ever Swedes are friendly and English-speaking. We were conducted to the "Kassor" where we paid our money, 28Kr per adult, 17 Kronor per child, and were given our control cards only.

It gradually became apparent to us that this was a Badge Event as pre-entry start times had been posted, but as Direct entry we went straight to the start. Why was everyone staring at us? Admittedly we were not wearing smart club "O" suits but our control cards were

pinned to our chests with the usual large nappy pin. We carried poly-bags for our maps and red pens for marking. All was revealed. At the start we were given our start times, one minute later. Our control cards were inserted inside the bagged and pre-marked maps. What to do with the redundant poly-bags, safety-pins and pens? Give them to Mum!

We saw the maps only after the long high-pitched peep and, horror of horror. international control symbols! And no handrails to the first control. only an open field with crossing points visible because of white tapes but not marked on the maps.

What more can I say? I found control No.2 and pinpointed the place on the map before retracing my steps in search of No 1. But what was I looking for? Half an hour later I gave up and continued. Fortunately other controls proved less elusive. Power lines were an excellent means of orientation in an area rather short of footpaths. And refreshments were freely available - with blaeberrries the size of large blackcurrants who could resist the temptation? But I did refrain from filling one of those polybags! Mum continued her plod, or more precisely paddle, round the course and completed it in under two hours. To my relief the rest of the family hadn't got lost in the forest/bog but was anxiously awaiting my return, wondering when to send out a search party!

A gift to each of us was an unexpected bonus - you'll see us sporting these at forthcoming events.

Ten days after the event the results arrived on our Mickleover doorstep. Chris completed his easy course in 27.37 and was placed 11 out of 41. David on the medium took 61.21 and was 15 out of 34. Mum on the same course had her first control missing. And Dad on the hard course came 6 out of 7 in just 84 minutes. The boys at least show that the British youth are a force to be reckoned with.

Thank you O K Haven for a warm welcome and a superb morning of orienteering

Liz Godfree

LUDVIKA 86

(by Zoe Wilkinson who was selected to go on the Junior Training in Sweden this summer)

Having been to Sparresetter last year I had had some experience of Swedish Terrain but I don't think you can ever get enough as it always fools you and you learn something new everytime.

This year it was very tough both physically and mentally; most days we did at least 10 km in the varying intricate terrain around the Ludvika Orienteering Klubb hut. This is situated beside a lake in a forest which stretches for miles in most directions. The exercises (about 5 km) included relocation done in pairs, one dropping the other inside a 400m diameter circle shown on one map. The other person then hopefully relocates and finds the control shown by another ordinary

size circle. Also there were route choice exercises, control picking and practice courses all of which quite often finished next to a cold but swimmable lake.

It wasn't all exercises though, there was football as well. Marsh Football! Played on a disgusting soggy pitch with several apparently bottomless pools. It is extremely good training as every time you try to run you sink down at least to your knees and often over your thighs. After a while though everyone forgets the football and ends up throwing marsh at each other or falls in one of the 'pools'!

There were, however, some people who didn't play. INCLUDING ANOTHER MEMBER OF DVO! His excuse: it was the Sprint-O final that afternoon! Sprint O is Sweden's newest idea and throughout the 2 weeks we staged a Sprint O Competition. It is basically a short figure of eight course only about 1.5 km long. Both sides of the figure of eight have to be the same length and difficulty for it to work. The idea is that half the competitors go one way round the course (starting at the crossover) and the other half go round the opposite direction. At the crossover competitors and spectators alike can see how well they are doing as the first four or so back go through to the next round.

It is very exciting being either a competitor or a spectator as it is very quick; each heat only lasting 10-20 mins, also the competitors can hear the shouting all the time they are running which can make them run brilliantly or make mistakes. It is an ideal club sport as it can be run all in one day with everyone taking part. Surprisingly speed is not the essential factor, which was proven by my getting into the final! I didn't win but it was still tremendous fun.

During the 2 weeks we went to four national events. The difference with the Swedish events apart from the numbers on Junior courses, is how much more spectator centred it is. Whole clubs get out together and support their runners (although not as loudly as the British Group did!) Also, there are lots of prizes on most courses, which is really nice. It is not uncommon to find 15 prizes on some junior courses. The prizes are not cups etc. but what the local shops make so they can be very strange, lampshades, etc.

I did reasonably well at the events, just mucking up the occasional control and in the last event I got a prize, which was a very satisfying way to end two weeks of hard but useful training. I must thank DVO, EMOA and Amber Valley D C for providing a lot of the necessary cash to get there.

Zoe Wilkinson

Small Advert

For Sale: pair of UK size 8 1/2 Pegasus trainers. Worn about 10 times, but slightly too small. Offers around £20 (or with owner's autograph £25) to Tony Thornley.

FIXTURES

- 5th October DVO Drum Hill (GR 375421) Event. Mike Jubb (D.550828)
12 October NOC Will Stutaley Open Event. Stapleford Woods, Newark
(GR 862565) T Buckland 0602 231967
- 18th October Cromford INTRODUCTORY EVENT 2.00 - 3.00 pm Yellow
and Orange course. This event is particularly suitable
for beginners. Black Rocks Car Park (GR 290557).
Ian Whitehead (D.780177).
- 19th October LEI Open Event. ~~LAWN~~ Wood, Leicester. (MR 522097) *449 753*
G Jones 23 Grace Road, Deaford, Leicester 04557 4696
- 8/9 November Midland Night Champs and Badge Event. Matlock Forest.
(GR 311612). Offers of help needed, please, to the
Thornleys (M.55589).
Entries (free for helpers) to Mike Gardner (D.552117)
- 16 November NOC Will Scarlett Open Event. Walesby Forest,
Mansfield. (MR 665702) P Hitchin 0602 232236
- 22 November COMPASS-SPORT CUP FINAL. Cannock Chase or
Stiperstones

LEI Score Event Bradgate Park, Leicester (MR 523117)
R Bonnett 0533 786022
- 19 December DVO Pub Crawl Melbourne. Rob Newton.

TRAINING 1st and 3rd Wednesdays in any month at the
Wilkinson's. Duffield. 7pm.
2nd, 4th and 5th Wednesdays at Buckley's, Allestree. 7pm

Business Meetings: last Wednesday of month. Buckley's. about 8pm.

The Training Evenings at Matlock are being abandoned due to lack of support. (The Gilligans are shortly moving to Joggers Row ie 42 Jackson Road Matlock, so the route choice would be more limited in any case) As an alternative to the Matlock Training Evenings there is to be training at Sherwood Hall, Limetree Road, Matlock on Monday evenings at 7pm Entry to Sherwood Hall cost about 30p.. This is chiefly aimed at youngsters and ladies. (Pink trainers not obligatory!)

very small ad

Nigel Gilligan STILL has a pair of Minit Navigators size 18. He will give them away rather than put them in the dustbin when he moves! Please ring Matlock 56347 soon to save the shoes from this dreadful fate.

MORE CLAPTRAP

*** **

Does Roger Wilkinson buy razor blades?

Is Judy Wood a small relation of Neil Forrest?

Does Colin MacDonald run a cafe?

Nostalgia

*** **

This piece of map was found in Roger Wilkinson's cycle bag, which he was turning out to lend to the Thornleys. It's at least 18 years old. How would you like to orienteer on a map like this?

"DROOBORIAL" EVENT

Octavian Droobers O.C. Event Sunday 8th. December.

