



NEWSTRACK

July 2009



Fairy podium used for control feature at Hardwick

Newstrack is the magazine of Derwent Valley Orienteers.

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Editor's Opener

Thanks to those of you who have contributed articles to this July issue of Newstrack. My interpretation of the role of editor is the person who seeks out and assembles contributions from members of the club with a bit of proof reading, correcting and formatting as necessary with the odd item produced by myself. The electronic copy is taken to my friendly local printer then packaged and posted as hard copy to the membership (only two current members have requested electronic copies.) Newstrack started in the days when only a minority had personal computers so it may well be asked why bother these days when most club members could access it on the Club's website or even just use the website for regular information and articles about club activities. The view has been expressed however that people still like a hard copy magazine but I have to say that feedback from the membership on this is sparse. As I have said before Newstrack is a forum for club members so don't be shy to write something, even as a letter to the editor. We are also thinking of introducing a system of guest editors, subject to any volunteers coming forward.

It is hoped to produce the next issue in September and Steve Kimberley has offered to guest edit this one. so contributions to Steve please.

Meanwhile enjoy your summer runs.

Neil Forrest

Key Club Officials you may need to contact.

Please notify the secretary of any changes to your address, phone no. or email.

Chair,	Steve Kimberley	stephen@skimber.dermon.co.uk
Secretary	Helen Finlayson	neilentansley@yahoo.co.uk
Treasurer	Roger Keeling	rogerjkeeling@aol.com
Fixtures Secretary	Paul Beresford	paul@pberesford.fsnet.com
Club Captain	Dave Lawson	dvhn.david@btinternet.com
Coaching/Juniors	Val Johnson	Gmjandfam@aol.com
Buxton Coach	Steve Vernon	danloveshills@hotmail.co.uk

Thoughts from the Chair

Half of the year has gone and with it, most of the key events for most orienteers. For DVO though the important event of the Veteran Home Internationals are still to come. This is a huge effort organisationally with a relay and individual to be held on the same weekend. In addition there is accommodation to be sorted for all the teams. Whilst a lot of the background work is done by key individuals, help will be required from all DVO members on the actual weekend. Please contact a club official to volunteer to save a lot of ringing around closer to the day, and don't worry we do not throw people in to the deep end, and you will be given a task you are happy with and help or instructions as required.

It is good to see that DVO managed to scrape together two teams for the Harvester. This year this relay event starting at 1.30am in the morning proved to be a great challenge for all entrants. The night legs were some of the hardest orienteering available in this country. DVO acquitted itself well with one team third on the handicap class and the other not too far behind. Perhaps next year we can go one better and enter a team on the A handicap. Anyone up for the challenge?

Lastly advance notice of the AGM. This will be held at 7.30pm on the 14th October 2009. The venue is likely to be Milford School but confirmation of venue and the agenda will be on the web and in the next Newstrack. The AGM is allowed to "transact other business received in writing by the Secretary or Chair from members no later than ten days before the AGM" so if you have business to transact please let me know in writing ASAP (or by email).

That's all for now, but perhaps if I don't see you at the open meeting I will see you at the Scottish 6 days.

Steve Kimberley

DVO MEMBERS' OPEN MEETING

Wednesday 22 July at the Hollybush P.H. Grangemill

7.00pm for those wanting a run. 8.15 for the meeting only.

All welcome.

DVO 40th Anniversary Dinner - Saturday 3 October at Wirksworth Town Hall - 7pm for 7.30pm

You are invited to the DVO 40th Anniversary Dinner. As we are using outside caterers, it will be by ticket, payable in advance. We will also be presenting the Club Awards on that evening.

Menu: Starter; Main Course (choice of vegetarian option) and Dessert (pudding and fruit)

Prices: Over 16 - £15 10 - 15 year - £10 Under 10 years - £5

Cash Bar -sorry but we cannot bring our own drinks.

Please contact Viv or Ranald on 01629 734307 or email using the new address; r.f.macdonald@btinternet.com

Summer League 2010

We plan to try a Summer League again next year. If it proves popular and we get enough offers from people to put on the events and customers to participate, it could become an annual event again.

The suggested format is a weekly event on different weekdays, so that people with specific weekday commitments can still participate. The events will run for a set period and points will be gained, giving winners in 3 categories, juniors, females and males.

