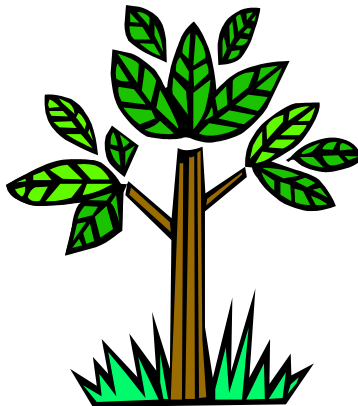




# **NEWSTRACK**

## **SPRING 2009**



**Newstrack is the magazine of Derwent Valley Orienteers.**

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## Editor's Opener

Welcome to the spring edition. As we look forward (ever optimistic) to a season of events in sunlit forests this issue reports on some recent high profile national events and well run local ones as well as news of events to celebrate 40 years of orienteering in the Derwent Valley. We also have some great comments from new Buxton members.

I recall first making contact with DVO back in 1972 when I saw an advert for the AGM posted in Matlock Library. I had moved to the area a couple of years earlier and had started running with Mike Reynolds, a mature P.E. student at Matlock Teacher Training College who also told me about orienteering. I turned up at the AGM at Lea Green and the handful of people there were amazed that someone should just drop in; but if you advertise in the library that is what can happen. My first event was one organised by Denstone College in the Churnet Valley in Staffordshire, using a black and white duplicated map which gradually turned to pulp in the rain. A disaster, but I decided to try again, as you do!

In these times of economic austerity escapist endeavours like orienteering must seem even more attractive. All the more reason to seek to minimise costs and carbon emissions by sharing lifts to events – use the member contact lists to facilitate arrangements with friends and even make new ones.

In retirement one can indulge, conscience free, in day dreams; so it was that I recently mused what orienteering would be like if it adopted the logic of the banking world. Instead of the usual rewards for success it would be the competitors who through reckless self belief, ignoring map and compass and utterly messing up their runs, even retiring early, who would be declared the winners and come away with the trophies. Then I woke up. Podiums for the proficient after all.

Summer Newstrack early July, so remember those articles.

Neil Forrest

### **Key Club Officials you may need to contact.**

*Please notify the secretary of any changes to your address, phone no. or e.mail.*

Chair,	Steve Kimberley	<a href="mailto:stephen@skimber.dermon.co.uk">stephen@skimber.dermon.co.uk</a>
Secretary	Helen Finlayson	<a href="mailto:neilentansley@yahoo.co.uk">neilentansley@yahoo.co.uk</a>
Treasurer	Roger Keeling	<a href="mailto:rogerjkeeling@aol.com">rogerjkeeling@aol.com</a>
Fixtures Secretary	Paul Beresford	<a href="mailto:paul@pberesford.fsnet.com">paul@pberesford.fsnet.com</a>
Club Captain	Dave Lawson	<a href="mailto:dvhn.david@btinternet.com">dvhn.david@btinternet.com</a>
Coaching/Juniors	Val Johnson	<a href="mailto:Gmjandfam@aol.com">Gmjandfam@aol.com</a>
Buxton Coach	Steve Vernon	<a href="mailto:danloveshills@hotmail.co.uk">danloveshills@hotmail.co.uk</a>

## Thoughts from the Chair

This year DVO celebrates its 40<sup>th</sup> Anniversary and to mark this the club is organising special events.

First will be a 40<sup>th</sup> Anniversary weekend on 6<sup>th</sup> & 7<sup>th</sup> of June with a free score event at Riber Hillside on Saturday followed by a barbecue and a colour coded event the following day at Carsington, just the place to burn off the calories from the previous day's barbecue.

Second is the DVO club championships and dinner to be held on Saturday 3<sup>rd</sup> October.

Former members of DVO will be especially welcome at any of these events. Further details are given later in this issue and can also be found on the website.

Thanks to all who attended the recent open meeting held at The Bear in Alderwasley. One of the issues brought up by members was the absence of any summer league events by DVO this year. There is no league as such this year as in the past we have often struggled to get anyone to coordinate a series of low key evening events and they in turn have struggled to get sufficient volunteers to organise and plan the events. In addition to this the club has had difficulty finding available dates for a complete series of events.