The events will be of various kinds, traditional events, score events and maybe sprint events. Suggestions for other formats will be welcome. All of them will include a course for juniors and a choice of longer courses. The organiser/planner can select from these formats or suggest their own and can choose which weekday evening they run their event.

Anyone who would like to try putting one on but doesn't feel confident will get as much support as they need. It could be a good way to find out if you'd like to become a planner or a useful experience before taking on organisation of a standard club event.

Can anyone who thinks they might be interested please contact Jen or Derek Gale on 01283 585244 or e-mail jg.244@btinternet.com or dg.244@btinternet.com.

Your Club Needs



DVO is hosting the Veteran Home International this year, on the weekend 14&15 November. The Saturday event is the relays at Longshaw organised by Jen & Derek Gale and the Sunday a standard event at Eyam, organised by Stuart Swallowell.

We need helpers for both these days and though some will need to be experienced helpers we'll need lots of helpers who don't need to have any previous experience. We'll be contacting people but it would be great if we had volunteers before that, and you get a choice of which area to help in.

There won't be any club runners during the relay, but helpers at the relay will get to do a score event when it finishes if they wish to. There will be a standard Regional event on the Sunday after the Veteran's event (who start at 9:30am) and helpers will be able to run at a reduced fee.

Helping is an excellent way of getting to know people and learning more about how events are run.

Volunteers for either day please contact Jen or Derek Gale via jq.244@btinternet.com or dq.244@btinternet.com or phone 01283 585244.

Look cool in the forest!

DVO's shop for club kit and other goodies is operated by Dave Vincent.

Contact Dave to find out what is available or order your new Trimtex Club Top or sweatshirt.

Phone: 01773 716615

Email: dvincent@tesco.net

DVO Event Officials

If you would like to volunteer for a role/date, please contact Ranald or Viv

O --- organiser

P --- planner

C --- controller

Date	Location	Level	Volunteers / Assistants
29/7/09	Bakewell	Local, street O	Mike Godfree Help required
20/9/09	Calke	Local, full	O - Michelle Mackervoy P - Colin John C - John Hopper
26/9/09	Buxton Pavilion Gardens	Local, limited	O – P - Ro Cole
30/9/09	Belper	Local, Street O	Val Johnson Help required
3/10/09	Hardwick	Club Champs	O - Liz Godfree P - Liz Godfree C - Ranald Macdonald
14/11/09	Longshaw	VHI relays/score	O - Derek & Jen Gale P - Mike Gardner C - Richard Payne, EPOC
15/11/09	Eyam	VHI Individuals/ Regional	O - Stuart Swalwell P - Ranald /Steve Taylor C - Brian Slater, HALO
20/12/09	Shipley	Local, full range	O - David Vincent P - John Hurley C – Required
1/1/10	Buxton or Darley Dale	Local, Street score	O /P Required
23/1/10	Poolsbrook	Local, limited	O – Required P – Required

14/2/10	Allestree	Local, full range	O – Required P – Required C – Required
20/3/10	Markeaton	Local, limited	O – Required P – Required
28/3/10	Crich	Regional/Local, Full range	O – Required P – Required C – Required
9/5/10	Cromford Moor	Local, full range	O – Required P – Required C – Required
9/5/10	Cromford Moor	Local, full range	O – Required P – Required C – Required
19/6/10	Elvaston	Derbyshire Schools	O – Required P – Required
20/6/10	Linacre	Local, full range	O – Required P – Required C – Required
19/9/10 or 26/9/10	Carsington	Regional or Local, Full range	O – Required P – Required C – Required
31/10/10	Stanton Moor	Regional or Local, full range	O – Required P – Ranald Macdonald C – Required
16/10/11	Chatsworth	CSC Final, Level 1	O – Required P – Required C – Required

If you would like to discuss what a role entails at a particular event please speak to either Ranald or Viv Macdonald on 01629 734307 or r.f.macdonald@btinternet.com. We are encouraging those new to volunteering for a role to act as an assistant in the first instance to learn the ropes – just let us know if you would like to take the main role or assist.

Wednesday evening Club Training runs

Every summer the Wednesday evening runs go walk about to give our normal hosts a break from Thursday breakfast with the stale sweaty smell. Why not join us for a sociable run, there are groups of every speed, for around an hour's run. Meet in time to set off at 7 p.m. or soon after. Cup of tea and chat followed by pub afterwards.