Despite this the committee will look at putting on a couple of extra, low key events this summer to take advantage of late nights and better weather. Details when available will be publicised on the website. In the meantime if anyone wants to try their hand at organising or planning contact Paul Beresford who will always find a suitable event. Anyone new to the jobs can be allocated an experienced helper to guide them through the job.

On a positive note its good to see some of the DVO juniors achieving a first place in the JK relays. Lets hope there is more to come in following years leading up to the time DVO celebrates its half century!

*Steve Kimberley*

## Look cool in the forest!

DVO's shop, for club kit and other goodies, is operated by Dave Vincent. Contact Dave to find out what is available. [dvincent@tesco.net](mailto:dvincent@tesco.net) or phone 01773 882831.

## **DOUBLE DERWENT WEEKEND**

### **DVO Celebrate 40 Years of Orienteering**

#### **Saturday 6<sup>th</sup> June - Riber Hillside 'Score' Orienteering Event and Barbecue at High Leas Farm**

This will be signed from Lea Bridge (SK318564), Parking is at High Leas Farm, off the Riber Road, in an open field at the farm. Please drive slowly on the farm access track. Buses 140/141 Matlock-Alfreton/Ripley drop off at Lea crossroads, then 20 mins. walk. Trains from Derby to Cromford / Matlock Bath – organizer will arrange a pick up.

The Score event is **free** but a parking fee of £2 will go towards new trees the Club are planting on the farm.

In this score event you have exactly one hour to visit as many controls as you can, in any order. There will be a penalty for being late. The event will use SportIdent electronic punching. If you do not have a SportIdent dibber you can hire one at Registration. Hire fee of 50p for Seniors, free for Juniors.

Registration: 14.00 – 14.55 . Mass Start: 15.00

Dogs are not allowed in the area, and must be kept on a lead in the car park, as there will be sheep grazing.

Organiser: Paul Wright 01773 856387 [cpstwright@tiscali.co.uk](mailto:cpstwright@tiscali.co.uk)

*All competitors plus present and former club members are invited to join in the barbecue after the event (please bring your own food and drink). If you know of former club members please tell them they are welcome, even just to socialize.*

#### **Sunday 7th June 2009 - Carsington Pastures**

Car parking will be in a field off the minor road (SK250547) from Wirksworth to Brassington. Parking fee £1. By public transport: Bus service 17 (Chesterfield - Matlock - Ashbourne) to Carsington village, then 1 mile steep walk.

This is a Colour Coded event with a full range of courses: String, White, Yellow, Orange, Light Green, Green, Blue, Brown. The event will use SportIdent electronic punching. If you do not have a SportIdent dibber, you can hire one at Registration. Hire fee of 50p for Seniors, free for Juniors.

There will be two starts; the start for longer courses will be 1km from the car park. Registration: 1000 - 1200 Start: 1030 - 1230  
 Normal charges for courses will apply, but remember to bring your orienteering membership cards for discounts.  
 No dogs allowed, as the event is on farmland.

*The results will count towards the East Midlands League.*

Organiser: Stuart Swallow 01335 347814 <stuartswallow2412@mac.com

## **DVO Diary Dates**

For full details see [www.dvo.org.uk](http://www.dvo.org.uk). Events and venues can change at short notice. Please confirm before you set off.

6 Jun 09	Riber Hillside Score / Barbecue
7 Jun 09	Carsington Pastures
28 Jun 09	Hardwick Park
4 Jul 09	Shipleigh Country Park
29 Jul 09 – 5 <sup>th</sup> Wed	Bakewell evening Street O
20 Sep 09	Calke
26 Sep 09	Buxton Pavilion Gardens
30 Sep 09 – 5 <sup>th</sup> Wed	? check web site ?
3 Oct 09	Club Championships - Hardwick Annual Club Dinner - Wirksworth
14 Nov 09	Longshaw
15 Nov 09	Eyam
21 Dec 09	Linacre

Runs every Wednesday - Normally 1st and 3rd Wednesday in every month from the Johnson's in Belper

2nd and 4th Wednesday in every month from the Mackervoy's in Allestree, Derby.

5th Wednesday in every month will be something different, check website for details

Friday nights – Circuits at Sawmills Village Hall, Please confirm with Val Johnson before travelling.

**40<sup>th</sup> Anniversary Dinner**  
**Saturday 3<sup>rd</sup> October 2009**  
**Wirksworth Town Hall**  
**7.00pm for 7.30pm**

As we are using outside caterers, it will be by ticket, payable in advance.  
We will also be presenting the Club Awards on that evening.

Menu:	Prices:	
Starter	Adults (Over 16)	£15.00
Main course (or vegetarian option)	Teens (10 – 15)	£10.00
Dessert – pudding & fruit	Kids (Under 10)	£5.00

**There will be a Cash Bar**

Please contact Viv Macdonald on 016129 734307 or [r.macdonald@shu.ac.uk](mailto:r.macdonald@shu.ac.uk)

**Sprint Orienteering Explained by Liz Godfree**

For me urban orienteering, which led on to sprint races really started in 2001. When Foot & Mouth disease struck that year closing forests & open land to all orienteering activities DVO was amongst the first clubs to turn to urban orienteering. James Allen drew a simple map of Derby City Centre using standard orienteering symbols and some frustrated orienteers raced round a fairly dead city on a Sunday morning searching for numbers on lampposts, telegraph poles and telephone kiosks.

This was not, of course, our first taste of urban orienteering as we had used even simpler maps prior to that for a variety of ploys (think sticky tape on pillar boxes) as an alternative to Wednesday evening training runs for years. But as the disease spread more Derbyshire towns were mapped – Ashbourne, Belper, Chesterfield, Ilkeston, Matlock, Wirksworth – as club members volunteered to check maps and plan simple events. All events were based on a 1 hour score format and much discussion ensued as routes were compared and answers discussed – was the animal on the door- knocker a fox or a deer?

Once the countryside was opened up again urban orienteering did not cease but has continued to evolve. DVO's maps remain simple but have been extended to include footpaths around towns like Bakewell, Matlock and Crich. The events

have now become a regular feature of 5<sup>th</sup> Wednesdays, New Year's Day and the odd summer Sunday. I suppose one of my lasting memories is of running round Belper last year in a downpour trying to navigate from a sheet of papier mâché ! An event which even attracted sponsorship.

DVO has not yet progressed to IOF Sprint specification maps and SI punching partly because of lack of suitable urban areas but with experience questions at control sites have become less subjective – the dancing Santas in Ashbourne were there at 4 pm on Hogmanay but had been dismantled by 11 am the following day.

Orienteers in Britain have taken to urban orienteering as it is seen as a different but equally demanding navigational challenge. Rhododendrons replaced by solid building – but with the difference that if there is a way through then it will be shown on the map. There is an IOF specification for detailed sprint maps and there is now a range of events from full length purely urban races like London to a more park based race like Sheffield which can also be of much shorter distance.

Surprisingly I seem to have gained a reputation for doing well at short distance sprint/urban races. 1<sup>st</sup> at the World Masters in Portugal last year and more recently at Newcastle at this year's JK. How do I do it? I wish I knew. In the forest I'm unpredictable but I seem to cope with the streets (except in Venice!). The more detailed maps at a scale of about 1:4000 possibly help. I'm probably fitter now than I've ever been. I swim once a week (free entry now to 60+ in Derbyshire) cycle regularly up the Tissington Trail and round the back lanes, run round the fields and up Thorpe Cloud once a week in winter and on light evenings run on Tuesdays with Ashbourne Running Club and with DVO on Wednesdays. Sadly, our Friday evening circuits stopped last winter due to lack of interest. Perhaps we yearn for Paddy, our police PE instructor, who worked us so hard. Mike and I always intended to continue the circuit sessions at home but somehow a quick spin up the trail or a session on the exercise bike always seemed more attractive. With light evenings and no DVO Friday events we plan to do hill interval sessions. Who knows perhaps we will?

So my recipe for success is keep fit; cross training is kinder on aging muscles. Equally important, orienteer as often as you can, every week if possible. Take every opportunity that is offered, be it an hour round West Hallam on the latest DVO street map or the colleges of Oxford and Cambridge. Practice makes perfect.