It is possible these may change, we will try to keep the web site up to date or phone Mike on 01335 346004 to check.

22nd July - In conjunction with open meeting. The Hollybush P.H., Grangemill.

29th July. Street Score Event in Bakewell. From Bakewell Bridge car park (free roadside parking beyond the car park entrance along Coombs Road or up the road to the old station.)

5th August Mike Gardner 3 Gatcombe Close, Oakwood, Derby DE21 2PZ

12th August Ross' 51 Yokecliff Drive, Wirksworth. Turn west from the mini roundabout about 400m south of the town centre on the road to/from Duffield and then first right.

19th August Scout Hut, Sandy Pits Lane Etwall. Take road into Etwall from Severn Springs roundabout, 1st left into Burnaston Lane, 1st right into Lawn Avenue, at far end turn left and parking is almost immediately on right.

26th August Shooters' Rose Cottage, Cat & Fiddle Lane, West Hallam DE7 6HD SK430403

2nd September Duckworths' The Homestead, Crich Carr, Whatstandwell. Limited parking, easier to park at Whatstandwell station, take path over station footbridge, turn right up hill, 1st left, right up narrow lane, on the right at the top of that lane.

9th September Jacksons' 139 Highlane West, West Hallam DE7 6HP

16th September Normal service resumes at Johnsons'.

30th September. Provisionally Street Score in Belper, see web site.

Apart from AGM and quarterly open meetings we meet 1st and 3rd Wednesday of the month at Johnsons' Belper, 2nd and 4th Wednesday at Mackervoys' Allestree. 5th Wednesday something different.

Your Club Championships

This is YOUR invitation to enter the Club Champs to be held on Saturday 3rd October at Hardwick. Remember, it is an event in which ALL club members may take part. As part of the club's continuing 40th anniversary celebrations this year the club champs is also open to past members (and their spouses). But, you do need to pre-enter (there is no EOD) to allow your handicap to be calculated. So, if you are in touch with any former members then please pass this information on to them. There is also the club dinner in the evening at Wirksworth; details elsewhere in this Newstrack.

Your start time is calculated so that ideally everybody finishes at 12 noon. There are the 4 memorial trophies for the long & medium courses - first male across the line, first female across the line, fastest male and fastest female. The junior Lithuanian trophy is awarded to the first junior across the line on the short course. There will also be a trophy for the first former member across the line on long or medium.

There will be 3 championship courses:-

- long – roughly blue in length, but, remember, Hardwick is not that technical,
- medium – roughly green/light green length,
- short – roughly orange and also a white/yellow course for younger children who may be shadowed.

The handicapper reserves the right to move you to a more appropriate course. The long and medium will consist of loops run in different orders as we anticipate a fairly compressed range of start times and will also visit the extension to the old Hardwick map. Look for event details and start times on the club website. Weather permitting we will picnic afterwards.

Entries by email to Mike.Godfree@btinternet.com or by phone to 01335 346004, with details of age class, SI card number (or hire) and ideally a note of a recent event result. There is no charge.

Liz Godfree

JUST FOR JUNIORS

Selections 1.

Congratulations to Ben Beresford and Harriet Lawson on their selection for Lagganlia, the British Orienteering Training Camp for M/W14's. Both juniors were nominated by EMJOS (East Midlands Junior O Squad) having met the selection requirements – Gold standard with at least one Championship standard – in events during this year. During the week long camp they will be coached along with 22 of their peers on some of the best technical terrain in Speyside, Scotland.

Selections 2.

The annual Junior Inter-Regional Competition this year will be held in Northern Ireland. Competition for places has been keenly contested with a good number of DVO juniors being selected:

W18 – Jessica Addison, Amy Bevan, Jean Sellar

W14 - Harriet Lawson, Amy Kimberley, Jessica Beresford

M18 – Jack Hodgson

M16 - Luke Addison

M14 - Ben Beresford

PETER PALMER RELAYS

Following our successful completion of this relay for juniors last year, I am looking to enter a competitive DVO team for this years event which will be held at Sutton Park (Birmingham) on Sunday 27th September. The 6 leg relay begins 1 hour before sunrise with Red, Red, Light Green, Orange, Yellow and Green Courses – it is envisaged at least the first 2 legs will require head-torches and therefore experience of navigating in the dark.