Next 5<sup>th</sup> Wednesday evening event is 29<sup>th</sup> July in Bakewell. September 30<sup>th</sup> and December 30<sup>th</sup> open to offers, Mike usually co-ordinates mapping & Wednesday evening runs.

*Liz Godfree*

## **Jan Kjellstrom Festival of Orienteering 2009**

This year's JK was held over the Easter weekend in Northumberland. Attracting over 2500 competitors from across the United Kingdom and Europe there was once again a strong representation from the Scandinavian countries as befits an event that commemorates the Swedish founder of U.K. orienteering. There was also a strong contingent from DVO.

The first day, Good Friday, got under way with the fast and furious sprint races in Newcastle upon Tyne. Competitors started amongst the buildings of Newcastle University before most courses had a long leg with a tricky choice between crossing points over the major roads bisecting the area. A series of short legs in Exhibition Park followed, before another long leg and then the last few controls and the sprint for home. In threatening weather world champion, Liz Godfree was able to hold on to her crown, taking first place in the W60 course. Brian Ward came second in M75 course and Harriet Lawson came third in the W14 course.

Saturday and Easter Sunday consisted of two individual races over Kyloe and Detchant Woods overlooking Lindisfarne and the Farne Islands. In beautiful sunny weather, on both days, runners had to cope with technical and physical courses which caught out many runners with a disappointingly higher than average number of disqualifications due to navigation errors and consequent mis-punching. The cumulative time of both races counted for the championship. There was only one first place for DVO with Doug Dickinson taking the honours on the M60S course.

The fourth day was held at Hexham and consisted of relay races for teams of three runners. There was one success for a DVO squad with the junior M/W team with a combined age of less than 40 taking first place. Congratulations to Ben Beresford, Nathan Lawson and Harriet Lawson.

## **British Orienteering Championships**

The British Orienteering Championships 2009 were held in the New Forest between Feb 28th and Mar 1st. In the individual championships Liz Godfree continued her successful year with a brilliant run on the W60L to come in second only to find that her Nottinghamshire rival, Hilary Palmer, took exactly the same time thus sharing the honours. Doug Dickinson won the M60S course.

Day two comprised the relay competitions for teams of three runners. In the M/W60 race the DVO team of Liz Godfree, Mike Godfree and Derek Gale had an exciting race and in the final leg Derek Gale was just able to hold off challenge from Nottinghamshire rival David Olivant to take fourth place.



## **Interland 2009**

Liz Godfree and Paul Addison helped England to victory in the annual Interland orienteering competition between England, Belgium, The Netherlands and NW Germany. This year's competition was held at Burnham Beeches and Dorneywood and was hosted by the "Happy Herts" (Hertfordshire) orienteering club. Paul came second on the M50 course taking a time of 63min 10s and Liz came first, by a comfortable margin, on the W60 course taking 61min 8s.

The junior competition was also won by England with Harriet Lawson taking 37min 51s on the W14 course to claim second place.

## **Stanton Moor Event**

The Club's March 7 event on Stanton Moor attracted a field of over 240 runners which was comparable with the turn-out for a Sunday event. Steve Taylor planned excellent courses which tested all the runners on this top-class area. A novel idea was to take the senior courses in loops around a central location at one stage (butterfly loops is the technical term) thus fully exploiting the technicality of the intricate area.

Former United Kingdom and Derwent Valley runner Kim Baxter, née Buckley, showed that being nine months pregnant was no hindrance to a good run. Kim took a gentle stroll around the area but such is her navigational ability that she was sixth on the Light Green course. Petr Basus, from the Czech Republic and currently running for Nottinghamshire Orienteering Club, was first on the Brown Course, taking just 65' 50". Teenager Harriet Lawson showed age was no barrier coming fourth on the senior green course well ahead of many seasoned and experienced orienteers.

*Reports by Paul Wright*

## **DVO Run and (another) Barbecue    Sunday 12 July**

You are invited to run from the Macdonald's house at Oker, Matlock at 11.30am, followed by a garden BBQ at 1pm.

Bring your own meat/fish/vegetarian alternative to cook and a pudding together with something to drink. We will provide salads, bread and cheese, tea and coffee.

Please could you ring Viv Macdonald in advance, so we have some idea of numbers – 01629 734307 or email [r.macdonald@shu.ac.uk](mailto:r.macdonald@shu.ac.uk)

## DVO Event Entry Fees from September 2009

Hopefully you are all aware of the recent change to the events structure – what was previously C1 and C2 becomes Level 1 or National, C3 and some of C4 becomes Level 2 or Regional, and C4 and C5 become Level 3 or Local.

DVO is putting on our first Level 2, Regional Event, under the new structure as part of the Veteran Home Internationals at Eyam Moor on Sunday 15<sup>th</sup> November 2009. In deciding on the level of entry fees to charge the Committee decided it was worth reviewing all our entry fees and Roger Keeling, the Club's Treasurer, did some analysis on previous events to give us information on which to plan for the future. The proposals below were discussed and agreed by a Club Open Meeting on Wednesday 22 April and will take effect from September 2009.

The main change is that we are charging different fees for Seniors depending on whether they are likely to be newcomers and doing easier courses (Technical Difficulties 1 to 3) or more experienced and competitive orienteers (Technical Difficulties 4 and 5).

We have also divided Local events according to whether they have a full or nearly full range of colour coded courses and whether they have a more limited range of courses, typically from White to Orange/Red for beginners and Juniors and perhaps just one more technical course for others.

	Adults on TD1, TD2 & TD3, and all Juniors & Students,	Adults on TD4 & TD5 BOF members	Adults TD4 & TD5 non-BOF	Family TD4 & TD5 BOF	Family Non-BOF
Regional (level 2)	£3.00	£8.00	£10.00	£19.00	£23.00
Local – all courses (level 3)	£1.50	£5.00	£7.00	£11.50	£15.50
Local - limited courses (Level 3)	£1.50	£3.00	£5.00	£7.50	£11.50

Technical Difficulty is expressed from 1 (very easy), 2 (easy), 3 (moderate), 4 (fairly hard) to 5 (very hard). Or to link it to the colour coded scheme, TD1 = White, TD2 = Yellow, TD3 = Orange & Red (Long Orange), TD4 = Light Green and TD5 = Green, Blue and Brown. Additional colours have been introduced to map on to age-related classes at Regional Events, but this will become obvious from event entry details.

We believe that these fees are more likely to encourage novice adults and families. Family groups with a Junior on White, Yellow or Orange will pay £1.50 for one map or can purchase additional maps for 50p.

We will obviously have to review the fees each year based on the income they are likely to bring in for the Club and our future spending needs.

*Ranald Macdonald  
DVO Vice-Chair*

### **Some comments by members of the new Buxton satellite club**

*(DVO members may be aware that we have been running a new satellite club at Buxton since last September– using grant money from external sources– to fund regular weekly activities to help newcomers to get into the sport. Below are some of the comments from participants.)*

I like orienteering because there are lots of different and very friendly people. I got started when I went to an event at the Pavilion Gardens (Buxton), with my friend Siobhan. I like memory mapping and pace counting.

*Niamh MacNamara (10)*

I come along to the new Buxton orienteering club with my daughter Niamh. We enjoy the atmosphere and activities which are always very well organised. We are hoping to go to some events this summer.

*Liam MacNamara*

We learned a lot and were inspired to do orienteering events.

*Louis (9)*

Learning to orienteer has been a great way to involve the kids in an active sport. We came to the orienteering club to learn a new activity – the coaching has been great and we have gone to a number of local orienteering events around Buxton feeling confident enough to take part.

*Rebecca Perring (43)*

Orienteering is a fun family sport to learn the basics. The helpers are very friendly and encouraging.

I am looking forward to taking part in some competitions and getting more involved. I have learnt how to use a compass and how to pace and understand estimating distance. I can't wait to learn some more!

*Lauren McNeil*

I started orienteering at school in PE; but we went to the trial one on Saturday and then started going to DVO on Tuesday. I have enjoyed learning to use a compass bearing and orientate a map! I like the maths, and working out of it all! And I like being active and sporty and you do have to be reasonably fit to do orienteering! I think the way they run the club is great! Because we have different sessions like dibbers, pacing, fitness. And sometimes Dan gets people to do stuff with us! I'm glad I started orienteering it has taught me a lot! Thank you.