Interested? Then contact Val Johnson. Teams need to be entered by 1st September.

EMJOS (East Midland Junior Orienteering Squad)

Are you second year M/W12+, orienteering at Light Green standard and want to get better? If so then why not join EMJOS – we organise coaching sessions for juniors from DVO, LEI, LOG and NOC.

Ask Val Johnson for more details.

Derbyshire Schools Championships 2009

ShIPLEY Country Park Saturday 4th July

Seventy one competitors took part in this years championships. As usual entries were dominated by 59 children from Primary Schools with fierce competition, of the sporting kind, between Pennine Way and Holmgate.

Unfortunately part way through the morning a control was 're-located' into a bunch of nettles. This caused considerable problems not only for competitors on the White Course, but for a very patient Mike Godfree in not just voiding the course, but working out the results to allow for some competitors have an 'All Controls' run whilst others spent time searching for the missing control.

Eventually the adjusted results were calculated. This means that, after several years of being runners-up, Pennine Way have won the Primary Schools Championships.

White Course Results

Boys 1 - Nicholas Jenkin Pennine	Girls 1 - Olivia Heardman Holmgate
2 - Charlie Miller Pennine	2 - Tayla Wileman Pennine
3 - Jack Askin Holmgate	3 - Meaghan Singleton Holmgate

Schools Result - 1 st	Pennine Way	584 points
- 2 nd	Holmgate	581 points
- 3 rd	Shirland	535 points

Secondary Schools - Rather disappointing number of entries, but still sufficient for the following results.

<i>White/Yellow</i> Boys 1 - Andrew Dean Pingle	Girls 1 - Olivia Boyce Pingle
2 - Tom Payne Lady Manners	2 - Amy Kimberley St Marys
3 - Liam Stretton Pingle	

Yellow/Orange - Only one finisher 1st placed girl - Jess Addison Lady Manners

Secondary Schools Championships 1 st Pingle School with	298 points
2 nd Lady Manners with	199 points
3 rd St Marys R C High	99 points

With plenty of volunteers (the usual faces) from DVO the planning, start, finish, download and general organisation was superb. Thanks to all of them and the staff of Derbyshire County Council's Shipley Country Park Visitor Centre.

Rex Bleakman and Val Johnson Co-Organisers.

Hot, Humid, Hardwick.

Hardwick Park was the ideal location for a summer morning's sprint orienteering competition on 28 June. The event attracted over 100 competitors. Not being a technical area the parkland is suited more to the cross-country runner than the orienteer. There were four courses, White and Yellow for juniors, Orange for the more experienced and novice adults to the sport and Light Green for the senior runners.

In hot and humid conditions the four kilometre course combined with 100m of uphill climb Light Green Course was completed in just 24 minutes and 47 seconds by Anthony Hall of South Yorkshire. Top DVO finisher on the Light Green was David Vincent in third place.

Not a Washout but a Great Success

DVO's Fortieth Anniversary Weekend on 6 and 7 June proved to be a great success despite the now traditional early summer wet weather. It was perhaps fitting that Saturday's venue included Littlemoor Wood as it is a stone's throw from Lea Green the first headquarters of the British Orienteering Federation. Littlemoor Wood had indeed been used for a demonstration event for the then fledgling sport introduced to England from Scandinavia in the late 1960s. DVO was formed in 1969 and it was pleasing to welcome two of the founding members, Brian Gibbs and John Hurley, to the event.

Saturday's event using the Riber Hillside map was based at High Leas Farm and the organisers are indebted to Edward, Caroline and Richard Beaumont, for the use of their land and of the barn for the follow-up barbecue. This Score Event was well planned by Tony Berwick. Competitors had one hour to visit as many of the twenty six controls on the area as possible. There were severe penalty points for those who took over the allotted hour which led to some surprising results.

Sunday's event was held at Carsington Pastures and Harborough Rocks a technical and physical open area which lends itself to traditional cross-country orienteering. Despite having to deal with sometime painful, horizontal hail (*or perhaps because of it!* Ed) there were some very fast times on Brian Denness's well thought out courses which made the most of the areas and avoided long path runs. The opportunity to use butterfly loops, introduced at the Stanton Moor event earlier in the year, was once more successfully tried.

DVO results at Carsington show promise for the future.