*Holly Forshaw-Perring (11)*

Very inspiring and motivating; all club sessions well presented. Good friendly atmosphere, exceptional cakes.

*Kev*

The club commenced in September 2008 and having taken part in an event in the Pavilion Gardens in the holidays, we were keen to join the club which welcomed families. In the time, we have learned a variety of necessary skills to use when out at events. Orienteering is a great social activity, everyone has been really helpful and friendly and the children are encouraged to understand the principles of map reading, use of a compass and being outdoors in all weathers. It's also a great way to keep fit too! Well done to those who have set up the club.

*Louise McNeil*

Sessions are fun, and we're learning a lot.

*Mike*

Orienteering?! Oh yes, excellent activity! We try to get along as a family, whenever we can make it, and the Tuesday Buxton slot is a firm fixture with us. Dad (Chris) orienteered years ago as a schoolboy, so he's the "expert", but you can't teach him anything, so the kids are catching up!

*Chris Owen*

#### What I think!

I think its very good and helpful. I've become very competitive because of it. I've been to the Pavilion Gardens course and lots of others. We're in DVO and MDOC (kind of!) I like most the little things at the Pavilion Gardens (like pacing).

*Steve Owen (M8)*

Circuit training is a good group activity & the kids enjoy it, especially having the orienteering map quizzes in between. Jackie enjoys it because she beats me! I prefer to daydream when running but orienteering is a great family activity.

*Lloyd*

As Lloyd is often in the lead in fell races, he usually ends up going wrong at least once – that is, until orienteering! He now studies the map so hard that he ends up coming middle of the field.

*Jackie*

I like it because it's like a treasure hunt. I did a race in the Lake District, it was cold and wet. Brilliant!

*Aalish (8)*

Orienteering is a fun sport. All the helpers and leader Dan are very nice and will help you with things you don't understand. We stick to the schedule most of the time but sometimes we go off it for about a week or 2. I have learned lots and am looking forwards to seeing lighter and warmer nights when we can see things without a headtorch. However, sometimes we go out on wet cold nights and my dad slipped over in the mud and got all muddy. I'm looking forward to next week.

*Hannah Wilcock*

We've been coming to the club meetings since the start and had a great time at every one. The satisfaction and fun from learning about maps, techniques and getting fit in all weathers (though mainly snow, rain and frost) brings us back every Tuesday. The meetings have a great social feel and are well led by Dan.

*Richard Wilcock*

Joining Buxton Orienteering Club has changed my focus from running; it's not enough now to go for a run – it has to be in a muddy wood, with a laminated map, several scraps of paper, and preferably a chip van at the end. When I started coming to the club, I didn't imagine that I would soon frequently be spending my weekends in search of orienteering events. We have all grown in confidence over the year – starting off tentatively, in pairs, on yellow and orange courses, then bravely trying a light green here, and even a green, despite coming last by miles.

The support we novice orienteers have had at the club has been fantastic, and has given us confidence to gradually extend our sights at each event.

I certainly can't wait for the autumn/winter events, which may revisit places we have already been, for the challenge of progressing further.

*Sue*

Being totally directionally challenged even when trying not to be I needed to find my Internal Compass. Orienteering is not a natural sport for me, I can run reasonably well but not whilst reading a map. BUT now I feel the orienteer in me coming out, slowly building up skills to set me on my first light green course solo! It may have been in a safe green park but hey, I did it.

*Lynn Bennett (W40)*

Learn new skills. Meet new people. Cheap. Different every week.

*Tom (13)*

I've learnt how to aim off, use a compass bearing and it is really interesting and educational, helps you with your maths.

*Kel (11)*

Over the last few months I've helped Dan Riley to coach at Buxton. It brought back memories of years gone by in DVO. When people met & laughed & joined in readily and the children began great friendships. There is a lot of enthusiasm & encouragement between the group facilitated by meeting in the same venue at the same time each week. A refreshing and enlightening experience.

*Jenny Shaw (W60) MDOC*

It's groovy and I like it!