White Course	1 st	Emma Schaaning	W10
Yellow	1 st	Tim Schaaning	M15
Orange	5 th	Jessica Beresford	W12
Light Green	3 rd	Chris Owen	M50
Green	5 th	Ben Crane	M35
Blue	1 st	Andy Sykes	M40
Brown	3 rd	Paul Addison	M50

BIKE-O SATURDAY 5TH SEPTEMBER

Venue: Foremark Reservoir, Dam Wall Car Park

Starts: 10.00 am to 11.00 am. Five riders every five minutes

Duration: 3 hours - Penalty points for exceeding time limit

Map: Specially drawn 1:50,000 A4 landscape (waterproof)

Clues: Question and answer format (not waterproof)

Organiser: Dave Walker Tel: 01332 574003 email d.walker222@btinternet.com

Entries £2 per entry Solo or Pairs (under 16 years must be with an adult)

Notification to organiser to reserve a map, limit of 60 entries, otherwise just turn up on the day and take pot luck.

I do not think we will be oversubscribed but it may help with clue sheet print run.

Non-riders - Copies of the Foremark permanent course will be available for those not riding but who may like some exercise.

Dave Walker

DVO DIARY

Date	Activity	Details and Venue
Wed 22 nd July	DVO Open Meeting	Holy Bush Pub, Grangemill on A5012 west of Cromford
Wed 29th July	Bakewell Evening Street score event	From Bakewell Bridge car park (free roadside parking beyond the car park entrance along Coombs Road or up the road to the old station.) Mass start at 7pm
Sun 2 nd Aug to Sat 8 th Aug	Scottish 6 Days Orienteering	Perthshire – see web site
Wed 5th August	Wednesday club training run 7pm.	Gardners in Oakwood Derby 3 Gatcombe Close, Oakwood, Derby DE21 2PZ
Wed 12th August	Wednesday club training run 7pm.	Ross's 51 Yokecliff Drive, Wirksworth. DE4 4PF
Wed 19th August	Wednesday club training run 7pm.	Scout Hut, Sandy Pits Lane Etwall. Take road into Etwall from Severn Springs roundabout, 1st left into Burnaston Lane, 1st right into Lawn Avenue, at far end turn left and parking is almost immediately on right.
Wed 26th August	Wednesday club training run 7pm.	Shooters' Rose Cottage, Cat & Fiddle Lane, West Hallam DE7 6HD SK430403
Sat 29 th Aug to Mon 31 st Aug	White Rose Orienteering Weekend – Dalby Forest, North Yorkshire (Near Pickering)	Sat – Regional event; Mountain bike Score O; and Night score event. Sun – Regional event; Mon – Team relay; Mountain bike Score O <i>Pre-entry and Entry on the day available. See whiteroseweekend.org website</i>

Wed 2nd Sept	Wednesday club training run 7pm.	Duckworths The Homestead, Crich Carr, Whatstandwell. Limited parking, easier to park at Whatstandwell station, take path over station footbridge, turn right up hill, 1st left, right up narrow lane, on the right at the top of that lane.
Wed 9th Sept	Wednesday club training run 7pm.	Jacksons' 139 Highlane West, West Hallam DE7 6HP
Sat 12 th to Sun 13 th September	AIRE Dales Weekend	Two regional events in Kilnsey and Malham. North Yorkshire – <i>(see aire.org web site)</i>
Wed 16th September	Wednesday club training run 7pm.	Normal venues routine Johnson in Belper
Sun 20th September	Calke Abbey	Colour Coded Event
Sat 26th September	Buxton Pavilion Gardens	Limited Colour Coded Event
Wed 30th September	Evening street score event in Belper	<i>(Further information from Val Johnson)</i>
Sat 3 rd October	Club Championships Hardwick	Morning handicap event – pre-entries only! <i>(See page 9)</i>
Sat 3rd October	DVO 40th Anniversary dinner and celebration	Wirksworth Town Hall 7 pm <i>(See page 4)</i>
Wed 14 th October	DVO AGM	Milford School, Milford near Duffield Meeting starting at 7.30pm <i>(Optional run from the school at 6.30)</i>
Sat 14 th November	Longshaw	Veteran Home Internationals Relay <i>and</i> Open Score Event
Sun 15 th November	Eyam	Veteran Home Internationals <i>and</i> Open Regional Event
Sun 20 th December	Shipleigh Country Park	Colour Coded Event