*David Forshaw (M40)*

*Thanks to all the Buxton members who contributed these pieces that give a wonderful flavour of the pleasures of our sport. Ed.*

## **Event Officials Needed**

DVO has a full calendar of events scheduled for the forthcoming year. In order to run these events we need club members to volunteer as organisers, planners and controllers. Many thanks to those members who have been officials for past events, and to those who have already volunteered for the year ahead. The table below shows the officials who have been appointed for the next year and, more importantly, the vacancies that we still need to fill. Please consider volunteering to fill a vacancy by contacting our fixtures secretary Paul Beresford.

Email: - [paul@pberesford.fsnet.co.uk](mailto:paul@pberesford.fsnet.co.uk)

Tel: - 01302 751549

Why not give it a try, even if you have no previous experience. C5 events are suitable for first timers as they are small scale events. We have experienced club members who would be willing to help you.

We would be grateful for volunteers to Organise and Plan the C5 events, as with few exceptions, these jobs are invariably done by Val Johnson & Mike Godfree.

See the schedule of forthcoming events, on the next page, which identifies where there are gaps in identifying officials.

6 Jun 09	Bow Woods	S5	O-Paul Wright, P-Tony Berwick
7 Jun 09	Carsington	C4	O Stuart Swalwell P-Brian Denness, C-Ann- Marie Duckworth
28 Jun 09	Hardwick Park	C5	<b>Organiser &amp; Planner Needed</b>
4 Jul 09	Shiple Country Park	C5	<b>Organiser &amp; Planner Needed</b>
26 Sep 09	Buxton Pavilion Gardens	C5	<b>Organiser Needed, P – Ro Cole</b>
3 Oct 09	Club Champs Hardwick	X5	<b>Organiser Needed, P – Liz Godfree</b>
20 Sep 09	Calke	C4	O-Michelle Mackervoy, P-Colin John, C-John Hopper
14 Nov 09	Longshaw	R2	<b>O- Derek &amp; Jen Gale, P-Mike Gardner</b>
15 Nov 09	Eyam	C3	O- Stuart Swalwell, P – Ranald Macdonald
21 Dec-09	Linacre	C4	<b>Organiser &amp; Planner Needed, C – John Hurley</b>
1 Jan10	New years Day Street score	L3 (S5)	<b>Organiser &amp; Planner Needed</b>
23 Jan 10	Poolsbrook	L3 (C5)	<b>Organiser &amp; Planner Needed</b>
7 Feb 10	Allestree	L3 (C4)	<b>Organiser &amp; Planner Needed</b>
20 Mar-10	Markeaton	L3 (C5)	<b>Organiser &amp; Planner Needed</b>
28 Mar-10	Crich Chase	L3 (C4)	<b>Organiser &amp; Planner Needed</b>
9 May 10	Hardwick	L3 (C4)	<b>Organiser &amp; Planner Needed</b>

## ***So you are tempted to organise ...***

*The club is producing a series of notes to assist event organisers. To give you a flavour here is the note on signing events.*

## **Signing an Event**

### **Direction signs to the event.**

First ascertain the grid reference used to register the event. The event must be signed from this point.

There are direction signs marked "orienteering event" which are marked on both sides and several signs marking a straight on up arrow. Signs are kept in the club equipment shed at Ambergate.

Make a note where road signs are situated at a road junction. This distance from the junction is the correct distance to warn motorists. To reduce the risk of accidents avoid routes which require right turns into parking fields if an alternative route with a left turn can be used. eg Carsington Pastures.

Ensure that car parking officials collect any parking charges some distance from the entrance to the field to avoid queues backing on to the public road.

Large 5' x 2' signs can be used at the entrance to a car parking field.

When orienteers cross public roads mark the point with "Runners in Road" signs

### **Route to the start**

Stakes with a red or blue band should be used for marking the route to the start.

These stakes allow an extra sign to be added indicating the walking time to the start or in the case of two starts red or blue. Red and Blue streamers on pegs can be used to supplement the route.

There are four other stakes with a white band which can be used for the start

### **All other signs**

Signs can be placed on stakes. The signs have key holes cut in the signs which can be hung on the stakes. Small stakes take small signs and large stakes the larger signs.

Alternatively bars can be taped to lampposts and similar and the signs hung on the bar.

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